



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **ACTIONSHAKE LIMITED**

*Company Number:* **03252051**

*Date of this return:* **19/09/2010**

*SIC codes:* **4521**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **4A KING STREET  
STANFORD LE HOPE  
ESSEX  
SS17 0HL**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **LORRAINE SILVIA**

*Surname:* **MILES**

*Former names:*

*Service Address:* **17 BISHOPS ROAD  
CORRINGHAM  
STANFORD LE HOPE  
ESSEX  
SS17 7HS**

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*Company Director*    **1**

*Type:*                      **Person**

*Full forename(s):*        **LORRAINE SILVIA**

*Surname:*                **MILES**

*Former names:*

*Service Address:*        **17 BISHOPS ROAD  
CORRINGHAM  
STANFORD LE HOPE  
ESSEX  
SS17 7HS**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **06/10/1957**

*Nationality:*    **BRITISH**

*Occupation:*    **DIRECTOR**

*Company Director* 2

*Type:* **Person**  
*Full forename(s):* **MICHAEL RICHARD**

*Surname:* **MILES**

*Former names:*

*Service Address:* **17 BISHOPS ROAD  
STANFORD LE HOPE  
ESSEX  
SS17 7HS**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **26/09/1954** *Nationality:* **BRITISH**  
*Occupation:* **DIRECTOR**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>2</b>
		<i>Aggregate nominal value</i>	<b>2</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

*Prescribed particulars*

TO PARTICIPATE EQUALLY IN DIVIDENDS AND ON A WINDING UP.

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>2</b>
		<i>Total aggregate nominal value</i>	<b>2</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 19/09/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 1 ORDINARY shares held as at 2010-09-19  
*Name:* LORRAINE SILVIA MILES

*Shareholding 2* : 1 ORDINARY shares held as at 2010-09-19  
*Name:* MICHAEL RICHARD MILES

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.