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JÓRDANS

21 St Thomas Street Bristol BS1 6JS Telephone: 0117 9230600 Fax: 0117 9230063

Please complete in typescript or in bold black capitals.

288b

Resignation of director or secretary

		<u> </u>
	Company Number	3252051
	company Name in full	ACTIONSHAKE LIMITED
F 2 8 8 B C	4 0	
Resignation orm	Date of resignation	Day Month Year 03 10 96
	Resignation as director	as secretary X Please mark the appropriate box. If resignation is as a director and secretary mark both boxes.
	NAME *Style / Title	*Honours etc
Please insert details as	Forename(s)	
previously notified to Companies House.	Surname	SWIFT INCORPORATIONS LIMITED
		Day Month Year
	+ Date of Birth	
If cessation is other than resignation, please state reason		
		A serving director, secretary etc must sign the form below.
	Signed	Date 3/10/96
*Voluntary details. + Directors only.	((Authorised signatory of SWIFT INCORPORATIONS LIMITED)
Please give the natelephone number a DX number and the person Compacton to the contact if there is	and, if available, Exchange of	JORDANS LIMITED 21 ST THOMAS STREET, BRISTOL BS1 6JS Tel 0117 923 0600
		Ref: 3A8889
A21 *AU4 COMPANIES H	70QA3* <u>542</u> OUSE 01/11/96	When you have completed and signed the form please send it to the Registrar of Companies at: Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff for companies registered in England and Wales or Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland DX 235 Edinburgh