

REGISTERED NUMBER: 4203210 (England and Wales)

**REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 31 MARCH 2009
FOR
ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

FRIDAY



A62 *ADUWLG9* 22/01/2010 273
COMPANIES HOUSE

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2009**

	Page
Report of the Trustees	1 to 5
Report of the Independent Auditors	6 to 7
Statement of Financial Activities	8
Balance Sheet	9 to 10
Notes to the Financial Statements	11 to 18

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2009

The trustees who are also directors of the charity for the purposes of the Companies Act 1985, present their report with the financial statements of the charity for the year ended 31 March 2009. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
4203210 (England and Wales)

Registered Charity number
1089663

Registered office
31-35 Baldwin Street
St Helens
Merseyside
WA10 2RS

Trustees

Mrs E J Dearden - Deputy Lieutenant (Merseyside)
Mrs A M Ormrod
Mrs A E Sisson
Mrs J Wilcock
T D Hughes
Ms S Whalley
Canon G F Almond
Ms K Machin - resigned 3.6.09

Executive Manager
Mr A Ashton

Company Secretary
Mrs A E Sisson

Auditors
Styles & Co Accountants Ltd
Registered Auditors
Heather House
473 Warrington Road
Culcheth
Warrington
Cheshire
WA3 5QU

Solicitors
Tickle Hall Cross Solicitors
25 Hardshaw Street
St Helens
Merseyside
WA10 1RP

Bankers
Barclays Bank plc
19 Church Street
St. Helens
Merseyside
WA10 1BG

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2009**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charitable Status

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 1985.

The company was registered as a charity by the Charity Commissioners for all purposes on 5 December 2001 (Certificate number 1089663).

Constitution

The company has no share capital, being a company limited by guarantee under clause 7 of its Memorandum of Association to £1 for each member in the event of its being wound up. The number of members registered at 31 March 2009 was 8 (2008 - 8).

Directors and Trustees

The Directors of St Helens Carers Centre Limited are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

The Trustees serving during the year under review and since the year end were as follows:

Chair: Mrs E J Dearden - Deputy Lieutenant (Merseyside)

Vice Chair: Mrs A M Ormrod

Treasurer: Canon G F Almond

Company Secretary: Mrs A E Sisson

Other Trustees: Ms K Machin - resigned 3 June 2009

Mr T Hughes

Mrs J Wilcock

Mrs S Whalley MBE

Organisational structure

The charitable company is governed by its Memorandum and Articles of Association, and the Board of Trustees administers the Charity. The Full Board meets bi-monthly and more frequently if required to do so. In addition, an Executive Board comprising the Chair, Vice Chair, Treasurer, Company Secretary and trustee for human resources meets bi monthly and report to the full Board.

The Charity is required to provide monitoring information to its funds including St Helens Council, St Helens Primary Care Trust and other grant making bodies. This information comprises fiscal, quality and service standards monitoring information.

The Board employ paid staff including the Executive Manager who is responsible for the day to day management of the Charity and reports direct to the Board of Trustees.

Governing Document

St Helens Carers Centre Limited is a registered Charity and also a Company Limited by Guarantee. The Charity is governed by its Memorandum and Articles of Association which define its aims, objectives, duties and responsibilities.

Appointment of Trustees

The Trustee Board is made up of between three and nine members. They are elected from members at the Annual General Meeting held each year. The Trustees may at any time co-opt any person duly qualified to be appointed as a Trustee to fill a vacancy in their number or as an additional Trustee, but a co-opted Trustee holds office only until the next AGM

One third (or the number nearest one third) of the Trustees must retire each year, those longest in the office retiring first and the choice between and of equal service being made by drawing lots. Those who retire are eligible for re-election at the next Annual General Meeting.

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2009**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustee Induction and Training

New Trustees are given an Induction Pack to the organisation and spend time with the Executive Manager of the organisation having the aims and objectives and the policies and procedures of the Charity explained to them.

New Trustees are given copies of the Memorandum and Articles of Association, the current Business Plan, latest Annual Report and copies of minutes from the previous 12 months Board meetings.

Trustees are required to complete a skills analysis form and identify and training which may assist them in their role.

