

**REGISTERED COMPANY NUMBER: 03256554 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1063500**

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2017  
for**

**ESCAPE Family Support Limited**



Peter Weldon & Co. Ltd  
87 Station Road  
Ashington  
Northumberland  
NE63 8RS

**ESCAPE Family Support Limited**

**Contents of the Financial Statements  
for the Year Ended 31 March 2017**

	Page
Report of the Trustees	1 to 9
Independent Examiner's Report	10
Statement of Financial Activities	11
Balance Sheet	12 to 13
Notes to the Financial Statements	14 to 21
Detailed Statement of Financial Activities	22 to 23

## **ESCAPE Family Support Limited**

### **Report of the Trustees for the Year Ended 31 March 2017**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2017. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

#### **OBJECTIVES AND ACTIVITIES**

##### **Purposes and Aims**

Our aims and objectives as set out in the objects contained in the company's memorandum of association are now to:

- i. to provide support, counselling, mediation to relieve the poverty, sickness and distress of drug, alcohol and solvent users and their families who are or have been suffering from the misuse of substances being any substance which is misused to the detriment of the health of the individual in the community of Northumberland and elsewhere as the Association may determine;
- ii. to advance education and training of the community of Northumberland and elsewhere as the Association may determine in the problems resulting from non-medical use and abuse of drugs and associated problems; and
- iii. to provide support, counselling, mediation and accommodation to relieve the poverty, sickness and distress of vulnerable adults in the community of Northumberland and elsewhere as the Association may determine.

Our aims, objectives and activities are reviewed annually. This involves evaluating what we have achieved and the outputs and outcomes of our work in the aforementioned 12 months. The success of key activities and benefits these bring to our beneficiaries are appraised. This ensures that that our aims, objectives and activities continue to focus on our specified purposes, facilitates continuous service improvement and prevents mission drift.

## **ESCAPE Family Support Limited**

### **Report of the Trustees for the Year Ended 31 March 2017**

#### **ACHIEVEMENT AND PERFORMANCE**

The information below which provides a summary of achievements and performance over this financial period should be read in conjunction with the attached Financial Statements.

#### **How our activities deliver public benefit:**

Our main activities and people we try to assist are outlined below. All our charitable activities are focused on relieving poverty, sickness and distress, the provision of support to families, treatment and prevention of substance misuse is undertaken to advance our charitable purposes for the public benefit of Northumberland.

#### **Who needs, used and benefited from our services?**

Our funding and resources continue to limit our main service provision to residents of Northumberland. Northumberland has a population of over 300,000 people, many scattered thinly in relatively isolated towns and settlements across expanses of countryside, whilst a significant concentration live in the south east of the county in declining economic communities. The county of Northumberland is now a unitary authority. People in parts of Northumberland suffer extremes of poverty with low average incomes in three of the county's previous six district areas, with demonstrable inequalities of income across the county.

In common with other areas of the U.K., Northumberland continues to experience drug taking along with an increase in alcohol use amongst its population. Moreover the North East suffers the worst alcohol related health problems in the UK with 3680 alcohol related deaths per annum (2010-2012). This overall rate is 33% higher than the national average (Balance - North East Alcohol Office). The cost of alcohol related harm in 2015/16 was £341 per head of population.

Furthermore, 2.7 million adults in England used an illegal drug in the past year; there are 294,000 heroin and crack users in England; 40% of prisoners have used heroin; and use of cannabis is estimated at 6.5% of the population. Use of New Psychoactive Substances (NPS) previously known as "legal highs" appear to be concentrated amongst young adults (16-24 years), particularly males. Increasing numbers are coming forward to agencies presenting with cannabis as the primary problem; and there is continued reporting of widespread non-medical use of prescription and over the counter drugs. Parental drug use is a risk factor in 29% of all serious case reviews. There were 2,300 drug misuse deaths in England in 2015, an increase of 8.5% on the year before and the highest figures on record. Drug misuse is the third most common cause of death for those aged 15 - 49 years in England. (Public Health England and Crime Survey for England 2015/16)

The Government's Alcohol Strategy 2012 aims to achieve:

- \* A change in behaviour so that people think it is not acceptable to drink in ways that could cause harm to themselves or others;

And achieve a reduction in:

- \* The amount of alcohol fuelled violence
- \* The number of adults drinking above the NHS guidelines
- \* The number of people "binge drinking"
- \* The number of alcohol related deaths
- \* The numbers of 11-15 year olds drinking alcohol and the amounts consumed.

