

— for the record — Company Name
VITALITY WEB LIMITED

Company Type
Private Company Limited By
Shares
Company Number
4026283
Information extracted from
Companies House records on
11th June 2005

363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Section 1: Company details



11th June 2005		COMPANIES HOUSE 30/07/05		
Ref: 4026283/03/10	Current details	Amended details		
Registered Office Address If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Vitality Group Limited Garman Road Tottenham London N17 0QN	Address UK Postcode		
> Register of Members If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Address where the Register is held At Registered Office	UK Postcode		
> Register of Debenture Holders If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Not Applicable	Address UK Postcode		
> Principal Business Activities If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	SIC Code Description 9999 Dormant company	SIC CODE Description		
Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.				

Section 2: Details of Officers of the Company

		Current details	Amended details		
>	Company Secretary If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Name Dennis Charles HARRISON Address Ashwood Church Road Hartley Kent DA3 8DJ	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 7235 of the Companies Act 1985. Address		
	Particulars of a new Company Secretary must be notified on form 288a.		UK Postcode Date of change / / Date Dennis Charles HARRISON ceased to be secretary (if applicable)		
>	Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.	Name Nicholas Andrew EDDEN Address 2 Swift Close Stanstead Abbotts Hertfordshire SG12 8TZ	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address		
	Particulars of a new Director must be notified on form 288a.	Date of birth 23/05/1969 Nationality British Occupation Buyer	UK Postcode Date of birth Nationality Occupation Date of change / / Date Nicholas Andrew EDDEN ceased to be director (if applicable)		

ompany Number - 4026283	Section 2: Details of Officers of the Cor Current details	Amended details	
Director If any of the details for this person are wrong, strike	Name Michael John HAYWARD	Name	
them through and fill in the correct details in the "Amended details" column.	Address 3 Elm Court Bruce Grove London N17 6UU	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address	
	Date of birth 14/04/1941		
Particulars of a new Director must be notified on form 288a.	Nationality British Occupation Systems Manager	UK Postcode	
		Occupation	
		Date of change / /	
		Date Michael John HAYWARD ceased to be director (if applicable)	

Section 3: Share Capital

		Current details	Amended details
>	Issued Share Capital This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.	Class of share Ordinary	Class of share
		Nominal value of each share £1.00	Nominal value of each share
		Number of shares issued	Number of shares issued
		Aggregate Nominal Value of issued shares £1.00	Aggregate Nominal Value of issued shares
>	Total shares issued and value	Total number of shares issued	Total number of shares issued
	If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.	Total Nominal value of shares issued £1.00	Total Nominal value of shares issued

> At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended detail	Amended details		Shares transferred	
> Shareholder Name VITALITY GROUP LIMITED		: _D Name				
	• • •	Address				
	Address Garman Road Tottenham London				transferred i	
		UK Postcode				
		Shares held Class mber	Number	Class	Number	Date of transfer
	Ordinary	1		<u> </u>		

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	registration
Name			
Address			
<u>.</u>			
UK Postcode			
Name			
Address			
			·
UK Postcode			
Name			
Address		·	
UK Postcode			
Name			
Address			
UK Postcode			



363s Annual Return Declaration

> When you have checked all the sections of this form, please complete this page and sign the declaration below.

> If you want to change the made up date of this annual return, please

	complete 2 below.			
1	. Declaration			
	I confirm that the details in	this annual	eturn are correct as	at the made-up-date
_	(shown at 2 below). I enclo			
	Signature We		Date 28	107,2005
	(Director / S	Secretary)		ust not be earlier than the
	What to do now Complete this page then so declaration to the address			rn and the
2	Date of this return	and the second of	and the state of t	and a section of the contract
	This AR is made up to 4/7/2005	=	naking this return up the date here	to an earlier date,
			/ /	
		Note: The fo	n must be delivered to CF	l within 28 days of this date
3	. Date of next return			
	If you wish to change your	next return	o a date earlier than	4th July 2006
	please give the new date h		,	•
			/ / _ <u></u>	
4.	. Where to send this f	orm		
	Please return this form to:			
	Registrar of Companies		For members	s of the Hays Document
	Companies House Crown Way	OR	Exchange se DX 33050 Ca	
	Cardiff CF14 3UZ		DV 32020 O	aium
	Have you enclosed the fi	lina fee wit	the company num	ber written on the
	reverse of the cheque?		,,	•••
C	ontact Address			
_	do not have to give any co	ntact inform	tion bolow, but if you	. do . it will holp
Cor	mpanies House to give any col mpanies House to contact you irmation that you give will be	ou if there is	a query on the form.	The contact
Cor	ntact Name		Telephone number <i>ir</i>	nc code
1	D C. Harriso.	<u>ب</u>	0208 885	8214
	dress To VITAUTY GRO	JP LTO	DX number <i>if applica</i>	ble
	CARMAN ROAD		OX exchange	
	CON20-1			

Postcode

N13 587