

Charity number: 1063500
Company number: 3256554

Escape Family Support Limited
(A company limited by guarantee)

Trustees' report and financial statements

for the year ended 31 March 2014

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Escape Family Support Limited
(A company limited by guarantee)

Legal and administrative information

Charity number 1063500

Company registration number 3256554

Business address 93 Bondicar Terrace
Emily Davison House
Blyth
Northumberland
NE24 2JR

Registered office 93 Bondicar Terrace
Blyth
Northumberland
NE24 2JR

Trustees

L Farrell	appointed 07/03/14
P Mitchell	appointed 09/07/13
P Purvis	appointed 17/08/12
J Thompson	resigned 05/10/13
S Thomas	resigned 17/08/12
S Price	
K Fraser	
G Murphy	
A Easton	

Secretary G Murphy

Chief executive J Murphy

Chair K Fraser

Accountants Peter Weldon & Co Ltd
87 Station Road
Ashington
Northumberland
NE63 8RS

Bankers Lloyds Plc
43 Waterloo Road
Blyth
Northumberland

Escape Family Support Limited
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Report of the trustees (incorporating the directors' report)
for the year ended 31 March 2014

The trustees present their report and the financial statements for the year ended 31 March 2014. The trustees, who are also directors of Escape Family Support Limited for the purposes of company law and who served during the year and up to the date of this report are set out on page 1 - 2.

Structure, governance and management

Escape Family Support is a charitable company limited by guarantee and complies with the Companies Act 2006 and the SORP. Incorporated on September 30th 1996 and registered as a Charity on July 18th 1997, the Company was established under a Memorandum of Association, which established the objectives and powers of the Charitable Company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the company are also charity trustees for the purposes of Charity law and under the company's Articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the longest serving members of the Management Committee will retire on rotation at each Annual General Meeting and, being eligible can stand for re-election.

The Management Committee seeks to ensure that the groups which the Charity serves are reflected in the make up of the trustee body. A bi-annual skills audit is undertaken and training is provided to all new management committee members covering:

- a) The obligations of the Management Committee
- b) The main documents which set out the operational framework for the charity including the Memorandums and Articles
- c) Resourcing and the current financial position as set out in the latest published accounts
- d) Future plans and objectives

Monthly full team meetings inform the future planning and strategic thinking of the management committee and are open to staff, volunteers and peer volunteers. In addition, user and carer involvement groups and surveys of stakeholder's inform the work of the charity. The management committee has seven members who meet every two months and are responsible for the strategic direction and policy of the charity. At present the Committee has members from a variety of backgrounds relevant to the work of the charity. A scheme of delegation is in place and day-to-day responsibility for the provision of the services rest with the Chief Executive.

The Chief Executive is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met. In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy. At a national level drug treatment is steered by the ten-year strategy.

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The charity is committed to partnership and works closely with and is represented on Northumberland's Drug and Alcohol Steering Group, Carers Strategy Group, Think Family and Hidden Harm Strategy Groups. More widely our services work closely with strategies that impact on women's offending, homelessness and recovery from substance misuse through diverting women from custody; provision of stable accommodation and mutual aid to support recovery. We regularly attend steering and special interest groups where the charity impacts on health & crime-related programmes and strategies are discussed, analysed, & learning disseminated. We provide keynote speakers for conferences & seminars locally & nationally. We share knowledge, experience, best practice, assisting communities & organisations with identified need, who have heard of our work and wish to replicate it in some form. We have circulated external evaluations of our work, to partners and funders to share findings.

Other close working partnerships have been developed with the National Probation Service, Community Mental Health Teams, Adult and Children's Social Services, Relate, Women's Health and Advice Centre, Community Groups and Integrated Drug Treatment System partners within HMP Northumberland and Durham.

The charity initially achieved the Investor in People Gold Standard in 2010 and was successful in retaining Gold standard in January 2013. An Investor in People Good Practice Award for Health & Wellbeing was presented in March 2011.

Objectives and activities

Purposes and Aims

Our aims and Objectives as set out in the objects contained in the company's memorandum of association are to:

To provide support, counselling and mediation to relieve the poverty, sickness and distress of carers and those related to or dependent on persons who are or have been suffering from the misuse of drugs being any substance which is misused to the detriment of the health of the individual in the community of Northumberland and elsewhere as the association may determine.

To advance education and training of the community in the problems resulting from non-medical use and abuse of drugs and associated problems.

Ensuring our work delivers our aims

Our aims, objectives and activities are reviewed annually. This involves evaluating what we have achieved and the outputs and outcomes of our work in the aforementioned 12 months. The success of key activities and benefits these bring to our beneficiaries are appraised. This ensures that that our aims, objectives and activities continue to focus on our specified purposes, facilitates continuous service improvement and prevents mission drift. The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

The focus of our work

The National Strategy for the next ten years (2008-2018) aims to restrict the supply of illegal drugs and reduce the demand for them. It focuses on protecting families and strengthening communities.

