

Company No: 1946616  
Charity No: 292787

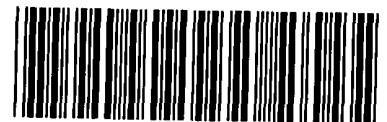
**ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**

**(A COMPANY LIMITED BY GUARANTEE)**

**ACCOUNTS FOR THE**

**YEAR ENDED 31st MARCH, 2017**

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**ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**  
**(A COMPANY LIMITED BY GUARANTEE)**

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**ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**  
**(A COMPANY LIMITED BY GUARANTEE)**

**LEGAL AND ADMINISTRATIVE INFORMATION**

CHARITY NUMBER: 292787

COMPANY NUMBER: 1946616

DIRECTORS AND TRUSTEES: Dr. N. Rhodes - Chair  
G. Sheehan  
Dr. C. E. Smith  
D. Summerhill  
N. Lambert  
J. Franklin

COMPANY SECRETARY: A. Mustapha

REGISTERED OFFICE: The Basement,  
15, Gertrude Street,  
LONDON,  
SW10 0JN

AUDITORS: Messrs. Jeffrey Altman & Company,  
Chartered Accountants,  
Wayman House,  
141, Wickham Road,  
Shirley,  
CROYDON,  
Surrey, CR0 8TE.

BANKERS: Santander UK plc,  
BBAM, Bridle Road,  
BOOTLE,  
Merseyside, L30 4GB

National Westminster Bank plc.,  
224, Kings Road,  
LONDON, SW3 5XJ

## **ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**

**(A Registered Charity and Company Limited by Guarantee)**

### **REPORT OF THE TRUSTEES**

#### **FOR THE YEAR ENDED 31st MARCH, 2017**

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act, submit their annual report and the audited financial statements for the year ended 31 March, 2017. The Trustees have adopted the provisions of the the Charities SORP (FRS 102) together with Update Bulletin 1 in preparing the annual report and financial statements of the Charity.

#### **Objects and Principal Activities**

The charity is constituted as a Company Limited by Guarantee and is therefore governed by a Memorandum and Articles of Association.

Now in its 32nd year, the Charity's objects and its principal activity continues to be that of providing relief to people within the Royal Borough of Kensington & Chelsea and surrounding areas who are suffering from any form of mental distress. The Charity's principal activity is its management of a number of employment and training projects for such people. These projects include a public café and catering operation, a floristry with hospital flower stall and a small gardening business. In addition, a range of short courses and workshops are offered to improve vocational and life skills as and when need is identified. The Charity continues run an employment pathway service in partnership with Jobs in Mind as part of the new Community Living Well Service. The Charity also provides a wide range of social, personal development and recovery activities including person-centred planning, self-management programmes, music, mindfulness, yoga, drop-in activity sessions (during the day, evening and weekends) and 'bridge-building' to the wider community.

The Charity is organised so that the Trustees meet regularly to review results and manage its affairs. Each Trustee is a member of a sub-committee formed of staff, clients and other advisors. The sub-committees meet at least 4 times a year and give Trustees the opportunity to gain a greater understanding of a specific area of work and report back to the wider Board. In this way the Board gathers the information needed to take decisions and plan for the future.

Each year the Board performs a skills audit to determine what training is needed and where gaps in skills lie. A recruitment and training programme is organised around the results and Trustees are appointed annually, by vote, at the Annual General Meeting. There is one full-time administrator who both manages the day-to-day administration of the Charity and organises fundraising initiatives. The remaining staff also assist with fundraising as appropriate.

Funding is provided by the Royal Borough of Kensington & Chelsea, Westminster City Council, West London Clinical Commissioning Group, The Savoy Trust, The Clothworkers Foundation, RBKC TMO and Kensington & Chelsea Foundation. The Charity's projects also generate income, making a significant contribution to net income. The Charity also gratefully acknowledges the work of individual donors, volunteers and local businesses in supporting its activities.

The Charity acts as the Local Trusted Organisation (LTO) for the National Lottery funded 'Big Local' project, operating in the World's End and Lots Road area. This project will provide at least £1 million funding to the residents over 10 years to make a significant and lasting positive difference to their community. In this financial year they received £111,874 and spent £86,923.

#### **Advice and Guidance**

Matrix accredited advice, support, information and guidance around mental health and illness are provided to any person or organisation in need. Information sessions, signposting, leaflets and personal development sessions are provided at the Central Office. In addition, the Charity hosts some activities of external organisations at the Central Office to further these aims. This ensures that people's needs are acknowledged and met through the provision of holistic, joined-up and easily accessible services.

## **ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**

**(A Registered Charity and Company Limited by Guarantee)**

### **REPORT OF THE TRUSTEES (Continued)**

**FOR THE YEAR ENDED 31st MARCH, 2017**

#### **Community Support**

SMART is committed to building resilience in its community and supporting independence and empowerment in its service users. To this end, the Organisation has created links and partnerships with mainstream community organisations to foster understanding about mental illness and widen access to their activities. The Charity is open every day of the year, including Christmas, and offers evening and weekend drop-in sessions to relieve the social isolation experienced by those with mental health needs.