Trustees are also encouraged to attend training provided by the Princess Royal Trust for Carers specifically for Trustees in areas such as Governance and Monitoring.

Risk Management

The Trustees have a risk management strategy in place and have established systems and procedures designed to reduce or eliminate any risks identified.

On an annual basis the trustees assess the risks to which the Charity is exposed, in particular those related to the operations and finances of the organisation.

Relationship with The Princess Royal Trust For Carers

The charity is a Network Member of the Princess Royal Trust For Carers through a network agreement. The Princess Royal Trust For Carers provide national and regional information, advice, support and publicity. The charity retains its own identity with regard to policies, procedures, contracts and responsibility for generating income, governance and management.

Investment Policy

The Trustees whilst retaining their cautious approach to investments have authorised that any surplus funds can be deposited in a suitable interest bearing bank or building society account. This approach is revisited at least annually to ensure that maximum returns are being achieved for the charity.

Reserves Policy

The trustees have established a policy that the Charity should aim to retain unrestricted reserves that will cover between three to six months of annual expenditure. The unrestricted reserves as at 31st March 2009 were £119,269 (2008: £97,417) against total unrestricted expenditure of £436,595 (2008: £346,559). The charity's free reserves as at 31 March 2009 were £107,422 (2008 - £83,353), as shown in note 18 of the audited accounts, and cover three to six months of direct charitable expenditure. The Trustees' policy on reserves has been achieved.

Reserves are held to cover any delay in receiving funding income whilst allowing the normal business operation of the Charity to continue. In addition the Charity retains reserves to cover possible redundancy payments should the Charity have to reduce the size of its operation.

OBJECTIVES AND ACTIVITIES

Principal activities and objects of the Charity - Benefit to the Public

The principle activity of the company in the year under review was that of the provision of relief and support for Carers of people who are ill, disabled or elderly.

The Charity's objectives are to support Carers living in St Helens and adjoining areas so that they do not reach crisis point. To do this the Charity employs a team of paid staff based at a centrally located "one stop" Carers Centre. Paid employees provide information, advice, emotional support and a range of practical support including the provision of Holistic Therapies, Chiropractic Services, Respite Breaks, Benefits Advice and Training.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

ACHIEVEMENT AND PERFORMANCE

The Trustees identified the following to have been achieved in this period:

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2009**

ACHIEVEMENT AND PERFORMANCE

- The Charity registered a further 985 Carers with the Centre in 2008/09. 9% more than in the previous year. On 31st March 2009, a total of 3908 Carers had registered with the Centre.
- The amount of work undertaken with each Carer also increased considerably during the year, with 15,072 contacts with Carers during the year, an increase of 29.3% on the previous year (11,652 in 2007/08) including 2,438 "drop-in" clients (1,261 in 2007/08).
- Our Income Maximisation service continued to produce excellent results during the year with a total of £710,909 raised in additional income for local Carers through previously unclaimed benefits.
- We were delighted to have two high profile visits to the Centre during the year. Firstly, Ivan Lewis MP, Minister for Care Services made a visit in May 2008 highlighting the important work the Centre was undertaking and strengthening the launch of the national Carers Strategy. This was followed by a visit by HRH The Princess Royal in October, the second visit by the Princess Royal to the charity in its relatively short history. The visit had national press coverage including a rare TV interview of the Princess and the work of the Centre with Sky News and Channel 5.
- During the year we started to receive two new streams of funding to expand our work. Firstly, funding from the Learning Disability Development Fund created a new Carer Support Officer post to develop long term planning tools for older Carers caring for sons/daughters who are themselves adults. In addition we also received funding for the Department of Children, School and Families to develop work with Parent Carers to establish a new Parent Carer Forum
- Towards the end of the year we submitted several bids to ensure we can continue our work in the coming years. Two bids were submitted and successful to St Helens Council under their new Area Based Grants programme; we also secured additional core funding for future years. The funding will allow us to maintain and increase our Income Maximisation work with an additional post and also an additional post to strengthen our Carers Emergency Card scheme.
- Towards the end of the year we learnt that bids we had submitted for funding starting in April 2009 had been successful. These included becoming a fully funded provider of the new Caring With Confidence Programme, one of only 25 in the UK.

