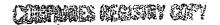
Registered number: 02731466 Charity number: 1027290



WEST LONDON CENTRE FOR COUNSELLING

(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2015



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(A company limited by guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2015

Trustees Becky Diacono (resigned 31 May 2014)

Digby Howard John Nuttall, Chair Kiran Rehinsi Brendan Tarring

John Barrett (appointed 14 May 2013) Alis Yurddas (appointed 22 May 2014) Verna Lyus (appointed 22 May 2014)

Company registered

number

02731466

Charity registered

number

1027290

Registered office

3 Glenthorne Mews 115 Glenthorne Road

Hammersmith London

W6 0LJ

Company secretary

John Barrett

Independent auditors

Landau Morley LLP

Chartered Accountants & Statutory Auditor

York House Empire Way Wembley Middlesex HA9 0FQ

Bankers

HSBC Bank Plc 21 King's Mall King Street London

W6 OQF

(A company limited by guarantee)

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2015

The Trustees, who are also Directors for the purposes of Company law, present their report and the financial statements of the company for the year ended 31 March 2015.

Reference and Administrative Details

Reference and administrative details are shown in the schedule of members of the Board and professional advisers on Page 1 of the financial statements.

The Trustees

The Trustees who served during the period were as follows: John Nuttall (Chair)
John Barrett (Company Secretary)
Becky Diacono (resigned 31 May 2014)
Digby Howard
Verna Lyus (appointed 22 May 2014)
Brendan Tarring
Kiran Rehinsi
Alis Yurddas (appointed 22 May 2014)

Structure, Governance and Management

The Charity is a Limited Company having no share capital and is limited by guarantee. The governing document is the Memorandum and Articles of Association.

The members of the Board of Trustees are listed above.

New Trustees undergo induction training to brief them on their legal obligations under charity law, the committee and decision making processes, the objectives and the financial performance of the charity. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Every member of the Board of Trustees undertakes to contribute an amount not exceeding one pound in the event of winding up the company whilst they are a member of the Board or within one year after their membership ceases.

The Trustees may elect new members to the Board and renew membership on an annual basis. One third of the members of the Board shall retire each year and be eligible for re-election.

The key personnel of the Centre are:

Rob Bell-Cross Director and Principal Counsellor

Gaynor Phillips Clinical Co-ordinator

Risk Management

Risks are classified under headings such as financial, premises, staff and reputation. Risk assessments are carried out in order to ascertain the likelihood of a risk event occurring, of its potential impact, and whether any cost effective mitigating action may be taken. The major risks relating to these have been identified by the Trustees relying on professional advice where appropriate and they are reviewed on a regular basis. The Organisation has adequate systems in place accompanied by proper insurance cover which are considered adequate to mitigate major risks.

Objectives and Activities

The main objective of the Centre is to provide free, professional-quality therapeutic counselling to people living

(A company limited by guarantee)

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2015

or working in West London. It also aims to support the training and development of trainee and newly qualified counsellors and psychotherapists by providing additional skills training and the opportunity to expand their clinical experience. Additionally, the Centre promotes study and research in the field of counselling and psychotherapy.

Public Benefit

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, "Charities and Public Benefit".

All of the activities that are undertaken by the Charity are for the advancement of the objectives and are outlined above.

Achievements and Performance

The principal activity of the charity during the year continued to be the provision of counselling and psychotherapy to people with psychological difficulties living and working in Hammersmith and Fulham. Presenting problems include anxiety, depression, relationship problems, sexual and physical abuse, suicidal thoughts, bereavement, alcohol and drug addiction, and HIV. The provision of this free counselling support to individuals helps them to maintain their position in their family, workplace and within the community.

West London Centre for Counselling is a British Association for Counselling and Psychotherapy accredited service.

The Centre operates from offices in Glenthorne Mews, Hammersmith and provides nine counselling rooms, and two group/training rooms in a friendly, non-clinical environment. These are pleasantly decorated rooms with good seating, lighting, plants and pictures, creating an atmosphere much appreciated by clients.

In February 2015, the charity organised the first in a series of professionally led Symposiums on the subject of Couples/Psychosexual Counselling, which attracted an audience of 70 psychotherapists. Held at Regents University, this was a most successful event. Further Symposiums are planned.

The Hammersmith and Fulham Clinical Commissioning Group through the Mental Health Commissioning Team contracted with the Centre to provide counselling services to the Hammersmith and Fulham IAPT (Improving Access to Psychological Services) scheme Back on Track. In addition, the Centre received referrals from sexual health clinics and accepted self-referrals for individuals for its HIV/sexual health service, which is funded by the tri-borough public health service.

