

**JORDANS**21 St Thomas Street Bristol BS1 6JS  
Telephone: 0117 9230600 Fax: 0117 9230063**288a**Please complete in typescript  
or in bold black capitals.

## Appointment of director or secretary

Company Number

03252051

Company Name in full

ACTIONSHAKE LIMITED



\*F 2 8 8 A C 4 0\*

Date of appointment	Day	Month	Year	+ Date of Birth	Day	Month	Year
	03	10	96		06	10	57

## Appointment form

Appointment as director ☒as secretary ☒

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

NAME

\*Style / Title

\*Honours etc

Notes on completion  
appear on reverse

Forename(s)

LORRAINE SYLVIA

Surname

MILES

Previous  
Forename(s)Previous  
Surname(s)Usual residential  
address

17, BISHOPS RD

Post town

STANFORD-LE-HOPE

Postcode

SS17 7HS

County / Region

ESSEX

Country

ENGLAND

+ Nationality

BRITISH

+ Business occupation

DIRECTOR

+ Other directorships  
(additional space overleaf)

STANLEY LTD

I consent to act as \*\* director ☒ secretary of the above named company

Consent signature

Date

03/10/96

\*Voluntary details.  
+ Directors only.

Signed

Date

03/10/96

\*\* Please delete as appropriate

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
correspond to in any query

(Authorised signatory of SWIFT INCORPORATIONS LIMITED)

JORDANS LIMITED

21 ST THOMAS STREET, BRISTOL  
BS1 6JS

Tel: 0117 923 0600

Ref: 3A8889/GEC

A21 \*AU47NQA2\* 641  
COMPANIES HOUSE 01/11/96

Company Number

03252051

+ Directors only.

+ Other directorships


#### NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for a least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

#### Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

Your may exclude a company which either is, or at all time during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.