# REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2019 FOR

#### **TOURETTE SYNDROME (UK) ASSOCIATION**

TUESDAY

A18

07/01/2020 COMPANIES HOUSE

#8

HPCA Limited
Chartered Accountants
Station House
Connaught Road
Brookwood
Woking
Surrey
GU24 0ER

# CONTENTS OF THE FINANCIAL STATEMENTS for the year ended 31st March 2019

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10 to 11
Notes to the Financial Statements	12 to 21
Detailed Statement of Financial Activities	22 to 23

### REPORT OF THE TRUSTEES for the year ended 31st March 2019

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Tourette Syndrome (UK) Association is a charity formed in 1981 for the relief of people suffering from the neurological disorder known as Gilles de la Tourette Syndrome and operates as Tourettes Action.

The Charity was incorporated in 1991 and is now based in Farnborough although the remit of the charity is nationwide. Tourettes Action has links with other Tourette Syndrome Societies throughout Europe, the United States and Canada.

#### **OBJECTIVES AND ACTIVITIES**

#### Mission and objectives

Usually Tourette Syndrome (TS) is diagnosed in the early years but can be identified in older children and occasionally adults. The Syndrome often worsens throughout adolescence and for about 50% starts to abate in late teens or early adulthood. Research shows that 1% of the school age population has Tourette Syndrome to some degree, and that at least 300,000 children and adults require support for their condition. A major issue for many is to receive a firm diagnosis that they do indeed have Tourette Syndrome, and a major activity for the future is to increase knowledge so that a diagnosis can be given.

Tourettes is perhaps the most publicly misunderstood of all the neurological conditions and has considerable stigma attached with regard to involuntary swearing, known as Coprolalia. Only 10% of the Tourettes population suffer from Coprolalia and a similar number with Echolalia, where people repeat words, whilst the vast majority of people with Tourette Syndrome have other vocal tics of varying severity. Motor tics- involuntary actions - not only cause individuals embarrassment but occasionally great pain depending on the severity of the movement with a small number of people doing significant harm to their bodies because of their tic. There is no specific medication for the cure or total control of Tourette Syndrome. Treatment uses a variety of drugs to minimise the worst effects with varying degrees of success, and for a very few Deep Brain Stimulation may prove useful. Psychological treatments CBIT (comprehensive behaviour intervention for tics) provide relief from the Syndrome.

Tourettes Action provides a wide range of personal and written support for sufferers of all ages through our printed materials, personal support and web site.

### REPORT OF THE TRUSTEES for the year ended 31st March 2019

#### What is Tourettes Action?

Tourettes Action is the UK's leading support and research charity for people with Tourette Syndrome and their families.

We want people with Tourette Syndrome to receive the practical support and social acceptance they need to help them live their lives to the full. We deal with all forms of Tourette Syndrome including the most challenging.

#### **Our Main Activities**

- · Producing written and other published materials to improve the knowledge and understanding of TS.
- Promoting the needs of those suffering from TS to the statutory authorities e.g. schools and the health service, together with press and other media to improve the lives of those with TS.
- · Providing a telephone helpline and online chat service to provide information and basic support.
- · Run befriending service to support people living with TS
- · Holding conferences, meetings and seminars on topics of interest to people with TS and their families.
- Encouraging, assisting and where possible funding research into all aspects of TS and disseminating the results as widely as possible.
- Bringing together individuals to provide fellowship both for themselves and their families.
- Providing workshops and activities for the enjoyment and development of those with TS.
- · Liaising with medical specialists in the TS field and offering advice to TS sufferers as to the specialist units.
- Offering small grants to individuals for the purchase of equipment and other items which will ameliorate the effects of TS.
- Funding research into the treatment and cure of Tourette Syndrome.

All of these activities are carried out in accordance with Charity Commission's guidance on public benefit and are designed to ensure that we continue to operate for the Public Benefit.