During the year, the Centre received a total of 1,342 referrals and was able to offer a total of 9,597 assessments and counselling sessions.

West London Centre for Counselling employed the equivalent of seven full-time staff. These consist of two full-time staff (the Director and Principal Counsellor and Clinical Co-ordinator) and other part-time staff such as Counsellor Co-Ordinator, Supervision Manager and professional assessors. All staff are qualified and accredited counselling/psychotherapy practitioners. The mainstay of the Centre continues to be a team of 80 dedicated trainee counsellors and supervisors.

The Centre provided a sound and ethical platform for the clinical training and practice of its volunteer counsellors, most of whom are advanced trainee counsellors and psychotherapists at London's training schools. This allowed the Centre to provide a range of different counselling approaches – psychodynamic, cognitive behavioural therapy, humanistic and integrative approaches – whatever is appropriate to the client's needs.

The Centre continues to raise charitable funds for additional services, not provided by others in the area, such as therapy groups for anger management (men and women), general anxiety/depression, long-term health

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2015

conditions/HIV survival and bereavement.

Client evaluation of our services demonstrated that 75% of clients felt that the counselling at West London Centre for Counselling significantly helped them deal effectively with their problems and more than 96% of clients said they would definitely return to West London Centre for Counselling if necessary.

We continued to implement the CORE (Clinical Outcomes of Routine Evaluation) System, which is the standardised assessment and outcome measure for psychological therapy provision in the UK for all clients. Data from this for the last year shows that once their counselling sessions are complete, 71.6% of clients demonstrate clinical improvement.

The Centre demonstrates a high level of accessibility for clients from minority ethnic groups. The Centre continued to offer choice and flexibility to clients by providing evening opening hours and facilities for clients with disabilities. During the period, counselling was provided by counsellors with disabilities and from a wide range of ethnic, cultural and social backgrounds, including counsellors identifying as gay, lesbian or bi-sexual. Counselling was also provided in 12 languages other than English.

In February 2015, WLCC organised its first symposium on the subject of couples/psychosexual counselling, which attracted an audience of 70. Held at Regent's University London, this was a most successful event and further symposia are planned.

Financial Review

Funding for the Centre was received from three statutory sources, with the Clinical Commissioning Group being the most significant contributor, along with the Hammersmith and Fulham Local Authority, and Hammersmith and Fulham – HIV/Sexual Health Commissioning.

Incoming resources for the year totalled £433,660 (£453,420 in 2014) resulting in a surplus of £19,157 (£96,333 in 2014). The total funds carried forward were £201,602 in unrestricted reserves and £4,600 in restricted reserves.

The Trustees wish to maintain a contingency reserve of 30% of annual expenditure (£130,098). This will preserve continuity of operations for a manageable run-down period in the event of adverse circumstances such as sudden reductions in statutory funding. In particular this will allow West London Centre for Counselling to fulfil its commitment to the 12 week counselling model of counselling for its clients.

Plans for Future Periods

The Trustees aim to continue to ensure the Charity carries out its objectives to the highest possible standards.

Trustees' Responsibilities Statement

The Trustees (who are also the Directors of the West London Centre for Counselling (a Company Limited by Guarantee) for the purposes of Company Law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations.

This report was approved by the Trustees on 22 October 2015 and signed on their behalf by:

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2015

John Barrett Company Secretary 22 October 2015

(A company limited by guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF WEST LONDON CENTRE FOR COUNSELLING

We have audited the financial statements of West London Centre for Counselling for the year ended 31 March 2015 set out on pages 8 to 15. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the charitable company's members, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinion we have formed.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

The Trustees have elected for the financial statements to be audited in accordance with the Charities Act 2011 rather than the Companies Act 2006. Accordingly we have been appointed as auditors under section 145 of the Charities Act 2011 and report to you in accordance with regulations made under section 154 of that Act. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the Trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

OPINION ON FINANCIAL STATEMENTS

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2015 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended:
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

(A company limited by guarantee)

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF WEST LONDON CENTRE FOR COUNSELLING

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- the information given in the Trustees' report is inconsistent in any material respect with the financial statements; or
- the company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Landau Morley LLP

