

Yours 4 A Day Ltd**Data not obtained from trial balance****AutoHide is on***Enter data in the white spaces Enter numbers as + unless indicated*

Current year

Comparative

Units (eg £ or £000)

£

include a trailing space

Company registration number

04573035

Date

Approval date of the accounts by the board

31/07/2020

Date

Date of signing on the audit/accountants report

31/07/2020

Date of engagement letter (required for
CA and ACCA reports)

Date

Person signing directors' report:

Name of director

Michelle Allen

Or, name of secretary

Name of director signing balance sheet

Michelle Allen

Address of registered office:

Address line 1

Office 11, Navigation Business Centre

Address line 2

Mill Gate

City or town

Newark

County or region

Nottinghamshire

Postcode

NG24 4TS

Name of senior statutory auditor

Name of auditors/accountants

Yours 4 A Day Ltd

Type of firm (eg Chartered Accountants)

Accountants

Address of auditors/accountants

Address line 1

Address line 2

City or town

County or region

Postcode

Prior year adjustments (+ for a gain; - for a
loss)

£

Correction of prior year errors

Effect of retrospective changes in
accounting policiesMore info on prior year adjustments

	Number	Number
Average number of persons employed by the company	6	6
Freehold land & buildings if revalued amounts shown in trial balance:	£	£
historical cost		
cumulative depreciation based on cost		
Historical cost of fixed asset investments	£	£
Investments in subsidiaries		
Other investments		
	£	£
Amounts due after more than one year included in debtors		
Amounts included in creditors falling due for payment after more than five years:	£	£
Payable otherwise than by installment		
Payable by installment		
	£	£
Secured bank loans included in creditors		
Capital commitments:	£	£
contracted		
Total future payments due under non-cancellable operating leases	£	£

Registered number
04573035

Yours 4 A Day Ltd

Filleled Accounts

31 October 2019

Yours 4 A Day Ltd**Registered number:** 04573035**Balance Sheet****as at 31 October 2019**

	Notes	2019 £	2018 £
Fixed assets			
Intangible assets	2	5,800	7,250
Tangible assets	3	2,939	3,151
		<u>8,739</u>	<u>10,401</u>
Current assets			
Debtors	4	60,640	61,701
Cash at bank and in hand		14,168	6,099
		<u>74,808</u>	<u>67,800</u>
Creditors: amounts falling due within one year	5	(82,360)	(77,652)
Net current liabilities		<u>(7,552)</u>	<u>(9,852)</u>
Net assets		<u>1,187</u>	<u>549</u>
Capital and reserves			
Called up share capital		297	297
Profit and loss account		890	252
Shareholders' funds		<u>1,187</u>	<u>549</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Michelle Allen

Director

Approved by the board on 31 July 2020

Yours 4 A Day Ltd
Notes to the Accounts
for the year ended 31 October 2019

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Intangible fixed assets

Intangible fixed assets are measured at cost less accumulative amortisation and any accumulative impairment losses.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Freehold buildings	over 50 years
Leasehold land and buildings	over the lease term
Plant and machinery	over 5 years
Fixtures, fittings, tools and equipment	over 5 years

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back

to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

Pensions

Contributions to defined contribution plans are expensed in the period to which they relate.

2 Intangible fixed assets

£

Goodwill:

Cost

At 1 November 2018	29,000
At 31 October 2019	<u>29,000</u>

Amortisation

At 1 November 2018	21,750
Provided during the year	<u>1,450</u>
At 31 October 2019	<u>23,200</u>

Net book value

At 31 October 2019	<u>5,800</u>
At 31 October 2018	<u>7,250</u>

Goodwill is being written off in equal annual instalments over its estimated economic life of 20 years.

3 Tangible fixed assets

**Plant and
machinery
etc
£**

Cost

At 1 November 2018	17,718
Additions	<u>578</u>
At 31 October 2019	<u>18,296</u>

Depreciation

At 1 November 2018	14,567
Charge for the year	790
At 31 October 2019	<u>15,357</u>
Net book value	
At 31 October 2019	<u>2,939</u>
At 31 October 2018	3,151

4 Debtors	2019	2018
	£	£
Trade debtors	58,437	60,761
Other debtors	2,203	940
	<u>60,640</u>	<u>61,701</u>

5 Creditors: amounts falling due within one year	2019	2018
	£	£
Trade creditors	4,400	2,214
Taxation and social security costs	37,789	22,960
Other creditors	40,171	52,478
	<u>82,360</u>	<u>77,652</u>

6 Other Information

Yours 4 A Day Ltd is a private company limited by shares and incorporated in England. Its registered office is:

Office 11, Navigation Business Centre
 Mill Gate
 Newark
 Nottinghamshire
 NG24 4TS

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.