The four strands of work within the strategy are:

- a) Protecting communities through tackling drug supply, drug-related crime and anti-social behaviour
- b) Preventing harm to children, young people and families affected by drug misuse
- c) Delivering new approaches to drug treatment and social re-integration
- d) Public information campaigns, communications and community engagement

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for the year ended 31 March 2014

Our main objectives for the year continued to be to relieve the poverty, sickness and distress of substance users, their carers and families and to advance education and training within communities; our activity contributes towards the four strands of work outlined within the aforementioned National Strategy. Strategies we utilise to fulfil these objectives include:

- * Providing a range of services which comply with appropriate quality standards and address problems associated with substance misuse.
- * Concentrating upon restricting the harm correlated to substance misuse for the individuals, their family, carers and friends and the wider community of Northumberland and beyond.
- * Working in partnership with other organisations to establish and secure a holistic range of services corresponding to the needs of all service beneficiaries

Achievements and performance

The attached Financial Statements provides a summary of achievements and performance over this financial period.

How our activities deliver public benefit:

Our main activities and people we try to assist are outlined below. All our charitable activities are focused on relieving poverty, sickness and distress, the provision of support to families, treatment and prevention of substance misuse are undertaken to advance our charitable purposes for the public benefit.

Who needs, used and benefited from our services?

Our funding and resources in the aforementioned 12 months limited our main service provision to residents of Northumberland. Northumberland has a population of over 300,000 people, many scattered thinly in relatively isolated towns and settlements across expanses of countryside, whilst a significant concentration live in the south east of the county in declining economic circumstances. People in Northumberland suffer extremes of poverty with low average incomes in three of the county's six district areas and demonstrable inequalities of income.

In common with other areas of the U.K., Northumberland continues to experience drug taking along with an increase in alcohol use amongst its population; reports from professional staff working in various agencies reinforce this view, which together with police intelligence and Drug and Alcohol Team Needs Assessment documents, indicate 'hot spots' of drug related activity; alcohol related crime and disorder across the county.

There has been no Adult Community and Prison Substance Misuse Needs Assessment carried out by Northumberland Drug and Alcohol Action Team since 2011. The Prevalence data suggests that there are around 1,200 opiate users in Northumberland. There were 908 clients in community drug treatment, 517 in alcohol treatment as of March 2011. In the community, alcohol related violence has increased from 3.9 to 5 per 1,000. There were 8,174 stays in hospital for alcohol related harm and high rates of mortality from liver disease, particularly women. It is estimated that nearly one third, 32%, of Northumberland's aged over 16 drinking population is binge drinking. Between Jan and June 2011, there were 98 attendances at A-E in Northumberland for alcohol/drug related harm for young people aged 18 - 24. Synthetic estimates produced by the National Drug Treatment Monitoring System for the needs assessment suggest that 32% of the 16+ drinking population in Northumberland are binge drinkers, compared to an average of 20% in England overall.

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In community drug treatment 28% were female and 72% were male, whereas in alcohol treatment services 44% were female and 56% were male; 98% were White British. Due to the high proportion of men in treatment it is important to ensure that treatment services are sensitive to the needs of women. Women are more likely to be looking after children, or be victims of sexual or physical abuse. When looking at treatment demographics: Women account for only 28% of those in community drug treatment, but 44% of those in community alcohol treatment.

In both community drug and alcohol services there was an increase in the older age groups, with 6 over 60s in drug treatment and 28 over 60s in alcohol treatment. The main drug for community drug treatment was opiates at 82%; Self-referral was a large part of both community alcohol and drug services with 41% for drugs and 50% for alcohol.

Alcohol services had a higher rate of planned discharge than community drug services, 71% to 41%, and a higher proportion of parents in treatment, 36% to 21%. Proportionately, the South East of Northumberland (former Blyth Valley and Wansbeck districts) have 74% of the clients in treatment; whereas the whole of Northumberland's population in the South East accounts for only 46% of the over 18 population.

The Government's Drug Strategy emphasises the importance of tackling accommodation problems for those who are drug and/or alcohol users. Northumberland has a much higher rate of housing problems than either the North East or nationally; this is partly to do with the very small amount of specialised housing available in Northumberland, compared with nearby Tyneside which has a much denser urban population and a larger housing stock. 12% of new treatment journeys in 2010/11 were No Fixed abode compared to 8% nationally; 20% had a housing problem compared to 14% nationally. Barriers to housing include rent deposit, criminal record, lost previous tenancy through drugs/alcohol, not enough supported housing. Getting the right accommodation is one of the most important issues which need to be addressed at the beginning of treatment.

National Drug Strategy also emphasises the need for supporting clients into work, and that employment is the best way of keeping people in recovery, and similarly, with regards to the prison system, the government is still very keen to ensure that as many prisoners have the opportunity to work full-time during their sentence as possible. In the current economic climate, it may be unrealistic to expect that all individuals in treatment will have the same opportunities to be employed as everyone else; however, in order to prepare people for employment it is important to prepare them for the job market through education and volunteering. Treatment Outcome Profile reporting indicates that people who in 2010/11 were in treatment for between 1 and 4 years, 18% were in paid work, and 2.3% were in education.

In addition, it is very important to ensure that families and carer's, partners and friends are included in a client's treatment journey as this support can make all the difference to a successful outcome. 27% of individuals who came into treatment in the first half of 2011/12 were living with children, and so it is very important that appropriate working practices are in place to safeguard those at risk from hidden harm. An important part of the individual's treatment journey is to ensure that they and their families, friends and children are supported in building and maintaining effective relationships with each other.