### REPORT OF THE TRUSTEES for the year ended 31st March 2019

#### ACHIEVEMENT AND PERFORMANCE

#### Charitable activities

Since 1981 Tourettes Action's main aim has been to support people living with Tourette Syndrome from pre diagnosis through the diagnosis, treatment and management of the condition. Despite working tirelessly throughout the year to reduce the stigma surrounding TS, those living with the condition are aware that it is still one of the most stigmatised of the neurological conditions bringing great distress to those with the condition as well as their family and friends.

We have started to use a web chat service attached to the website, which is swiftly growing in popularity. Callers to the helpline are declining and although we will maintain the helpline for those who prefer to speak to an individual, it is apparent that more people are looking to use technology to find their information. We are so grateful to the volunteers who answer the phones and support those who call and use the livechat programme.

The main website continues to be a major source of information for people; we have about one hundred and nine thousand visitors per year, fifty three thousand from the UK, thirty nine thousand from the USA and surprisingly eight thousand from China. We are continually updating the site and looking at improving the content. The website continues to be cited as the main source of reliable information about TS and its associated conditions. We strive constantly to ensure that information is up to date and, although we don't give medical advice, that the options which might be offered at a clinic visit are fully explained. All of the information is freely downloadable and we continue to believe that this access to information is vital.

The need for good information and support for students in school continues to grow. During the year, we have not only trained more volunteers to go into schools but we have run very successful teacher training days. Overall seventy teachers spent a day learning about TS, how it affects children's lives and how it can affect their education. The feedback from delegates was excellent and they all said it would help to alter their practice for the benefit of students. There is so much more work to be done in schools and colleges to support those living with TS to reach their full potential. Having received funding to allow us to recruit an education specialist, we were able to appoint a person soon after the year end.

During the year we ran four TicFests, which are weekend breaks for families with a child with Tourettes. These events allow the families to relax and socialise with others in a similar situation and provide exciting physical challenges with some quieter activities as well as some psychosocial education. Over one hundred and sixty people were able to take part. The feedback from the families was humbling, those living with TS saying this was the first time they could be completely themselves. For many families this was the first break that they had had for many years. Of all the programmes that we have run throughout the year the TicFests impact on people's lives and their ongoing mental health is the perhaps the greatest. This year we were also able to provide a TeenFest for young people to spend time without their families tackling some outdoor challenges and making lasting friendships whilst being able to just be themselves. Several blogs can be found on our website where the young people speak for themselves about the impact of TeenFest on their lives. It is essential in the future that we maintain these events.

We also held an event for clinicians; the Tourettes Action Research Network meeting took place in September at the Royal Society of Medicine. As well as world-renowned keynote speakers, the Tourettes Action grant awardees also presented their latest findings. Over eighty clinicians from around the country joined as at the meeting, we hope that this will now turn into an annual event.

For the third year running we offered training in comprehensive behaviour intervention for tics (CBIT). The training was offered to already qualified professionals working both within the NHS and privately. CBIT is the first line treatment for TS in both the American Guidelines and European Guidelines but there are long waiting lists and we wanted to improve access to the treatment.

### REPORT OF THE TRUSTEES for the year ended 31st March 2019

#### ACHIEVEMENT AND PERFORMANCE

#### Charitable activities

The European Society for the Study of Tourette Syndrome (ESSTS), of which we are a member, continues to play a significant role. This year the meeting was held in Hannover and saw one hundred and fifty clinicians from across Europe coming together to share the latest research. More patients groups than ever took part in the meeting this year presenting in the main programme as well as the patient group programme.

Due to the ongoing support of a very generous benefactor, we continue to be able to offer small grants for items, which help people to manage their TS. Perhaps a drum kit to distract or a reinforced bed for a child whose tics are so strong that a normal bed will not survive.

#### **Research Grants**

We offered three grants in 2018/19. Although TA can only offer relatively small grants it is an important arm of our work and all of the projects funded last year have delivered some very interesting findings. We were delighted that during the research presentations at the ESSTS conference this year almost every presentation referred to TA in some way as either funding their research or helping to recruit participants. The projects approved in early 2018/19 were:

Melina Malli, Tizard Centre (SSPSSR), University of Kent Award amount: £ 18,600 Title: The Stigma of Tourette Syndrome.

