

02613993

**Tourette Syndrome (TS)** is a neurological condition of unknown origin. It is characterised by tics, involuntary and uncontrollable sounds and movements. It is also associated in the vast majority of cases (88 per cent ) with other behaviours, notably Obsessive Compulsive Disorder and Attention Deficit Hyperactivity Disorder. Coprolalia (involuntary bad language) affects only one person in ten with TS.

Some people with TS have symptoms that are only mildly troubling. Others have symptoms that are intensely disabling: educationally, economically and socially.

Tourette Syndrome (UK) Association is now trading as Tourettes Action.

\*understanding  
the misunderstood

**Tourettes** \*  
**action**

Southbank House  
Black Prince Road  
London SE1 7SJ

[www.tourettes-action.org.uk](http://www.tourettes-action.org.uk)  
[admin@tourettes-action.org.uk](mailto:admin@tourettes-action.org.uk)

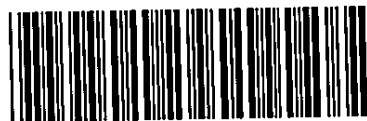
administration:  
020 7793 2356

TS helpline:  
0845 458 1252

Patrons:

Daniel Katz MBE  
Sir Jonathan Miller CBE  
Michael Nyman CBE  
Dr Oliver Sacks CBE

TUESDAY



A64 \*ALJTL6HF\* 69  
13/01/2009  
COMPANIES HOUSE

- \* supporting people with TS throughout their lives
- \* facilitating inclusion by raising accurate awareness of TS
- \* funding and facilitating research



Tourette Syndrome (UK) Association  
trading as Tourettes Action  
a company limited by guarantee  
registered in England and Wales no. 2613993  
registered office: as above  
registered charity no. 1003317

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# **WHY WE ARE HERE**

**Tourettes Action's vision is for people with Tourette Syndrome (TS) to receive the practical support and social acceptance they need to help them live their lives to the full.**

**Our programmes are constructed with the aim of supporting children and adults with TS throughout the various stages of their lives, and facilitating their inclusion in society by raising accurate awareness of TS. We also work to educate and inform health and social care and other statutory agencies, as well as the general public, about the true nature of TS. We fund and facilitate research to develop treatments for TS and to aid diagnosis.**

**Tourettes Action is the trading name of the Tourette Syndrome (UK) Association (TSA) and was adopted by the charity after the end of this reporting period, in June 2008. The TSA is a company limited by guarantee, registered in England and Wales number 2613993. There are no subsidiary undertakings.**

**Tourettes Action is a membership organisation. We have over 600 members. Membership is open to everyone over the age of 18 and costs £20 a year.**

# CHAIR AND CHIEF EXECUTIVE INTRODUCTION

## Welcome to Tourettes Action's annual report and accounts for 2007 – 08

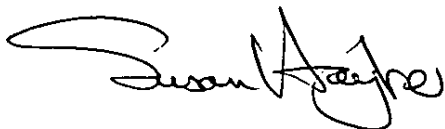
This has been a highly significant year in the history of our organisation. During the 12 months, the Big Brother windfall from December 2006 was used to begin the transformation in the scale and quality of our services and to start our programme of strategic investments in rebranding, fundraising, and developing a research strategy. Just after the end of this reporting period, we held a landmark Research Symposium in Oxford, which will be the foundation of our research programme. Our new identity, introduced in June 2008, is the visible sign of our commitment to a resurgent organisation.

We knew that expenditure would exceed income this year. Thanks to a small number of generous donations, coupled with tight control over expenditure, we shrank the planned deficit of £71,847 to £68,984.

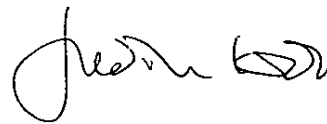
We continued to benefit from the generosity of Daniel Katz MBE which slowed the erosion of the funds. Because of the support we received in cash and in kind, we again ended the year with a strong balance sheet. Our reserves of £449,397 are sufficient to take us to the end of 2008-09, by which time income from fundraising should be coming on stream.

To ensure we maintain and increase services in future, we appointed Jane Kaufmann Associates to help us develop and implement a fundraising strategy, and in March appointed Hillary Box as our first Director of Development.

To support services, our research programme and fundraising, we have rebranded. Tourettes is why we are here and Action is what we do about it. We are immensely grateful to Last Exit, our brand consultants. Our budget was less than £10,000 and their work is worth at least five times that amount.



