

REGISTERED NUMBER: 4203210 (England and Wales)

**REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2010
FOR
ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

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**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

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FOR THE YEAR ENDED 31 MARCH 2010**

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**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2010**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2010. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

4203210 (England and Wales)

Registered Charity number

1089663

Registered office

31-35 Baldwin Street
St Helens
Merseyside
WA10 2RS

Trustees

Mrs E J Dearden MBE DL
Mrs A M Ormrod
Mrs A E Sisson
Mrs J Wilcock
T D Hughes
Mrs S Whalley
Canon G F Almond
Ms K Machin

- resigned 3 6 09

Executive Manager

Mr A Ashton

Company Secretary

Mrs A E Sisson

Auditors

Styles & Co Accountants Ltd
Registered Auditors
Heather House
473 Warrington Road
Culcheth
Warrington
Cheshire
WA3 5QU

Solicitors

Tickle Hall Cross Solicitors
25 Hardshaw Street
St Helens
Merseyside
WA10 1RP

Bankers

Barclays Bank plc
19 Church Street
St Helens
Merseyside
WA10 1BG

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2010**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charitable Status

The charity is controlled by its governing document, a deed of trust and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006

The company was registered as a charity by the Charity Commissioners for all purposes on 5 December 2001 (Certificate number 1089663)

Constitution

The company has no share capital, being a company limited by guarantee under clause 7 of its Memorandum of Association to £1 for each member in the event of its being wound up. The number of members registered at 31 March 2010 was 7 (2009 - 8)

Directors and Trustees

The Directors of St Helens Carers Centre Limited are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees

The Trustees serving during the year under review and since the year end were as follows

Chair Mrs E J Dearden MBE DL
Vice Chair Mrs A M Ormrod
Treasurer Canon G F Almond
Company Secretary Mrs A E Sisson
Other Trustees Ms K Machin - resigned 3 June 2009
Mr T Hughes
Mrs J Wilcock
Mrs S Whalley MBE

Organisational structure

The charitable company is governed by its Memorandum and Articles of Association, and the Board of Trustees administers the Charity. The Full Board meets bi-monthly and more frequently if required to do so. In addition an Executive Board comprising the Chair, Vice Chair, Treasurer, Company Secretary and trustee for human resources meets bi monthly and report to the full Board

The Charity is required to provide monitoring information to its funds including St Helens Council, St Helens Primary Care Trust and other grant making bodies. This information comprises fiscal, quality and service standards monitoring information

The Board employ paid staff including the Executive Manager who is responsible for the day to day management of the Charity and reports direct to the Board of Trustees

Governing Document

St Helens Carers Centre Limited is a registered Charity and also a Company Limited by Guarantee. The Charity is governed by its Memorandum and Articles of Association which define its aims, objectives, duties and responsibilities

Appointment of Trustees

The Trustee Board is made up of between three and nine members. They are elected from members at the Annual General Meeting held each year. The Trustees may at any time co-opt any person duly qualified to be appointed as a Trustee to fill a vacancy in their number or as an additional Trustee, but a co-opted Trustee holds office only until the next AGM.

One third (or the number nearest one third) of the Trustees must retire each year, those longest in the office retiring first and the choice between and of equal service being made by drawing lots. Those who retire are eligible for re-election at the next Annual General Meeting.

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2010**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustee Induction and Training

New Trustees are given an Induction Pack to the organisation and spend time with the Executive Manager of the organisation having the aims and objectives and the policies and procedures of the Charity explained to them

New Trustees are given copies of the Memorandum and Articles of Association the current Business Plan, latest Annual Report and copies of minutes from the previous 12 months Board meetings

Trustees are required to complete a skills analysis form and identify and training which may assist them in their role

Trustees are also encouraged to attend training provided by the Princess Royal Trust for Carers specifically for Trustees in areas such as Governance and Monitoring

Risk Management

The Trustees have a risk management strategy in place and have established systems and procedures designed to reduce or eliminate any risks identified

On an annual basis the trustees assess the risks to which the Charity is exposed in particular those related to the operations and finances of the organisation

Relationship with The Princess Royal Trust For Carers

The charity is a Network Member of the Princess Royal Trust For Carers through a network agreement. The Princess Royal Trust For Carers provide national and regional information, advice, support and publicity. The charity retains its own identity with regard to policies, procedures, contracts and responsibility for generating income, governance and management