Professor Georgina Jackson (University of Nottingham) Award amount: £22,675.79 Title: Evaluating the efficacy and tolerability of peripheral nerve stimulation as a potential therapy for Tourette Syndrome.

Dutch Knowledge Centre for Child and Adolescent Psychiatry Award amount: £28,933 Title: Tackle your Tics: feasibility of a brief, intensive group-based exposure therapy programme for children with Tourette Syndrome.

#### What next?

We plan to build on the successes of this year; already we have four venues booked for Ticfest and two for TeenFest weekends. We also plan to hold a weekend for adults, as they tell us that there is nothing like this which enables them to be themselves. We will be holding 4 workshops for parents of children with TS - aiming at those who are newly diagnosed. We will also offer three days for Teachers to help spread the knowledge. We are looking at ways in which the training about TS to schools could be delivered by webinars or skype thereby extending the number of teachers we can reach. At least one CBIT training day and the TARN conference are fixed points in the year. We shall be working with other neurological charities to push government to provide better care for patients with neurological conditions especially those like TS, which are rare conditions in comparison to the bigger neurological problems such as Stroke and Parkinson's.

#### FINANCIAL REVIEW

#### Reserves policy

During the year Unrestricted funds decreased by £39,594 due entirely to the expenditure of £113,245 of Designated funds on research grants, whilst there was an increase of £8,104 in Restricted funds.

We still continue to hold a minimum of six months expenditure as reserves as we continue to have a high reliance on the generous support of a small number of donors.

#### Preparation of the accounts on a Going concern basis

The Trustees are confident that Tourettes Action has sufficient funding to enable it to undertake all of its activities over the next year and on that basis the charity is a going concern.

### REPORT OF THE TRUSTEES for the year ended 31st March 2019

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

Tourettes Syndrome (UK) Association, also known as Tourettes Action ('the charity' or 'TA'), is a company limited by guarantee and as such is governed by its Memorandum and Articles. It was incorporated on 23 May 1991.

#### Organisational structure

The charity is governed by a board of trustees who are all directors of the company.

The charity is run day-to-day by a small staff team led by a Chief Executive. The Chief Executive reports to the Chair of the Trustee Board and attends Trustee Board meetings.

#### Staff

The staff team at the year-end comprised:

Chief Executive
Office Manager
Volunteer Manager
Research Manager
Helpdesk Manager
Finance Officer
Events Manager
Suzanne Dobson
Pippa McClounan
Emma Myers
Seonaid Anderson
Helen Eadie
Alison Fazakerley
Events Manager
Michelle Evans

A freelance professional fundraiser additionally supports the organisation together with a network of volunteers who answer helpdesk enquiries, befriend people living with TS under the charity's 'Befriender Scheme', and support the staff at TA events.

#### **Trustee Board**

The charity is governed by the Trustee Board, which sets the strategy of the charity, ensures compliance with its charitable objectives, approves the business plan and budget annually and monitors the ongoing operational and financial performance of the charity.

Trustees are appointed after a formal recruitment process, as vacancies arise, by vote of the full Trustee Board at the AGM. Trustees are appointed for a three-year term that may be renewed twice by approval of the Board, meaning that a trustee can serve no more than nine years in total.

Recruitment of trustees is carried out with an explicit view to optimising the balance of skills and experience available to the Board. In particular, the Board seeks to ensure it has representation from people living with TS and/or their families; people with a clinical or scientific interest and expertise in TS, as well as people with business, strategic, financial and other functional skills.

The Trustee Board meets at least four times annually.

#### **Board Committees**

The board maintains two sub-committees. The Finance and General Purposes Committee ('F&GP') meets with greater frequency than the full Trustee Board. The Research Sub-Committee ('RSC') meets only to consider the grant applications.

#### **Finance and General Purposes Committee**

The F&GP is chaired by the Hon. Treasurer and meets ahead of Board meetings, and at other times, and operates a delegated mandate to assist the Chief Executive in preparing budgets; to monitor financial performance by detailed review of monthly management accounts; to assist the Chief Executive in arranging and facilitating the annual independent examination and preparation and publication of statutory accounts.