Susan Hayter, Chair



Judith Kidd, Chief Executive

**Tourettes**   
**action**

### THE NEW LOGO

*"I think it is awesome, and it made me feel like I was in safe hands with my Tourettes because of the bit where it says understanding the misunderstood - I felt this was very appropriate as one of the things I find in my life is that people do misunderstand me when I do my tics.*

*I also liked the colour scheme - it is very modern looking and calming." [Melissa, 10]*

# HOW WE WORK

## Charitable Purpose

Our Charitable Object is to relieve people suffering from TS. We put people with TS at the heart of everything we do. Whilst our work may also help family members, the local community and ultimately the national economy, we are clear that our essential charitable purpose is to help people with TS.

Tourettes Action's activities aim to support people with TS at three overlapping stages of their lives: childhood and adolescence (legally defined as up to age 18); transition to adulthood (16 – 25 years); and adulthood. Our work covers a number of definitions of charitable purpose:

- ✱ prevention of poverty
- ✱ advancement of education
- ✱ advancement of health
- ✱ advancement of science
- ✱ promotion of equality and diversity;
- ✱ relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

We offer support UK-wide. We acknowledge that some areas are better served than others in terms of local support, and will seek funding to address this.

## Governance

Tourettes Action is governed by eight trustees, within a complement of 10, who met four times during the year. Trustees are elected by the members and three were appointed at the AGM on 29 September.

Induction and training is by induction pack for new trustees and annual one-day training courses for all trustees. In 2008 this was held in February. The Chief Executive is a member of ACEVO (Association of Chief Executives of Voluntary Organisations), and with the Chair attended a number of ACEVO events around governance and promoting the charity.

## External Relationships

We are members of NVCO (the National Council for Voluntary Organisations) and the Neurological Alliance in order to promote most cost-efficiently issues affecting us. We will join the Association of Medical Research Charities as soon as we fulfil all membership criteria. We were granted membership of the Fundraising Standards Board, which confirms our commitment to The Institute of Fundraising's Codes of Practice.

We have formed links with The Scout Association and Outward Bound, Aberdovey in order to progress new services for teenagers and young adults.

## **Staff and Volunteers**

In 2007-08, services were delivered by three full time equivalent paid staff, a temporary Research Officer, volunteers running local groups, and two interns. During the year, our Scottish office closed and staff there were made redundant following relocation of operations to London.

Paid and voluntary staff are managed by the Chief Executive who reports to the trustees through the Chair.

## **Consulting Members & Others**

We are proud that our activities are defined by the needs of people with TS.

The current Business Plan was developed in 2006 following consultations with people with TS. During the year, the Plan was updated following further consultations carried out by ShellSTEP interns Daniela Fetta and Rasna Chind, who met local groups. The consultations extended the depth and range of our knowledge about the needs of people with TS at different stages of their lives, and underpinned development of our first Research Symposium, held in April 2008.

In addition, we undertake online surveys and monitor Helpdesk activity to inform our planning.

## **Public Benefit**

Our activities enrich society by encouraging diversity and fighting intolerance and discrimination. We work so that the unique skills, insights and experiences of people with TS will benefit the life of the community. We aim to reduce pressure on statutory services by helping people with TS to live their lives as fully and independently as possible.

## **Risk Management**

The trustees continue to keep under review ongoing risks to which the charity is exposed. Each potential new activity is rigorously evaluated beforehand. During 2007 - 08 these included, in addition to other risk assessment procedures, site visits for the Family Conference, the Children's Party and the Tourettes Camp that takes place in Autumn 2008.

## **Investment & Reserves Policy**

The aim of our reserves policy is to make sure core activities can continue during a period of unforeseen difficulty. We would normally aim to hold reserves to cover four to six months' unrestricted core spending. In 2007 - 08, our reserves were higher than this due to the planned setting aside of the Big Brother windfall for development, (see Chair and Chief Executive's report). We invested our surplus cash in the COIF Charities Deposit Fund which pays a good rate of interest (yielding £26,000 in 2007-08) whilst permitting rapid access to funds. The present turmoil in financial markets offers little incentive to try to increase yields by more active management.

# SERVICES

During 2007-08, we achieved a new or improved service in every quarter.

2006 – 07	2007 – 08
<b>Support &amp; Information</b>	
Helpdesk	Helpdesk
Enquirers' Packs	Enquirers' Packs
NEW TSA website	Website upgrades
Quarterly Newsletter	Quarterly Newsletter
	NEW SERVICE Email News Bulletins
	NEW SERVICE Members' PracTical Guide
<b>Peer Contact</b>	
Local Networking Groups	Local Networking Groups
Family Conference London, October 06	IMPROVED SERVICE Two Family Conferences
	NEW SERVICE Children's party
<b>Advocacy &amp; Campaigning</b>	
ID cards, letters of support	IMPROVED SERVICE IdenTicit

## Support and Information

### Helpdesk: free advice and support for all

Our Helpdesk provides informed, compassionate and expert support by phone and email. Phone calls are to a local number, otherwise this service is free.

