### REGISTERED COMPANY NUMBER: 02613993 (England and Wales) REGISTERED CHARITY NUMBER: 1003317

### TOURETTE SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION

**UNAUDITED FINANCIAL STATEMENTS** 

**FOR THE YEAR ENDED 31 MARCH 2023** 

HPCA Limited Station House Connaught Road Brookwood Woking Surrey GU24 0ER



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### REPORT OF THE TRUSTEES for the year ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Tourette Syndrome (UK) Association trading as Tourettes Action is a charity formed in 1981 to provide support to people living with the neurological condition known as Gilles de la Tourette Syndrome and their families and operates as Tourettes Action.

The Charity was incorporated in 1991. Although the head office of the charity is in Farnborough, staff are located throughout the UK and as such provide support to people throughout England, Wales and Northern Ireland. Tourettes Action (TA) also has links with other Tourette Syndrome Societies throughout the UK, Europe, the United States and Canada.

#### **OBJECTIVES AND ACTIVITIES**

#### Mission and objectives

Tourettes Action provides support to, and campaigns for, people living with and affected by Gilles de la Tourette Syndrome through a wide range of support services and related activities

#### What is Gilles de la Tourette Syndrome?

Gilles de la Tourette Syndrome, known more commonly as Tourette Syndrome (TS or Tourette's) typically starts around the age of 6/7 years and tends to peak around early adolescence. It is a complex, genetically determined neurological condition of which the key features are tics, which are involuntary movements or sounds. A large number of people with the condition will also experience co-occurring features and conditions. Tourette's is a life-long condition, however around 50% of adults report that their symptoms have reduced following adolescence but will wax and wane (come and go) throughout their life.

Research shows that 1% of the school age population has TS to some degree, and that at least 300,000 children and adults require support for their condition. A major issue for many is to receive a firm diagnosis that they do indeed have TS due to lack of NHS service coverage.

Tourette's is a widely misunderstood and stereotyped neurological condition historically associated with or defined by swearing and socially inappropriate behaviour. Although it is true that 'coprolalia' (the clinical term for involuntary swearing), 'copropraxia' (the clinical term for involuntary obscene gestures) and 'coprographia' (the clinical term for the involuntary writing of obscene words) are symptoms of TS, they do not affect everyone with the condition and are not a criteria for diagnosis. These tics can however be very difficult tics to manage. Many people see Tourette's as comical or not that serious, when in reality it can be a socially isolating and physically debilitating condition.

People with TS report that their tics can often cause embarrassment, great pain, injury and physical disability depending on the severity of their tics. Children and young people with Tourette's often receive a lower than expected academic attainment, suffering often from bullying and victimisation and subsequent mental health difficulties are often reported. Sadly, research shows that those with Tourette's are also 4 times more likely to die by suicide in adulthood compared to the public at large.

There is no specific treatment for the cure or total control of TS. Treatments range from psychological therapy to medication and botox, which all aim to minimise the worst effects of TS with varying degrees of success. For a very few with the most severe tics, neurosurgery in the form of Deep Brain Stimulation may prove useful. Psychological treatments including CBiT (Comprehensive Behaviour Intervention for Tics) is a tool that helps people with Tourette's manage their tics but sadly this is not widely available throughout the UK.

#### What is Tourettes Action?

Tourettes Action works in England, Wales and Northern Ireland and is the leading support and research charity for people with Tourette Syndrome and their families.

Tourettes Action want people with Tourette Syndrome to receive the practical support and social acceptance they need to help them live their lives to the full and we are the go-to organisation in the UK for information and guidance on TS.

#### **Our Main Activities**

Tourettes Action has four strategic priorities that are at the forefront of everything we do:

- 1. To raise awareness of what is still a very misunderstood condition
- 2. Provide support, training and advocacy within schools, college and university and within the workplace
- 3. Campaign for health service improvements, as many with TS still struggle to access a diagnosis and follow-on support
- 4. Provide support at ground level for those living with and affected by TS

These priorities were established in response to surveys undertaken within the Tourette's community who identified the main obstacle as an overall lack of awareness of Tourette's within all parts of society. In keeping with these priorities, this financial year, our main priorities were:

- Running weekend residential events throughout the year where people with TS and their families can come together to build personal confidence, resilience and a sense of community.
- Raising awareness through the production of digital, written and other published materials to improve knowledge and understanding of TS.
- Advocating for those living with TS e.g. for access and adaptions in schools and in health services, together with advocating through the press and other media.
- Providing educational support and advice to schools, universities, teachers and parents to make the education journey for those with TS as smooth as possible.
- Provision of a support service helpdesk providing information and support to people with TS and to their families, many of whom contact us in crisis.
- Holding conferences, workshops, meetings and seminars on topics of interest to people with TS and their families. These were largely carried out online via webinars during the current financial year, however towards the end of the year we reintroduced our in-person day workshops.
- Facilitating online support groups to bring together individuals to provide fellowship both for themselves and their families.
- Providing activities for the enjoyment and development of those with TS.
- Helping facilitate a number of face-to-face support groups around the country, giving those with TS a chance to meet up regularly with those in the local area to gain support and build friendship.
- Offering small grants to individuals for the purchase of equipment and other items which will ameliorate the
  effects of TS.
- Encouraging and assisting research into all aspects of TS and disseminating the results as widely as possible.
- Liaising with medical specialists in the TS field and offering advice to people living with TS as to the availability
  of specialist units, consultants and therapists.
- Funding-research-into-TS. Our-funded-programme-has-remained-suspended-for-this-financial-year-due-to-funding-restrictions, however we continue to support, and monitor the progress and report on grants awarded in prior years.

All of these activities are carried out in accordance with Charity Commission's guidance on public benefit and are designed to ensure that we continue to operate for the Public Benefit.

#### ACHIEVEMENT AND PERFORMANCE

#### **Peter Holmes**

We were very sad to report the death recently of Peter Holmes.