The Government's new Drug Strategy 2017 aims to:

- \* Reduce Demand - Building confidence and resilience among children, young people and others with a more targeted approach for vulnerable individuals.
- \* Restricting Supply - Ensuring the legal framework remains effective, while tackling the production and distribution of drugs. Taking a smarter approach to drug-related offending.

## **ESCAPE Family Support Limited**

### **Report of the Trustees for the Year Ended 31 March 2017**

#### **ACHIEVEMENT AND PERFORMANCE**

- \* Building Recovery - Achieving better outcomes for those in recovery, through increased transparency, better structures, a more integrated system and stronger governance.
- \* Global action - Shaping international policy and practice by providing global leadership and working with our international partners.

In Northumberland, it is estimated that 1200 people are opiate and/or crack users and that 71% of these are in contact with the drug service - this is better than nationally (50%). 43% misuse prescription or over the counter medications (15% nationally). 71% of those in treatment are male and the age profile is: 18-29 years 24%; 30-39 years 39%; 40-49 years 31%. 18% of people entering treatment in Northumberland are a parent living with children and 42% do not live with their children. 18% of new entrants into treatment also receive care from mental health services (24% nationally). 33% of opiate users have been in treatment for more than six years (9% nationally). 66% new entrants into treatment are unemployed (44% nationally). (Source: JSNA Support Packs 2017).

In addition, it is very important to ensure that families and carer's, partners and friends are included in a client's treatment journey as this support can make all the difference to a successful outcome. 18% of individuals coming into treatment live with children, and so it is very important that appropriate working practices are in place to safeguard those at risk from hidden harm. An important part of the individual's treatment journey is to ensure that they and their families, friends and children are supported in building and maintaining effective relationships with each other.

#### **ESCAPE Family and Carer Services:**

The Family Team deliver a range of services to the families and carer's of substance users who include parents, grandparents, partners, siblings and children including telephone support, advice, information, advocacy, comprehensive carer assessments, personalised care plans, 1-1 support, counselling, support groups, personal learning opportunities, arts and respite opportunities and support to help family members work together. The team also provides specific support for kinship carer's, for those with a family member involved in the criminal justice system and for those bereaved by substance use. The team continue to work with family members whether their loved one is in treatment or not.

ESCAPE was commissioned by Northumberland County Council during 2016/17 to help deliver the Northumberland Supporting Families Project and has been re-commissioned to continue delivery of this work during 2017/18.

The Family Team received 95 new referrals during 2016/17 and had an open caseload of 197 on 31st March 2017. Of these 78 have high level Tier 3 needs with the remaining 119 sitting within Tier 2 less intensive support.

We continue to deliver Community Reinforcement and Family Training (CRAFT). This is an evidence-based, motivational programme of support for family members who have frequent contact with a loved one (i.e. partner or adult son / daughter) who is using alcohol or drugs problematically but who refuse to enter treatment. It is also proven to be very effective with families whose loved ones are in treatment. The three main aims of CRAFT are to: improve the life of the "Concerned Significant Other", reduce the users' substance misuse and encourage a loved one into treatment. Family members who have participated in CRAFT report significant benefits for themselves and the substance user.

The Family Team continue to offer a range of support where multiple issues occur, including children's safeguarding, domestic violence and offending etc.

## **ESCAPE Family Support Limited**

### **Report of the Trustees for the Year Ended 31 March 2017**

#### **ACHIEVEMENT AND PERFORMANCE**

The Family Team utilise the Carer Support Outcome Profile (CSOP) developed by The Bridge Project in Bradford and the Family Outcome Star. These tools track carer treatment and outcomes and show that overall our service achieves an improvement across all areas measured for its carers and family members, both in the initial stages of support and across their entire period of support. This includes their relationship with the user, relationship with family, psychological health and quality of life therefore demonstrating the positive impact our family services have on the lives of family members and carer's.