(Data obtained from Northumberland Drug And Alcohol Action Team Needs Assessment 2011).

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Family and Carer Services:

The Family Team deliver a range of services to the families and carer's of substance user who include parents, grandparents, partners, siblings and children including telephone support, advice, information, advocacy, comprehensive carer assessments, personalised care plans, 1-1 support, counselling, support groups, personal learning opportunities, respite opportunities and support to help family members work together. The team also provides specific support for kinship carer's, for those with a family member involved in the criminal justice system and for those bereaved by substance use. The team continue to work with family members whether their loved one is in treatment or not.

We continue to deliver Community Reinforcement and Family Training (CRAFT). This is an evidence-based, motivational programme of support for family members who have frequent contact with a loved one (i.e. partner or adult son / daughter) who is using alcohol or drugs problematically but who refuse to enter treatment. It is also proven to be very effective with families whose loved ones are in treatment. . The three main aims of CRAFT are to: improve the life of the "Concerned Significant Other", reduce the users' substance misuse and encourage a loved one into treatment. Family members who have participated in CRAFT report significant benefits for themselves and the substance user.

The Family Team received 96 new Referrals from 1 April 2013 to 31 March 2014. In total, we have worked with 169 families and supported 78 substance users, 22 of whom are now drug and alcohol free.

The Family Team have offered a range of support where multiple issues occur, including children's safeguarding, domestic violence and offending etc.

The Family Team continue to utilise the Carer Support Outcome Profile (CSOP) developed by The Bridge Project in Bradford. This tool tracks carer treatment and outcomes and an end of year monitoring report has recently been received and this shows that overall our service achieves an improvement across all areas measured for its carers and family members, both in the initial stages of support and across their entire period of support. This includes their relationship with the user, relationship with family, psychological health and quality of life therefore demonstrating the positive impact our family services have on the lives of family members and carer's.

ESCAPE incorporates Every Child Matters; the Hidden Harm Agenda; Think Family; Diverting Women from Custody Programme; Offender Health; Dual Diagnosis; Harm Reduction in its work and works through LMAPS and MAPPA meetings to support the work of partners to build confidence and challenge perceptions in communities.

Despite the demise of the SWAN (Supporting Women Across Northumberland) Project last year, ESCAPE continues to support women's activities and run support groups in the West and South East of the county, we are supported by peer mentors in the delivery of this service since its decommission.

Delivery of the Structured Day Care and REGAIN Contracts through the Northumberland Drug and Alcohol Action Team (DAAT) ceased on March 31st 2013 and the CEO and Trustee Board have had to lead the organisation through a challenging time including TUPE hearings, redundancies and a restructuring programme. This inevitably precipitated a realignment of services because we now sit outside the commissioned treatment service. However this allows the CEO more freedom and greater scope to challenge and promote a wider think family agenda.

24/7 / Helpline Service

ESCAPE have continued to deliver the 24/7 Helpline service and in the period April 2013 to March 2014 we received 503 helpline calls. People generally call the helpline for advice and information and to self-refer into service. The staff team provide harm reduction and relapse prevention support. However many of the calls received out of office are made by those who are in crisis. To safeguard and assist these people our helpline staff involves the Crisis Team, Ambulance, Police and other relevant services as appropriate. This service continues to be provided solely in Northumberland.

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Education, Training and Employability:

In 2009, we introduced ETE provision to support clients in a number of ways, by offering Information Advice Guidance (IAG), vocational training, literacy and numeracy support, workshops around confidence, self-esteem, time management and boundaries, support with CV writing and job applications, goal setting, job placements and volunteering opportunities. The project has built up effective working relationships with partners including, Job Centre Plus and Northumbria Probation Service (NPS) which ensures continuity of service for the client.

The NOMS2 project had two full time workers who operated across the county and in partnership with Northumbria Probation Trust to help support clients with personal development by encouraging those with few life chances to enter education volunteering or employment. It significantly increased and improved opportunities for service users and their families to have options beyond their treatment journey by improving basic life skills. The ETE provision supported clients in a number of ways, by offering Information, Advice and Guidance (AIG), vocational training, literacy and numeracy support, workshops around confidence, self esteem, time management and boundaries, support with CV writing and job applications, goal setting, job placements and volunteering opportunities. The ETE project offered various types of IAG support to clients including offenders and ex offenders and those with dual diagnosis for whom steps to employability can be complex and exacerbated by anxieties, low self esteem, and lack of motivation in combination with drug/alcohol misuse issues. During 2013/2014, the team achieved 79 starts against a target of 84; 25 clients accessed training against a target of 30; 4 clients gained employment against a stretched target of 10; and 226 soft outcomes were delivered against a target of 100. The contractors, Pertemps People Development Group, have regretfully been unable to fund this project during 2014/15 but intend to include ESCAPE in their NOMS 3 tender submission this year. Additionally ESCAPE is negotiating to secure further ETE contracts both for the charity and for Escape Trading Ltd

Rent Deposit Guarantee Scheme:

ESCAPE provides a Rent Deposit Guarantee Scheme funded by Northumberland County Council. During 2013/14, 55 referrals were received, 14 were inappropriate due to age or chaotic behaviour, 12 failed to attend their appointments for risk assessment, 6 are awaiting risk assessment and 23 were accepted onto the scheme.