Peter was a trustee of Tourettes Action for more than ten years until 2019, and held the role of vice-chair for a number of years. He was a true friend and supporter of the charity. A wonderful colleague, he was a man of great warmth, integrity, and kindness. He will be greatly missed.

#### Charitable activities

Since 1981 Tourettes Action's main aim has been to support people living with TS from pre diagnosis through the diagnosis, treatment and management of the condition. Despite working to reduce the stigma surrounding TS, those living with the condition are aware that it is still one of the most stigmatised and misunderstood of all the neurological conditions, bringing distress to those with the condition as well as their family and friends. In all that we do, we aim to increase awareness and bring about acceptance for those living with TS, hoping to one day eradicate this stigma and bring true acceptance to those living with it.

#### Raising Awareness

This financial year, for the first time, we embarked on a full multi-media awareness campaign during Tourette's Awareness Month, which ran from 15<sup>th</sup> May to 15<sup>th</sup> June. The campaign was called #ThisIsTourettes #ItsNotWhatYouThink, and it aimed to destignatise Tourette's through educating and raising awareness. We wanted to show the general public what the reality of Tourette's looked like, dispelling some of the myths that surround it, whilst also bringing the community together. As part of the campaign, we created awareness posters and videos and encouraged buildings to turn green on Tourette's Awareness Day.

Over 500 service users joined us in raising awareness

Posters displayed on bus stops, train stations and 'airports

Over 20 schools held awareness days Many buildings turned green on awareness day Our awareness video was played over 4000 times Over 20 media articles in TV, Radio and paper













Our website continues to be a major source of information for people and we continue to update the site and improve the content on a regular basis. During this period our website received over 133,000 views. The website continues to be cited as the main source of reliable information about TS and its associated conditions. We strive constantly to ensure that information is up to date and, although we don't give medical advice, we ensure that the options which might be offered at a clinic visit are fully explained. All of the information is freely downloadable and we continue to believe that this access to information is vital. The website also provides an important platform for the TS community by way of a Blog page and YouTube video channel, where people can share their personal stories, giving inspiration to those on a similar journey. We regularly receive feedback that our website has been "a one stop shop" and has provided individuals with valuable information about the condition and has very often been the only form of information they have received.

September 2022 saw the launch of an eLearning module called Understanding Tourette Syndrome. It is a free CPD training module and between September and the end of the financial year it was completed by 838 individuals, many of those being in the education and health sectors.

We continue to promote our website content, along with research news, fundraising campaigns, events, webinars and training through our social media platforms and our monthly newsletter. As of March 2023, we had nearly 8,000 newsletter subscribers, a 68% increase over the prior year. During this period, we put a lot of effort into our social media channels and saw an increase in followers and interaction across all channels. Our Facebook saw a 19% increase in followers to 10,971, Twitter saw a 14% increase to 5971 followers and Instagram saw a huge 55% increase to 5468 followers. We also started to use the LinkedIn network and at the end of March 2023 we had 847 followers enabling us to reach a new demographic of people.

During this period, we facilitated a day-long workshop in Cardiff for Parents and Carers of children with TS, which had 40 attendees. The aim of the workshop was to equip the attendees with the knowledge of how to support those with TS better, both at home and within the education setting, giving them a thorough understanding on how TS affects those with the condition and the hidden barriers they face daily.

#### Campaigning

Due to the struggles people face in accessing a timely diagnosis and follow-on care and treatment following a diagnosis, one of the main priorities of the charity has been to campaign for health improvements. There are enormous regional inequalities when it comes to accessing medical support for TS with huge disparities across the country with only about 10% of people with Tourette's being able to access behavioural therapy for tics in the NHS. There are no NICE clinical guidelines for TS and are very few provisions outside of London for those with TS.

To highlight the struggles our community face with accessing a diagnosis and medical care, we created template MP letters, allowing our community to easily alert their MP of the issues they face leading to 22 questions being tabled in parliament.

In June 2022 our CEO and members of the Tourette's community met at the Department of Health and Social Care with Gillian Keegan to discuss the lack of medical provisions available to those with TS and the desperate need for NICE clinical guidelines. This meeting led to a NICE cross-agency topic prioritisation group meeting in November 2022, which included senior executives from NHS England, the Office for Health Improvement and Disparities, the Department of Health and Social Care, and NICE.

The charity works with a steering group of academics, healthcare and educational professionals, charity representatives, and lived experience advocates, who are committed to improving access to services and support for children and young people with Tourette Syndrome.

- In January 2023 January the group formulated a letter to Matt Hancock to ask him to consider adding TS to his Dyslexia Bill to ensure all neurodivergent conditions are represented equally and that they receive equal focus in teacher training provision. This led to a meeting in London with a member of Matt's team.
- In February 2023 the group completed an animation to reflect the voices and experiences of people trying to access healthcare for their tics. It is entitled #TourettesHearUs and can be found here <a href="https://www.youtube.com/watch?v=-eXFAquFWF0">https://www.youtube.com/watch?v=-eXFAquFWF0</a>.
- The group submitted an application to NIHR: National Institute for Health and Care Research to develop a recommended service model for children and young people with tics

#### **Ground Level Support**

Our helpdesk remains our main method of personal support, offering guidance and sign posting to people with TS and those supporting them. This financial year we saw a large rise in the number of people contacting us for support. We provided guidance to just over 3,600 people via email, social media platforms or via phone, and LiveChat. The number of people we supported more than doubled compared to the previous financial year. Our Helpdesk is managed and run by 2 members of Tourettes Action staff and a dedicated group of volunteers. We are very grateful to our team of volunteers for their efforts.

This year we delivered 7 residential weekend events, during the summer months, to support people with TS and their families. Of all the events we run, these provide the greatest positive impact on participants lives. All our residential events allow participants to feel safe, accepted and have fun and form friendships providing exciting physical challenges with some quieter activities as well as some psychosocial education sessions. The concept is simple, but the impact is huge as this is often one of the few occasions that they can feel part of the crowd rather than the odd one out. Participants feel able to join in, be themselves and feel free associating with others in a similar situation.