Chartered Accountants & Statutory Auditor

York House Empire Way Wembley Middlesex HA9 0FQ

Date: 12" OCTOBER 2015

Landau Morley LLP are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

STATEMENT OF FINANCIAL ACTIVITIES (incorporating income and expenditure account) FOR THE YEAR ENDED 31 MARCH 2015

		Unrestricted funds 2015	Restricted funds 2015	Total funds 2015	Total funds 2014
	Note	£	£	£	£
INCOMING RESOURCES					
Incoming resources from generated funds: Voluntary income	2	13,507	-	13,507	22,161
Activities for generating funds	3	2,860	-	2,860	552
Investment income	4	10	-	[′] 10	92
Incoming resources from charitable activities	5	417,283	-	417,283	430,616
TOTAL INCOMING RESOURCES		433,660	-	433,660	453,421
RESOURCES EXPENDED					
Costs of generating funds:					
Costs of generating voluntary income	6	6,125	-	6,125	7,613
Charitable activities	7	400,822	-	400,822	345,792
Governance costs	10	7,556	-	7,556	6,652
TOTAL RESOURCES EXPENDED		414,503	-	414,503	360,057
MOVEMENT IN TOTAL FUNDS FOR THE YEAR - NET INCOME FOR THE YEAR		19,157	-	19,157	93,364
Total funds at 1 April 2014		182,445	4,600	187,045	93,681
TOTAL FUNDS AT 31 MARCH 2015		201,602	4,600	206,202	187,045

The notes on pages 10 to 15 form part of these financial statements.

(A company limited by guarantee) REGISTERED NUMBER: 02731466

BALANCE SHEET AS AT 31 MARCH 2015

			2015		2014
	Note	£	£	£	£
CURRENT ASSETS					
Debtors	13	32,336		38,563	
Cash at bank and in hand		181,931		155,862	
	-	214,267	•	194,425	
CREDITORS: amounts falling due within one year	14	(8,065)		(7,380)	
NET CURRENT ASSETS	-		206,202		187,045
TOTAL ASSETS LESS CURRENT LIABIL	ITIES	•	206,202	-	187,045
CHARITY FUNDS		=		=	
Restricted funds	15		4,600		4,600
Unrestricted funds	15		201,602		182,445
TOTAL FUNDS		•	206,202	-	187,045

The Trustees consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act. However, an audit is required in accordance with section 145 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2015 and of its net incoming resources for the year in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions applicable to small companies within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Trustees on 22 October 2015 and signed on their behalf, by:

John Nuttall

22 October 2015

The notes on pages 10 to 15 form part of these financial statements.

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(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2015

1. ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008). The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), 'Accounting and Reporting by Charities' published in March 2005, applicable accounting standards and the Companies Act 2006.

1.2 Company status

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1.

1.3 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

1.4 Incoming resources

All incoming resources are included in the Statement of financial activities when the company has entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

1.5 Resources expended

Expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Support costs are those costs incurred directly in support of expenditure on the objects of the company and include project management carried out at Headquarters. Governance costs are those incurred in connection with administration of the company and compliance with constitutional and statutory requirements.

1.6 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2015

1. ACCOUNTING POLICIES (continued)

2.	VOLUNTARY INCOME . Donations	Unrestricted funds 2015 £ 13,507	Restricted funds 2015 £	Total funds 2015 £ 13,507	Total funds 2014 £ 22,161
3.	ACTIVITIES FOR GENERATING FUNDS				
		Unrestricted funds 2015 £	Restricted funds 2015 £	Total funds 2015 £	Total funds 2014 £
	Room hire and other income	2,860	-	<u>2,860</u>	552
4.	INVESTMENT INCOME				
		Unrestricted funds 2015 £	Restricted funds 2015 £	Total funds 2015 £	Total funds 2014 £
	Bank interest receivable	10	-	10	92
5.	INCOMING RESOURCES FROM CHARIT	ABLE ACTIVITII	ES		
		Unrestricted funds 2015 £	Restricted funds 2015	Total funds 2015 £	Total funds 2014 £
	Grants receivable	417,283	<u>-</u>	417,283	430,616

Grants receivable during the year included amounts receivable from the following:

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2015

				2015	2014
	Hammersmith & Fulham Local Author Hammersmith & Fulham Clinical Com Hammersmith & Fulham - HIV/Sexual	missioning Group		£ 26,667 365,415 25,201	£ 40,000 365,415 25,201
	Total			417,283	430,616
6.	COSTS OF GENERATING VOLUNTA	ARY INCOME			
		Unrestricted funds 2015 £	Restricted funds 2015 £	Total funds 2015 £	Total funds 2014 £
	Fundraising costs	6,125 ———	-	6,125	7,613
7.	ANALYSIS OF RESOURCES EXPEN	IDED BY ACTIVITIES			
		Direct costs 2015 £	Support costs 2015 £	Total 2015 £	Total 2014 £
	Activities undertaken directly	302,719	98,103	400,822	345,792
8.	DIRECT COSTS				
			Activities undertaken directly £	Total 2015 £	Total 2014 £
	Volunteer expenses Supervision costs Advertising and publicity Staff expenses Wages and salaries National insurance Pension cost		9,881 30,504 6,125 400 233,879 14,700 7,230	9,881 30,504 6,125 400 233,879 14,700 7,230	9,847 17,914 11,138 900 170,856 13,564 7,012
			302,719	302,719	231,231

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2015

9.	SUPPORT COSTS				
			Activities undertaken directly £	Total 2015 £	Total 2014 £
	Fundraising costs Premises costs Group work		1,053 77,733 1,474	1,053 77,733 1,474	82,839 2,994
	Office and administation costs Cleaning costs Bank charges		15,963 1,134 17	15,963 1,134 17	20,679 1,222 4
	Professional fees Staff recruitment		534 195	534 195	6,204 619
			98,103	98,103	114,561
10.	GOVERNANCE COSTS		·		
		Unrestricted funds 2015 £	Restricted funds 2015 £	Total funds 2015 £	Total funds 2014 £
	Audit fees Accountancy fees	3,236 4,320	- -	3,236 4,320	3,094 3,558
		7,556	-	7,556	6,652
. 11.	NET INCOMING RESOURCES				
	This is stated after charging:				
				2015 £	2014 £
	Auditors' remuneration Pension costs			3,236 7,230	3,094 7,012

During the year, no Trustees received any remuneration (2014 - £NIL).

During the year, no Trustees received any benefits in kind (2014 - £NIL).

During the year, no Trustees received any reimbursement of expenses (2014 - £NIL).

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2015

12.	STAFF COSTS		
	Staff costs were as follows:		
		2015 £	2014 £
	Wages and salaries	233,879	170,856
	Social security costs	14,700	13,564
	Other pension costs	7,230	7,012
		255,809	191,432
	The average monthly number of employees during the year was as	follows:	
		2015	2014
		No.	No.
		8	7
	No employee received remuneration amounting to more than \$60.0	100 in oither year	
	No employee received remuneration amounting to more than £60,0	00 in either year.	
13.	No employee received remuneration amounting to more than £60,0	00 in either year.	
13.		00 in either year. 2015	2014
13.		2015 £	2014 £
13.	DEBTORS Other debtors	2015 £ 13,999	£ 14,020
13.	DEBTORS	2015 £	£
13.	DEBTORS Other debtors	2015 £ 13,999	£ 14,020
	DEBTORS Other debtors Prepayments and accrued income	2015 £ 13,999 18,337	£ 14,020 24,543
	DEBTORS Other debtors	2015 £ 13,999 18,337	£ 14,020 24,543
	DEBTORS Other debtors Prepayments and accrued income CREDITORS:	2015 £ 13,999 18,337 32,336	£ 14,020 24,543 38,563
	DEBTORS Other debtors Prepayments and accrued income CREDITORS:	2015 £ 13,999 18,337	£ 14,020 24,543
13. 14.	Other debtors Prepayments and accrued income CREDITORS: Amounts falling due within one year Other taxation and social security	2015 £ 13,999 18,337 32,336	£ 14,020 24,543 38,563 2014 £ 4,380
	Other debtors Prepayments and accrued income CREDITORS: Amounts falling due within one year	2015 £ 13,999 18,337 32,336	£ 14,020 24,543 38,563 2014 £

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2015

15.	SUL	MARY.	OFF	HNDS

	Brought Forward £	Incoming resources £	Resources Expended £	Carried Forward £
General funds Restricted funds	182,445 4,600	433,660 -	(414,503) -	201,602 4,600
	187,045	433,660	(414,503)	206,202

Restricted funds comprises funds which are for group counselling.

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds 2015 £	Restricted funds 2015	Total funds 2015 £	Total funds 2014 £
Current assets Creditors due within one year	209,667 (8,065)	4,600 -	214,267 (8,065)	194,425 (7,380)
	201,602	4,600	206,202	187,045