The F&GP also supports the work of the Chief Executive in a wide range of operational areas including, but not limited to, HR and staffing issues, administration issues, office moves.

### REPORT OF THE TRUSTEES for the year ended 31st March 2019

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### **Research Sub-Committee**

TA runs an annual research funding programme. Proposals for funding of clinical, academic scientific or social scientific work towards the understanding, management and potential cure of TS are solicited annually. To assist the Trustee Board in determining which proposals should be funded by TA, the RSC, chaired by a trustee, operates a delegated mandate to make recommendations to the Trustee Board after evaluating proposals by peer review and by reference to an expert external committee of scientific advisors, the Science Advisory Board ('SAB'). The RSC meets at key stages of the funding round to ensure that research proposals are fully evaluated in time for the Board to allocate grants.

The RSC also works with the TA Research Manager to monitor the ongoing performance and outcomes of the projects in which TA has invested.

#### **Advisers**

In addition to the SAB (above), TA is in the process of establishing an external advisory panel of experts in a range of areas who support the aims of TA and who are willing to place their expertise at the disposal of TA from time to time without becoming members of the formal governance structure of the charity. Appointment to this advisory group will be made from time to time by the Trustee Board.

#### Risk Management

Risk management is a central responsibility of the Trustee Board.

TA adopts a structured formal approach to the identification and management of risk. A Risk Register is prepared by the CEO and reviewed, updated as necessary, and approved by the Trustee Board annually. It identifies risks under a range of key headings including: Governance, Operations, Finance, Funding, Management, Legal, and Reputation.

Each risk is assessed for Probability and Impact to produce a Gross Risk Score. Each risk is subject to mitigation and controls. The effect of mitigation and control is formally assessed and applied to the Gross Risk Score producing the Net Risk Position for each identified risk.

The Net Risk Positions of all risks identified are considered by the Trustee Board to fall well within reasonable tolerances.

### REPORT OF THE TRUSTEES for the year ended 31st March 2019

#### REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02613993 (England and Wales)

#### Registered Charity number

1003317

Registered office

The Meads Business Centre

19 Kingsmead

**FARNBOROUGH** 

Hampshire

**GU147SR** 

**Trustees** 

R D R Barons

A Bhandari

P B Holmes

G Jackson

Professor E Joyce

R Ovens

Dr E R Palmer

P R Paxton

Dr J Stern

Vice Chairman

Treasurer

Chairman

Honorary Medical

Director

#### **Company Secretary**

Mrs S Dobson

#### Independent examiner

**HPCA** Limited

**Chartered Accountants** 

Station House

Connaught Road

Brookwood

Woking Surrey

GU24 0ER

#### **Solicitors**

Bates Welles & Braithwaite London LLP

2-6 Cannon Street

London

EC4M 6Y

#### **Bankers**

Barclays Bank plc

7-8 High Street

Ryde

Isle of Wight

PO33 2PN

Approved by order of the board of trustees on 30 November 2019 and signed on its behalf by:

R Ovens - Trustee

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TOURETTE SYNDROME (UK) ASSOCIATION

Independent examiner's report to the trustees of Tourette Syndrome (UK) Association ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2019.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACA, FCCA which is one of the listed bodies

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Lance Redman ACA, FCCA

HPCA Limited

Chartered Accountants

Station House

Connaught Road

Brookwood

Woking

Surrey

GU24 0ER

Date.

# STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31st March 2019

		I Immostuiated	Dogtwigted	2019 Total funds	2018
		Unrestricted fund	Restricted funds	i otal Tungs	Total funds
INCOME AND ENDOWMENTS EDOM	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM Donations and legacies		319,539	47,222	366,761	305,464
Other trading activities	2 3	29,840	9,499	39,339	23,397
Investment income	3	1,727	<del></del>	1,727	1,151
Total		351,106	56,721	407,827	330,012
EXPENDITURE ON					
Raising funds Charitable activities		28,769	368	29,137	19,830
Tourettes Support		368,635	41,545	410,180	368,742
Total		397,404	41,913	439,317	388,572
		<del></del>	<del></del>	<del></del>	
NET INCOME/(EXPENDITURE)		(46,298)	14,808	(31,490)	(58,560)
Transfers between funds	11	6,704	(6,704)	<del></del> .	·
Net movement in funds		(39,594)	8,104	(31,490)	(58,560)
RECONCILIATION OF FUNDS					
Total funds brought forward		324,181	52,440	376,621	435,181
TOTAL FUNDS CARRIED FORWARD		284,587	60,544	345,131	376,621