In 2007 – 08, we dealt with 1006 calls and 574 emails. This compared to 956 calls and 717 emails in 2006 – 07 (the year the Big brother winner was Pete Bennett who has TS). 61 percent of calls were from a family member or friend of someone with TS. 16 percent of callers have TS. The most common reason for phoning was to obtain information.

We are an associate member of the Telephone Helplines Association and aim for full accreditation during 2008 – 09. We want to extend the opening hours of our Helpline, which we believe would encourage more calls from people with TS.

*"I am getting on better with my mum now thanks to your advice. She understands more now."*

*"Thank you so much for the information and your email. I can't tell you how much of a relief it is to be able to find somebody who can give me some guidance and some understanding of what could be causing M's problems."*

### **Enquirers' Information Packs: Enabling Diagnosis**

People with TS often struggle to obtain a diagnosis. Many in the educational, social welfare and health services, including some GPs, are unaware that involuntary swearing is an unusual rather than required symptom of TS, and that tics may be suppressed for short periods.

Our Information Packs, which are issued free on enquiry, include details of a network of consultants around the UK whom we know to be expert in diagnosis. Coverage of parts of the UK is inadequate, and increasing the number of network members is a priority for 2008 – 09.

We posted out 355 packs, 95 less than the previous year because we encouraged take up of emailed documents to reduce costs. Since April 2008, we have been collecting statistics about these emailings.

### **Website: an invaluable information source**

Analysis of website visitors showed that 70 percent came through the Home Page. Their key purpose is to find out more about TS and the charity's activities. More remarkably, the 'bounce rate' of visitors dipping in and out was four percent (30 – 50 percent is more typical for a good site). The miniscule bounce showed that people found the information they needed on the website. Although we would like the site to have more functionality and are working towards this, the content is absolutely relevant to people with TS.

*"Please improve your website. It's the first port of call for many newly-diagnosed people and their families."*

The website was relaunched in June 2008 as [www.tourettes-action.org.uk](http://www.tourettes-action.org.uk).

### **Members' Newsletter**

As our services improved, so did content in our quarterly Newsletters. We introduced a section to welcome new members which has proved very popular, with most people opting into this. There is not enough content in the Newsletter about adults with TS and we are addressing this by commissioning articles from them. Other initiatives will follow in 2008 – 09.

*"I love all of it and hearing about others' stories and solutions."*

*"Wish it was monthly."*

In between mailings, we now have email News Bulletins for members who opt in to this new service.

### **Personalised Information: The PracTical Guide**

During the year, we launched this new service to members: a customizable information file. An outcome of the summer consultations, the PracTical Guide is updated quarterly through Newsletter pull-out sections. Information to date covers items such as coming to terms with TS, education, work, research updates, sources of help, legal rights and membership entitlements.

*"I think it's fantastic – but wasn't it expensive to produce and send out?"*

Production is not expensive but to minimise postal costs we are looking at ways to make this information available to members by Internet.

## **Peer Contact**

### **Local Networking Groups**

We have 16 local networking groups led by volunteers. Groups meet on an informal basis to offer support and exchange knowledge.

Having access to peer support locally is so important and developing the network, currently skewed in favour of the south and south-east of England, is a priority. A meeting for group leaders was held in April 2008 and we need funding so that we can extend and sustain a UK-wide network.

*"I remember feeling alone when my son started twitching [sic] before joining the group as the doctors/consultants/teachers didn't have a clue and nor did family and friends."*

### **Family Conferences**

The conference service was significantly improved during the year. It is now divorced from the AGM. Rather than an addition to the main business of the charity, it has a single focus: a service to members. Instead of members coming to London, we now go out to members. Our strategy is to move conferences around a set of venues in the North, Midlands and South, and to hold at least two conferences a year (instead of one as previously), so that each member can expect a conference within reasonable geographical reach at least every 18 months.

Both 2008 – 09 conferences sold out well in advance, indicating the success of this strategy. Coventry (September) hosted 180 delegates and Portsmouth (February 2008) 50. (This compares with 150 people who were able to attend the London AGM and conference in October 2006.)