FINANCIAL REVIEW

The end of year saw incoming resources exceeding resources expended in the year by £26,009 (2008: £46,120 expenditure exceeding incoming resources).

The principal funding sources were:

- St Helens Council Adult Social Care & Health
- St Helens Council Carer's Grant
- Halton & St Helens NHS Primary Care Trust
- St Helens Council Local Area Agreement
- Learning Disability Development Fund

The trustees are extremely grateful to all those who have provided funding either directly or via donations. The Charity is only able to provide excellent support to Carers thanks to the funding it receives.

At the end of the year, the Charity has restricted funds of £12,718 (2008 - £12,061) this includes £7,620 (2008 - £12,061) as part of the "Betty's Breaks Fund".

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2009**

PLANS FOR FUTURE PERIODS

The Board has identified the following plans for the coming year;

- To bid to become a pilot area as a Carer Demonstrator Site as part of the National Carers Strategy.
- Develop Carer Breaks in partnership with the local PCT and Council using new funding from the Department of Health
- Undertake an extensive Wellbeing Therapy Trial with a group of Carers to evaluate the longer term outcomes of holistic therapy services for Carers in maintaining their own health.
- Begin awarding a Charter Mark to local employers undertaking good practice to support Carers in their employment.
- Hold a Board Away day to review strategy and involve staff in the planning/strategy process.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of St Helens Carers Centre Limited (A company limited by guarantee) for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS


So far as the trustees are aware, there is no relevant information (as defined by Section 234ZA of the Companies Act 1985) of which the charitable company's auditors are unaware, and each trustee has taken all the steps that they ought to have taken as a trustee in order to make them aware of any audit information and to establish that the charitable company's auditors are aware of that information.

AUDITORS

The auditors, Styles & Co Accountants Ltd, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

ON BEHALF OF THE BOARD:

.....


Trustee

Date: 20.1.10

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

We have audited the financial statements of St Helens Carers Centre Limited (A company limited by guarantee) for the year ended 31 March 2009 on pages eight to eighteen. These financial statements have been prepared under the accounting policies set out therein and the requirements of the Financial Reporting Standard for Smaller Entities (effective January 2007).

This report is made solely to the charitable company's trustees, as a body, in accordance with Section 43 of the Charities Act 1993. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

The trustees' (who are also the directors of the charitable company for the purposes of company law) responsibilities for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out on page five.

The trustees have elected for the financial statements not to be audited in accordance with the Companies Act 1985. Accordingly we have been appointed as auditors under Section 43 of the Charities Act 1993 and report in accordance with regulations made under Section 44 of that Act.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985.

We also report to you if, in our opinion, the information given in the Report of the Trustees is not consistent with the financial statements, if the charitable company has not kept proper accounting records, if the charitable company's financial statements are not in agreement with these accounting records, or if we have not received all the information and explanations we require for our audit.

We read the Report of the Trustees and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

Opinion

In our opinion:

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities, of the state of the charitable company's affairs as at 31 March 2009 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended; and
- the financial statements have been properly prepared in accordance with the Companies Act 1985.

Styles & Co Accountants Ltd

Styles & Co Accountants Ltd
Registered Auditors
Heather House
473 Warrington Road
Culcheth
Warrington
Cheshire
WA3 5QU

Date: 20.01.2010

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2009

	Notes	Unrestricted funds £	Restricted funds £	31.3.09 Total funds £	31.3.08 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	11,916	-	11,916	12,149
Other income	3	1,225	-	1,225	2,904
Investment income	4	1,902	-	1,902	5,618
Incoming resources from charitable activities	5				
Support for carers		<u>443,404</u>	<u>16,527</u>	<u>459,931</u>	<u>330,466</u>
Total incoming resources		458,447	16,527	474,974	351,137
 RESOURCES EXPENDED					
Charitable activities	6				
Support for carers		432,965	15,870	448,835	393,732
Governance costs	8	<u>3,630</u>	<u>-</u>	<u>3,630</u>	<u>3,525</u>
Total resources expended		436,595	15,870	452,465	397,257
 NET INCOMING/(OUTGOING) RESOURCES					
		21,852	657	22,509	(46,120)
 RECONCILIATION OF FUNDS					
Total funds brought forward		97,417	12,061	109,478	155,598
 TOTAL FUNDS CARRIED FORWARD		 <u>119,269</u>	 <u>12,718</u>	 <u>131,987</u>	 <u>109,478</u>