This year we delivered:

- 4 TicFest family weekends for children with Tourette Syndrome. 172 children and 154 adults attended
- 1 AdultFest weekend for adults with Tourette Syndrome. 69 adults attended
- 2 TeenFest residential weekends for teenagers with Tourette Syndrome to attend alone without their parents or a carer. 34 teens attended

The feedback we receive shows how essential these events are for our community.

"It is life changing and it also highlights how our children wouldn't be socially isolated if there was more acceptance, understanding, support, opportunities etc in our society. Thank goodness for Tourettes Action and all the amazing people who work so hard to achieve this."

"We will forever treasure the memories of this weekend. [Our daughter] has been very isolated for a long time (no education for 2 years, no friends). I can't put into words how much this weekend means to her (and to me as Mum!); one of the things she'll take away is that everything IS possible, we "just" need support, understanding and opportunities. Thank you from the bottom of my heart."

77% of children attending the TICfest events state they had made progress in improving relationships with their peers following the Fest event and 85% stating that their confidence has increased since attending.

During the Covid-19 pandemic, we added online support groups and webinars to our service offering. The need for these groups and services has since remained high and as such we continued to support our service users providing a regular online support offering.

We held a series of informative and educational webinars during the year, covering topics such as: How Tourette's can impact sleep; Tourette's and co-occurring ADHD; Functional Tics and sudden onset of Tics; How to support those with Tourette's within school. These webinars are very popular and were attended by almost 320 people.

A wide range of online groups were held during this period. We had groups for teens with TS, adults with TS, parents of children with TS, and groups specifically for dads and male role models of those with TS. We facilitated 44 online groups with 443 attendees during this period, with many people reattending weekly for support and fellowship.

Our Tourettes ID cards are still very popular with issued 165 this financial year. Users often tell us that the cards give them confidence to go out and travel alone.

#### **Education and Workplace Support, Training and Advocacy**

The need for information and support for students in school is as high as ever. Schools continued to experience a high incidence of pupils presenting with the sudden onset of severe tics and many also reported that anxiety following the pandemic was causing heightened tics for many within the TS community. Our Education Manager has spent many hours helping teachers and parents to support children struggling within education. During this period, we responded to 990 enquiries from schools and over 1,000 parents regarding support around education and how best to support those with TS in the education environment.

This period we also received just over 250 requests for support around TS and reasonable adjustments from children's homes, community centres, wellbeing centres, social services, sports clubs and behaviour support units. This is great news as we are now getting support to children with TS in all settings, not just educational settings.

We have continued to provide individualised training sessions via Zoom during this financial year. In the last financial year we delivered 37 bespoke school training sessions, this year we delivered 39. We also found that many other organisations were asking for training to better support those with TS, not only within education but also within the workplace and health setting. This led to bespoke training sessions being delivered to 25 organisations, 8 Health and Social Care teams and 3 Community Groups.

We are very grateful to all of our regular donors who continue to support us with financial contributions, even during these times of economic pressures. We are especially grateful for a substantial multi-year donation from the Hofmeyr family, which has enabled us both to increase the scope and impact of our campaigning as well as substantially expand and improve our offering of weekend residential events.

#### **Fundraising**

As the restrictions of the pandemic completely lifted this year and life got back to normal, our amazing fundraisers came out in full force and raised a little over £76,000 at our fundraising events, for which we are very grateful. Our fundraising activities included: The London Marathon, the Virtual Marathon, LLHM, Move for Tourettes and Facebook birthday fundraisers.

During the year, we received grants and donations for more than £318,000 from a variety of trusts and funders including BBC Children in Need, The National Lottery Community Fund, Garfield Weston Foundation, 29th May 1961 Charity, Masonic Charitable Foundation, Lillie Johnson Charitable Trust, Vanderbell Foundation, Marsh Charitable Trust, Ackroyd Charitable Trust, Schroder Charity Trust, RG Hills Charitable Trust, Batchworth Trust, Award for All Wales, Award for All England, Music Therapy Charity, Radcliffe Trust and the Shanly Foundation.

Due to the ongoing support of a very generous benefactor, we continue to be able to offer small grants for items, which help people to manage their TS. During this period we issued 6 grants for things such as an orthopaedic mattress, headphones, a violin, a digital piano, a handheld console and a weighted blanket and bed, all of which helped the individuals manage their symptoms of TS.

#### **Research Grants**

Our research support programme remains suspended for new applications due to lack of funding, but we continue to support and monitor progress on research projects previously committed.

We do however continue to promote research studies on our website and social media to engage participants. This period we promoted 13 such studies:

- Test a Tic Tracker App and help development
- Experience of self-identification, diagnosis & support for adults with tic disorders
- Exploring the experiences of people who use online communities for Tourette syndrome and tics
- Geographies of Impulse
- Exploring the nature of anxiety in children and adolescents with and without a Tic disorder
- Neuro-divergent women and employment
- Exploring time perception in Tourette Syndrome
- James Lind Alliance Outpatient Service Delivery Priority Setting Partnership
- Neurodiversity in the Criminal Justice System
- Music Therapy Sessions
- Examining teacher knowledge, attitudes and the school environment when working with young people with TS in mainstream secondary schools
- Investigating the levels of social anxiety within the TS population
- An investigation into parents' experiences of adolescent sudden onset of tics and tic like attacks

We continue to support the project led by Professor Stephen Jackson at Nottingham University to develop a wrist-worn device providing an imperceptible electrical stimulation that can have the effect of significantly reducing tics in the wearer and are excited about the results following the trials of the prototype device.

#### What next?

Based on service user feedback our areas of focus going forward continue to be:

- 1. Continue to raise awareness of what is still a very misunderstood condition
- 2. Provide support and training within schools, college and university and within the workplace
- 3. Push for health service improvements, as many with TS still struggle to access a diagnosis and follow-on support
- 4. Provide support at ground level for those living with and affected by TS

These four things will be at the forefront of all that we do going forward in the coming financial year.

