



**Companies House**

— for the record —

Company Name

**ALCONBURY & BRAMPTON  
HEALTH CARE LIMITED**

Company Type

**Private Company Limited By  
Shares**

Company Number

**3027097**

Information extracted from  
Companies House records on

**12th February 2000**

## 363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.



A08  
COMPANIES HOUSE

0126  
01/03/00

### Section 1: Company details

Ref: 3027097/03/10

	Current details	Amended details
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>The Surgery School Lane Alconbury Huntingdon PE17 5EQ</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Address where the Register is held</b>  <b>At Registered Office</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Not Applicable</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _
> Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>SIC Code    Description</b> <b>9305        Other service activities</b>	<b>SIC CODE    Description</b> _ _ _ _    _____ _____ _ _ _ _    _____ _____ _ _ _ _    _____ _____ _ _ _ _    _____ _____
> <i>If no entries are shown, please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.</i>		

	Current details	Amended details
<b>&gt; Company Secretary</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>  <i>Particulars of a new Company Secretary must be notified on form 288.</i>	<b>Name</b> <b>David William CRIPPS</b>  <b>Address</b> <b>Onammarsh Warren Lane</b> <b>Woolpit Heath</b> <b>Bury St Edmunds</b> <b>Suffolk</b> <b>IP30 9RT</b>	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date David William CRIPPS</b> <b>ceased to be secretary (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>  <i>Particulars of a new Director must be notified on form 288.</i>	<b>Name</b> <b>Dr Barbara Kathleen CHURMS</b>  <b>Address</b> <b>3 Fielding Court</b> <b>Eaton Ford St Neots</b> <b>Huntingdon</b> <b>Cambridgeshire</b> <b>PE19 3LP</b>  <b>Date of birth</b> 23/10/1944  <b>Nationality</b> British  <b>Occupation</b> General Practitioner	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Dr Barbara Kathleen CHURMS</b> <b>ceased to be director (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>  <i>Particulars of a new Director must be notified on form 288.</i>	<b>Name</b> <b>Dr Francesca LASMAN</b>  <b>Address</b> <b>74 Owl End</b> <b>Great Stukeley</b> <b>Huntingdon</b> <b>Cambridgeshire</b> <b>PE17 5AQ</b>  <b>Date of birth</b> 18/11/1958  <b>Nationality</b> British  <b>Occupation</b> General Practitioner	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Dr Francesca LASMAN</b> ceased to <b>be director (if applicable)</b> _ _ / _ _ / _ _ _ _

	Current details	Amended details
<b>&gt; Director</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.  <i>Particulars of a new Director must be notified on form 288.</i>	<b>Name</b> <b>Dr Alexandra Jean NASHEF</b>  <b>Address</b> <b>16 Allens Orchard</b> <b>Brampton</b> <b>Huntingdon</b> <b>Cambridgeshire</b> <b>PE18 8NW</b>  <b>Date of birth</b> 17/01/1962  <b>Nationality</b> British  <b>Occupation</b> Gp	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _ _ _ _ _ <b>Occupation</b> _ _ _ _ _ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Dr Alexandra Jean NASHEF ceased to be director (if applicable)</b> 01/07/1998
<b>&gt; Director</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.  <i>Particulars of a new Director must be notified on form 288.</i>	<b>Name</b> <b>Dr Duncan Patrick REA</b>  <b>Address</b> <b>No. 2 The Cottage Potton Road</b> <b>Hilton</b> <b>Huntingdon</b> <b>Cambridgeshire</b> <b>PE18 0NQ</b>  <b>Date of birth</b> 29/02/1968  <b>Nationality</b> British  <b>Occupation</b> Gp	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _ _ _ _ _ <b>Occupation</b> _ _ _ _ _ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Dr Duncan Patrick REA ceased to be director (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.  <i>Particulars of a new Director must be notified on form 288.</i>	<b>Name</b> <b>Paul SACKIN</b>  <b>Address</b> <b>Flat 12 Stukeley Park</b> <b>Chestnut Grove Great Stukeley</b> <b>Huntingdon</b> <b>Cambridgeshire</b> <b>PE17 5AD</b>  <b>Date of birth</b> 25/06/1945  <b>Nationality</b> British  <b>Occupation</b> General Practitioner	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _ _ _ _ _ <b>Occupation</b> _ _ _ _ _ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Paul SACKIN ceased to be director (if applicable)</b> _ _ / _ _ / _ _ _ _

	Current details	Amended details
<b>&gt; Issued Share Capital</b> <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	<b>Class of share</b> <b>Ordinary</b> <b>Nominal value of each share</b> <b>£1.00</b> <b>Number of shares issued</b> <b>125</b> <b>Aggregate Nominal Value of issued shares</b> <b>£125.00</b>	<b>Class of share</b>  <b>Nominal value of each share</b>  <b>Number of shares issued</b>  <b>Aggregate Nominal Value of issued shares</b>  
<b>&gt; Total shares issued and value</b> <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Total number of shares issued</b> <b>125</b> <b>Total Nominal value of shares issued</b> <b>£125.00</b>	<b>Total number of shares issued</b>  <b>Total Nominal value of shares issued</b>  
<b>&gt; At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at <a href="http://www.companieshouse.gov.uk">www.companieshouse.gov.uk</a> or by ringing 029 2038 0801.</b>		