Of the 23 accepted onto the scheme, 10 have been rehoused with support from RDGS, 4 found accommodation without needing support from RDGS, 5 are looking for suitable accommodation (2 of these have declined offers) and 4 disengaged/withdrew applications.

There are currently 8 applicants accepted onto the scheme who are in the process of identifying suitable, affordable accommodation. Seven are looking for accommodation in South East Northumberland and 1 is looking in North Northumberland.

During this period ESCAPE RDGS have provided support to clients to secure 16 tenancies. 8 of these tenancies are with landlords who have been engaged with the scheme during the period. ESCAPE RDGS has also engaged with a further 5 landlords who have expressed an interest in working with the scheme in the future should they have suitable tenancies available. A total of 256 home visits were provided and 35 office appointments.

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Volunteering and Peer Mentoring Project:

We started 2013/14 with 39 volunteers, counselling placements and peer mentors. Our Peer Mentor and Volunteer Coordinator recruited and trained a further 12 new volunteers during 2013/14, as well as 35 Great North Runners and 7 Swimmers for our sponsored swim. During 2013/14, ESCAPE officially registered for Mentoring and Befriending accreditation which is almost complete, we are due to be assessed and certified Summer 2014. Volunteer questionnaires were completed and regular feedback is obtained through supervision sessions and volunteer meetings; the information is used to help us further develop the project and the support we provide to volunteers. During 2013/14, volunteers and peer mentors were even more integral to delivery of the programme activities following loss of the Northumberland Drug and Alcohol Contract and have provided 2821 hours of work throughout the year (equivalent to 1.75 full time workers).

In 2010 we successfully applied to the Coalfield Regeneration Trust (CRT) to fund a Peer Mentor/Volunteer Coordinator for one year, this funding ceased in July 2011 and the post is currently funded by the TUDOR Trust. Volunteer feedback tells us that volunteering has greatly enhanced their quality of life, particularly in the case of our peer volunteers who have come through our service, maintained abstinence and support SMART alcohol recovery groups.

Volunteers support staff across many functions of our work, counselling, therapies, activities - art, gardening, sport, breakfast club and drop-ins. Volunteers are drawn from all walks of life and add immense value to our work, all volunteers go through a recruitment process followed by a 10 week induction programme. Volunteers are offered and can access relevant training for example - Drug and Alcohol Training, Hidden Harm, Case Recording, Risk Assessment and Loss and Bereavement Training.

In September 2013, ESCAPE benefited from a grant from the Esmee Fairbairn Foundation which funds the salary and associated costs for a Trainer who is based within the Family Team and works across the whole of Northumberland including the rural West and North of the County where services are limited. Our trainer delivers a range of training to carers and service users and in tandem is training a pool of peer mentors / volunteers to be appropriately trained and skilled to co-facilitate training to carers, kinship carers and substance users and support them in their respective journeys alongside staff. This includes delivery of accredited Support Skills Training Level 2 (NEOCN) and Working with Families Level 3 (NEOCN).

The trainer enables Parent Factor training to be provided to substance using parents and kinship carers (non-substance using) to assist them in their parenting role and is developing and delivering training programmes to improve family relationships and alleviate some of the damage caused through addiction. In addition, the trainer delivers the Freedom Programme to female beneficiaries in need of support with domestic violence problems.

The 12 week Freedom Programme has been delivered to a mixed group of carers and service users. Positive feedback has been received from all who attended and an evaluation report compiled. We are working in partnership with Northumberland County Council's Family Recovery Programme to co-deliver the course to a group of ESCAPE clients and carers and women working with the Family Recovery Programme. We have also successfully co-delivered Strengthening Families Programme with this team.

In partnership with Northumberland's Adult Learning Service, a 5 week course "Helping Parents / Carers Cope with Stress" has been delivered to a group of 9 carers. This course included self-help techniques and relaxation techniques e.g. guided imagery and the feedback has been very positive with carers thoroughly enjoyed this course. Discussions are taking place to facilitate regular guided imagery sessions as follow-on from this course.

The trainer has also delivered Drug and Alcohol Awareness; Confidence Building and Assertiveness training to our beneficiaries.

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Working Towards Sustainability

Work began on our £300,000 refurbishment of the former National Union of Mineworkers in South View, Ashington in January 2014. Asbestos removal and remedial dry rot repairs were completed before the renovation began in February. The main contractors, CW Davis of Seaton Delaval expect the building to be handed over by June 2014. When re-opened the building will be called the Susan Kennedy Centre in memory of ESCAPE's previous Family Team Manager and will provide a significant focus for all the charity's activities for people living in Ashington and the surrounding areas.

The building will also provide a base for Escape Trading Ltd, a wholly-owned subsidiary of the charity, which was formed and incorporated on 16th September 2013. A new business development manager and administration assistant have been appointed to develop new trading opportunities through the new company and they will begin in post in May 2014. A county-wide counselling and complementary therapy service and an expanded ETE initiative are planned to launch during summer 2014.

Senior management and trustees have identified new revenue streams for the charity to make the organisation less grant and contract reliant. A retail outlet in Blyth is being investigated and partners sought to implement vocational training for the clients and volunteers who wish to take part.