# **BALANCE SHEET At 31st March 2019**

				2019	2018
		Unrestricted fund	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	8	7,340	-	7,340	4,423
CURRENT ASSETS					
Debtors Debtors	9	15,257	-	15,257	20,764
Cash at bank and in hand		348,382	_60,543	408,925	382,744
		363,639	60,543	424,182	403,508
CREDITORS					
Amounts falling due within one year	10	(86,391)	-	(86,391)	(31,310)
				<del> </del>	
NET CURRENT ASSETS		277 249	60 542	227 701	272 100
NET CORRENT ASSETS		277,248	60,543	337,791	372,198
TOTAL ASSETS LESS CURRENT					
LIABILITIES		284,588	60,543	345,131	376,621
NET ASSETS		284,588	60,543	345,131	376,621
		201,500		313,131	370,021
FUNDS	11/13				
Unrestricted - General funds				236,858	163,207
- Designated funds Restricted funds				47,730 60,543	160,975 52,439
Restricted fulles					
TOTAL FUNDS				345,131	376,621

### BALANCE SHEET - CONTINUED At 31st March 2019

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 30 November 2019 and were signed on its behalf by:

R Ovens -Trustee

### NOTES TO THE FINANCIAL STATEMENTS for the year ended 31st March 2019

#### 1. ACCOUNTING POLICIES

#### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### Raising funds

Raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities, events and non-charitable trading.

#### Governance costs

Comprise the costs of compliance and organisational administration, constitutional and statutory requirements and include independent reviewers cost and legal and professional fees.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery

- 25% on cost

Computer equipment

- 25% on cost

The charity does not capitalise smaller assets of less than £200. These are included in the Statement of Financial Activities when incurred.

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### Foreign currencies

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are taken into account in arriving at the operating result.

#### **NOTES TO THE FINANCIAL STATEMENTS - CONTINUED** for the year ended 31st March 2019

#### 1. **ACCOUNTING POLICIES - continued**

#### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### Leasing commitments

Rentals paid under operating leases are charged to the profit and loss on a straight line basis over the period of the lease.

#### 2. OTHER TRADING ACTIVITIES

		2019 £	2018 £
	Fundraising events	34,518	20,359
	Sales	4,821	3,038
		<u>39,339</u>	23,397
3.	INVESTMENT INCOME		
		2019	2018
	Deposit account interest	£	£ 1,151
	Deposit account interest	<u>1,727</u>	1,131
4.	NET INCOME/(EXPENDITURE)		
	Net income/(expenditure) is stated after charging/(crediting):		
		2019	2018
		£	£

#### 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2019 nor for the year ended 31st March 2018.

2,776

2,689

#### Trustees' expenses

Depreciation - owned assets

There were no trustees' expenses paid for the year ended 31st March 2019 nor for the year ended 31st March 2018.

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the year ended 31st March 2019

#### 6. STAFF COSTS

The average monthly number of employees during the year was as follows:

Management, administration & counsellors	2019 	2018 8
The number of employees whose employee benefits (excluding employer pension		•
£60,001 - £70,000	2019 1	2018 1

Staff costs have been restated to show recruitment and other staff costs as a separate expense.