**Section 4: Details of Shareholders**

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details		Shares transferred											
>	<b>Shareholder Name</b> <b>Dr B.K. CHURMS</b>  <b>Address</b> <b>3 Fielding Court</b> <b>Eaton Ford St. Neots</b> <b>Huntingdon</b> <b>Cambridgeshire</b> <b>PE19 3LP</b>  <b>Shares held</b> <b>Class</b> <b>Ordinary</b>	<b>Number</b> <b>25</b>	<b>Name</b>  <b>Address</b>   <b>UK Postcode</b> _ _ _ _ _ <b>Shares held</b> <b>Class</b> <b>Number</b>   	<b>Shares transferred by</b> <b>Dr B.K. CHURMS</b>  <table border="1"> <thead> <tr> <th>Class</th> <th>Number</th> <th>Date of transfer</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>__/__/____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>__/__/____</td> </tr> </tbody> </table>			Class	Number	Date of transfer	_____	_____	__/__/____	_____	_____	__/__/____
Class	Number	Date of transfer													
_____	_____	__/__/____													
_____	_____	__/__/____													
>	<b>Shareholder Name</b> <b>Dr F.C.A. LASMAN</b>  <b>Address</b> <b>74 Owl End</b> <b>Great Stukeley</b> <b>Huntingdon</b> <b>Cambridgeshire</b> <b>PE17 5AQ</b>  <b>Shares held</b> <b>Class</b> <b>Ordinary</b>	<b>Number</b> <b>25</b>	<b>Name</b>  <b>Address</b>   <b>UK Postcode</b> _ _ _ _ _ <b>Shares held</b> <b>Class</b> <b>Number</b>   	<b>Shares transferred by</b> <b>Dr F.C.A. LASMAN</b>  <table border="1"> <thead> <tr> <th>Class</th> <th>Number</th> <th>Date of transfer</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td>_____</td> <td>__/__/____</td> </tr> <tr> <td>_____</td> <td>_____</td> <td>__/__/____</td> </tr> </tbody> </table>			Class	Number	Date of transfer	_____	_____	__/__/____	_____	_____	__/__/____
Class	Number	Date of transfer													
_____	_____	__/__/____													
_____	_____	__/__/____													
>	<b>Shareholder Name</b> <b>Dr A.J. NASHEF</b>  <b>Address</b> <b>16 Allens Orchard</b> <b>Brampton</b> <b>Huntingdon</b> <b>Cambridgeshire</b> <b>PE18 8NW</b>  <b>Shares held</b> <b>Class</b> <b>Ordinary</b>	<b>Number</b> <b>25</b>	<b>Name</b>  <b>Address</b>   <b>UK Postcode</b> _ _ _ _ _ <b>Shares held</b> <b>Class</b> <b>Number</b>   	<b>Shares transferred by</b> <b>Dr A.J. NASHEF</b>  <table border="1"> <thead> <tr> <th>Class</th> <th>Number</th> <th>Date of transfer</th> </tr> </thead> <tbody> <tr> <td><b>Ord</b></td> <td><b>25</b></td> <td><b>01/07/1999</b></td> </tr> <tr> <td>_____</td> <td>_____</td> <td>__/__/____</td> </tr> </tbody> </table>			Class	Number	Date of transfer	<b>Ord</b>	<b>25</b>	<b>01/07/1999</b>	_____	_____	__/__/____
Class	Number	Date of transfer													
<b>Ord</b>	<b>25</b>	<b>01/07/1999</b>													
_____	_____	__/__/____													

### Shares transferred

<b>&gt; Shareholder Name</b> <b>Dr D.P. REA</b>		Name _____			
Address <b>No. 2 The Cottage, Potton Road</b> <b>Hilton Huntingdon Cambridgeshire PE18 9NQ</b>		Address _____ _____ _____			
Shares held Class Ordinary		UK Postcode _____	Shares transferred by <b>Dr D.P. REA</b>		
Number 25	Class	Number	Class	Number	Date of transfer
					__/__/__
					__/__/__

---

<b>&gt; Shareholder Name</b> <b>Dr P.A. SACKIN</b>		Name _____			
Address <b>Flat 12, Stukeley Park Great Stukeley Huntingdon Cambridgeshire PE17 5AD</b>		Address _____ _____ _____			
Shares held Class Ordinary		UK Postcode _____	Shares transferred by <b>Dr P.A. SACKIN</b>		
Number 25	Class	Number	Class	Number	Date of transfer
					__/__/__
					__/__/__

**Section 5: Details of Other Shareholders**

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			



Companies House

— for the record —

## 363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and tick and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

### 1. Declaration

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature

*[Signature]*  
(Director/ Secretary)

Date

22 / 02 / 2000

*This date must not be earlier than the return date at 2 below*

#### What to do now

*Please detach and retain the covering letter, complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.*

### 2. Date of this return

- ☐ This AR is made up to **28/2/2000** If you are making this return up to an earlier date, please give the date here

— / — / —

*Note: The form must be delivered to CH within 28 days of this date*

### 3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **28th February 2001** please give the new date here:

— / — / —

### 4. Where to send this form

- ☐ Please return this form to:  
Registrar of Companies  
Companies House  
Crown Way  
Cardiff CF14 3UZ

**Have you enclosed the filing fee with the company number written on the reverse of the cheque?**

Cheque ☐ Postal Order ☐ Cheque / Postal Order  
Number \_\_\_\_\_

*(Please complete as appropriate)*

### Contact Address

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

Telephone number *inc code*

**MEDACCOUNT**  
Address **VICTORIA HOUSE**  
**25 HIGH STREET, OVER**  
**CAMBS. CB4 5NB**  
**TEL 01954 232333**

DX number *if applicable*

DX exchange

Postcode