Further property acquisitions are being considered by the Board of Trustees as part of an objective to increase emergency housing provision for single women in Northumberland. Northumberland County Council Homelessness Strategy 2011 highlights improvement and replacement of emergency temporary accommodation as a priority and it further identifies domestic violence as a key factor in causing homelessness. Trustees and senior management hope to enhance current provision, improve prospects of 'move-on' through an extended Rent Deposit Guarantee Scheme and offer a more comprehensive ETE package to improve skill levels and increase job prospects among those able to secure employment.

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Financial review

The charity continues to work in an area of limited resources and insecurities over funding and the charity is working hard to secure its core funding until 31st March 2015. The loss of the Northumberland Drug and Alcohol contract resulted in the loss of staff and the need to re-structure. The organisation will continue to plan, develop and sustain remaining services and will continue to provide support services to drug and alcohol users and their families and carers in Northumberland.

Principal Funding Sources

The principal funding sources for the charity during this period were for the Family Team through Big Lottery and a small grant from Northumberland County Council's Adult Services Carer Strategy Group. A NOMS 2 contract from Pertemps for the ETE Project; a grant from Northumberland County Council for the Rent Deposit Guarantee Scheme; alongside significant support from other Charitable Trusts and Foundations. Blyth Town Council also provided a grant towards core costs of Emily Davison House and our work in Blyth.

Those Foundations include the Tudor Trust; Lloyds TSB Foundation; Northern Rock Foundation; Esmee Fairbairn Foundation; John Paul Getty Jnr Charitable Trust; Sir James Knott Trust; Rothley Trust; Barbour Trust; Austin & Hope Pilkington Trust; Garfield Weston Foundation; 1989 Willan Charitable Trust; Bernard Sunley Foundation; Clothworkers Foundation; Coalfields Regeneration Trust and through donations and small grants. As a result of the loss of statutory funding from the Local Authority Pooled Treatment Budgets the charity will continue to access funding from Charitable Trusts and Foundations to provide new projects and ensure it meets demand for services and has plans to further diversify its income streams in coming years including development of the Trading Arm to contribute funds to expand and develop our charitable work.

Investment Policy

The charity holds reserves on deposit. Most of the charity's funds are to be spent in the short term but the charity has always held a contingency budget.

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Reserves Policy

The Trustees have considered the charity's requirement for reserves in relation to the principal risks to the organisation.

It has established a policy whereby the unrestricted funds including those invested in tangible fixed assets held by the charity should be between 3 and 6 months of the expenditure. The budget for 2014/15 is £560,000 and therefore the target is £140,000 to £280,000 to be retained in reserves and tangible fixed assets. Unrestricted funds of £458,393 (including unrestricted tangible assets £210,569); designated unrestricted funds of £2,913 and £137,168 of restricted funds apply at 31st March 2014.

Risk Management

The management committee has conducted a review of the major risks to which the charity is exposed.

The charity is clear that unless there is any unexpected reduction in funding or cuts to existing funds then the charity is in a position to continue to develop and deliver its restructured services. Where appropriate, systems and procedures have been established to mitigate the risks the charity faces. The loss of statutory funding has led to the development of a robust strategic plan, fundraising strategy and whole service review, which will allow for the diversification of funding activities and business development. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, service users and visitors to the charity.

The continuing implementation and compliance with the Drugs and Alcohol National Standards and Quality Assurance for Drug and Alcohol Services ensure a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they meet the needs of the charity.

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Future Plans

The Susan Kennedy Centre is due to be officially opened in August 2014. This has been made possible through funding from the following organisations to which we would like to express our gratitude:

1989 Willan Charitable Trust

Alcan Legacy Fund

Ashington Town Council

Banks Community

Bernard Sunley Charitable Foundation

CISWO

Clothworkers Foundation

Garfield Weston

Henry Smith

Rothley Trust

A counselling and complementary therapy service will begin and a new ETE contract through Pertemps will be the first commercial activities undertaken by the trading arm.

A charity shop will be secured and it is hoped that, following comprehensive training, this will be operational in Blyth town centre by Autumn 2014 making a significant contribution to revenue.

Dedicated emergency hostel accommodation and support for single women will be provided in south east Northumberland.

New 12-step abstinence-based recovery groups will be introduced in our premises in Blyth and Ashington to extend and support our drug and alcohol services for new and existing clients.

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Report of the trustees (incorporating the directors' report)
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Statement of trustees' responsibilities

The trustees (who are also directors of Escape Family Support Limited for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

On behalf of the board



K Fraser

Chairman 18/8/14

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Independent auditor's report to the trustees of Escape Family Support Limited

We have audited the financial statements of Escape Family Support Limited for the year ended 31 March 2014 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These financial statements have been prepared under the accounting policies set out therein and the requirements of the Financial Reporting Standard for Smaller Entities (effective April 2008).

This report is made solely to the charity's trustees, as a body, in accordance with 144 of the charities Act 2011 and the regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of the trustees and auditors

The trustees' (who are also directors for the purposes of company law) responsibilities for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the Statement of Trustees' Responsibilities.

The trustees have elected for the financial statements to be audited in accordance with the Charities Act 2011 rather than the Companies Act 2006. Accordingly we have been appointed as auditors under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 2006, and whether the information given in the Trustees' Annual Report is not consistent with the financial statements. We also report to you if, in our opinion, the charitable company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit.