#### FINANCIAL REVIEW

#### Reserves policy

During the year Unrestricted funds increased by £72,649 to £474,823. There was an increase of £9,589 to £220,387 in Restricted funds.

We still continue to hold a minimum of six months expenditure as reserves as we continue to have a high reliance on the generous support of a small number of donors.

To ensure that we can provide continuity in meeting our strategic priorities, for at least the next 12 months, the Trustees have designated specific funding totalling £160,000 to cover the following areas of expenditure in the short to medium term:

- Provision of helpdesk and support services for a 12-month period
- Support in education for children and young people with TS in schools, and supporting adults with TS in the workplace for a 12-month period
- Improvement to the website to facilitate better access to resources and information by service users, including a website upgrade, with associated IT infrastructure updates and improvements
- A provision for follow on expenditure on any research projects already supported and funded by the charity

#### Preparation of the accounts on a Going concern basis

The Trustees are confident that Tourettes Action has sufficient funding to enable it to undertake all of its activities over the next year and on that basis the charity is a going concern.

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

Tourettes Syndrome (UK) Association trading as Tourettes Action, ('the charity' or 'TA'), is a company limited by guarantee and as such is governed by its Memorandum and Articles. It was incorporated on 23 May 1991.

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### **Trustee Board**

The charity is governed by the Trustee Board, which sets the strategy of the charity, ensures compliance with its charitable objectives, approves the business plan and budget annually and monitors the ongoing operational and financial performance of the charity.

Trustees are appointed after a formal recruitment process, as vacancies arise, by vote of the full Trustee Board at the AGM. Trustees are appointed for a three-year term that may be renewed twice by approval of the Board.

Recruitment of trustees is carried out with an explicit view to optimising the balance of skills and experience available to the Board. In particular, the Board seeks to ensure it has representation from people living with TS and/or their families; people with a clinical or scientific interest and expertise in TS, as well as people with business, strategic, financial and other functional skills.

The Trustee Board meets at least four times annually.

#### **Board Committees**

The board maintains three sub-committees as described below. During the year, the Board established a Safeguarding and Services Sub-committee (S&S) to enhance scrutiny of TA's service provision and to monitor and further support and strengthen TA's safeguarding responsibilities.

#### Finance and General Purposes Committee (F&GP)

The F&GP is chaired by the Hon.Treasurer and meets ahead of Board meetings, and at other times, and operates a delegated mandate to assist the Chief Executive in preparing budgets; to monitor financial performance by detailed review of monthly management accounts; to assist the Chief Executive in arranging and facilitating the annual independent examination and preparation and publication of statutory accounts.

The F&GP also supports the work of the Chief Executive in a wide range of operational areas including, but not limited to, HR and staffing issues, premises, administration issues and oversight of the TA's operational risks.

#### Research Sub-Committee (RSC)

TA's annual research funding programme remained suspended this financial year due to an unforeseen downturn in funding and as yet has not been restarted. Proposals for funding of clinical, academic scientific or social scientific work towards the understanding, management and potential cure of TS are solicited annually. To assist the Trustee Board in determining which proposals should be funded by TA, the RSC, chaired by a trustee, operates a delegated mandate to make recommendations to the Trustee Board after evaluating proposals by peer review and by reference to an expert external committee of scientific advisors, the Science Advisory Board (SAB). The RSC meets at key stages of the funding round to ensure that research proposals are fully evaluated in time for the Board to allocate grants.

The RSC continues to monitor the ongoing performance and outcomes of the projects in which it has invested.

#### Safeguarding and Services Sub-Committee (S&S)

The S&S Committee is chaired by a trustee and oversees and monitor's TA's core service user facing provision. Trustee members include the Trustee Safeguarding Lead as well as other trustees with experience relevant to the committee's oversight responsibilities. The subcommittee is tasked with overseeing the quality and effectiveness of TA's services, ensuring that the scope of each activity remains appropriate and meets the needs of service users on an ongoing basis and that any new initiatives are established with appropriate checks and safeguards. The subcommittee is also responsible for overseeing approval, review, and compliance with all Safeguarding and related policies and monitoring Safeguarding issues on an ongoing basis. The subcommittee meets prior to quarterly Board meetings and on an ad-hoc basis if required.

#### Risk Management

Risk management is a central responsibility of the Trustee Board.

TA adopts a structured formal approach to the identification and management of risk. A Risk Register is prepared by the CEO and reviewed, updated as necessary, and approved by the Trustee Board annually. It identifies TA's key areas of risk including: Governance, Operations, Finance, Funding, Management, Legal, and Reputation.

Each risk is assessed for Probability and Impact to produce a Gross Risk Score. Each risk is subject to mitigation and controls. The effect of mitigation and control is formally assessed and applied to the Gross Risk Score producing the Net Risk Position for each identified risk.

#### **Advisers**

In addition to the SAB (above), TA has established an external advisory panel, the TA Advisory Panel. This group (currently comprising four adults with TS) support the aims of TA and work in collaboration with the charity staff, trustees and subject experts to help TA evolve and meet the needs of our service users. Appointments to this advisory group will be made from time to time by the Chief Executive in consultation with the Board of Trustees.

#### REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 02613993 (England and Wales)

#### Registered Charity number

1003317

#### Registered office

The Meads Business Centre 19 Kingsmead FARNBOROUGH Hampshire GU14 7SR

#### Trustees

A Bhandari
G Jackson
Professor E Joyce
Dr E R Palmer
P R Paxton (Chairman until 4 Dec 2022)
Dr J Stem (Honorary Medical Director)
I R Ayres (Treasurer)
G Barnett
A Pape
M Lewis (Chairman since 4 Dec 2022)
S Dhulashia (appointed 4 Dec 2022)
S White (appointed 4 Dec 2022)

#### Company Secretary

E McNally

#### Independent Examiner

HPCA Limited Station House Connaught Road Woking Surrey GU24 0ER

#### Solicitors

Bates Welles & Braithwaite London LLP 2-6 Cannon Street London EC4M 6Y

#### Bankers

Barclays Bank plc 7-8 High Street Ryde Isle of Wight PO33 2PN

Lloyds Bank PLC 120 Lewisham Street London SE13 6JG

Approved by order of the board of trustees on \_and signed on its behalf b

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# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TOURETTE SYNDROME (UK) ASSOCIATION TRADING AS TOURETTES ACTION

Independent examiner's report to the trustees of Tourette Syndrome (UK) Association Trading as Tourettes Action ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lance Redman

HPCA Limited Station House Connaught Road Brookwood Woking Surrey

**GU24 0ER** 

Date: 8 December 2023

# STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2023

		Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM Donations and legacies	2	246,732	287,874	534,606	429,260
Other trading activities	3	88,833	1,749	90,582	60,961
Investment income	4	7,353		7,353	3,277
Total		342,918	289,623	632,541	493,498
EXPENDITURE ON			•		
Raising funds	5	26,061	6,247	32,308	26,884
		,	•	,	•
Charitable activities	6	244 200	272 707	617.006	260.466
Tourettes Support		244,208	273,787	517,995	269,466
Total		270,269	280,034	550,303	296,350
NET INCOME		72,649	9,589	82,238	197,148
RECONCILIATION OF FUNDS					
Total funds brought forward		402,174	210,798	612,972	415,824
· ·					
TOTAL FUNDS CARRIED FORWARD		474,823	220,387	695,210	612,972

### TRADING AS TOURETTES ACTION

### BALANCE SHEET 31 March 2023

		Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	12	2,251	-	2,251	2,636
CURRENT ASSETS					
Stocks	13	6,057	-	6,057	3,314
Debtors	14	23,889	-	23,889	11,563
Cash at bank		491,748	220,387	712,135	643,082
		521,694	220,387	742,081	657,959
CREDITORS				•	
Amounts falling due within one year	15	(49,122)	-	(49,122)	(47,623)
				<del></del>	<del></del>
NET CURRENT ASSETS		472,572	220,387	692,959	610,336
TOTAL ASSETS LESS CURRENT					
LIABILITIES		474,823	220,387	695,210	612,972
			·		<del></del>
NET ASSETS		474,823	220,387	695,210	612,972
FUNDS .	16				
Unrestricted funds				474,823	402,174
Restricted funds				220,387	210,798
TOTAL FUNDS				695,210	612,972
TOTAL ASSETS LESS CURRENT LIABILITIES  NET ASSETS  FUNDS Unrestricted funds Restricted funds	16	474,823	220,387	695,210 695,210 474,823 220,387	612

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

### BALANCE SHEET - continued 31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on  $\frac{2}{12}$  and were signed on its behalf by:

IR Ayres - Trustee

# **CASH FLOW STATEMENT** for the year ended 31 March 2023

		2023	2022
	Notes	£	£
Cash flows from operating activities		<b>60.00</b> 7	105.000
Cash generated from operations	1	62,827	125,020
Net cash provided by operating activities		62,827	125,020
		•	
Cash flows from investing activities Purchase of tangible fixed assets		(1,127)	(1,298)
Interest received		<u> 7,353</u>	3,277
Net cash provided by investing activities		6,226	1,979
Change in cash and cash equivalents in			
the reporting period		69,053	126,999
Cash and cash equivalents at the beginning of the reporting period		643,082	516,083
Cash and cash equivalents at the end of			
the reporting period		712,135	643,082

### NOTES TO THE CASH FLOW STATEMENT for the year ended 31 March 2023

### 1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

Not income for the reporting paried (as now the Statement of Financial	2023 £	2022 £
Net income for the reporting period (as per the Statement of Financial Activities)  Adjustments for:	82,238	. 197,148
Depreciation charges	1,512	3,184
Interest received Increase in stocks	(7,353) (2,743)	(3,277) (3,314)
Increase in debtors	(12,326)	(3,022)
Increase/(decrease) in creditors	1,499	(65,699)
Net cash provided by operations	62,827	125,020

#### 2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23
Net cash Cash at bank	643,082	69,053	712,135
	643,082	_69,053	712,135
Total	643,082	69,053	712,135

### TRADING AS TOURETTES ACTION

### NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 March 2023

#### 1. ACCOUNTING POLICIES

#### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### Raising funds

These comprise fundraising and marketing expenditure. Charitable activities expenditure includes services to beneficiaries.

#### Governance costs

Comprise the costs of compliance and organisational administration, constitutional and statutory requirements and include independent reviewers cost and legal and professional fees.

#### Allocation and apportionment of costs

Costs of generating funds comprise fundraising and marketing expenditure.

Charitable activities expenditure includes services to beneficiaries.

Support costs include those costs connected with the management of the charity's assets, organisational management and administration and compliance with constitutional and statutory requirements.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery

25% on cost

Computer equipment

25% on cost

The charity does not capitalise smaller assets of less than £500. These are included in the Statement of Financial Activities when incurred.

#### Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

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### NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2023

#### 1. ACCOUNTING POLICIES - continued

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### Leasing commitments

Rentals paid under operating leases are charged to the profit and loss on a straight line basis over the period of the lease.

#### 2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	174,212	264,549
Gift aid	41,827	17,929
Grants	318,567	146,782
	534,606	429,260

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# NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2023

#### 2. DONATIONS AND LEGACIES - continued

3.

