



Companies House

for the record

Please complete in typescript,  
or in bold black capitals.

CHFP000

# 288a

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

2643905

Company Name in full

MIND IN TOWER HAMLETS

Date of  
appointment

Day Month Year  
1 2 1 0 2 0 0 0

†Date of  
Birth

Day Month Year  
1 7 0 3 1 9 1 4 1 4

**Appointment  
form**

Appointment as director



as secretary



Please mark the appropriate box. If appointment is  
as a director and secretary mark both boxes.

NAME

\*Style / Title

MS

\*Honours etc

Notes on completion  
appear on reverse.

Forename(s)

CHRISTINE MARY

Surname

SHEPPARD

Previous  
Forename(s)

—

Previous  
Surname(s)

SMITH

Usual residential  
address

106 BLURTON ROAD

Post town

LONDON

Postcode

E 5 0NH

County / Region

Country

ENGLAND

†Nationality

UK

†Business occupation

Independent consultant

†Other directorships  
(additional space overleaf)

Consent signature

X

Christine Sheppard

Date

2nd December 2000

\* Voluntary details.

† Directors only.

\*\*Delete as appropriate

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

26-02-01

(\*\*a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.



A38  
COMPANIES HOUSE

0246  
12/04/01

A33  
COMPANIES HOUSE

0463  
15/02/01

Form revised July 1998

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB  
for companies registered in Scotland DX 235 Edinburgh

**Company Number**

† Directors only.

† Other directorships


**NOTES**

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

**Other directorships.**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.