#### **Drug and Alcohol Recovery Support.**

ESCAPE have continued to deliver a 24/7 Helpline service. People generally call the helpline for advice and information and to self-refer into service. The staff team provide harm reduction and relapse prevention support. However many of the calls received out of office are made by those who are in crisis. To safeguard and assist these people our helpline staff involves the Crisis Team, Ambulance, Police and other relevant services as appropriate. This service continues to be provided solely in Northumberland.

ESCAPE continues to deliver support to a small caseload of drug and alcohol users who either do not meet the thresholds for the commissioned treatment service in Northumberland or who prefer to access support at ESCAPE instead. The service received 46 new referrals in 2016/17 and on 31 March 2017 had an active open caseload of 29.

We have continued to deliver SMART Recovery Groups in Blyth and Ashington and to support a women's mutual aid recovery support group in West Northumberland.

ESCAPE has provided peer mentoring and volunteering placements throughout the year and provided in-house accredited training and vocational training for participants.

#### **VOLUNTEERING AND PEER MENTORING PROJECT AND FAMILY TEAM TRAINER:**

Volunteers and peer mentors continue to be critical in supporting paid staff in the delivery of services. Without volunteer support ESCAPE would not have staff capacity to support many of the groups and activities it offers clients. Diversionary activities include: Gardening; Independent Living Skills (cook & eat groups, nutritional advice); Social and creative opportunities (visits, arts & crafts activities etc.) and complementary therapies (Acupuncture, Reiki, etc.).

Aside from the personal learning journey of volunteers/mentors (e.g. improving basic life skills; volunteering skills for employability) and the assistance and personal experience they bring to ESCAPE as an organisation, there are wider community benefits from volunteer/mentor involvement. By empowering volunteers and peers to facilitate support groups (i.e. Alcohol support group) the stigmas associated with drug & alcohol misuse continue to be challenged and broken down and people can make a positive contribution to their community.

With the support of 43 volunteers and peer mentors we have been able to significantly increase provision and this year our volunteers have provided slightly over 5300 hours of work throughout the year. This is in effect the equivalent of 3 full time workers. The massive added value that the combined mix of skills and experience of volunteers/peers is much broader than a single person in a paid post.

Volunteers are able to offer additional and more unique support which complements that of the paid staff. Volunteers often have more time and flexibility, as well as the option to offer out of hours support. Our alcohol recovery group which runs on a weekly basis identified a need for clients to access healthy social activities which didn't include substance misuse, which were in a safe place, where they could establish healthy, long term and appropriate friendships.

## **ESCAPE Family Support Limited**

### **Report of the Trustees for the Year Ended 31 March 2017**

#### **ACHIEVEMENT AND PERFORMANCE**

ESCAPE recognise that in order to support volunteers and peer mentors our training needs to be as robust as our ongoing support to them. ESCAPE received charitable funding in 2013 to employ a Family Team Trainer. This has continuously enabled the development and delivery of a really robust programme of training appropriate to volunteers, clients and those on the journey to becoming peer mentors. The programme includes ESCAPE's OCN- accredited Support Skills Level 2 and Family Dynamics Level 3, Safeguarding, Group Skills, Overdose Awareness, Drug and Alcohol Awareness, Strengthening Families, CRAFT, The Freedom Programme, as well as Team Work and Communication Training. Alongside this our training officer and external providers offer a range of courses to develop and enhance our volunteers' skills and confidence. The training includes: Referral and First Assessment training, 12 Step Awareness, Safeguarding, Mental Health Awareness, Confidence & Assertiveness, Teenage Brain Development, Mentoring, and Acupuncture Training. This year 43 volunteers/peers attended a variety of training including our own accredited Skills for Supporting those Affected by Addiction, Child and Adult Safeguarding and Food Hygiene Courses.

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The Trustees have considered the charity's requirements for reserves in relation to the principal risks to the organisation. Whilst most of the charity's funds are spent in-year, it has always held a contingency reserve on deposit.