Investment Policy

The Trustees whilst retaining their cautious approach to investments have authorised that any surplus funds can be deposited in a suitable interest bearing bank or building society account. This approach is revisited at least annually to ensure that maximum returns are being achieved for the charity

Reserves Policy

The trustees have established a policy that the Charity should aim to retain unrestricted reserves that will cover between three to six months of annual expenditure. The unrestricted reserves as at 31st March 2010 were £173,302 (2009 £119,269) against total unrestricted expenditure of £708,050 (2009 £436,595). The charity's free reserves as at 31 March 2010 were £160,319 (2009 - £107,422) as shown in note 20 of the audited accounts, and almost cover three months of direct charitable expenditure

Reserves are held to cover any delay in receiving funding income whilst allowing the normal business operation of the Charity to continue. In addition the Charity retains reserves to cover possible redundancy payments should the Charity have to reduce the size of its operation

OBJECTIVES AND ACTIVITIES

Principal activities and objects of the Charity - Benefit to the Public

The principle activity of the company in the year under review was that of the provision of relief and support for Carers of people who are ill, disabled or elderly

The Charity's objectives are to support Carers living in St Helens and adjoining areas so that they do not reach crisis point. To do this the Charity employs a team of paid staff based at a centrally located "one stop" Carers Centre. Paid employees provide information, advice, emotional support and a range of practical support including the provision of Holistic Therapies, Chiropody Services, Respite Breaks, Benefits Advice and Training

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities

ACHIEVEMENT AND PERFORMANCE

The Trustees identified the following to have been achieved in this period

**ST HELENS CARERS CENTRE LIMITED
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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2010**

ACHIEVEMENT AND PERFORMANCE

The Charity registered a further 1 409 Carers with the Centre in 2009/10 43% more than in the previous year On 31st March 2010, a total of 5,317 Carers had registered with the Centre

- The amount of work undertaken with each Carer also increased considerably during the year, with 20,347 contacts with Carers during the year, an increase of 35% on the previous year (15 072 in 2008/09) including 2,471 "drop-in" sessions

- Our Income Maximisation service continued to produce excellent results for Carers and almost doubled their performance on the previous year to a total of £1,329,816 raised in additional income for local Carers through previously unclaimed benefits (£710,909 in 2008/09)

- We became the largest provider of Caring with Confidence in England As the lead organisation in a 6 way consortium with 5 other Merseyside Carer Centres, we provided over 2,000 Caring with Confidence places on the seven week fully funded programme This Department of Health initiative provides Carers with a range of tools and information to support them in the caring role

- We were delighted in our bid with our Statutory Partners to become a national Carer Demonstrator Site to improve Carer Support in the NHS The Demonstrator Site was 1 of only 7 in the UK and provided us to develop a service within St Helens & Whiston Hospitals - a large NHS Acute Trust This further recognised our work, having been cited as a national good practice area for Carer Support in the National Carer Strategy

- The Carer Demonstrator Site began work in October with a specific dedicated team of support workers based in the Hospital By 31st March 2010, a total of 914 Carers had been identified and supported in addition to those identified at the Centre The site also had a separate Income Maximisation Officer who raised £255,922 in unclaimed benefits for Carers, again, separate from the work at the Centre

- In The Autumn on 2009, working with Halton & St Helens NHS, we were delighted to secure funding for Personalised Carer Breaks This new service allowed Carers to access funding of up to £600 per Carer to be give them a break from the caring role Carers have used individual payments for a wide variety of breaks includes short holidays, college courses, gardening equipment etc

- We were delighted to be able to develop our own Employer Charter mark for local employers who support Carers in their employment and the first Charter was awarded to a large housing association

- During the severe winter weather of January the Centre responded by working in partnership with St Helens Council and contacted over 1,000 Carers and their families over 3 days ensuring they were safe and had access to food medication and heating

FINANCIAL REVIEW

The end of year saw incoming resources exceeding resources expended in the year by £131,010 (2009 £22,509)

The principal funding sources were

- St Helens Council Adult Social Care & Health
- St Helens Council Carer's Grant
- Halton & St Helens NHS Primary Care Trust
- Caring With Confidence
- St Helens Council Area Based Grant

The trustees are extremely grateful to all those who have provided funding either directly or via donations The Charity is only able to provide excellent support to Carers thanks to the funding it receives

At the end of the year, the Charity had restricted funds of £89,695 (2009 - £12,718) as shown in notes 18 and 19 of the audited accounts