The notes form part of these financial statements

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET
AT 31 MARCH 2009

	Notes	Unrestricted funds £	Restricted funds £	31.3.09 Total funds £	31.3.08 Total funds £
FIXED ASSETS					
Tangible assets	13	11,847	-	11,847	14,064
CURRENT ASSETS					
Debtors: amounts falling due within one year	14	9,277	-	9,277	8,042
Cash at bank and in hand		<u>108,307</u>	<u>12,718</u>	<u>121,025</u>	<u>93,936</u>
		117,584	12,718	130,302	101,978
CREDITORS					
Amounts falling due within one year	15	(10,162)	-	(10,162)	(6,564)
NET CURRENT ASSETS		<u>107,422</u>	<u>12,718</u>	<u>120,140</u>	<u>95,414</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>119,269</u>	<u>12,718</u>	<u>131,987</u>	<u>109,478</u>
NET ASSETS		<u>119,269</u>	<u>12,718</u>	<u>131,987</u>	<u>109,478</u>
FUNDS	17				
Unrestricted funds				119,269	97,417
Restricted funds				<u>12,718</u>	<u>12,061</u>
TOTAL FUNDS				<u>131,987</u>	<u>109,478</u>

The notes form part of these financial statements

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET - CONTINUED
AT 31 MARCH 2009

The charitable company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 March 2009.

The trustees have not deposited notice, pursuant to Section 249B(2) of the Companies Act 1985 requiring an audit of these financial statements.

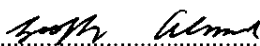
The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its income and expenditure for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 43 of the Charities Act 1993.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

The financial statements were approved by the Board of Trustees on 20th January 2010 and were signed on its behalf by:


Trustee

The notes form part of these financial statements

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2009**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007), the special provisions of Part VII of the Companies Act 1985 relating to small companies, and with the Statement of Recommended Practice, Accounting and reporting by Charities (SORP 2005), issued in 2005. The financial statements have been prepared under the historical cost convention.

Incoming resources

All income is reported gross and no income was received from outside the United Kingdom.

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Voluntary income received by way of donations is included in full in the statement of financial activities when receivable.

Investment income is recognised on a receivable basis.

The company recognises income from charitable activities when earned, on an accrual basis. As such, any income received during this accounting period relating to a future period is deferred.

Grant and contract income is accounted for when the charity earns the right to consideration by the performance of its activities.

Resources expended

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office Equipment	-20% on cost
Fixtures and fittings	-3 years straight line
Computer equipment	-3 years straight line

Taxation

The charity is exempt from corporation tax on its charitable activities.

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2009**

1. ACCOUNTING POLICIES - continued

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity does not have a pension scheme but pays a contribution to the personal pension schemes of a number of employees. The total cost to the charity in the year was £6,799 (2008 - £6,763).

Hire purchase and leasing commitments

Rentals payable under operating leases are charged to the income and expenditure account on a straight line basis over the period of the lease.

2. VOLUNTARY INCOME

	31.3.09	31.3.08
	£	£
Gifts	1	2
Individual donations	1,298	2,577
Carers UK	1,274	1,000
Fundraising	<u>9,343</u>	<u>8,570</u>
	<u>11,916</u>	<u>12,149</u>

3. OTHER INCOME

	31.3.09	31.3.08
	£	£
Recharges and other income	1,105	2,864
Room hire	<u>120</u>	<u>40</u>
	<u>1,225</u>	<u>2,904</u>