*"We liked meeting people in the know and other families."*

*"I made a new friend who also has TS."*

Facilities for children were greatly improved. Teachers and classroom assistants set up programmes for different ages. A room for adults with TS was also available in Coventry. This resulted in a local woman being introduced to a local consultant, the first time she had met a specialist in TS.

Our Autumn 2008 conference takes place in Liverpool. In February 2009, we return to Coventry. Most conferences are now half-day events, to simplify logistics and to keep down costs.

### **Children's Party – for the children who are never invited**

This new service was suggested to us by a child with TS during a Family Conference – what a good idea! We know from members that some children with TS never receive a party invitation.

Our first ever children's party, was held in London in November 2007 for 15 children and included a magician, games and goody bags. It is a measure of need that parents travelled from as far as Dorset, Worcester and Ipswich so that their child could attend. Parents were also able to network. Our next children's party is in London in November 2008.

*"The entertainer was excellent. And I made friends."*

## **Advocacy and Campaigning**

### **IdenTicit**

Another new service, this was launched in June 2007, three months earlier than planned. IdenTicit consists of a secure photo ID card, which confirms that the holder has TS, and asks for understanding of TS symptoms, together with a pack of handout cards.

If further advocacy is necessary, Tourettes Action will investigate using a conciliation service, or writing in support of the cardholder. IdenTicit is only available to members and requires a GP to confirm diagnosis of TS. It costs £15 per kit.

During the year, 37 IdenTicits were issued.

## **Members' Evaluation of Services**

We used [www.surveymonkey.com](http://www.surveymonkey.com) to carry out two user satisfaction surveys, one with adults, the other with children.

Adults rated local networking groups highly, as well as research and the Helpdesk, closely followed by the PracTical Guide.

The children's survey showed that we have a long way to go in making them aware of our services for them. The most important services in their eyes were IdenTicit and local networking groups. It is clear that children value parents and friends as sources of information.

We also conduct surveys of individual services. 84 per cent of respondents at the Coventry conference thought it excellent or good. At Portsmouth, 100 per cent of respondents thought the conference excellent or good.

We also use anecdotal evidence to tell us how we were doing.

*"Thanks for all your help and support during what has been a difficult year for our family from not knowing what was wrong with R initially, then fighting to get a diagnosis and treatment. The help of the TSA has been invaluable and going to the conference in Coventry made us realise we are definitely not alone."*

*"As a recent member, I would like to thank you for all your support. We have learnt a huge amount about TS from your website and even been in touch with other families. I think Susan Hayter's comment in the latest Newsletter is so right: your GP should be able to point you in the direction of the charity. We felt bewildered and didn't know which way to turn as not many people know about TS."*

*"You saved my life."*

# RESEARCH

## Grants Awarded

We made a grant for research for £20,719 to Professor Mary Robertson to enable her to supervise Dr Andrea Cavanna to investigate the phenomenology of TS. This research used clinical data from large cohorts of people with TS to see if we can find out more about the different kinds of TS that exist. The project was completed and the results will be published shortly.

We plan to award more substantial grants when a research strategy and the infrastructure to deliver it have been developed following the Research Symposium, held in Oxford in April 2008.

## Grant Making Policy

Our Grant Making Policy, to be in place during 2008 – 09, will be another outcome of the Research Symposium (see below). As we develop our research programme, we will develop capacity to peer review proposals. This year, we took a pragmatic approach. The researcher and materials involved have impeccable scientific credentials and passed internal review. But within the next 12 months, the process of awarding grants will be formalised.

## Research Symposium

The Symposium took place on 24 April 2008, with most of the planning undertaken during 2007 – 08. Maryam Pasha was appointed Acting Research Officer for this project.

At the Symposium 15 speakers from Europe and the US, each pre-eminent in their field, provided a comprehensive and wide-ranging summary of TS research developments worldwide. The disciplines represented included education, bio-engineering, health psychology, genetics, neurology, neurosurgery, forensic and neuro-psychiatry, genetics, physiotherapy and dietetics. Presentations also came from Sue Levi-Pearl, of our US counterpart the Tourette Syndrome Association Inc, and Dr Kieran Breen, Director of Research and Development, The Parkinson's Disease Society of the UK.

The Symposium will lead to the development of a broad, multi-disciplinary research network and to campaigns for the provision of effective therapies by the NHS and the adoption of effective support techniques by non-medical professionals such as teachers.

We are grateful for a grant of £3,000 from Cambridge Laboratories, and for generous subsidies from The Randolph Hotel, Oxford, and Great Western Wines.

