

0728

12/11/04

COMPANIES HOUSE

Form revised March 1995

288a

Please complete in typescript, or in bold black capitals.

## Appointment of director or secretary

| <b>.</b>  |  |   |  |          |  |  |  |
|---|--|---|--|----------|--|--|--|
| Company Number  | 2546750  |   |  |          |  |  |  |
| Company Name in full THE COURE CENTRE   |  |   |  |          |  |  |  |
|   | (CITY AND EAST LOMBOH) LED   |   |  |          |  |  |  |
|   | Day Month Year   |   | Day Mo                                   | nth Year |  |  |  |
| *F288AU18* appoin   | ate of tment o 9 11 2004 †Dat  | te of Birth                               | 12 0                                     | 3 1948   |  |  |  |
| Appointment Appointment as director   |  |   | e box. If appointmer<br>mark both boxes. | nt ís    |  |  |  |
| form NAME *Style / Title  | MR *Honours etc -  |   |  |          |  |  |  |
| Notes on completion appear on reverse. Forename(s)  | RICHARY  |   |  |          |  |  |  |
| Surname   | METER  |   |  |          |  |  |  |
| Previous<br>Forename(s)   | Pre Surnar   | vious N                                   | -n E                                     |          |  |  |  |
| Usual residential address   | 29 CHAWCER ROAD  |   |  |          |  |  |  |
| Post town   | FOREST GATE  | Postcode                                  | <i>E</i> 7                               | 922      |  |  |  |
| County / Region   | LONDON   | Country                                   | UK                                       |          |  |  |  |
| <sup>†</sup> Nationality  | BRITISH †Business of   | ccupation                                 | FREEZANCE                                | TRAIN ER |  |  |  |
| †Other directorships  |  |   |  |          |  |  |  |
| (additional space overleaf)   | I consent to act as ** director / secretary of the above named company |   |  |          |  |  |  |
| Consent signature *Voluntary details.   | annos  | Date                                      | 9/11                                     | 12004    |  |  |  |
| † Directors only.   | A director, secretary etc must sign the form below.                    |   |  |          |  |  |  |
| Signed  | I MX/ IC   | Date                                      | 9/11                                     | 12004    |  |  |  |
| ** Please delete as appropriate   | (**a director / secretary / administrator / administrative             | <del>o receive</del> r / r <del>ece</del> | iver-manager / rec                       | eiver)   |  |  |  |
| Please give the name, address,  | DHFINDLAY TWE GLORE CENTRE   |   |  |          |  |  |  |
| telephone number and, if available, a DX number and Exchange of   | 159 MILE END POAD  |   |  |          |  |  |  |
| the person Companies House should   | Tel 020 7791 ጊ 855   |   |  |          |  |  |  |
| contact if there is any query.  | DX number DX exchange  |   |  |          |  |  |  |
| When you have completed and signed the form please send it to Registrar of Companies at:  Companies House, Crown Way, Cardiff, CF4 3UZ DX 3305 for companies registered in England and Wales or |  |   |  |          |  |  |  |

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

for companies registered in Scotland

|                 | Company Number                   |  |      |  |
|-----------------|----------------------------------|--|------|--|
| Directors only. | <sup>†</sup> Other directorships |  | <br> |  |
|                 |                                  |  |      |  |
|                 |                                  |  |      |  |
|                 |                                  |  |      |  |
|                 |                                  |  |      |  |

## NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

## Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.