4. INVESTMENT INCOME

	31.3.09	31.3.08
	£	£
Bank interest	<u>1,902</u>	<u>5,618</u>

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2009

5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

		31.03.09	31.03.08
	Activity	£	£
St Helens Council:			
Carer Grant	Support for carers	169,810	169,849
Adult Social Care & Health	Support for carers	82,512	23,000
Systems Grant	Support for carers	-	16,000
Local Area Agreement	Support for carers	29,682	33,692
Learning Disability Development Fund	Support for carers	41,695	-
Stroke Services Grant	Support for carers	625	-
Podiatry Recharge	Support for carers	-	4,000
Halton & St Helens NHS	Support for carers	96,312	67,085
John Moores University Student Placement	Support for carers	1,200	400
Centre Lottery Income	Support for carers	13,018	10,741
Well Being Lottery	Support for carers	12,327	4,489
Merseytravel Grant	Support for carers	250	300
Duchy of Lancaster Grant	Support for carers	5,000	-
DCSF Parent Participation Grant	Support for carers	3,300	-
Betty's Breaks Hardship Fund	Support for carers	4,200	910
		<u>459,931</u>	<u>330,466</u>

Incoming resources from charitable activities include those relating to restricted funds of £16,527 (2008 - £34,399). These relate to the following income streams as analysed above: Carers Grant of £nil (2008 - £29,000) included within total income of £169,810 (2008 - £169,489), Betty's Breaks Hardship Fund of £4,200 (2008 - £910) and Well Being Lottery of £12,327 (2008 - £4,489).

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 7)	Totals
	£	£
Support for carers	<u>448,835</u>	<u>448,835</u>

Direct costs of charitable activities include those relating to restricted funds of £15,870 (2008 - £50,698). These relate to the following expenditure as analysed in note 7:- Carers week £nil (2008 - £3,076), Carer grant services £nil (2008 - £24,438), Support group funding £nil (2008 - £2,914), Forum and consultation £nil (2008 - £7,876), Hardship fund £8,641 (2008 - £7,905) and Well Being Lottery expenses £7,229 (2008 - £4,489).

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2009

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.3.09	31.3.08
	£	£
Staff costs	296,352	263,047
Recruitment	1,581	-
Staff travel & parking	1,980	1,716
Staff training	469	215
Volunteer expenses	719	343
Rent & service charge	29,209	26,095
IT service	4,724	3,963
Insurance	3,821	2,684
Telephone	2,402	2,017
Printing	2,968	5,848
Stationery	7,412	4,856
Postage	8,882	7,700
Equipment	1,200	1,503
Computer software	433	100
Refreshments	682	551
Books, periodicals & subscriptions	513	384
Sundries	787	512
Carer training	1,816	1,051
Carers week	5,873	3,076
Carer grant services	32,102	24,438
Support group funding	3,503	2,914
Forum and consultation	2,898	7,876
Professional costs	-	220
Hardship fund	8,641	7,905
Heat, light & water	4,620	1,425
Cleaning services	1,149	842
Well Being Lottery expenses	7,229	4,489
Relocation costs	-	1,146
Centre lottery costs and prize money	7,353	5,985
Depreciation	9,322	10,778
Interest payable and similar charges	195	53
	<u>448,835</u>	<u>393,732</u>

8. GOVERNANCE COSTS

	31.3.09	31.3.08
	£	£
Auditors' remuneration	<u>3,630</u>	<u>3,525</u>

9. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	31.3.09	31.3.08
	£	£
Auditors' remuneration	3,630	3,525
Depreciation - owned assets	<u>9,321</u>	<u>10,778</u>

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2009**

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2009 nor for the year ended 31 March 2008.

Trustees' Expenses

The trustees were reimbursed expenses of £514 for the year ended 31 March 2009 and £246 for the year ended 31 March 2008.