## DBS Conference

In April 2006, Chief Executive Judith Kidd chaired a conference on Deep Brain Stimulation in TS in Birmingham. The conference was organised by Dr Hugh Rickards and sponsored by Medtronic Ltd. Presentations on the patient's perspective were given by members Ruth Oliver and Chris Mansley. Dr Jeremy Stern also attended for Tourettes Action. The conference concluded that a clinical trial DBS for TS in the United Kingdom was both practicable and timely.

(In summer 2008, Tourettes Action approved a grant £5,000 towards a DBS pilot project.)

## **Research Participation by Members**

A questionnaire was sent to some members in July 2007 to enable Dr Cavanna to develop a quality of life rating scale for TS. This will be the first TS-specific quality of life scale ever developed. Members were also invited to take part in research into Bio-feedback Treatment for TS for Dr Yoko Nagai and Professor Hugo Critchley at the University of Sussex.

## **DEFERRED PROJECTS**

Some projects planned for this year had to be deferred, for varied reasons: requests for research grants were received later than expected; there was insufficient take-up to make the planned family holiday by the sea viable; and prior commitments pushed the meeting of local group co-ordinators a little way into 2008.

Our project to provide Education Resource Packs has been deferred to enable us to gather further information.

Money set aside for new publications has been held over and will be spent in 2008 – 09 to include the new branding.

## **DIRECTIONS 2008 – 2009**

We will maintain and enhance core services such as the Helpdesk, two conferences, four newsletters and a children's party.

The key developments which will take place in 2008-09 are

- the development of a properly managed research strategy and programme; the Symposium in Oxford in April 2008 will underpin these
- an effective programme of fundraising and communications
- a more attractive and more functional website
- developing our network of TS consultants, to improve access to diagnosis
- increased numbers of members and supporters
- a camp for teenagers with TS will take place in October 2008 and a further camp has already been booked for August 2009
- new publications
- higher media profile to combat the myths that TS is rare and always involves swearing
- we will be launching a website with more functionality and which is more in line with young people's as well as adult needs within the next 18 months. Because of the changing shape of the organisation, we launched an interim site in June 2008, to coincide with the rebranding.

## **RESPONSIBILITIES OF THE MANAGEMENT COMMITTEE**

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

In preparing those financial statements, the management committee should follow best practice and:

1. Select suitable accounting policies and then apply them consistently;
2. Make judgements and estimates that are reasonable and prudent; and
3. Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The members of the Management Committee are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## **MEMBERS OF THE MANAGEMENT COMMITTEE**

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out above under Legal and Financial Information.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities.

**APPROVED BY THE TRUSTEES ON 19TH JULY 2008 AND SIGNED ON THEIR BEHALF**



Susan Hayter, Chair

## **INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE TOURETTE SYNDROME (UK) ASSOCIATION**

We have audited the financial statements of the Tourette Syndrome (UK) Association for the year ended 31st March 2008 which comprise the Statement of Financial Activities, the Balance Sheet and related notes. These financial statements have been prepared in accordance with the accounting policies set out therein and the requirements of the Financial Reporting Standard for Smaller Entities (effective January 2005).

This report is made solely to the charitable company's members, as a body, in accordance with Section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS**

The responsibilities of the trustees (who are also the directors of the Tourette Syndrome (UK) Association for the purposes of company law) for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the Statement of Trustees' Responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you if, in our opinion, the Trustees' Report is not consistent with the financial statements, if the charity has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding trustees' remuneration and transactions with the charity is not disclosed.

We read the Trustees' Report and consider the implications for our report if we become aware of any apparent misstatement within it.

### **BASIS OF AUDIT OPINION**

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant of the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of the financial statements and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatements, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

### **OPINION**

In our opinion: the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities, of the state of the charitable company's affairs as at 31st March 2008 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended; and the financial statements have been properly prepared in accordance with the Companies Act 1985.

*The Kings Hall Partnership*  
Chartered Accountants  
Registered Auditors  
75 Park Lane  
Croydon  
Surrey CR9 1XS

13 August 2008

**TOURETTE SYNDROME (UK) ASSOCIATION**  
**Statement of Financial Activities (including Income & Expenditure Account)**  
**for the year ended 31 March 2008**