The budget for 2017/18 is £311,725 and therefore the target is £77,931 to £155,862 to be retained in reserves plus tangible fixed assets. Unrestricted funds of £339,350, designated unrestricted funds of £2,828 and £293,119 of restricted funds apply at 31st March 2017.

The charity continues to work in an area of limited resources and insecurities over funding and is working hard to secure its core funding until 31st March 2018. Steps taken in 2016/2017 to reduce overheads and thereby strengthen sustainability included the redundancy of the CEO on 5 April 2016. The CEO is founder of the charity and continues to fulfil the role of CEO and has re-joined the board of Trustees. The under-utilisation of Emily Davison House, the charity's HQ in Blyth, led to its sale which increased cash reserves. In addition, sale of an unused property in Carlton Street, Blyth, and repayment of the associated loan to BIG Issue Invest also strengthened the financial position.

## **ESCAPE Family Support Limited**

### **Report of the Trustees for the Year Ended 31 March 2017**

#### **FINANCIAL REVIEW**

##### **Principal Funding Sources**

Principal funding sources for the charity during 2016/2017 were for the Family Team through Northumberland Public Health, Northumberland County Council Adult Services Carer Strategy Group and a grant from Lloyds Bank Foundation for our Recovery Support Project. Grants were received from Northumberland County Council for the Rent Deposit Guarantee Scheme, Bridge Project Development and Supporting Families Project. Further funds were received from Charitable Trusts which included a grant from Tudor Trust for our Volunteer and Peer Mentoring Project, a grant from Esme Fairbairn Foundation which funds a Training Project for our service users, carers, volunteers and peer mentors. Smaller amounts were also received from Brewin Dolphin, Gowling Charitable Trust, R W Mann Trust, Drout Charity and the Arts Council.

Escape Trading CIC Ltd which is completely independent of ESCAPE Family Support Ltd ceased trading on 31st March 2017.

The ESCAPE Family Support Charity Shop closed in November 2016 due to increased lease and rental terms as costs were then untenable. The shop specialised in pre loved children's clothing, toys and equipment. Volunteers and beneficiaries of our services staffed the shop, organised donations, priced goods, created shop displays and ran additional fundraising activities from the shop such as tombola stalls and raffles.

The charity would like to thank Northumberland Estates for allowing us to trade from the centre at greatly reduced costs for nearly two years. The closure of the shop had a big impact on volunteers who were very disappointed. And despite searching for alternative premises within the town we have been unable to secure anything suitable. The shop provided opportunities for training, work experience, a sense of routine and community and a chance to make new friends. A group of volunteers are keen to continue shop activities and have been instrumental in setting up a new shop within ESCAPE's Ashington building. They transformed the hall into a shop, continued to collect, sort and display new stock. Because of limited footfall it was decided to open the shop 2 days a week. In addition a number of flash sales were held in our Blyth building.

While sales bring in a modest income for the charity the volunteers involved in the shop still have a real passion to continue. We still work in partnership with Franklin prison selling a range of bespoke handmade children's furniture, craft items and cards all made within the prison.

#### **FUTURE PLANS**

The charity will continue to work to consolidate and maintain existing service provision. The focus of our work will continue to be to relieve the poverty, sickness and distress of substance users, carers and families and to advance education and training within communities. Our activity will contribute towards the work outlined within the aforementioned National Drug and Alcohol Strategies.

Strategies we utilise to fulfil these objectives include:

- Providing a range of services which comply with appropriate quality standards and address problems associated with substance misuse.
- Concentrating upon restricting the harm correlated to substance misuse for the individuals, their families, carers and friends and the wider communities of Northumberland.
- Working in partnership with other organisations to establish and secure a holistic range of services corresponding to the needs of all service beneficiaries



## **ESCAPE Family Support Limited**

### **Report of the Trustees for the Year Ended 31 March 2017**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

ESCAPE Family Support Ltd is a charitable company controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, and complies with the Companies Act 2006 and SORP. Incorporated on September 30th 1996 and registered as a Charity on July 18th 1997, the Company was established under a Memorandum of Association, which established the objectives and powers of the Charitable Company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the company are also charity trustees for the purposes of Charity law and under the company's Articles are known as members of the Management Committee, usually referred to as the Board of Trustees. Under the requirements of the Memorandum and Articles of Association the longest serving members of the Management Committee (the Board) retire on rotation at each Annual General Meeting and, being eligible, can stand for re-election.