11. STAFF COSTS

	31.3.09	31.3.08
	£	£
Wages and salaries	289,553	256,284
Other pension costs	<u>6,799</u>	<u>6,763</u>
	<u>296,352</u>	<u>263,047</u>

The average number of employees during the year was as follows:

	31.3.09	31.3.08
Management	3	3
Office and administration staff	7	2
Support workers	<u>2</u>	<u>5</u>
	<u>12</u>	<u>10</u>

The number of staff to whom retirement benefits were accruing was as follows

<u>12</u>	<u>10</u>
------------------	------------------

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2009

12. SUPPORT COSTS

Support costs incurred in the year in relation to charitable activities were as follows:

	31.03.09	31.03.08
	£	£
Staff costs	55,129	52,204
Recruitment	294	-
Staff travel & parking	368	341
Staff training	87	43
Rent & service charge	5,434	5,179
IT service	879	786
Insurance	711	533
Telephone	447	400
Auditors' remuneration	3,630	3,525
Bank charges	36	11
Printing	552	1,161
Stationery	1,379	964
Postage	1,652	1,528
Equipment	223	298
Computer software	81	20
Depreciation	1,734	2,139
Refreshments	127	109
Books, periods & subs	95	76
Sundries	146	102
Heat, light & water	859	283
Cleaning services	214	167
Relocation expenses	-	227
Professional costs	-	220
	<u>74,078</u>	<u>70,315</u>

13. TANGIBLE FIXED ASSETS

	Office Equipment £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2008	5,085	35,448	23,337	63,870
Additions	<u>370</u>	<u>5,712</u>	<u>1,022</u>	<u>7,104</u>
At 31 March 2009	<u>5,455</u>	<u>41,160</u>	<u>24,359</u>	<u>70,974</u>
DEPRECIATION				
At 1 April 2008	4,747	23,795	21,264	49,806
Charge for year	<u>214</u>	<u>7,730</u>	<u>1,377</u>	<u>9,321</u>
At 31 March 2009	<u>4,961</u>	<u>31,525</u>	<u>22,641</u>	<u>59,127</u>
NET BOOK VALUE				
At 31 March 2009	<u>494</u>	<u>9,635</u>	<u>1,718</u>	<u>11,847</u>
At 31 March 2008	<u>338</u>	<u>11,653</u>	<u>2,073</u>	<u>14,064</u>

**ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2009**

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.09	31.3.08
	£	£
Other debtors	1,188	1,188
Prepayments and accrued income	<u>8,089</u>	<u>6,854</u>
	<u>9,277</u>	<u>8,042</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.09	31.3.08
	£	£
Accrued expenses	<u>10,162</u>	<u>6,564</u>

16. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year:

	31.3.09	31.3.08
	£	£
Expiring:		
Between one and five years	989	-
In more than five years	<u>28,750</u>	<u>29,375</u>
	<u>29,739</u>	<u>29,375</u>

17. MOVEMENT IN FUNDS

	At 1.4.08	Net movement in funds	At 31.3.09
	£	£	£
Unrestricted funds			
General fund	97,417	21,852	119,269
Restricted funds			
Wellbeing Lottery	-	5,098	5,098
"Betty's breaks"	<u>12,061</u>	<u>(4,441)</u>	<u>7,620</u>
	12,061	657	12,718
TOTAL FUNDS	<u>109,478</u>	<u>22,509</u>	<u>131,987</u>

ST HELENS CARERS CENTRE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2009

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	458,447	(436,595)	21,852
Restricted funds			
Wellbeing Lottery	12,327	(7,229)	5,098
"Betty's breaks"	<u>4,200</u>	<u>(8,641)</u>	<u>(4,441)</u>
	16,527	(15,870)	657
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u><u>474,974</u></u>	<u><u>(452,465)</u></u>	<u><u>22,509</u></u>

"Betty's Breaks" restricted fund is for the provision of respite breaks and events for carers and a hardship fund for carers in need of support and/or equipment to assist them in their caring role.

The Well Being Lottery fund is for the provision of activities to promote healthy lifestyles for carers including exercise classes and healthy eating promotion, events and classes.

18. ANALYSIS OF RESERVES

	31.03.09 £	31.03.08 £
Total Reserves	131,987	109,478
Less: Restricted funds	(12,718)	(12,061)
Less: Unrestricted fixed assets	<u>(11,847)</u>	<u>(14,064)</u>
Freely available reserves	<u><u>107,422</u></u>	<u><u>83,353</u></u>

19. NATIONAL ORGANISATION

St Helens Carers Centre Limited is part of the national network of Carers Centres, The Princess Royal Trust for Carers. The address for the Trust is:

The Princess Royal Trust for Carers
142 Minories
London
EC3N 2PN