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2010**

PLANS FOR FUTURE PERIODS

The Board has identified the following plans for the coming year,

- To review the organisations core work, ensuring we can meet the ongoing demand from new Carers
- To evaluate all new streams of work including, the Hospital Service, Caring with Confidence and Personalised Carer Breaks, and work with funders to mainstream these services once initial funding expires
- To undertake an emergency planning exercise with Carers registered with the Centre to ensure we can respond to emergencies such as severe weather appropriately and ensure we target resources effectively

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of St Helens Carers Centre Limited (A company limited by guarantee) for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charity SORP,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

So far as the trustees are aware, there is no relevant information (as defined by Section 418 of the Companies Act 2006) of which the charitable company's auditors are unaware, and each trustee has taken all the steps that they ought to have taken as a trustee in order to make them aware of any audit information and to establish that the charitable company's auditors are aware of that information

AUDITORS

The auditors, Styles & Co Accountants Ltd, will be proposed for re-appointment at the forthcoming Annual General Meeting

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

ON BEHALF OF THE BOARD


Canon G F Almond - Trustee

Date 14.12.10

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

We have audited the financial statements of St Helens Carers Centre Limited (A company limited by guarantee) for the year ended 31 March 2010 on pages eight to eighteen. The financial statements have been prepared under the accounting policies set out therein and the requirements of the Financial Reporting Standard for Smaller Entities (effective April 2008).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

The trustees' (who are also the directors of the charitable company for the purposes of company law) responsibilities for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and for being satisfied that the financial statements give a true and fair view are set out on page five.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view, are properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and are prepared in accordance with the Companies Act 2006. We also report to you whether, in our opinion, the information given in the Report of the Trustees is consistent with those financial statements.

In addition, we report to you if, in our opinion, the charitable company has not kept adequate accounting records; if the charitable company's financial statements are not in agreement with the accounting records and returns; if we have not received all the information and explanations we require for our audit; or if certain disclosures of trustees' remuneration specified by law are not made.

We read the Report of the Trustees and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

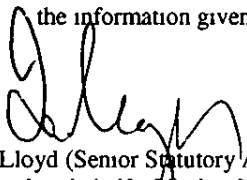
We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

Opinion

In our opinion

- the financial statements give a true and fair view of the state of the charitable company's affairs as at 31 March 2010 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended,
- the financial statements have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities,
- the financial statements have been prepared in accordance with the Companies Act 2006, and
- the information given in the Report of the Trustees is consistent with the financial statements


Ian Lloyd (Senior Statutory Auditor)
for and on behalf of Styles & Co Accountants Ltd
Registered Auditors
Heather House
473 Warrington Road
Culcheth
Warrington
Cheshire
WA3 5QU

Date

16/10/2010

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2010

	Notes	Unrestricted funds £	Restricted funds £	31 3 10 Total funds £	31 3 09 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	10,803	-	10,803	11,916
Other income	3	17,481	-	17,481	1,225
Investment income	4	120	-	120	1 902
Incoming resources from charitable activities	5				
Support for carers		733,774	252,864	986,638	459 931
Total incoming resources		762,178	252,864	1,015,042	474 974
RESOURCES EXPENDED					
Costs of generating funds					
Fundraising trading cost of goods sold and other costs	6	1,000	-	1,000	-
Charitable activities	7				
Support for carers		703,349	175,982	879,331	448 835
Governance costs	9	3,701	-	3,701	3,630
Total resources expended		708,050	175,982	884,032	452,465
NET INCOMING RESOURCES before transfers					
		54,128	76,882	131,010	22,509
Gross transfers between funds	19	(95)	95	-	-
Net incoming resources		54,033	76,977	131,010	22,509
RECONCILIATION OF FUNDS					
Total funds brought forward		119,269	12,718	131,987	109 478
TOTAL FUNDS CARRIED FORWARD		173,302	89,695	262,997	131,987

The notes form part of these financial statements

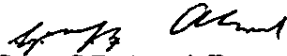
ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET
AT 31 MARCH 2010