The Management Committee (the Board) seeks to ensure that it has the requisite skills available to it and that the groups which the Charity serves are reflected in the make-up of the trustee body. An annual skills audit is undertaken and training is provided as necessary to existing and all new trustees covering:

- The duties and obligations of the Management Committee (the board)
- The main documents which set out the operational framework for the charity including the Memorandum and Articles
- Resourcing and the current financial position as set out in the latest published accounts
- Future plans and objectives

Monthly full team meetings inform the future planning and strategic thinking of the management committee (the board) and are open to staff, volunteers and peer mentors. In addition, user and carer involvement groups and surveys of stakeholders inform the work of the charity.

The Management Committee (the board) has eight members who meet every other month and are responsible for the strategic direction and policy of the charity. At present the Committee has members from a variety of backgrounds relevant to the work of the charity.

A scheme of delegation is in place and day-to-day responsibility for the provision of the services rest with the Chief Executive. The Chief Executive is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met. In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy.

The charity is committed to working in partnership with other organisations and works closely with, and is represented on, Northumberland's Drug and Alcohol Steering Group and the Carers Strategy Group. More widely it works closely with bodies that impact on recovery from substance misuse and provide mutual aid to support recovery. Representatives regularly attend steering and special interest groups which impact on health & crime-related programmes and strategies are discussed, analysed, & learning disseminated. We share knowledge, experience, best practice, assisting communities & organisations with identified need, which have heard of our work and wish to replicate it in some form. We circulate external evaluations of our work to partners and funders to share findings and knowledge.

## **ESCAPE Family Support Limited**

### **Report of the Trustees for the Year Ended 31 March 2017**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Organisational structure**

Other close working partnerships have been developed with the National Probation Service, Community Mental Health Teams, Adult and Children's Social Services, Carers Northumberland, Relate, Cygnus, BRIC, Northumberland CVA, Northumberland CAB, Northumberland Domestic Abuse Service and other Community Groups. The charity initially achieved the Investors in People Gold Standard in 2010 and was successful in retaining Gold standard in January 2013 and again in February 2017. Investors in People Health and Wellbeing Standard was achieved in 2011 and retained in 2014 and 2017.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

03256554 (England and Wales)

##### **Registered Charity number**

1063500

##### **Registered office**

Susan Kennedy Centre  
63 Southview  
Ashington  
Northumberland  
NE63 0SF

##### **Trustees**

T Devine

D Brown

J L M Axelby

A Steward

P Ellis

- resigned 17/1/2017

S Baines

J O'Hare

G Stokoe

J Murphy

- appointed 1/10/2016

##### **Company Secretary**

T Devine

##### **Independent examiner**

Peter Weldon & Co. Ltd  
87 Station Road  
Ashington  
Northumberland  
NE63 8RS

**ESCAPE Family Support Limited**

**Report of the Trustees  
for the Year Ended 31 March 2017**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Solicitors**

Helen Kay  
HMK Legal Ltd  
Clavering House  
Clavering Place  
Newcastle upon Tyne  
NE1 3NG

Cuthbertsons  
3 Stanley Street  
Blyth  
Northumberland  
NE24 2BS

Approved by order of the board of trustees on 10<sup>th</sup> January 2018 and signed on its behalf by:

J. Murphy  
J Murphy - Trustee

**Independent Examiner's Report to the Trustees of  
ESCAPE Family Support Limited**

**Independent examiner's report to the trustees of ESCAPE Family Support Limited ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2017.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACA (BA Hons) which is one of the listed bodies

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

*Peter Weldon ACA (Hons)*

Peter Weldon  
ACA (BA Hons)  
Peter Weldon & Co. Ltd  
87 Station Road  
Ashington  
Northumberland  
NE63 8RS

