

Registrar

COMPANY REGISTRATION NUMBER 04957579

**EDUCATIONAL TRUST FOR HEALTH
IMPROVEMENT THROUGH COGNITIVE
STRATEGIES**

COMPANY LIMITED BY GUARANTEE

UNAUDITED ACCOUNTS

30 NOVEMBER 2006



**EDUCATIONAL TRUST FOR HEALTH IMPROVEMENT THROUGH
COGNITIVE STRATEGIES
COMPANY LIMITED BY GUARANTEE**

THE DIRECTORS' REPORT

YEAR ENDED 30 NOVEMBER 2006

The directors present their report and the unaudited accounts of the company for the year ended 30 November 2006.

PRINCIPAL ACTIVITIES

The principal activity of the company during the year remained the promotion of knowledge, education and training in the principles of mental and physical health, and the prevention of mental and physical disorders. The objects of the company are charitable and it is the directors intention that an application to the Charity Commission for full charity status should be made soon.

DIRECTORS

The directors who served the company during the year were as follows:

Professor A T Tylee (Chairman)
Marina, Lady Marks
Dr M Vassiliadou

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under Part VII of the Companies Act 1985.

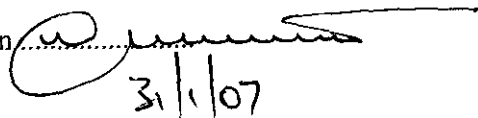
Registered office:
5 Elm Tree Road
London
NW8 9JY

Signed on behalf of the directors

Marina, Lady Marks

Secretary

Approved by the directors on


31/1/07

**EDUCATIONAL TRUST FOR HEALTH IMPROVEMENT THROUGH
COGNITIVE STRATEGIES
COMPANY LIMITED BY GUARANTEE**

PROFIT AND LOSS ACCOUNT

YEAR ENDED 30 NOVEMBER 2006

	Note	2006 £	2005 £
TURNOVER	2	—	—
Administrative expenses		<u>22,907</u>	<u>25,328</u>
OPERATING LOSS	3	<u>(22,907)</u>	<u>(25,328)</u>
Interest receivable		1	1
LOSS ON ORDINARY ACTIVITIES BEFORE TAXATION		<u>(22,906)</u>	<u>(25,327)</u>
LOSS FOR THE FINANCIAL YEAR		<u>(22,906)</u>	<u>(25,327)</u>
Balance brought forward		<u>(73,927)</u>	<u>(48,600)</u>
Balance carried forward		<u>(96,833)</u>	<u>(73,927)</u>

The notes on pages 4 and 5 form part of these accounts.

EDUCATIONAL TRUST FOR HEALTH IMPROVEMENT THROUGH COGNITIVE STRATEGIES COMPANY LIMITED BY GUARANTEE

BALANCE SHEET

30 NOVEMBER 2006

	Note	2006 £	£	2005 £	£
FIXED ASSETS					
Tangible assets	4		3,738		5,400
CURRENT ASSETS					
Cash at bank		55		57	
CREDITORS: Amounts falling due within one year	5	<u>3,525</u>		<u>12,762</u>	
NET CURRENT LIABILITIES			<u>(3,470)</u>		<u>(12,705)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			268		(7,305)
CREDITORS: Amounts falling due after more than one year	6		<u>97,101</u>		<u>66,622</u>
			<u>(96,833)</u>		<u>(73,927)</u>
RESERVES	8				
Profit and loss account			<u>(96,833)</u>		<u>(73,927)</u>
DEFICIT			<u>(96,833)</u>		<u>(73,927)</u>

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 1985 (the Act) relating to the audit of the accounts for the year by virtue of section 249A(1), and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The directors acknowledge their responsibilities for:

- (i) ensuring that the company keeps proper accounting records which comply with section 221 of the Act, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Act relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions for small companies under Part VII of the Companies Act 1985 and with the Financial Reporting Standard for Smaller Entities (effective January 2005).

These accounts were approved by the directors on the 31/1/07 and are signed on their behalf by:


MARINA, LADY MARKS

The notes on pages 4 and 5 form part of these accounts.

**EDUCATIONAL TRUST FOR HEALTH IMPROVEMENT THROUGH
CONGNITIVE STRATEGIES
COMPANY LIMITED BY GUARANTEE**

NOTES TO THE ACCOUNTS

YEAR ENDED 30 NOVEMBER 2006

1. ACCOUNTING POLICIES

Basis of accounting

The accounts have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2005).

Depreciation

Depreciation is calculated so as to write off the cost of an asset over the useful economic life of that asset as follows:

Computer and lecture equipment - 20% on the straight line basis

Foreign currencies

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the operating profit.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Going concern

The company has incurred a loss of £22,906 in 2006 (2005: £25,327) and has net liabilities of £96,833 (2005: £73,927). The directors believe that the company will earn a surplus in future years but it will remain dependent on financial donations and assistance from Lady Marks in the short to medium term.

2. TURNOVER

Turnover amounting to £nil (2005: £nil) are donations received during the period and facilitate the one principal activity of the company.

3. OPERATING LOSS

Operating loss is stated after charging:

	2006	2005
	£	£
Directors' emoluments	—	—
Depreciation of owned fixed assets	1,662	1,661
Net loss on foreign currency translation	107	—
	<u> </u>	<u> </u>

**EDUCATIONAL TRUST FOR HEALTH IMPROVEMENT THROUGH
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NOTES TO THE ACCOUNTS

YEAR ENDED 30 NOVEMBER 2006

4. TANGIBLE FIXED ASSETS

	Computer & Lecture equipment £
COST	
At 1 December 2005 and 30 November 2006	<u>8,307</u>
DEPRECIATION	
At 1 December 2005	2,907
Charge for the year	<u>1,662</u>
At 30 November 2006	<u>4,569</u>
NET BOOK VALUE	
At 30 November 2006	<u>3,738</u>
At 30 November 2005	<u>5,400</u>

5. CREDITORS: Amounts falling due within one year

	2006 £	2005 £
Other creditors	<u>3,525</u>	<u>12,762</u>

6. CREDITORS: Amounts falling due after more than one year

	2006 £	2005 £
Other creditors	<u>97,101</u>	<u>66,622</u>

7. RELATED PARTY TRANSACTIONS

The company is under the control of its Directors.

The director, Marina, Lady Marks paid expenses on behalf of the company amounting to £30,479 (2005: £23,211). The full amount of £97,101 (2005: £66,622) is still owing at the balance sheet date and is reflected in the Directors' loan account.

8. COMPANY LIMITED BY GUARANTEE

The company is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £1 towards the assets of the company in the event of liquidation.