



COMPANIES HOUSE

THE REGISTRAR OF COMPANIES
COMPANIES HOUSE
CROWN WAY
CARDIFF
CF4 3UZ



A16 *A2MATFL1* 137
COMPANIES HOUSE 13/10/95

Md/1018 L3/P18

363s

Annual Return

of company number 02340896

C

company name
A.M. ADAMS HOLDINGS LIMITED

company type
PRIVATE COMPANY LIMITED BY SHARES

This form should be completed in black.

The information printed below is taken from Companies House records as at 13/09/95

If this information requires amendment use the spaces opposite.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
04	10	95

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Day	Month	Year

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

Registered Office (See note 3)

This is the address registered by Companies House.

GRATTON WAY
ROUNDSWELL INDUSTRIAL ESTATE
BARNSTAPLE
NORTH DEVON

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.....

Principal business activities (See note 4)

Trade classification is
9500 HOLDING COMPANY

If the code cannot be determined from the notes, give a brief description of principal activity.

Register of members (See note 5)

The register is kept at

21/23 CLARE STREET
BRISTOL
AVON
BS1 1TZ

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

1st Floor
BRADFORD HOUSE
ST STEPHENS AVENUE
BRISTOL, BS1 1YL

Register of debenture holders (See note 6)

Any register of debenture holders (or duplicate) is kept at

Company Secretary (See note 7)

Particulars of a new secretary **must** be notified on form 288.

SHAUN DAVID
ADAMS
PRIXFORD BARTON
PRIXFORD
BARNSTAPLE
NORTH DEVON EX31

Day Month Year
Date of any change.

4 ORCHARD TERRACE
RUMSAM ROAD
BARNSTAPLE
NORTH DEVON EX32 9DY

If this person has ceased to be secretary, please state when.

Day Month Year
Date of resignation.

Directors (See note 7)

Particulars of a new director **must** be notified on form 288.

ANGELA MAUREEN
ADAMS
PRIXFORD BARTON
PRIXFORD
BARNSTAPLE
DEVON

Day Month Year
Date of any change.

Date of Birth:- 22/07/39
Nat:BRITISH
Occ:COMPANY DIRECTOR

If this person has ceased to be director, please state when.

Day Month Year
Date of resignation.

Other directorships.

SAUNA UK LIMITED
GOLDEN COAST SWIMMING POOLS LTD

Directors - continued

Particulars.

DAVID ALAN
ADAMS
PRIXFORD BARTON
PRIXFORD
BARNSTAPLE
DEVON EX31 4DX

Date of Birth:- 03/05/37

Nat:BRITISH

Occ:COMPANY DIRECTOR

If this person has ceased to be director, please
state when.

Other directorships.

Day Month Year

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Date of any change.

Day Month Year

--	--	--

Date of resignation.

SAUNA UK LIMITED
GOLDEN COAST SWIMMING POOLS LIMITED

Particulars.

DOMINIC GRAHAM
ADAMS
PRIXFORD BARTON
PRIXFORD
BARNSTAPLE
DEVON EX31 4DX

Day Month Year

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Date of any change.

THE OLD VICARAGE EAST
SWIMBRIDGE
NORTH DEVON EX32 0PH

Date of Birth:- 04/02/66

Nat:BRITISH

Occ:COMPANY DIRECTOR

If this person has ceased to be director, please
state when.

Other directorships.

Day Month Year

--	--	--

Date of resignation.

SAUNA UK LIMITED
GOLDEN COAST SWIMMING POOLS LIMITED

Particulars.

SHAUN DAVID
ADAMS
PRIXFORD BARTON
PRIXFORD
BARNSTAPLE
NORTH DEVON EX31

Day Month Year

--	--	--

Date of any change.

4 ORCHARD TERRACE
RUMSAM ROAD
BARNSTAPLE
NORTH DEVON EX32 9DY

Date of Birth:- 22/11/57

Nat:BRITISH

Occ:COMPANY DIRECTOR

If this person has ceased to be director, please
state when.

Other directorships.

Day Month Year

--	--	--

Date of resignation.

SAUNA UK LIMITED
AQUA DESIGN + PLAY INTERNATIONAL LTD
VENUS INTERNATIONAL LIMITED

Issued Share Capital (See note 8)

Enter details of all shares in issue at the date of this return.

Class (eg Ordinary/ Preference etc)	Number of shares issued	Aggregate nominal value (ie Number of shares issued multiplied by nominal value per share)
ORDINARY £1	100	£100
Totals	100	£100

List of past and present members

(See note 9)

(Use attached schedule where appropriate)

Please mark the appropriate box.

A full list is required.

on paper not on
paper

A full list of members is enclosed ☒☐**Elective resolutions** (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, *mark this box.*

☐

If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, *mark this box.*

☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

I enclose the fee of **£18.**

Cheques should be made payable to **Companies House.**

Signed

Secretary/Director *

*(delete as appropriate)

Date 4.10.95

This return includes continuation sheets.
(enter number)

Please ensure that you have completed all sections on this page.

To whom should Companies House direct any enquiries about the information shown in this return?

ROBSON TAYLOR

1st. FLOOR

BRADFORD HOUSE

ST. STEPHENS AVENUE

BRISTOL BS1 1YL

TELEPHONE 0117 927 9145

Telephone

Ext



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LIST OF PAST AND PRESENT MEMBERS (continued)

SCHEDULE TO FORM 363[illegible]

SCHEDULE TO FORM 363

Continued overleaf