Date: *10<sup>th</sup> January 2018*

# ESCAPE Family Support Limited

## Statement of Financial Activities for the Year Ended 31 March 2017

	Notes	Unrestricted funds £	Restricted funds £	Endowment fund £	2017 Total funds £	2016 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>						
Donations and legacies		149,034	100,296	-	249,330	380,268
Other trading activities	2	20,360	-	-	20,360	29,240
Investment income	3	33	-	-	33	33
Other income		9,265	10,475	-	19,740	15,911
<b>Total</b>		<u>178,692</u>	<u>110,771</u>	<u>-</u>	<u>289,463</u>	<u>425,452</u>
<b>EXPENDITURE ON Charitable activities</b>						
Charity		<u>227,207</u>	<u>139,412</u>	<u>-</u>	<u>366,619</u>	<u>415,522</u>
<b>NET INCOME/(EXPENDITURE)</b>		(48,515)	(28,641)	-	(77,156)	9,930
<b>Transfers between funds</b>	13	<u>(21,320)</u>	<u>21,320</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		(69,835)	(7,321)	-	(77,156)	9,930
<b>RECONCILIATION OF FUNDS</b>						
<b>Total funds brought forward</b>		<u>409,182</u>	<u>300,443</u>	<u>2,828</u>	<u>712,453</u>	<u>702,523</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>339,347</u></u>	<u><u>293,122</u></u>	<u><u>2,828</u></u>	<u><u>635,297</u></u>	<u><u>712,453</u></u>

### CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

# ESCAPE Family Support Limited

## Balance Sheet At 31 March 2017

	Notes	Unrestricted funds £	Restricted funds £	Endowment fund £	2017 Total funds £	2016 Total funds £
<b>FIXED ASSETS</b>						
Tangible assets	8	187,062	174,546	-	361,608	575,823
<b>CURRENT ASSETS</b>						
Debtors	9	2,439	-	-	2,439	6,968
Cash at bank		151,891	118,573	2,828	273,292	217,211
		<u>154,330</u>	<u>118,573</u>	<u>2,828</u>	<u>275,731</u>	<u>224,179</u>
<b>CREDITORS</b>						
Amounts falling due within one year	10	(2,042)	-	-	(2,042)	(10,989)
<b>NET CURRENT ASSETS</b>		<u>152,288</u>	<u>118,573</u>	<u>2,828</u>	<u>273,689</u>	<u>213,190</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		339,350	293,119	2,828	635,297	789,013
<b>CREDITORS</b>						
Amounts falling due after more than one year	11	-	-	-	-	(76,560)
<b>NET ASSETS</b>		<u>339,350</u>	<u>293,119</u>	<u>2,828</u>	<u>635,297</u>	<u>712,453</u>
<b>FUNDS</b>	13					
Unrestricted funds					339,350	409,182
Restricted funds					293,119	300,443
Endowment funds					2,828	2,828
<b>TOTAL FUNDS</b>					<u>635,297</u>	<u>712,453</u>

The notes form part of these financial statements

**ESCAPE Family Support Limited**

**Balance Sheet - continued  
At 31 March 2017**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2017.

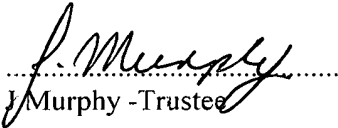
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2017 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board of Trustees on 10<sup>th</sup> January 2018 and were signed on its behalf by:

  
J. Murphy - Trustee

The notes form part of these financial statements

## **ESCAPE Family Support Limited**

### **Notes to the Financial Statements for the Year Ended 31 March 2017**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 15% on reducing balance per annum
Fixtures and fittings	- 25% on reducing balance per annum

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.