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Children In Need	30,500	15,000
James Tudor Trust	, <u>-</u>	3,200
Garfield Weston	20,000	30,000
The Hospital Saturday Fund	· -	2,000
St James Place Foundation	1,250	2,500
The National Lottery	74,107	67,510
Shanly Foundation	2,160	-
Rushmoor Borough Council	-	2,572
Music Therapy Charity	1,500	-
D'Oyly Carte Charitable Trust	-	3,500
Schroder Charity Trust	10,000	-
29th May 1961 Charity	-	4,000
Grocers Charity	-	5,000
Hofmeyr Family	135,000	-
Speedomick Foundation	-	3,000
Sir Jules Thorn Charitable Trust	-	1,250
Annie Tranmer Charitable Trsut	-	1,000
Lille C Johnson Charitable Trust	-	250
Masonic Charitable Foundation	5,000	5,000
TK Maxx	-	500
Marsh Charitable Trust	600	500
Awards for All Wales	9,000	-
Awards for All England	9,950	-
Radcliffe Trust	3,000	-
RG Hills Charitable Trust	1,500	-
Batchworth Trust	<u> 15,000</u>	<del>-</del>
	<u>318,567</u>	146,782
OTHER TRADING ACTIVITIES		
+	2023	2022
	£	£
Fundraising events	65,174	51,676
Sales	12,832	9,285
Webinars	2,051	· -
Training income	10,525	
	90,582	60,961

# NOTES TO THE FINANCIAL STATEMENTS – continued for the year ended 31 March 2023

4.	INVESTMENT INCOME			2023	2022
	Deposit account interest			£ 7,353	£ 3,277
5.	RAISING FUNDS				
	Raising donations and legacies			2022	2022
	Fundraising costs			2023 £ 32,308	2022 £ 26,884
6.	CHARITABLE ACTIVITIES COSTS				
			Direct Costs £	Support costs (see note 7)	Totals £
	Tourettes Support		435,594	<u>82,401</u>	517,995
7.	SUPPORT COSTS			Governance	
	Tourettes Support	Management £ 76,103	Finance £ 450	costs £ 	Totals £ <u>82,401</u>
	Support costs, included in the above, are as fol	lows:			
	Management				
				2023 Tourettes Support £	2022 Total activities £
	Premises expenses Insurance			13,800 1,831	13,800 1,746
	Telephone Postage and stationery Sundries	***************************************		2,071 7,541 61	2,637 2,547
	Travel & Subsistence			7,331	6,014
	Website costs			9,228	1,574
	Computer expenses			27,673	14,662
	General repairs & renewals Subscriptions			3,410 1,645	364 1,221
	Depreciation of tangible and heritage assets			1,512	3,184
				76,103	47,749

### NOTES TO THE FINANCIAL STATEMENTS – continued for the year ended 31 March 2023

#### 7. SUPPORT COSTS – continued

Fi	n	91	10	۵

	2023	2022
	Tourettes	Total
	Support	activities
	£	£
Bank charges	<u>450</u>	<u>364</u>
Governance costs		
	2023	2022
	Tourettes	Total
	Support	activities

	Support £	activities £
Legal fees	-	771
Board meeting costs	240	1,114
Independent examination	5,608	4,732

5,848 6,617

#### 8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation – owned assets	1,512	3,184

#### 9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

#### 10. STAFF COSTS

Wages and salaries Social security costs Other pension costs	2023 £ 251,928 15,485 4,466	2022 £ 159,766 7,529 5,064
•	271,879	172,359
The average monthly number of employees during the year was as follows:		
Management, administration & counsellors	2023 11	2022 10

No employees received emoluments in excess of £60,000.

# NOTES TO THE FINANCIAL STATEMENTS – continued for the year ended 31 March 2023

#### 10. STAFF COSTS - continued

Staff costs have been restated to show recruitment and other staff costs as a separate expense.

The key management personnel of the charity are the trustees and Chief Executive. The total employment costs of key management personnel total £60,881 (2022: £25,096)

#### 11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	201,895	227,365	429,260
Other trading activities Investment income	58,179 	2,782 	60,961 3,277
Total	263,351	230,147	493,498
EXPENDITURE ON Raising funds	23,017	3,867	26,884
Charitable activities Tourettes Support	148,381	121,085	269,466
Total	171,398	124,952	296,350
NET INCOME	91,954	105,194	197,148
RECONCILIATION OF FUNDS Total funds brought forward	310,220	105,604	415,824
TOTAL FUNDS CARRIED FORWARD	402,174	210,798	612,972

# NOTES TO THE FINANCIAL STATEMENTS – continued for the year ended 31 March 2023

#### 12. TANGIBLE FIXED ASSETS

		Plant and machinery £	Computer equipment £	Totals £
	COST			
	At 1 April 2022	1,732	44,523	46,255
	Additions		<u>1,127</u>	1,127
	At 31 March 2023	1,732	45,650	47,382
	DEPRECIATION			
	At 1 April 2022	1,659	41,960	43,619
	Charge for year	<u>67</u>	1,445	1,512
	At 31 March 2023	1,726	43,405	45,131
	NET BOOK VALUE			
	At 31 March 2023	6		2,251
	At 31 March 2022		2,563	<u>2,636</u>
13.	STOCKS			
			2023	2022
	Stocks		£ 6,057	£ 3,314
14.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE Y	EAR		
	·		2023	2022
	T . 1 . 1 1		£	£
	Trade debtors Other debtors		400 6,089	2,842
	Prepayments and accrued income		17,400	2,842 8,721
	repayments and accrucu meome		17,400	0,721
			23,889	11,563