The key management personnel of the charity are the trustees and chief executive. The total employment costs including employer pension contributions of key management personnel total £75,962 (2018: £80,374)

#### 7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	274,663	30,801	305,464
Other trading activities	17,439	5,958	23,397
Investment income	1,151	3,730	1,151
mirodic moone			
Total	293,253	36,759	330,012
EXPENDITURE ON	10.000		10.020
Raising funds	19,830	-	19,830
Charitable activities Tourettes Support	308,226	60,516	368,742
Tourettes Support	308,220		308,742
Total	328,056	60,516	388,572
	,	,	,
NET INCOME/(EXPENDITURE)	(34,803)	(23,757)	(58,560)
m	(25,000)	25.000	
Transfers between funds	(25,000)	25,000	<del></del>
		<del></del>	
Net movement in funds	(59,803)	1,243	(58,560)
The movement in range	(03,003)	1,2 .5	(00,000)
RECONCILIATION OF FUNDS			
Total funda hususht formus	202.005	51 106	A25 101
Total funds brought forward	383,985	51,196	435,181
	<del></del>	<del></del>	
TOTAL FUNDS CARRIED FORWARD	324,182	52,439	376,621
TO THE TOTAL OF THE TANK A CANTILLAND		,	

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the year ended 31st March 2019

8.	TANGIBLE FIXED ASSETS			
		Plant and machinery £	Computer equipment £	Totals £
	COST	~	~	-
	At 1st April 2018 Additions	1,463 	34,362 5,693	35,825 5,693
	At 31st March 2019		40,055	41,518
	DEPRECIATION			
	At 1st April 2018	1,398	30,004	31,402
	Charge for year	65	<u>2,711</u>	2,776
	At 31st March 2019	1,463	32,715	34,178
	NET BOOK VALUE			
	At 31st March 2019		<u>7,340</u>	7,340
	At 31st March 2018	65	4,358	4,423
9.	DEBTORS: AMOUNTS FALLING DUE WITH	IN ONE YEAR		
			2019 £	2018 £
	Trade debtors		3,000	2,086
	Other debtors		· •	10,048
	Prepayments and accrued income		12,257	8,630
			15,257	20,764
10.	CREDITORS: AMOUNTS FALLING DUE WIT	THIN ONE YEAR		
			2019	2018
			£	£
	Trade creditors		4,150	7,062
	Social security and other taxes		4,877	3,987
	Accruals and deferred income		77,364	20,261
			86,391	31,310

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the year ended 31st March 2019

#### 11. MOVEMENT IN FUNDS

	At 1.4.18	Net movement in funds £	Transfers between funds £	At 31.3.19
Unrestricted funds				
General and designated funds	324,181	(46,297)	6,704	284,588
Restricted funds				
Daniel Katz	34,202	(6,054)	-	28,148
Awards for All	1	6,501	-	6,502
TLC	4,633	20	-	4,653
BBC Children In Need	2,462	7,584	410	10,456
NE Group	1,184	(330)	-	854
South Wales Group	978	· -	(978)	-
Tudor Trust	-	651	-	651
Manchester Group	706	-	-	706
Kent Group	401	1,407	-	1,808
Community Foundation for Surrey	679	(311)	-	368
Doris Field Charitable Trust	767	80	-	847
West Midlands Group	491	42	(200)	333
Bristol Group	200	-	(200)	-
Lincoln Group	30	-	(30)	-
Swindon Group	500	-	(500)	-
CHK Charities Limited	4,541	3,000	(4,541)	3,000
TA Group London	665	-	(665)	-
Shanley Foundation	-	2,000	-	2,000
Hull Group	-	39	-	39
Essex group		<u> 178</u>		178
	52,440	14,807	(6,704)	60,543
TOTAL FUNDS	376,621	(31,490)		345,131

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the year ended 31st March 2019

#### 11. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds	~	~	~
General and designated funds	351,106	(397,403)	(46,297)
Restricted funds			
Awards for All	7,500	(999)	6,501
TLC	3,213	(3,193)	20
BBC Children In Need	27,653	(20,069)	7,584
Tudor Trust	5,270	(4,619)	651
Sobell Foundation	4,999	(4,999)	-
Kent Group	1,567	(160)	1,407
Community Foundation for Surrey	120	(431)	(311)
Doris Field Charitable Trust	80	-	80
West Midlands Group	242	(200)	42
CHK Charities Limited	3,000	-	3,000
Shanley Foundation	2,000	-	2,000
Hull Group	899	(860)	39
Essex group	178	-	178
Daniel Katz	-	(6,054)	(6,054)
NE Group	<del>-</del>	(330)	(330)
	56,721	(41,914)	14,807
TOTAL FUNDS	407,827	(439,317)	(31,490)

