

LIFE-FORCE INSPIRATIONS LIMITED

REPORT AND ABBREVIATED FINANCIAL STATEMENTS

MARCH 31ST 2012

Company number 4174791




LIFE-FORCE INSPIRATIONS LIMITEDABBREVIATED BALANCE SHEET
31st MARCH 2012

	<u>NOTE</u>	<u>2012</u>	<u>2011</u>
<u>CURRENT ASSETS</u>			
Cash at bank		135	185
<u>CREDITORS</u> Amounts falling due within one year		<u>50</u>	<u>50</u>
<u>NET ASSETS</u>		<u>85</u>	<u>135</u>
<u>TOTAL ASSETS LESS CURRENT LIABILITIES</u>		85	135
<u>CREDITORS</u> : Amounts falling due after more than one year		<u>9203</u>	<u>9210</u>
		<u>£(9118)</u>	<u>£(9075)</u>
<u>CAPITAL AND RESERVES</u>			
Called up share capital	2	1	1
Profit and loss account		<u>(9119)</u>	<u>(9076)</u>
<u>SHAREHOLDER'S FUNDS</u>		<u>£(9118)</u>	<u>£(9075)</u>

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of Section 477 of the Act and that no member or members have requested an audit pursuant to Section 476 of the Act

The directors acknowledge their responsibilities for

- (i) ensuring that the company keeps adequate accounting records which comply with Section 386 of the Act, and


KEITH POLLARD
DIRECTOR.

- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 393 of the Act and which otherwise comply with the requirements of the Act relating to financial statements so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

These abbreviated accounts on pages 1 and 2 were approved by the Board of Directors and authorised for issue on 2/10/12 and signed on its behalf by


Director

Company registration number 04174791

KEITH POLLARD

The notes on page 2 form part of these abbreviated accounts

LIFE-FORCE INSPIRATIONS LIMITED

NOTES TO THE ABBREVIATED FINANCIAL STATEMENTS
YEAR ENDED 31st MARCH 2012

1. ACCOUNTING POLICIES

Basis of accounting

These financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents invoiced sales of services.

2 SHARE CAPITAL

	2012	2011
Authorised		
100 ordinary shares of £1 each	<u>100</u>	<u>100</u>
Issued and fully paid		
1 ordinary share of £1	<u>1</u>	<u>1</u>