# NOTES TO THE FINANCIAL STATEMENTS – continued for the year ended 31 March 2023

		<u> </u>		
15.	CREDITORS: AMOUNTS FALLING DUE WITHI	NONE VEAR		
13.	CREDITORS. AMOUNTS FALLING DUE WITHIN	NONE TEAK	2023	2022
			£	£
	Trade creditors		11,315	5,681
	Social security and other taxes		6,306	5,571
	Accruals and deferred income		31,501	36,371
	•		49,122	47,623
16.	MOVEMENT IN FUNDS			
			Net	
			movement	At
		At 1.4.22	in funds	31.3.23
		£ 1.4.22	£	£
	Unrestricted funds	<b></b>	2	ž.
	General fund	402,174	(87,351)	314,823
	Designated fund	402,174	(07,551)	514,025
	Included in Reserves policy in trustees report	_	160,000	160,000
	monadou in Reserves poney in trustees report	${402,174}$	72,649	474,823
		<del>402,174</del>	12,047	474,025
	Restricted funds			
	Daniel Katz	17,751	(2,321)	15,430
	TLC	2,986	(2,986)	
	BBC Children In Need	-,,,,,,	1,000	1,000
	NE Group	854	-,	854
	James Tudor Trust	651	-	651
	Manchester Group	556	(556)	-
	A4A Wales	-	5,777	5,777
	Kent Group	1,669	(1,275)	394
	Community Foundation for Surrey	265	(140)	125
	Doris Field Charitable Trust	747	(747)	_
	West Midlands Group	448	11	459
	Hull Group	. 39	-	39
	Essex group	1,080	<del>-</del>	1,080
	TNL Community Fund	2,127	(2,127)	-
	TNL Teacher Training	725	(725)	-
	Teenfest	2,026	3,333	5,359
	A4A Tourettes Champions	9,561	(3,361)	6,200
	Ticfest	49,909	(48,182)	1,727
	Sussex Group	223	484	707
	Music Therapy Charity	5,548	2,384	7,932
	TNL Parent WS	3,738	(3,738)	-
	Hofmeyr Family	105,000	55,503	160,503
	Hospital Saturday Fund	1,822	(1,822)	-
	Oxford Group	418	747	1,165
	Suzanne Dobson Award	1,655	(1,655)	-
	Cycling Jerseys	1,000	(216)	784
	Adult Fests	-	3,447	3,447
	Accredited CPD Training	-	5,384	5,384
	New groups	<u> </u>	1,370	1,370
		•		
		210,798	9,589	220,387
	TOTAL FUNDS	612,972	82,238	695,210

### NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2023

#### 16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	342,918	(270,269)	72,649
Restricted funds			
Daniel Katz	-	(2,321)	(2,321)
TLC	1,015	(4,001)	(2,986)
BBC Children In Need	30,500	(29,500)	1,000
Manchester Group	-	(556)	(556)
A4A Wales	9,000	(3,223)	5,777
Kent Group	-	(1,275)	(1,275)
Community Foundation for Surrey	• -	(140)	(140)
Doris Field Charitable Trust	-	(747)	(747)
West Midlands Group	250	(239)	11
TNL Community Fund	32,108	(34,235)	(2,127)
TNL Teacher Training	1,626	(2,351)	(725)
TNL Adult Weekends	15,500	(15,500)	-
Teenfest	11,249	(7,916)	3,333
A4A Tourettes Champions	-	(3,361)	(3,361)
Ticfest	-	(48,182)	(48,182)
Sussex Group	484	-	484
Music Therapy Charity	6,660	(4,276)	2,384
TNL Parent WS	21,021	(24,759)	(3,738)
Hofmeyr Family	135,000	(79,497)	55,503
Hospital Saturday Fund	•	(1,822)	(1,822)
Oxford Group	-	747	747
Suzanne Dobson Award	-	(1,655)	(1,655)
Cycling Jerseys	-	(216)	(216)
DBS & Safeguarding	3,853	(3,853)	-
Adult Fests	10,000	(6,553)	3,447
Accredited CPD Training	9,950	(4,566)	5,384
New groups	<u>·1,406</u>	(36)	1,370
	289,623	(280,034)	9,589
TOTAL FUNDS	632,541	<u>(550,303</u> )	82,238

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# NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2023

#### 16. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

		Net	Transfers	
		movement	between	At
	At 1.4.21	in funds	funds	31.3.22
	£	£	£	£
Unrestricted funds				
General fund	310,220	91,954	-	402,174
Restricted funds				
Daniel Katz	40,604	(22,853)	-	17,751
TLC	2,986	-		2,986
BBC Children In Need	34,059	(26,969)	(7,090)	-
NE Group	854	-	-	854
James Tudor Trust	651	-	-	651
Manchester Group	1,834	(1,277)	-	557
Kent Group	1,869	(200)	-	1,669
Community Foundation for Surrey	846	(581)	-	265
Doris Field Charitable Trust	747	` -	-	747
West Midlands Group	341	107	_	448
CHK Charities Limited	1,353	-	(1,353)	-
Hull Group	39	-	• -	39
Essex group	178	902	-	1,080
TNL Community Fund	-	2,127	-	2,127
TNL Teacher Training	-	724	-	724
TNL Adult Weekends	5,188	(5,188)	-	-
Teenfest	<u>-</u>	673	1,353	2,026
A4A Tourettes Champions	9,561	-	-	9,561
Ticfest	10,187	32,632	7,090	49,909
Sussex Group	446	(223)	-	223
Music Therapy Charity	2,048	3,500	-	5,548
D'Oyly Carte Charitable Trust	2,000	(2,000)	-	-
TNL Parent WS		3,738	-	3,738
Hofmeyr Family	-	105,000	-	105,000
Hospital Saturday Fund	-	1,822	-	1,822
Oxford Group ·	(10,187)	10,605	-	418
Suzanne Dobson Award		1,655	_	1,655
Cycling Jerseys	<del>.</del>	1,000		1,000
	105,604	105,194		210,798
TOTAL FUNDS	415,824	197,148		612,972