	Notes	31.3.10 £	31.3.09 £
FIXED ASSETS			
Tangible assets	14	12,983	11,847
CURRENT ASSETS			
Debtors amounts falling due within one year	15	6,854	9,277
Cash at bank and in hand		<u>250,426</u>	<u>121,025</u>
		257,280	130,302
CREDITORS			
Amounts falling due within one year	16	(7,266)	(10,162)
NET CURRENT ASSETS		<u>250,014</u>	<u>120,140</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>262,997</u>	<u>131,987</u>
NET ASSETS		<u>262,997</u>	<u>131,987</u>
FUNDS	19		
Unrestricted funds		173,302	119,269
Restricted funds		<u>89,695</u>	<u>12,718</u>
TOTAL FUNDS		<u>262,997</u>	<u>131,987</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved by the Board of Trustees on 16.12.10 and were signed on its behalf by


Canon G F Almond -Trustee

The notes form part of these financial statements

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2010**

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the special provisions of Part 15 of the Companies Act 2006 relating to small companies, and with the Statement of Recommended Practice Accounting and reporting by Charities (SORP 2005), issued in 2005. The financial statements have been prepared under the historical cost convention.

Incoming resources

All income is reported gross and no income was received from outside the United Kingdom.

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Voluntary income received by way of donations is included in full in the statement of financial activities when receivable.

Investment income is recognised on a receivable basis.

The company recognises income from charitable activities when earned, on an accrual basis. As such, any income received during this accounting period relating to a future period is deferred.

Grant and contract income is accounted for when the charity earns the right to consideration by the performance of its activities.

Resources expended

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office Equipment	-20% on cost
Fixtures and fittings	-3 years straight line
Computer equipment	-3 years straight line

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2010

1 ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits

The charity does not have a pension scheme but pays a contribution to the personal pension schemes of a number of employees. The total cost to the charity in the year was £10 117 (2009 - £6 799)

Hire purchase and leasing commitments

Rentals payable under operating leases are charged to the income and expenditure account on a straight line basis over the period of the lease

2. VOLUNTARY INCOME

	31 3 10	31 3 09
	£	£
Gifts	-	1
Individual donations	1,385	1,298
Carers UK	1,000	1 274
Fundraising	<u>8,418</u>	<u>9,343</u>
	<u>10,803</u>	<u>11,916</u>

3. OTHER INCOME

	31 3 10	31 3 09
	£	£
Recharges and other income	10,031	1,105
Room hire	<u>7,450</u>	<u>120</u>
	<u>17,481</u>	<u>1 225</u>

4 INVESTMENT INCOME

	31 3 10	31 3 09
	£	£
Bank interest	<u>120</u>	<u>1 902</u>

ST HELENS CARERS CENTRE LIMITED
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NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2010

5 INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

		31 03 10	31 03 09
	Activity	£	£
St Helens Council			
Carer Grant	Support for carers	-	169,810
Adult Social Care & Health	Support for carers	337,887	82,512
Local Area Agreement	Support for carers	-	29,682
Learning Disability Development Fund	Support for carers	-	41,695
Stroke Services Grant	Support for carers	-	625
Area Based Grant	Support for carers	50,000	-
Winter Emergency Grant	Support for carers	5,000	-
Childrens Services	Support for carers	35,000	-
Halton & St Helens NHS	Support for carers	335,913	96,312
John Moores University Student Placement	Support for carers	1,280	1,200
Centre Lottery Income	Support for carers	13,019	13,018
Well Being Lottery	Support for carers	1,620	12,327
Merseytravel Grant	Support for carers	-	250
Duchy of Lancaster Grant	Support for carers	-	5,000
DCSF Parent Participation Grant	Support for carers	-	3,300
Betty's Breaks Hardship Fund	Support for carers	940	4,200
Caring With Confidence	Support for carers	195,979	-
Parent Participation	Support for carers	10,000	-
		<u>986,638</u>	<u>459,931</u>

Incoming resources from charitable activities include those relating to restricted funds of £252,864 (2009 - £16,527). These relate to the following income streams as analysed above: Betty's Breaks Hardship Fund of £940 (2009 - £4,200), Well Being Lottery of £1,620 (2009 - £12,327), Parent Participation of £10,000 (2009 - £nil), Caring With Confidence of £107,677 (2009 - £nil) and Halton and St Helens NHS of £132,627 (2009 - £nil).