We read other information contained in the Annual Report, and consider whether it is consistent with the audited financial statements. This other information comprises only the Trustees' Annual Report. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements. Our responsibilities do not extend to any other information.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Escape Family Support Limited
(A company limited by guarantee)

Opinion

In our opinion:

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities, of the state of the charity's affairs as at 31 March 2014 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended and have been properly prepared in accordance with the Companies Act 2006.

Matters on which we are required to report by exception:

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion, the information given in the Trustees' Annual Report is inconsistent in any material respect with the financial statements, sufficient accounting records have not been kept, the financial statements are not in agreement with the accounting records and returns, or we have not received all of the information and explanations we require for our audit.

Peter Weldon BA (Hons) ACA (Senior Statutory Auditor)

Peter Weldon BA (Hons) ACA (Senior Statutory Auditor)

For and on behalf of Peter Weldon & Co Ltd

Chartered Accountants and

Statutory Auditor

87 Station Road

Ashington

Northumberland

NE63 8RS

Date: *18th August 2014*

Escape Family Support Limited
(A company limited by guarantee)

Statement of financial activities (incorporating the income and expenditure account)

For the year ended 31 March 2014

	Notes	Unrestricted funds £	Restricted funds £	Designated funds £	2014 Total £	2013 Total £
Incoming resources						
Incoming resources from generating funds:						
Voluntary income	2	114,502	402,238	-	516,740	988,639
Activities for generating funds	3	9,753	1,540	-	11,293	8,231
Investment income	4	33	-	-	33	33
Other incoming resources	5	650	2,600	-	3,250	3,402
Total incoming resources		<u>124,938</u>	<u>406,378</u>	<u>-</u>	<u>531,316</u>	<u>1,000,305</u>
Resources expended						
Costs of Charitable Activities	6	135,872	360,601	3,956	500,429	916,538
Governance costs	7	10,127	23,348	-	33,475	14,546
Total resources expended		<u>145,999</u>	<u>383,949</u>	<u>3,956</u>	<u>533,904</u>	<u>931,084</u>
Net incoming/(outgoing) resources before transfers		(21,061)	22,429	(3,956)	(2,588)	69,221
Transfer between funds		<u>8,973</u>	<u>(8,973)</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds/Net income/(expenditure) for the year		(12,088)	13,456	(3,956)	(2,588)	69,221
Total funds brought forward		<u>470,481</u>	<u>123,712</u>	<u>6,869</u>	<u>601,062</u>	<u>531,839</u>
Total funds carried forward		<u>458,393</u>	<u>137,168</u>	<u>2,913</u>	<u>598,474</u>	<u>601,060</u>

The notes on pages 20 to 26 form an integral part of these financial statements.

Escape Family Support Limited
(A company limited by guarantee)

Balance sheet
as at 31 March 2014

	Notes	£	2014 £	£	2013 £
Fixed assets					
Tangible assets	13		263,808		213,099
Current assets					
Debtors	14	1,620		2,407	
Cash at bank and in hand		335,088		387,598	
		<u>336,708</u>		<u>390,005</u>	
Creditors: amounts falling due within one year	15	(2,042)		(2,042)	
Net current assets			<u>334,666</u>		<u>387,963</u>
Net assets			<u>598,474</u>		<u>601,062</u>
Funds	16				
Designated funds			2,913		6,869
Restricted income funds			137,168		123,712
Unrestricted income funds			458,393		470,481
Total funds			<u>598,474</u>		<u>601,062</u>

Company Number: 3256554

The Balance Sheet continues on the following page.

The notes on pages 20 to 26 form an integral part of these financial statements.

Escape Family Support Limited
(A company limited by guarantee)

Balance sheet (continued)

Trustees statements required by the Companies Act 2006
for the year ended 31 March 2014

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 March 2014. However it is required to have a statutory audit under the Charities Act 1993.

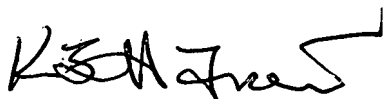
(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with section 386 of the Companies Act 2006, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of sections 394 and 395, and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the board on **18/8/14** and signed on its behalf by



K Fraser
Trustee

The notes on pages 20 to 26 form an integral part of these financial statements.

Escape Family Support Limited
(A company limited by guarantee)

Notes to financial statements
for the year ended 31 March 2014

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005) and the Companies Act 2006.

1.2. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Income from investments is included in the year in which it is receivable.

1.3. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include the direct costs associated with the constitutional and statutory requirements of the charity. It also includes certain other support costs as set out in the notes to the accounts not specifically allocated to charitable expenditure.

