



Companies House

AR01 (ef)

Annual Return



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Company Name: **LIFE-FORCE INSPIRATIONS LIMITED**

Company Number: **04174791**

Date of this return: **07/03/2016**

SIC codes: **85590**

Company Type: **Private company limited by shares**

Situation of Registered Office: **54 THE AVENUE
BOURNEMOUTH
DORSET
BH9 2UP**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR KEITH**

Surname: **POLLARD**

Former names:

Service Address: **54 THE AVENUE
BOURNEMOUTH
DORSET
BH9 2UP**

Company Director ***1***

Type: **Person**
Full forename(s): **MR KEITH**

Surname: **POLLARD**

Former names:

Service Address: **54 THE AVENUE
BOURNEMOUTH
DORSET
BH9 2UP**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/10/1953** *Nationality:* **BRITISH**
Occupation: **MANAGING DIRECTOR**

Company Director 2

Type: **Person**

Full forename(s): **SHAUN**

Surname: **POLLARD**

Former names:

Service Address: **11 PENDEFORD
TEAL FARM
WASHINGTON
TYNE & WEAR
NE38 8TT**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/01/1962**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
ORDINARY SHARE			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 07/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **KEITH POLLARD**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.