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the year ended 31st March 2019

#### 11. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

Comparatives for movement in funds	At 1.4.17	Net movement in funds £	Transfers between funds £	At 31.3.18
Unrestricted Funds				
General and designated funds	383,985	(34,804)	(25,000)	324,181
Restricted Funds				
Big Lottery	12,734	(12,734)	-	-
Daniel Katz	14,562	(5,360)	25,000	34,202
Awards for All	-	1	-	1
TLC	2,040	2,593	-	4,633
BBC Children In Need	7,077	(4,615)	-	2,462
NE Group	1,814	(630)	-	1,184
Ernest Kleinwort Charitable Trust	1,070	(1,070)	-	-
South Wales Group	978	-	-	978
Manchester Group	706	-	-	706
Kent Group	-	401	-	401
Community Foundation for Surrey	292	387	-	679
Doris Field Charitable Trust	767	-	-	767
West Midlands Group	676	(185)	-	491
Bristol Group	200	-	-	200
Cornwall Group	750	(750)	-	-
Devon Group	200	(200)	-	-
Lincoln Group	30	•	-	30
Befriending	110	(110)	-	-
SC Johnson	1,690	(1,690)	-	-
Swindon Group	500	-	-	500
CHK Charities Limited	5,000	(459)	-	4,541
TA Group London		665		665
	51,196	(23,756)	25,000	52,440
TOTAL FUNDS	435,181	(58,560)		376,621

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the year ended 31st March 2019

#### 11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended £	Movement in funds £
Unrestricted funds			
General and designated funds	293,253	(328,057)	(34,804)
Restricted funds			
Big Lottery	-	(12,734)	(12,734)
Daniel Katz	-	(5,360)	(5,360)
Awards for All	10,000	(9,999)	1
TLC	3,981	(1,388)	2,593
BBC Children In Need	20,701	(25,316)	(4,615)
NE Group	-	(630)	(630)
Kent Group	421	(20)	401
Community Foundation for Surrey	991	(604)	387
West Midlands Group	-	(185)	(185)
Cornwall Group	-	(750)	(750)
Befriending	-	(110)	(110)
SC Johnson	-	(1,690)	(1,690)
CHK Charities Limited	-	(459)	(459)
TA Group London	665	-	665
Ernest Kleinwort Charitable Trust	-	(1,070)	(1,070)
Devon Group		(200)	(200)
	36,759	(60,515)	(23,756)
TOTAL FUNDS	330,012	<u>(388,572</u> )	(58,560)

## NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the year ended 31st March 2019

#### 11. MOVEMENT IN FUNDS - continued

Daniel Katz - Providing grants to improve the quality of life for sufferers of Tourette

Syndrome

Big Lottery Fund - A three year grant to support work in the South West of England for the

benefit of people with Tourette Syndrome

TLC - Funds held on behalf of the Tourette Action Borders Group

Award for All

- Grant to support first Ticfest Wales

- Part of a multi year grant to support Ticfest

NE Group

- Tourettes Action North East group funds

Manchester - Funds held on behalf of the Tourettes Action Manchester Group

Sobell Foundation - Part of a multi year grant to support Ticfest

Kent Group - Funds for the support of people living in Kent with Tourette Syndrome

Ernest Kleinwort Charitable Trust - Contribution towards work to support people with Tourette Syndrome

living in and around Sussex

Shanley foundation - Grant to support Ticfest

Garfield Weston Foundation - Grant to support the work of Tourettes Action

Community Foundation for Surrey - Contribution towards work to support people with Tourette Syndrome

living in Surrey

Doris Field charitable Trust - Contribution towards work to support people with Tourette Syndrome

living in Oxfordshire

James Tudor - Grant to support TARN a link between researchers, academics and

clinicians who see and treat patients with tics

Befriending - A befriending project that puts people in touch with others to help them

overcome a particular difficulty

SC Johnson - Support for young people with Tourette Syndrome

CHK Charities Ltd - To support the work of Tourettes Action

York Group - To ensure that Tourettes Action's support is accessible to people living in