6 FUNDRAISING TRADING COST OF GOODS SOLD AND OTHER COSTS

	31 3 10	31 3 09
	£	£
Event costs	<u>1,000</u>	<u>-</u>

7 CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 8)	Totals
	£	£
Support for carers	<u>879,331</u>	<u>879,331</u>

Direct costs of charitable activities include those relating to restricted funds of £175,982 (2009 - £15,870). These relate to the following expenditure as analysed in note 8: Hardship fund £472 (2009 - £8,641), Well Being Lottery expenses £6,813 (2009 - £7,229), Parent participation £9,970 (2009 - £nil), Carer Breaks £64,558 (2009 - £nil) and Caring With Confidence session costs of £94,169 (2009 - £nil).

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2010

8 DIRECT COSTS OF CHARITABLE ACTIVITIES

	31 3 10	31 3 09
	£	£
Staff costs	516,973	296 352
Recruitment	2,166	1,581
Staff travel & parking	4,662	1,980
Staff training	1,874	469
Volunteer expenses	1,058	719
Rent & service charge	28,760	29 209
IT service	4,167	4 724
Insurance	4,548	3 821
Telephone	4,040	2,402
Printing	5,857	2 968
Stationery	14,543	7 412
Postage	12,768	8 882
Equipment	3,881	1 200
Computer software	823	433
Refreshments	1,117	682
Books, periodicals & subscriptions	408	513
Sundries	1,723	787
Carer training	4,939	4 714
Carers week and events	8,042	5 873
Therapy services	41,311	32,102
Support group funding	3,741	3 503
Hardship fund	472	8,641
Heat, light & water	2,756	4,620
Cleaning services	792	1,149
Well Being Lottery expenses	6,813	7,229
Centre lottery costs and prize money	6,934	7,353
Demonstrator charges	11,935	-
Parent participation	9,970	-
Carer breaks	64,558	-
Caring With Confidence session costs	94,169	-
Depreciation	13,551	9 322
Interest payable and similar charges	(20)	195
	<u>879,331</u>	<u>448,835</u>

9 GOVERNANCE COSTS

	31 3 10	31 3 09
	£	£
Auditors' remuneration	<u>3,701</u>	<u>3 630</u>

10 NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting)

	31 3 10	31 3 09
	£	£
Auditors' remuneration	3,701	3,630
Depreciation - owned assets	<u>13,551</u>	<u>9,321</u>

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2010**

11 TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2010 nor for the year ended 31 March 2009

Trustees' Expenses

The trustees were reimbursed expenses of £888 for the year ended 31 March 2010 and £514 for the year ended 31 March 2009

12 STAFF COSTS

	31 3 10	31 3 09
	£	£
Wages and salaries	506,856	289,553
Other pension costs	<u>10,117</u>	<u>6,799</u>
	<u>516,973</u>	<u>296,352</u>

The average number of employees during the year was as follows

	31 3 10	31 3 09
Management	3	3
Office and administration staff	3	2
Support workers	<u>15</u>	<u>7</u>
	<u>21</u>	<u>12</u>

The number of staff to whom retirement benefits were accruing was as follows

<u>23</u>	<u>12</u>
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ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2010

13 SUPPORT COSTS

Support costs incurred in the year in relation to charitable activities were as follows

	31 03 10	31 03 09
	£	£
Staff costs	98,180	55,129
Recruitment	411	294
Staff travel & parking	885	368
Staff training	356	87
Rent & service charge	5,462	5,434
IT service	791	879
Insurance	864	711
Telephone	767	447
Auditors' remuneration	3,701	3 630
Bank charges	-	36
Printing	1,112	552
Stationery	2,762	1 379
Postage	2,425	1,652
Equipment	737	223
Computer software	156	81
Depreciation	2,574	1 734
Refreshments	212	127
Books, periods & subs	77	95
Sundries	327	146
Heat, light & water	523	859
Cleaning services	150	214
	<u>122,472</u>	<u>74,078</u>

14 TANGIBLE FIXED ASSETS

	Office Equipment £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2009	5,455	41,160	24,359	70,974
Additions	<u>5,005</u>	<u>-</u>	<u>9,683</u>	<u>14,688</u>
At 31 March 2010	<u>10,460</u>	<u>41,160</u>	<u>34,042</u>	<u>85,662</u>
DEPRECIATION				
At 1 April 2009	4,962	31,525	22,641	59,128
Charge for year	<u>1,215</u>	<u>7,731</u>	<u>4,605</u>	<u>13,551</u>
At 31 March 2010	<u>6,177</u>	<u>39,256</u>	<u>27,246</u>	<u>72,679</u>
NET BOOK VALUE				
At 31 March 2010	<u>4,283</u>	<u>1,904</u>	<u>6,796</u>	<u>12,983</u>
At 31 March 2009	<u>493</u>	<u>9 635</u>	<u>1,718</u>	<u>11,846</u>