Escape Family Support Limited
(A company limited by guarantee)

Notes to financial statements
for the year ended 31 March 2014

1.4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Land and buildings	-	Depreciation is not provided on freehold land and buildings as the directors are of the opinion that market value exceeds historic cost.
Caravan	-	25% reducing balance per annum
Fixtures, fittings and equipment	-	15% reducing balance per annum
Motor vehicles	-	25% reducing balance per annum

2. Voluntary income

	Unrestricted funds £	Restricted funds £	2014 Total £	2013 Total £
Grants & Donations	114,502	402,238	516,740	988,639
	<u>114,502</u>	<u>402,238</u>	<u>516,740</u>	<u>988,639</u>

3. Activities for generating funds

	Unrestricted funds £	Restricted funds £	2014 Total £	2013 Total £
Other activities for generating funds income	9,753	1,540	11,293	8,231
	<u>9,753</u>	<u>1,540</u>	<u>11,293</u>	<u>8,231</u>

4. Investment income

	Unrestricted funds £	2014 Total £	2013 Total £
Bank interest receivable	33	33	33
	<u>33</u>	<u>33</u>	<u>33</u>

5. Other incoming resources

	Unrestricted funds £	Restricted funds £	2014 Total £	2013 Total £
Other income	650	2,600	3,250	3,402
	<u>650</u>	<u>2,600</u>	<u>3,250</u>	<u>3,402</u>

Escape Family Support Limited
(A company limited by guarantee)

Notes to financial statements
for the year ended 31 March 2014

6. Costs of Charitable Activities

	Unrestricted funds £	Restricted funds £	Designated funds £	2014 Total £	2013 Total £
Direct Charitable Expenses	131,152	357,113	3,767	492,032	914,432
Support costs	4,720	3,488	189	8,397	2,106
	<u>135,872</u>	<u>360,601</u>	<u>3,956</u>	<u>500,429</u>	<u>916,538</u>

7. Analysis of support costs

	Governance costs £	2014 Total £	2013 Total £
Insurance	11,938	11,938	9,515
Auditors' remuneration	2,220	2,220	2,142
Other professional fees	16,787	16,787	-
Depreciation and impairment	2,530	2,530	2,889
	<u>33,475</u>	<u>33,475</u>	<u>14,546</u>

8. Net (outgoing)/incoming resources for the year

	2014 £	2013 £
Net (outgoing)/incoming resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	2,530	2,889
Auditors' remuneration	<u>2,220</u>	<u>2,142</u>

Escape Family Support Limited
(A company limited by guarantee)

Notes to financial statements
for the year ended 31 March 2014

9. Employees

Employment costs	2014	2013
	£	£
Wages and salaries	335,262	582,864
Employers National Insurance	35,115	54,035
Pension costs	3,284	8,547
	<u>373,661</u>	<u>645,446</u>

No employee received emoluments of more than £60,000 (2013 : None).

Number of employees

The average monthly numbers of employees during the year, calculated on the basis of full time equivalents, was as follows:

	2014	2013
	Number	Number
Full time employees	8	21
Part time employees	5	7
	<u>13</u>	<u>28</u>

10. Trustees' emoluments

No trustees received any remuneration or expenses during the year (2013 - Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2013 - Nil).

11. Pension costs

The company operates a defined contribution pension scheme in respect of the staff. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and amounted to £3,284 (2013 £8,547).

12. Taxation

The charity's activities fall within the exemptions afforded by the provisions of 466 to 493 of the Corporation Tax Act 2010. Accordingly, there is no taxation charge in these accounts.

Escape Family Support Limited
(A company limited by guarantee)

Notes to financial statements
for the year ended 31 March 2014

13. Tangible fixed assets	Land and buildings freehold £	Plant and machinery £	Motor vehicles £	Caravan £	Total £
Cost					
At 1 April 2013	201,508	21,829	4,399	25,033	252,769
Additions	53,239	-	-	-	53,239
At 31 March 2014	<u>254,747</u>	<u>21,829</u>	<u>4,399</u>	<u>25,033</u>	<u>306,008</u>
Depreciation					
At 1 April 2013	-	18,140	1,832	19,698	39,670
Charge for the year	-	554	642	1,334	2,530
At 31 March 2014	<u>-</u>	<u>18,694</u>	<u>2,474</u>	<u>21,032</u>	<u>42,200</u>
Net book values					
At 31 March 2014	<u>254,747</u>	<u>3,135</u>	<u>1,925</u>	<u>4,001</u>	<u>263,808</u>
At 31 March 2013	<u>201,508</u>	<u>3,689</u>	<u>2,567</u>	<u>5,335</u>	<u>213,099</u>

14. Debtors	2014 £	2013 £
Other debtors	<u>1,620</u>	<u>2,407</u>

15. Creditors: amounts falling due within one year	2014 £	2013 £
Accruals and deferred income	<u>2,042</u>	<u>2,042</u>

16. Analysis of net assets between funds	Unrestricted funds £	Restricted funds £	Designated funds £	Total funds £
Fund balances at 31 March 2014 as represented by:				
Tangible fixed assets	210,569	53,239	-	263,808
Investment assets	-	-	2,913	2,913
Current assets	249,866	83,929	-	333,795
Long-term liabilities	(2,042)	-	-	(2,042)
	<u>458,393</u>	<u>137,168</u>	<u>2,913</u>	<u>598,474</u>

Escape Family Support Limited
(A company limited by guarantee)

Notes to financial statements
for the year ended 31 March 2014

17. Unrestricted funds	At 1st April 2013 £	Incoming resources £	Outgoing resources £	Transfers £	At 31st March 2014 £
Unrestricted Funds	<u>470,481</u>	<u>124,938</u>	<u>(145,999)</u>	<u>8,973</u>	<u>458,393</u>

18. Restricted funds	At 1st April 2013 £	Incoming resources £	Outgoing resources £	Transfers £	At 31st March 2014 £
Restricted Funds	<u>123,712</u>	<u>406,378</u>	<u>(383,949)</u>	<u>(8,973)</u>	<u>137,168</u>

19. Designated funds	At 1st April 2013 £	Outgoing resources £	At 31st March 2014 £
Designated funds	<u>6,869</u>	<u>(3,956)</u>	<u>2,913</u>

20. Capital commitments	2014 £	2013 £
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Details of capital commitments at the accounting date are as follows:

Contracted for but not provided in the financial statements	<u>221,064</u>	<u>-</u>
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As at the Balance Sheet dated 31st March 2014 the Board had authorised capital commitments for the Susan Kennedy Centre for £221,064, all of which were committed.

