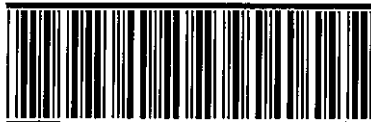




C O M P A N I E S H O U S E

THE REGISTRAR OF COMPANIES
COMPANIES HOUSE
CROWN WAY
CARDIFF
CF4 3UZ



A15 *APJTPLJ4* 106
COMPANIES HOUSE 14/05/96

This form should be completed in black.

The information printed below is taken from Companies House records as at 14/12/95

If this information requires amendment use the spaces opposite.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
07	01	96

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

Day	Month	Year

Registered Office (See note 3)

This is the address registered by Companies House.

180-182 ST. MARYS LANE
UPMINSTER
ESSEX
RM14 3BT

MB
100042
#18

363s

Annual Return

of company number 02885478

N

company name

ABCO DISTRIBUTORS LIMITED

company type

PRIVATE COMPANY LIMITED BY SHARES

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Principal business activities (See note 4)

Please enter trade classification(s).

8	9	9	9
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If the code cannot be determined from the notes, give a brief description of principal activity.

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

Register of members *(See note 5)*

The register is kept at
REGISTERED OFFICE

Register of debenture holders *(See note 6)*

Any register of debenture holders (or duplicate) is kept at

Company Secretaries *(See note 7)*

Particulars of a new secretary **must** be notified on form 288.

ABDUL RAUF
BUX
9 MAYTREE CLOSE
RAINHAM
ESSEX RM13 8EP

Day	Month	Year
01	03	95

 Date of any change.

MRS NASEEM BOX
9 MAYTREE CLOSE
RAINHAM
ESSEX RM13 8EP

If this person has ceased to be secretary, please state when.

Day	Month	Year

 Date of resignation.

Particulars.

NASEEM
BUX
9 MAYTREE CLOSE
RAINHAM
ESSEX RM13 8EP

Day	Month	Year

 Date of any change.

ABDUL RAUF BOX
9 MAYTREE CLOSE
RAINHAM
ESSEX RM13 8EP

If this person has ceased to be secretary, please state when.

Day	Month	Year

 Date of resignation.

02885478

Directors (See note 7)

Particulars of a new director **must** be notified on form 288.

ARIF NIAZ
ARAIN
9 MAYTREE CLOSE
RAINHAM
ESSEX RM13 8EP

Date of Birth:- 24/03/64
Nat:BRITISH
Occ:MANUFACTURERS AGENTBUSINESSMA

If this person has ceased to be director, please state when.

Other directorships.

If the information shown needs amendment, give details below and the date of any change.

Day	Month	Year

Date of any change.

Day	Month	Year

Date of resignation.

Particulars.

ABDUL RAUF
BUX
9 MAYTREE CLOSE
RAINHAM
ESSEX RM13 8EP

Date of Birth:- 19/06/40
Nat:BRITISH
Occ:DIRECTOR

If this person has ceased to be director, please state when.

Other directorships.

Day	Month	Year

Date of any change.

Day	Month	Year

Date of resignation.

Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES
OR DIRECTORS MUST BE NOTIFIED ON FORM 288.

Day	Month	Year

Date of any change.

If this person has ceased to be director, please state when.

Other directorships.

Day	Month	Year

Date of resignation.

Issued Share Capital (See note 8)

Enter details of all shares in issue at the date of this return.

Class
(eg Ordinary/
Preference etc)

Number of
shares issued

Aggregate
nominal value
(ie Number of shares
issued multiplied by
nominal value per share)

ORDINARY

100

£100

Totals

100

£100

List of past and present members

(See note 9)

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

Please mark the
appropriate box.

There were no changes in the period



on paper

not on
paper

The last full members list was at 07/01/95

A list of changes is enclosed



A full list of members is enclosed

**Elective resolutions** (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, mark this box.



If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, mark this box.

**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

I enclose the fee of **£18.**

Cheques should be made payable
to **Companies House.**

Signed

Secretary/Director*

*(delete as appropriate)

Date

9/5/96

This return includes ZERO continuation sheets.
(enter number)

**Please ensure that you have completed
all sections on this page.**

To whom should Companies House direct any enquiries
about the information shown in this return?

M. PARMAR & CO.

202 CHAPEL HOUSE

24 NUTFORD PLACE

LONDON

Postcode W14 5YN

Telephone 0171-724-8272 Ext

