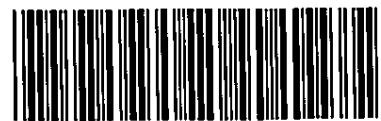


Company Registration No 3670373 (England and Wales)

FAST FLOWERS (HOLDINGS) LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2009

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FAST FLOWERS (HOLDINGS) LIMITED

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FAST FLOWERS (HOLDINGS) LIMITED

ABBREVIATED BALANCE SHEET

AS AT 30 JUNE 2009

	Notes	2009 £	£	2008 £	£
Fixed assets					
Tangible assets	2	295,932		298,247	
Investments	2	70,002		70,002	
		<u>365,934</u>		<u>368,249</u>	
Current assets					
Debtors		14,896		1,255	
Cash at bank and in hand		333,181		649,893	
		<u>348,077</u>		<u>651,148</u>	
Creditors amounts falling due within one year		<u>(86,002)</u>		<u>(251,592)</u>	
Net current assets		<u>262,075</u>		<u>399,556</u>	
Total assets less current liabilities		<u>628,009</u>		<u>767,805</u>	
Creditors amounts falling due after more than one year	3	(364,784)		(375,284)	
Provisions for liabilities		-		(225)	
		<u>263,225</u>		<u>392,296</u>	
Capital and reserves					
Called up share capital	4	2		70,002	
Profit and loss account		263,223		322,294	
Shareholders' funds		<u>263,225</u>		<u>392,296</u>	

FAST FLOWERS (HOLDINGS) LIMITED

ABBREVIATED BALANCE SHEET (CONTINUED)

AS AT 30 JUNE 2009

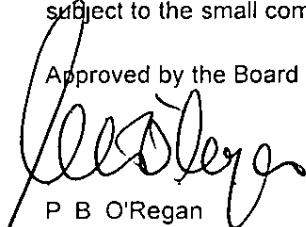
For the financial year ended 30 June 2009 the company was entitled to exemption from audit under section 477 Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved by the Board for issue on

19.3.10



P B O'Regan
Director

Company Registration No 3670373

FAST FLOWERS (HOLDINGS) LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 30 JUNE 2009

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated)

1.3 Turnover

Turnover represents amounts receivable for property rental and services

1.4 Tangible fixed assets and depreciation

Tangible fixed assets other than freehold land are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows

Freehold land and buildings	- 1% on cost of buildings (excluding estimated cost of land)
Fixtures, fittings and equipment	- 15% on written down value

1.5 Investments

Fixed asset investments are stated at cost less provision for diminution in value

1.6 Deferred taxation

Deferred taxation is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax balance has not been discounted

1.7 Group accounts

The financial statements present information about the company as an individual undertaking and not about its group. The company and its subsidiary undertaking comprise a small-sized group. The company has therefore taken advantage of the exemptions provided by section 398 of the Companies Act 2006 not to prepare group accounts

FAST FLOWERS (HOLDINGS) LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2009

2 Fixed assets

	Tangible assets £	Investments £	Total £
Cost			
At 1 July 2008 & at 30 June 2009	322,203	70,002	392,205
Depreciation			
At 1 July 2008	23,956	-	23,956
Charge for the year	2,315	-	2,315
At 30 June 2009	26,271	-	26,271
Net book value			
At 30 June 2009	295,932	70,002	365,934
At 30 June 2008	298,247	70,002	368,249

Holdings of more than 20%

The company holds more than 20% of the share capital of the following companies

Company	Country of registration or incorporation	Shares held Class	%
Subsidiary undertakings			
Fast Flowers Limited	England	All	100.00

The aggregate amount of capital and reserves and the results of these undertakings for the last relevant financial year were as follows

		Capital and reserves 2009 £	Profit/(loss) for the year 2009 £
	Principal activity		
Fast Flowers Limited	Florists	103,338	(34,618)

FAST FLOWERS (HOLDINGS) LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2009

3	Creditors amounts falling due after more than one year	2009	2008
		£	£

Analysis of loans repayable in more than five years

Total amounts repayable by instalments which are due in more than five years

<u>195,000</u>	<u>208,753</u>
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The aggregate amount of creditors for which security has been given amounted to £375,284 (2008 - £375,284)

4	Share capital	2009	2008
		£	£

Authorised

100,000 Ordinary shares of £1 each

100,000	100,000
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70,000 Redeemable preference shares of £1 each

70,000	70,000
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<u>170,000</u>	<u>170,000</u>
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Allotted, called up and fully paid

2 Ordinary shares of £1 each

2	2
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- Redeemable preference shares of £1 each

-	70,000
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<u>2</u>	<u>70,002</u>
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On 27 February 2009 the company passed a special resolution to reduce the share capital by repaying the 70,000 £1 redeemable preference shares, at par