21. Company limited by guarantee

Escape Family Support Limited is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Escape Family Support Limited
(A company limited by guarantee)

Notes to financial statements
for the year ended 31 March 2014

22. Funding

	1st April 2013	Income	Expenditure	31st March 2014
Big Lottery - Family Support Services	£0	£136,597	£117,523	£19,074
Northern Rock Foundation - Safeguarding Children's Officer	£0	£54,075	£54,901	(£826)
Lloyds TSB Foundation - Young Offender Family Worker	£5,826	£0	£5,826	£0
Lloyds TSB Foundation - CEO Salary	£0	£12,500	£12,500	£0
John Paul Getty Jnr Foundation - CEO Salary	£0	£20,000	£20,000	£0
Northumberland County Council - Rent Deposit Guarantee Scheme	£0	£37,953	£37,953	£0
Northumberland County Council - Carer Involvement Grant	£0	£20,000	£20,000	£0
Tudor Trust - Volunteer & Peer Mentor Coordinator	£0	£25,000	£25,000	£0
Esmee Fairbairn Foundation - Training Officer	£0	£43,737	£22,454	£21,283

Escape Family Support Limited
(A company limited by guarantee)

The following pages do not form part of the statutory accounts.

Escape Family Support Limited
(A company limited by guarantee)

Detailed statement of financial activities

For the year ended 31 March 2014

	2014	2013
	£	£
Incoming resources		
Incoming resources from generating funds:		
<i>Voluntary income</i>		
Grants & Donations	516,740	988,639
	<u>516,740</u>	<u>988,639</u>
<i>Activities for generating funds</i>		
Other activities for generating funds income	11,293	8,231
	<u>11,293</u>	<u>8,231</u>
<i>Investment income</i>		
Bank interest receivable	33	33
	<u>33</u>	<u>33</u>
Total incoming resources from generating funds	<u>528,066</u>	<u>996,903</u>
Other incoming resources		
Other income	3,250	3,402
	<u>3,250</u>	<u>3,402</u>
Total incoming resources	<u><u>531,316</u></u>	<u><u>1,000,305</u></u>

Escape Family Support Limited
(A company limited by guarantee)

Detailed statement of financial activities

For the year ended 31 March 2014

Resources expended

	2014		2013	
	£	£	£	£
Direct Charitable Expenses				
Training Costs	4,539		5,130	
Respite	1,746		4,568	
Helpline & Outreach	2,509		18,515	
Publicity & Information	24		3,196	
Travelling	16,132		13,058	
Salaries	351,058		217,326	
Building Update DAT	182		264	
Northern Rock Away Day	822		-	
Alcohol Project	-		110,407	
Caravan Upgrade	3,560		3,047	
Family Development	3,611		41,469	
Contingency Budget	6,751		-	
Community Fundraising	4,426		6,011	
Wansbeck Employability Project	-		48,498	
Young Person Offending Family	-		33,063	
SWAN/Ministry of Justice	-		130,589	
Peer Mentor Co-ordinator	-		25,686	
Family Link Worker	-		11,391	
Carer/User Involvement	-		463	
Safeguarding Children's Officer	-		42,913	
Rent Deposit Scheme	5,208		39,818	
Floating Support Worker	-		12,540	
Family Work Mentoring	665		1,450	
Legal & Professional	21,958		12,304	
Gateshead Carers/Helpline	-		109	
Client Travel	3,527		1,847	
Volunteer Training	-		2,288	
Stationery	3,725		6,066	
Utilities	15,242		14,741	
Rents	4,576		11,895	
Client Activities	3,819		4,029	
Community Rights	30,833		53,987	
Skills For Care	-		903	
Migration Matters	-		2,500	
Susan Kennedy Centre	66		24,008	
Lottery Budget	-		1,500	
Complimentary Therapy	668		-	
Pertemps - ETE	6,385		-	
Stanley Street Costs	-		8,853	
		492,032		914,432
<i>Support costs</i>				
Support - Establishment - Repairs & maintenance	5,255		870	
Support - Postage, printing and stationery	-		7	
Support - Other costs	1,421		626	

Escape Family Support Limited
(A company limited by guarantee)

Detailed statement of financial activities

For the year ended 31 March 2014

	2014	2013
	£	£
Charitable activities		
Governance costs		
<i>Support costs</i>		
Insurance	11,938	9,515
Auditor remuneration	2,220	2,142
Support - Professional - Consultancy Fees	16,787	-
Depreciation & impairment	2,530	2,889
	<u>33,475</u>	<u>14,546</u>
Total governance costs	<u>33,475</u>	<u>14,546</u>
Net incoming/(outgoing) resources for the year	<u>(2,588)</u>	<u>69,221</u>