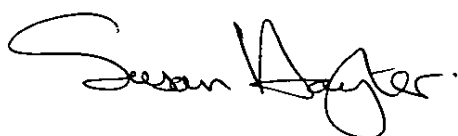
	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2008 £	Total Funds 2007 £
<b>Incoming Resources</b>					
<i>Incoming resources from charitable activities</i>					
Subscriptions		4,949	-	4,949	6,876
General donations		161,209	-	161,209	142,960
Big Brother		-	-	-	424,059
Crescent Trust		-	-	-	18,500
Cambridge Laboratories		-	3,000	3,000	-
		<u>166,158</u>	<u>3,000</u>	<u>169,158</u>	<u>592,395</u>
<i>Activities for generating funds</i>					
Information Packs		579	-	579	1,454
Concerts Wales		10,626	-	10,626	7,870
<i>Investment income</i>					
Bank Interest		26,060	-	26,060	2,705
<i>Other incoming resources</i>		-	-	-	5,465
		<u>203,423</u>	<u>3,000</u>	<u>206,423</u>	<u>609,889</u>
<b>Total incoming resources</b>	<b>1</b>				
<b>Resources expended:</b>					
<i>Cost of generating funds</i>					
<i>Voluntary income</i>					
Fundraising costs		37,101	-	37,101	15,362
<i>Costs of activities for generating funds</i>					
Concerts - Wales		6,266	-	6,266	7,097
		<u>43,367</u>	<u>-</u>	<u>43,367</u>	<u>22,459</u>
<i>Total costs of generating funds</i>					
<b>Charitable activities</b>					
Services to beneficiaries		192,688	-	192,688	135,635
Medical research		17,779	-	17,779	-
		<u>210,467</u>	<u>-</u>	<u>210,467</u>	<u>135,635</u>
<b>Governance costs</b>					
		<u>18,573</u>	<u>-</u>	<u>18,573</u>	<u>14,010</u>
<b>Total resources expended</b>	<b>2</b>	<u>272,407</u>	<u>-</u>	<u>272,407</u>	<u>172,104</u>
<b>Net incoming (outgoing) resources for the year</b>		<u>(68,984)</u>	<u>3,000</u>	<u>(65,984)</u>	<u>437,785</u>
<b>Transfers</b>					
		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
		<u>(68,984)</u>	<u>3,000</u>	<u>(65,984)</u>	<u>437,785</u>
<b>Total funds brought forward 1 April 2007</b>		<u>515,381</u>	<u>-</u>	<u>515,381</u>	<u>77,596</u>
<b>Total funds carried forward 31 March 2008</b>	<b>3</b>	<u>446,397</u> =====	<u>3,000</u> =====	<u>449,397</u> =====	<u>515,381</u> =====

There are no recognised gains and losses other than those in the statement of financial activities. Therefore no statement of total recognised gains and losses has been prepared. All the above amounts relate to continuing activities.

**TOURETTE SYNDROME (UK) ASSOCIATION**  
**Balance Sheet**  
**As at 31 March 2008**

	Notes	2008 £	2007 £
<b>Fixed Assets</b>			
Tangible assets	5	5,754	6,329
<b>Current Assets</b>	6		
Debtors		19,798	20,251
Cash at bank		459,588	500,546
		<u>479,386</u>	<u>520,797</u>
<b>Liabilities</b>			
Creditors: amounts falling due within one year	7	35,743	11,745
<b>Net current assets</b>		<u>443,643</u>	<u>509,052</u>
<b>Total assets less current liabilities</b>		<u>449,397</u> =====	<u>515,381</u> =====
<b>Funds</b>	8		
Unrestricted Funds			
General Funds		409,936	343,381
Designated Funds		39,461	172,000
		<u>446,397</u>	<u>515,381</u>
Restricted Funds		3,000	-
		<u>449,397</u> =====	<u>515,381</u> =====

The financial statements on pages 13 to 18 were approved by the Trustees on 19 July 2008.



**Susan Hayter**  
**Chair of Trustees**

The accompanying notes form an integral part of these financial statements.

## **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2008**

### **1 Accounting policies**

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the financial statements.

#### **a) Basis of preparation of accounts**

The financial statements have been prepared under the historical cost convention and comply with Companies Act 1985. The financial statements have been prepared in accordance with Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities: Statement of recommended practice" published in March 2005 and applicable accounting standards.

#### **b) Fund accounting**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the charitable objectives of Tourette Syndrome (UK) Association.

Designated Funds represent unrestricted funds which the trustees have set aside for planned future projects.

Restricted income funds are funds subject to specific restrictions imposed by donors or by the purpose of the appeal. The purpose and use of the restricted funds is set out in the notes to the financial statements.

#### **c) Incoming resources**

All income is accounted for as soon as TSA has entitlement to the income and there is certainty of receipt and the amount is quantifiable.

