

Unaudited Financial Statements for the Year Ended 30 April 2022

for

Stress Relief Ltd

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for the Year Ended 30 April 2022

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Stress Relief Ltd

Company Information
for the Year Ended 30 April 2022

DIRECTOR:

J Killat

REGISTERED OFFICE:

Woodlands Grange
Woodlands Lane
Bradley Stoke
Bristol
BS32 4JY

REGISTERED NUMBER:

03752893 (England and Wales)

ACCOUNTANTS:

Dunkley's
Woodlands Grange
Woodlands Lane
Bradley Stoke
Bristol
BS32 4JY

Balance Sheet

30 April 2022

	Notes	30.4.22 £	30.4.21 £
CURRENT ASSETS			
Debtors	5	732	6,106
Cash at bank		<u>2,565</u>	<u>11,512</u>
		3,297	17,618
CREDITORS			
Amounts falling due within one year	6	<u>2,641</u>	<u>14,356</u>
NET CURRENT ASSETS		<u>656</u>	<u>3,262</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>656</u>	<u>3,262</u>
CAPITAL AND RESERVES			
Called up share capital	7	10	10
Retained earnings	8	<u>646</u>	<u>3,252</u>
SHAREHOLDERS' FUNDS		<u>656</u>	<u>3,262</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 April 2022 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 8 July 2022 and were signed by:

J Killat - Director

Notes to the Financial Statements
for the Year Ended 30 April 2022

1. **STATUTORY INFORMATION**

Stress Relief Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on reducing balance

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 1 (2021 - 1).

4. **TANGIBLE FIXED ASSETS**

	Computer equipment £
COST	
At 1 May 2021	1,307
Disposals	(1,307)
At 30 April 2022	-
DEPRECIATION	
At 1 May 2021	1,307
Eliminated on disposal	(1,307)
At 30 April 2022	-
NET BOOK VALUE	
At 30 April 2022	-
At 30 April 2021	-

Notes to the Financial Statements - continued
for the Year Ended 30 April 2022

5. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	30.4.22	30.4.21
	£	£
Trade debtors	-	5,449
Tax	732	439
Prepayments	-	218
	<u>732</u>	<u>6,106</u>

6. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	30.4.22	30.4.21
	£	£
Tax	1,906	4,239
VAT	-	8,061
Directors' current accounts	-	659
Accrued expenses	735	1,397
	<u>2,641</u>	<u>14,356</u>

7. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:			30.4.22	30.4.21
Number:	Class:	Nominal value:	£	£
10	Ordinary	£1	<u>10</u>	<u>10</u>

8. **RESERVES**

	Retained earnings £
At 1 May 2021	3,252
Profit for the year	8,124
Dividends	<u>(10,730)</u>
At 30 April 2022	<u>646</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.