### NOTES TO THE FINANCIAL STATEMENTS – continued for the year ended 31 March 2023

#### 16. MOVEMENT IN FUNDS – continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	263,352	(171,398)	91,954
Restricted funds	•		
Daniel Katz	(20,001)	(2,852)	(22,853)
BBC Children In Need	15,000	(41,969)	(26,969)
James Tudor Trust	3,200	(3,200)	-
Manchester Group	1,569	(2,846)	(1,277)
Kent Group	-	(200)	(200)
Community Foundation for Surrey	-	(581)	(581)
West Midlands Group	124	(17)	107
Essex group	902	-	902
TNL Community Fund	32,710	(30,583)	2,127
TNL Teacher Training	5,200	(4,476)	724
TNL Adult Weekends	14,000	(19,188)	(5,188)
Teenfest	5,500	(4,827)	673
Ticfest	43,000	(10,368)	32,632
Sussex Group	-	(223)	(223)
Music Therapy Charity	3,500	-	3,500
D'Oyly Carte Charitable Trust	-	(2,000)	(2,000)
TNL Parent WS	15,600	(11,862)	3,738
Hofmeyr Family	105,000	-	105,000
Hospital Saturday Fund	2,000	(178)	1,822
Oxford Group	187	10,418	10,605
Suzanne Dobson Award	1,655	-	1,655
Cycling Jerseys	1,000		1,000
	230,146	(124,952)	105,194
TOTAL FUNDS	493,498	<u>(296,350</u> )	197,148

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### NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2023

- Providing grants to improve the quality of life for sufferers of Tourette -

#### 16. MOVEMENT IN FUNDS - continued

Daniel Katz	Syndrome
TLC	- Funds held on behalf of the Tourette Action Borders Group
Award for All	- Grant to support Ticfest Wales
BBC Children in Need	- Part of a multi year grant to support Ticfest
DDG Gillian in Nood	To ensure that Tourettes Action's support is accessible to people living in the
NE Group	North East
James Tudor Trust	- CIBIT training places for clinicians
Manchester	- Funds held on behalf of the Tourettes Action Manchester Group
Awards for All Wales	- Workshops in Wales
Kent Group	- Funds for the support of people living in Kent with Tourette Syndrome
Community Foundation	- Contribution towards work to support people with Tourette Syndrome living in
for Surrey	Surrey
Doris Field charitable	- Contribution towards work to support people with Tourette Syndrome living in
Trust	Oxfordshire
West Midlands	- Funds for the support of people living in West midlands with Tourette Syndrome
CHK Charities Ltd	- To support the work of Tourettes Action
Hull Group	- To ensure that Tourettes Action's support is accessible to people living in Hull
West Midlands Group	- To ensure that Tourettes Action's support is accessible to people living in West
-	Midlands
Essex group	To ensure that Tourettes Action's support is accessible to people living in Essex
The National Lottery	- National Lottery grant to fund a range of activities
Teenfest	- Residential weekends for teens with Tourettes Syndrome
A4A Touretttes	
Champions	- Funding for the TS Champion programme
Ticfest	- Restricted grants for tickfest plus designated funds allocated to ticfest
Sussex Group	- To ensure that Tourettes Action's support is accessible to people living in Sussex
Music therapy Charity	- Music therapy project to support people with Tourette Syndrome
Trust	
	- To support the planning and running of tickfests and public and political
Hofmeyr	campaigning
	- to provide support & social acceptance to enable tourettes sufferers to live full
Hospital Saturday	lives
Oxford Group	- To ensure that Tourettes Action's support is accessible to people living in Oxford
	- Funds raised in memory of Suzanne Dobson to fund the Tourettes Action
Suzanne Dobson Award	Creativity Award event
Cycling Jerseys	- Donation to fund cycling jerseys for fundraisers
TNI O	- 5 year grant to support a range of activities to support people with Tourettes
TNL Community Fund	Syndrome and those around them
Shanly Foundation	- Music Therapy Project

### NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 March 2023

#### 17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

#### 18. DESIGNATED FUNDS

In 2016/17 the Trustees agreed to designate £210,000 towards the treatment and management of Tourette Syndrome. The remaining balance at the year was £11,675 (2022: £11,675).

A subcommittee of the Board, The Research Sub Committee, evaluate recommendations from the Scientific Advisory Board which are then presented to the Board of Trustees for a decision as to which applications to fund.

The Scientific Advisory Board comprises of senior professionals with a background in Tourette Syndrome and a patient representative.

#### 19. SHARE CAPITAL

The company is limited by guarantee and does not have a share capital.

### **DETAILED STATEMENT OF FINANCIAL ACTIVITIES**for the year ended 31 March 2023

for the year ended 31 March 2023		
	2023	2022
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	174,212	264,549
Gift aid	41,827	17,929
Grants	318,567	146,782
	534,606	429,260
Other trading activities .		
Fundraising events	65,174	51,676
Sales	12,832	9,285
Webinars	2,051	-
Training income	10,525	
	90,582	60,961
Investment income		
Deposit account interest	7,353	3,277
Total incoming resources	632,541	493,498
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	32,308	26,884
Charitable activities		
Wages	251,928	159,766
Social security	15,485	7,529
Pensions	4,466	5,064
TA Camps	11,250	-
Research	250	(38,577)
Workshops	97,801	64,054
Cost of Sales	10,121	1,232
Advocacy .	1,294	718
Benevolent grants	2,668	2,852
Staff Recruitment & other costs	17,724	9,812
Support Services	79	408
Publicity, PR & Advertising	22,528	1,878
	435,594	214,736
Support costs		
Management		
Premises expenses	13,800	13,800
Carried forward	13,800	13,800

# <u>DETAILED STATEMENT OF FINANCIAL ACTIVITIES</u> <u>for the year ended 31 March 2023</u>

		2023	2022
		£	£
Management			
Brought forward		13,800	13,800
Insurance		1,831	1,746
Telephone		2,071	2,637
Postage and stationery		7,541	2,547
Sundries		61	-
Travel & Subsistence		7,331	6,014
Website costs		9,228	1,574
Computer expenses		27,673	14,662
General repairs & renewals		3,410	364
Subscriptions		1,645	1,221
Fixtures and fittings		67	67
Computer equipment		1,445	3,117
		76,103	47,749
Finance			
Bank charges		450	364
Governance costs	•		•
Legal fees		-	771
Board meeting costs		240	1,114
Independent examination		5,608	4,732
		. 5,848	6,617
Total resources expended		550,303	296,350
Net income		82,238	197,148