#### **d) Members' subscriptions and events & conferences**

Subscriptions and events are accounted for in the year to which they apply. Subscription income received during the year that relates to subsequent financial accounting period is carried forward as a creditor in the balance sheet and shown as subscriptions received in advance.

#### **e) Resources expended**

All expenditure is accounted for on an accruals basis and has been listed under headings that aggregate all the costs related to that activity. Where costs cannot be directly attributed they allocated to activities on a basis consistent with the use of resources.

Overheads and salaries are allocated between expense headings on the basis of time spent.

Governance costs are those incurred in connection with the management of TSA's organisational administration and compliance with the constitutional and statutory requirements.

#### **f) Fixed assets**

Depreciation is charged on tangible fixed assets at 25% of cost per annum, so as to write them off over their expected useful lives.

# TOURETTE SYNDROME (UK) ASSOCIATION

## Notes to the financial statements For the year ended 31 March 2008

### 2 Resources expended

#### Analysis of total resources expended

	Direct costs Salaries	Other costs	Support costs	2008 Total costs	2007 Total costs
<b>Cost of generating funds</b>					
Fundraising	13,490	12,131	11,480	37,101	15,362
Concerts - Wales		6,266		6,266	7,097
	<u>13,490</u>	<u>18,397</u>	<u>11,480</u>	<u>43,367</u>	<u>22,459</u>
<b>Charitable expenditure</b>					
Services to beneficiaries	39,982	78,907	73,799	192,688	135,635
Medical research	8,732	4,127	4,920	17,779	-
	<u>48,714</u>	<u>83,034</u>	<u>78,719</u>	<u>210,467</u>	<u>135,635</u>
<b>Governance costs</b>					
Internal costs	5,822	2,450	3,280	11,552	8,558
Statutory audit	-	2,967	-	2,967	1,175
Legal fees	-	4,054	-	4,054	4,277
	<u>5,822</u>	<u>9,471</u>	<u>3,280</u>	<u>18,573</u>	<u>14,010</u>
<b>Total costs</b>	<u>68,025</u>	<u>110,902</u>	<u>93,479</u>	<u>272,407</u>	<u>172,104</u>

Support costs are apportioned on the basis of estimated usage.

	2008	2007
Salaries	49,370	16,135
Premises costs	29,908	21,218
Other costs	14,201	17,370
	<u>93,479</u>	<u>54,723</u>

### 3 Net incoming/(outgoing) resources

#### a) These are stated after charging:

	2008 £	2007 £
Auditors' remuneration	1,175	1,175
Accounting outsourced	7,247	3,630
Depreciation	8,422	2,540
	<u>=====</u>	<u>=====</u>

# TOURETTE SYNDROME (UK) ASSOCIATION

## Notes to the financial statements For the year ended 31 March 2008

### 4 Trustees and employee information

#### a) Trustee information

No remuneration was paid to the trustees during the year (2007: £0).

#### b) Employee information

	2008 £	2007 £
<i>Employee costs during the year were:</i>		
Salaries	103,376	63,940
Social Security	11,538	5,426
Other pension costs	2,482	1,619
	<u>117,396</u>	<u>70,985</u>

The number of employees whose emoluments amounted to over £60,000 during the year was nil (2007: £nil)

	2008	2007
The average number of persons employed during the year was:	3	7

### 5 Tangible fixed assets

	Computer Equipment £	Office Equipment £	Fixtures & Fittings £	Total £
<b>Cost</b>				
At 1 April 2007	3,546	-	10,159	13,705
Additions	2,162	158	1,304	3,624
	<u>5,708</u>	<u>158</u>	<u>11,463</u>	<u>17,330</u>
<b>Depreciation</b>				
At 1 April 2007	511	-	6,865	7,376
Charge for the year	1,398	17	2,784	4,199
	<u>1,909</u>	<u>17</u>	<u>9,649</u>	<u>11,575</u>
<b>Net book value</b>				
At 31 March 2008	3,799	141	1,814	5,754
	=====	=====	=====	=====
At 31 March 2007	3,035	-	3,294	6,329
	=====	=====	=====	=====

### 6 Debtors

	2008 £	2007 £
Other debtors	5,710	9,912
Prepayments and accrued income	14,088	10,339
	<u>19,797</u>	<u>20,251</u>

# TOURETTE SYNDROME (UK) ASSOCIATION

## Notes to the financial statements For the year ended 31 March 2008

### 7 Creditors :

Amounts falling due within one year

	2008 £	2007 £
Trade Creditors	16,492	4,945
Other Creditors	428	1,019
Social security and other taxes	6,576	1,843
Accruals and deferred income	12,247	3,938
	<u>35,743</u>	<u>11,744</u>