ST HELENS CARERS CENTRE LIMITED
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NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2010

15 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31 3 10	31 3 09
	£	£
Other debtors	-	1,188
Prepayments and accrued income	<u>6,854</u>	<u>8 089</u>
	<u>6,854</u>	<u>9,277</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31 3 10	31 3 09
	£	£
Accrued expenses	<u>7,266</u>	<u>10,162</u>

17 OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year

	31 3 10	31 3 09
	£	£
Expiring		
Between one and five years	1,010	989
In more than five years	<u>29,375</u>	<u>28,750</u>
	<u>30,385</u>	<u>29,739</u>

18 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31.3 10 Total funds £	31 3 09 Total funds £
Fixed assets	12,983	-	12,983	11,847
Current assets	167,585	89,695	257,280	130,302
Current liabilities	<u>(7,266)</u>	<u>-</u>	<u>(7,266)</u>	<u>(10,162)</u>
	<u>173,302</u>	<u>89,695</u>	<u>262,997</u>	<u>131,987</u>

ST HELENS CARERS CENTRE LIMITED
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NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2010

19 MOVEMENT IN FUNDS

	At 1 4 09 £	Net movement in funds £	Transfers between funds £	At 31 3 10 £
Unrestricted funds				
General fund	119,269	54,128	(95)	173,302
Restricted funds				
Wellbeing Lottery	5,098	(5,193)	95	-
"Betty's breaks"	7,620	468	-	8,088
Carer breaks	-	68,069	-	68,069
Caring with confidence	-	13,508	-	13,508
Parent participatio n	-	30	-	30
	<u>12,718</u>	<u>76,882</u>	<u>95</u>	<u>89,695</u>
TOTAL FUNDS	<u>131,987</u>	<u>131,010</u>	<u>-</u>	<u>262,997</u>

Net movement in funds, included in the above are as follows

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	762,178	(708,050)	54,128
Restricted funds			
Carer breaks	132,627	(64,558)	68,069
Wellbeing Lottery	1,620	(6,813)	(5,193)
"Betty's breaks"	940	(472)	468
Caring with confidence	107,677	(94,169)	13,508
Parent participatio n	10,000	(9,970)	30
	<u>252,864</u>	<u>(175,982)</u>	<u>76,882</u>
TOTAL FUNDS	<u>1,015,042</u>	<u>(884,032)</u>	<u>131,010</u>

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2010**

19 MOVEMENT IN FUNDS - continued

"Betty's Breaks" restricted fund is for the provision of respite breaks and events for carers and a hardship fund for carers in need of support and/or equipment to assist them in their caring role

The Well Being Lottery fund is for the provision of activities to promote healthy lifestyles for carers including exercise classes and healthy eating promotion, events and classes

The Carer Breaks Fund allows for Carers to take a personalised Break through a direct payment. The break is usually in the range of £300 to £600 and is awarded based on the impact of the caring role on the carer. The Carer Breaks Fund also allows for group breaks organised by the Centre for those Carers not eligible for an individual break fund payment.

Caring With Confidence is a National initiative which brings Carers together on a seven week long programme to increase their confidence in their every day caring role giving information, caring hints and shared learning. The programme at St Helens Carers Centre is one of 25 fully funded initiatives across England, with St Helens Carers Centre delivering the programme across Merseyside and North Cheshire as a consortium with 5 other Carer Centres.

Parent Participation funding is received from the Department of Education to give Parent Carers a voice in the development of services for disabled children locally. The funding is available for the development of a Parent Carer Forum and Training to enable and encourage Parent Carers to become involved at all levels of decision making.

20. ANALYSIS OF RESERVES

	31 03 10	31 03 09
	£	£
Total Reserves	262,997	131,987
Less Restricted funds	(89,695)	(12,718)
Less Unrestricted fixed assets	<u>(12,983)</u>	<u>(11,847)</u>
Freely available reserves	<u>160,319</u>	<u>107,422</u>

21 NATIONAL ORGANISATION

St Helens Carers Centre Limited is part of the national network of Carers Centres, The Princess Royal Trust for Carers. The address for the Trust is:

The Princess Royal Trust for Carers
142 Minories
London
EC3N 2PN