Yorkshire

South Wales Group - To ensure that Tourettes Action's support is accessible to people living in

South Wales

Lincoln Group - To ensure that Tourettes Action's support is accessible to people living in

Lincoln

Swindon Group - To ensure that Tourettes Action's support is accessible to people living in

Swindon

West Midlands Group - To ensure that Tourettes Action's support is accessible to people living in

West Midlands

Bristol Group - To ensure that Tourettes Action's support is accessible to people living in

Bristol

Cornwall Group - To ensure that Tourettes Action's support is accessible to people living in

Cornwall

Barnstable Group - To ensure that Tourettes Action's support is accessible to people living in

Barnstable

Devon Group - To ensure that Tourettes Action's support is accessible to people living in

Devon

North Devon Group - To ensure that Tourettes Action's support is accessible to people living in

North Devon

Hull group - To ensure that Tourettes Action's support is accessible to people living in

Hull

Essex Group - To ensure that Tourettes Action's support is accessible to people living in

Essex

TA Group London - To ensure that Tourettes Action's support is accessible to people living in

London

Exeter Group - To ensure that Tourettes Action's support is accessible to people living in

Exeter

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED for the year ended 31st March 2019

#### 11. MOVEMENT IN FUNDS - continued

#### Transfers between funds

Transfers were made from several restricted funds to general funds to cover certain costs paid out of general expenses.

#### 12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2019.

#### 13. DESIGNATED FUNDS

In 2016/17 the Trustees agreed to designate £210,000 towards the research, treatment and management of Tourette Syndrome. The balance remaining at the commencement of the year was £160,975 and, during the current year £113,245 has been spent. There remains a balance £47,730 which will be spent in 2019/20.

A sub-committee of the Board, the RSC, evaluate recommendations from the SAB which are then presented to the Board of Trustees for a decision as to which applications to fund.

The SAB comprises of senior professionals with a background in Tourette Syndrome and a patient representative.

#### 14. SHARE CAPITAL

The company is limited by guarantee and does not have a share capital.

#### <u>DETAILED STATEMENT OF FINANCIAL ACTIVITIES</u> <u>for the year ended 31st March 2019</u>

	2019 £	2018 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	287,381	261,368
Gift aid	10,358	8,395
Grants	69,022	35,701
	366,761	305,464
Other trading activities		
Fundraising events	34,518	20,359
Sales	4,821	3,038
	39,339	23,397
Investment income		
Deposit account interest	1,727	1,151
•		
Total incoming resources	407,827	330,012
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	29,137	19,830
Charitable activities		
Wages	175,885	175,499
Social security	13,116	13,286
Pensions  Cost of Consum.	6,491	5,358
Cost of Groups Research	4,844	2,297
Workshops	113,245 24,206	49,025 42,682
Cost of Sales	2,616	1,642
Advocacy	1,533	1,200
Benevolent grants	6,054	5,360
Staff Recruitment & other costs	5,906	8,880
Support Services	588	929
	354,484	306,158
Support costs		
Management		
Premises expenses	16,048	11,296
Insurance	1,409	1,595
Telephone Postage and stationery	2,596	3,669
Postage and stationery Travel & Subsistence	2,280 10,207	3,164
Website costs	1,909	18,194 1,548
Computer expenses	9,635	8,360
Carried forward	44,084	47,826
=	,	,020

# DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31st March 2019

	2019	2018
	£	£
Management		
Brought forward	44,084	47,826
Accountancy	1,270	1,320
General repairs & renewals	441	257
Subscriptions	1,455	1,369
Fixtures and fittings	296	275
Computer equipment	2,480	2,414
	50,026	53,461
Finance	20,020	22,101
Bank charges	199	132
Governance costs		
Board meeting costs	1,871	1,326
Independent examination	3,600	3,885
Consultancy		3,780
	5,471	8,991
Total resources expended	439,317	388,572
Net expenditure	(31,490)	(58,560)