### 8 Total Funds

	Opening balance £	Net incoming resources £	Charitable expenditure £	Transfers £	Closing balance £
<b>Unrestricted - general</b>	<u>343,381</u>	<u>203,423</u>	<u>(205,868)</u>	<u>66,000</u>	<u>406,936</u>
- designated:					
Deep Brain Stimulation Project	35,000	-	-	(30,000)	5,000
Research Symposium	7,000	-	-	3,000	10,000
TS Classification Project	25,000	-	(21,539)	-	3,461
Educational Resource Project	40,000	-	-	(36,000)	4,000
Helpdesk	45,000	-	(45,000)	-	-
Residential Project	10,000	-	-	5,000	15,000
PracTical guide	10,000	-	-	(8,000)	2,000
	<u>172,000</u>	<u>-</u>	<u>(66,539)</u>	<u>(66,000)</u>	<u>39,461</u>
<b>Restricted Funds</b>					
Cambridge Laboratories	<u>-</u>	<u>3,000</u>	<u>-</u>	<u>-</u>	<u>3,000</u>
<b>Total funds</b>	<u>515,381</u> =====	<u>206,423</u> =====	<u>(272,407)</u> =====	<u>-</u> =====	<u>449,397</u> =====

# **TRUSTEES & ADVISORS**

## **Trustees serving 2007 - 08**

Susan Hayter	Chair
Peter Holmes	Vice Chair
Roger Barons	Treasurer
Kaye Dann	
Margaret Filby	Resigned November 2007
Roy Hillard	President
Mark Lincoln	
Cerith Owens	Resigned September 2007
Prof Bob Peckitt	
Dr Jeremy Stern	Honorary Medical Director
Zoe Streather	Resigned November 2007

## **Chief Executive**

Judith Kidd

## **Professional Advisers**

### **Solicitors**

Bates Wells and Braithwaite  
2-6 Cannon Street  
London EC4M 6YH

### **Bankers**

Barclays Bank plc  
102 St James Square  
Newport,  
Isle Of Wight PO30 1UP

HSBC plc  
22 Stamford Street  
London SE1 9LJ

CCLA Investment Management Ltd  
COIF Charity Funds  
80 Cheapside  
London EC2V 6DZ

**Accountants and auditors**

The Kingsmill Partnership  
Chartered Accountants, Registered Auditors  
75 Park Lane  
Croydon CR9 1XS

FW Stephens, Chartered Accountants, Tax Consultants, Business Advisers  
3rd Floor, 4 Chiswell Street  
London EC1Y 4YX

**Fundraising consultants**

Jane Kaufmann Associates  
Marley Edge  
Marley Lane  
Haslemere GU27 3PU

**Brand consultants**

Last Exit  
Blocks 1 & 2  
The Leathermarket  
Weston Street  
London SE1 3ET

**Honorary Medical Advisers**

Dr Uttom Chowdury  
Prof Peter Hill  
Dr Geoffrey Kewley  
Prof Andrew Lees  
Dr Harry Nash  
Dr Hugh Rickards  
Prof Mary Robertson  
Prof Michael Trimble

# WHAT DO YOU KNOW?

- ✱ People with TS have tics, forcing them to make involuntary movements and sounds. The nature of the tic will change over time.
- ✱ Involuntary swearing (coprolalia) affects only one person in ten with TS.
- ✱ Nearly ninety per cent of people with TS have associated disorders as well, including obsessional behaviours and hyperactivity or attention deficit.
- ✱ Around 300,000 adults and children in the UK have TS.
- ✱ One child in every hundred has TS.
- ✱ Three times as many boys as girls have TS.
- ✱ TS typically starts around the age of seven. It may persist throughout life, but symptoms often improve in early adulthood.
- ✱ Parents with TS have a one in two chance of passing the gene to their children.

*"I don't like having TS and sometimes it upsets me. I try to avoid telling others if I can."*

Respondent, Children's Services Online Questionnaire December 2007 – January 2008

*"Just knowing such an organisation [as Tourettes Action] exists helps."*

Respondent, Adult Services Online Questionnaire December 2007 – January 2008

**Tourettes** ✱  
***action***

**[www.tourettes-action.org.uk](http://www.tourettes-action.org.uk)**

Tourette Syndrome (UK) Association trading as Tourettes Action

Company limited by guarantee registered in England and Wales registration number 2613993

Registered office Southbank House, Black Prince Road, London SE1 7SJ

Registered charity number 1003317