# ESCAPE Family Support Limited

## Notes to the Financial Statements - continued for the Year Ended 31 March 2017

### 2. OTHER TRADING ACTIVITIES

	2017	2016
	£	£
Fundraising events	6,902	7,731
Shop income	13,458	21,509
	<u>20,360</u>	<u>29,240</u>

### 3. INVESTMENT INCOME

	2017	2016
	£	£
Deposit account interest	33	33
	<u>33</u>	<u>33</u>

### 4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2017	2016
	£	£
Auditors' remuneration	-	3,000
Auditors' remuneration for non audit work	1,819	-
Depreciation - owned assets	3,876	4,649
Deficit on disposal of fixed asset	7,049	-
	<u>12,744</u>	<u>7,649</u>

### 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2017 nor for the year ended 31 March 2016.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2017 nor for the year ended 31 March 2016.

### 6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2017	2016
Staff	<u>10</u>	<u>12</u>

No employees received emoluments in excess of £60,000.

**ESCAPE Family Support Limited**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2017**

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Endowment fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations and legacies	112,990	267,278	-	380,268
Other trading activities	26,719	2,521	-	29,240
Investment income	33	-	-	33
Other income	2,849	13,062	-	15,911
<b>Total</b>	<u>142,591</u>	<u>282,861</u>	<u>-</u>	<u>425,452</u>
 <b>EXPENDITURE ON Charitable activities</b>				
Charity	153,827	261,610	85	415,522
<b>Total</b>	<u>153,827</u>	<u>261,610</u>	<u>85</u>	<u>415,522</u>
 <b>NET INCOME/(EXPENDITURE)</b>	<u>(11,236)</u>	<u>21,251</u>	<u>(85)</u>	<u>9,930</u>
 <b>RECONCILIATION OF FUNDS</b>				
<b>Total funds brought forward</b>	420,418	279,192	2,913	702,523
 <b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>409,182</u></u>	<u><u>300,443</u></u>	<u><u>2,828</u></u>	<u><u>712,453</u></u>

**ESCAPE Family Support Limited**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2017**

**8. TANGIBLE FIXED ASSETS**

	<b>Freehold property £</b>	<b>Plant and machinery £</b>	<b>Fixtures and fittings £</b>	<b>Totals £</b>
<b>COST</b>				
At 1 April 2016	551,486	49,265	25,033	625,784
Disposals	(210,339)	-	-	(210,339)
At 31 March 2017	<u>341,147</u>	<u>49,265</u>	<u>25,033</u>	<u>415,445</u>
<b>DEPRECIATION</b>				
At 1 April 2016	-	27,179	22,782	49,961
Charge for year	-	3,313	563	3,876
At 31 March 2017	<u>-</u>	<u>30,492</u>	<u>23,345</u>	<u>53,837</u>
<b>NET BOOK VALUE</b>				
At 31 March 2017	<u>341,147</u>	<u>18,773</u>	<u>1,688</u>	<u>361,608</u>
At 31 March 2016	<u>551,486</u>	<u>22,086</u>	<u>2,251</u>	<u>575,823</u>

**9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2017 £</b>	<b>2016 £</b>
Prepayments and accrued income	<u>2,439</u>	<u>6,968</u>

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2017 £</b>	<b>2016 £</b>
Other loans (see note 12)	-	8,947
Accrued expenses	<u>2,042</u>	<u>2,042</u>
	<u>2,042</u>	<u>10,989</u>

**11. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	<b>2017 £</b>	<b>2016 £</b>
Other loans (see note 12)	<u>-</u>	<u>76,560</u>

**ESCAPE Family Support Limited**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2017**

**12. LOANS**

An analysis of the maturity of loans is given below:

	2017 £	2016 £
Amounts falling due within one year on demand:		
Big Issue Loan	-	8,947
	<u>          </u>	<u>          </u>
Amounts falling due between two and five years:		
Big Issue Loan > 1 year	-	76,560
	<u>          </u>	<u>          </u>

# ESCAPE Family Support Limited

## Notes to the Financial Statements - continued for the Year Ended 31 March 2017

### 13. MOVEMENT IN FUNDS

	At 1/4/16 £	Net movement in funds £	Transfers between funds £	At 31/3/17 £
<b>Unrestricted funds</b>				
General fund	375,712	(35,726)	(21,320)	318,666
Designated	19,818	866	-	20,684
Northern Rock Foundation (Safeguarding Children Office/Family Team Manager)	7,047	(7,047)	-	-
Blyth Town Council	3,174	(3,174)	-	-
Coalfields Regeneration Trust - Charity Shop	3,431	(3,431)	-	-
	<u>409,182</u>	<u>(48,512)</u>	<u>(21,320)</u>	<u>339,350</u>
<b>Restricted funds</b>				
Restricted	226,352	(2,192)	-	224,160
Respite Project	2,002	(1,651)	-	351
Client Activities	915	3,258	-	4,173
Big Lottery	20,578	(20,578)	-	-
Susan Kennedy Centre	7,782	2,881	-	10,663
Peer Mentor Coordinator	9,743	2,982	-	12,725
Rothley Trust Play Equipment NUM Hall	710	-	-	710
Kinship Children Activities - Austin Pilkington	42	-	-	42
Training Project Esme Fairbairn Foundation	16,534	(2,009)	-	14,525
Jennie's Place Project Costs	(18,613)	3,629	14,984	-
Lloyds TSB Recovery Project	14,224	(2,235)	-	11,989
Awards For All - SHARP Recovery Project	10,000	(10,000)	-	-
Arts Council - Arts Respite Project	10,174	(6,411)	-	3,763
Building Better Opportunities ESF & BIG Grant	-	2,518	-	2,518
Groundworks Garden Project	-	7,500	-	7,500
Transformation Website Development Project	-	(6,336)	6,336	-
	<u>300,443</u>	<u>(28,644)</u>	<u>21,320</u>	<u>293,119</u>
<b>Endowment funds</b>				
Designated	2,828	-	-	2,828
<b>TOTAL FUNDS</b>	<u><u>712,453</u></u>	<u><u>(77,156)</u></u>	<u><u>-</u></u>	<u><u>635,297</u></u>

# ESCAPE Family Support Limited

## Notes to the Financial Statements - continued for the Year Ended 31 March 2017

### 13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	1,232	(36,958)	(35,726)
Designated	60,742	(59,876)	866
NCC Rent Deposit Guarantee Scheme	39,216	(39,216)	-
Public Health NCC Carer Support Grant	49,502	(49,502)	-
NCC Carer Strategy Group - Carer Involvement & Support	25,000	(25,000)	-
RW Mann Trust	1,000	(1,000)	-
Joicey Trust	2,000	(2,000)	-
Northern Rock Foundation (Safeguarding Children Office/Family Team Manager)	-	(7,047)	(7,047)
Blyth Town Council	-	(3,174)	(3,174)
Coalfields Regeneration Trust - Charity Shop	-	(3,431)	(3,431)
	<u>178,692</u>	<u>(227,204)</u>	<u>(48,512)</u>
<b>Restricted funds</b>			
Restricted	(13,426)	11,234	(2,192)
Respite Project	4,057	(5,708)	(1,651)
Client Activities	5,536	(2,278)	3,258
Susan Kennedy Centre	13,305	(10,424)	2,881
Peer Mentor Coordinator	35,000	(32,018)	2,982
Kinship Children Activities - Austin Pilkington	1	(1)	-
Training Project Esmee Fairbairn Foundation	23,905	(25,914)	(2,009)
Jennie's Place Project Costs	3,221	408	3,629
Lloyds TSB Recovery Project	25,000	(27,235)	(2,235)
Awards For All - SHARP Recovery Project	(10,000)	-	(10,000)
Arts Council - Arts Respite Project	3,508	(9,919)	(6,411)
Building Better Opportunities NCC Grant	5,500	(5,500)	-
Building Better Opportunities ESF & BIG Grant	7,664	(5,146)	2,518
Groundworks Garden Project	7,500	-	7,500
Big Lottery	-	(20,578)	(20,578)
Transformation Website Development Project	-	(6,336)	(6,336)
	<u>110,771</u>	<u>(139,415)</u>	<u>(28,644)</u>
<b>Endowment funds</b>			
Designated	-	-	-
<b>TOTAL FUNDS</b>	<u>289,463</u>	<u>(366,619)</u>	<u>(77,156)</u>

**ESCAPE Family Support Limited**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2017**

**14. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2017.