#### **Results**

Each year SMART reviews its five year business plan with stakeholders including service users, referral agencies, funders and staff to create the annual operational plan. This plan sets targets that fulfil the Charitable Objects and meet the needs of service users and funders. This year we delivered on our plan to improve the SMART space and develop SMART services to meet the growing needs of clients as services are cut elsewhere. To this end we grew our social enterprises and introduced more peer-led activities, thereby providing more opportunities for service users to gain work experience and training whilst creating a new source of income for the Charity to guard against the impact of the wider economic difficulties. We particularly focused on the provision of well-being services to the Community Living Well service which provides support to people with mental health needs in Primary Care. Independent evaluation has shown that our services deliver excellent health outcomes and feed into our bridge-building work to ensure clients are better supported in the wider community. We also added to our reserves, creating a more secure base whilst investing in infrastructure, staff development and training.

The statement of financial activities shows a surplus net of £471,935 for the year. The comparable prior year 2016 showed a net profit of £609. The total funds carried forward resulted in a surplus of £633,236 (2016: £161,301).

Our fundraising efforts were successful this year, with SMART achieving 100% of its fundraising targets through statutory funding, grants, donations and income from its social enterprises. In 2017/18, we expect to generate more funding as we seek to support those affected by the Grenfell fire. We also plan to open a well-being hub in Gertrude Street which will integrate NHS and voluntary sector services to support mental health locally.

#### **Risk Management**

The Trustees actively review the major risks which the Charity faces on a regular basis and, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the Charity and confirm that they have established systems to mitigate the significant risks.

#### **Reserves Policy**

SMART's reserves policy is to maintain sufficient level of reserves to enable operating activities to be maintained, taking account of potential risks and contingencies that may arise from time to time. The policy is reviewed annually by the Trustees.

In addition, amounts are set aside to meet financial risks associated with potential contingencies and uncertainties relating to the Charity's operating activities.

**ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**  
**(A Registered Charity and Company Limited by Guarantee)**

**REPORT OF THE TRUSTEES (Continued)**  
**FOR THE YEAR ENDED 31st MARCH, 2017**

**The Future**

SMART works to a five-year business plan and reviews its operational plan annually. We co-produce our work with stakeholders and monitor outcomes to ensure services meet the needs of our community and fulfill our charitable objectives. We will continue to provide at least the current level of service with personalised support to individual clients, more paid positions, and better partnerships working with other organisations. As predicted, we continue to experience significant increase in demand for our services, especially those that are much valued by our client group (e.g. after hours, drop-in support) as provision of these services declines elsewhere. The Board has put in place a robust action plan to develop the service to meet need and SMART will continue to play a significant role in the forthcoming Community Living Well Service which is a 'whole systems' approach to delivering mental health support in Primary Care. This service will be a key part of SMART's response to supporting people affected by the Grenfell fire. SMART will also seek to build the resilience of its local community through mental illness prevention and early intervention work. The planned well-being hub will bring together a range of people with skills and lived experience that can better help the local community to manage their mental health in a holistic and integrated way. Through good planning, SMART is weathering the tough economic conditions well and continues to diversify its sources of funding to support its activities.

**Directors and Trustees**

Members of the management committee, who are Directors for the purpose of Company Law and Trustees for the purpose of Charity Law who served during the year and up to the date of this report, are set out on page one.

Members of the charitable company guarantee to contribute an amount not exceeding £1 to the assets of the charitable company in the event of winding up. The total number of such guarantees at 31 March, 2017 was 6.

**Statement of Directors' Responsibilities**

Company law requires the Directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Company and of the net income of the Company for that period. In preparing those financial statements, the Directors are required to:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the Financial Statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Charity will continue in operation.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Company and to enable them to ensure that the Financial Statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Statement as to Disclosure of Information to Auditors**

So far as the Directors are aware, there is no relevant audit information (as defined by Section 418 of the Companies Act 2006) of which the Company's auditors are unaware, and each Director has taken all the steps that he or she ought to have taken as Director in order to make himself or herself aware of any relevant audit information and to establish that the Company's auditors are aware of that information.

**ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**  
**(A Registered Charity and Company Limited by Guarantee)**

**REPORT OF THE TRUSTEES (Continued)**  
**FOR THE YEAR ENDED 31st MARCH, 2017**

**Auditors**

Jeffrey Altman & Company, Chartered Accountants, were reappointed as the Charitable Company's auditor during the year and have expressed their willingness to continue in that capacity.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act, 2006 relating to small companies.

**Approved on behalf of the Board by:**



**Dr C. Smith**  
**Director and Trustee**

15th December, 2017

**ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**

**(A COMPANY LIMITED BY GUARANTEE)**

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF**

**ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECT (SMART)**

We have audited the annexed Financial Statements of St. Mary Abbots Rehabilitation and Training Projects (SMART) for the year ended 31st March, 2017, which comprise the Statement of Financial Activities (including the Income and Expenditure Account, Balance Sheet and the Related Notes. The Financial Reporting framework that has been applied in their preparation is applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice).

**Respective Responsibilities of Trustees and Auditors**

As described in the Statement of Directors Responsibilities, the Company's Directors are responsible for the preparation of Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accountancy Practice) and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the Financial Statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

This Report is made solely to the Company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act, 2006. Our audit work has been undertaken so that we might state to the Company's members those matters we are required to state to them in an Auditor's Report and for no other purpose.

To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's members as a body, for our audit work, for this Report, or for the opinions we have formed.

**Scope of the audit of the Financial Statements**

An audit involves obtaining evidence about the amounts and disclosures in the Financial Statements sufficient to give reasonable assurance that the Financial Statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the Company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the Directors; and the overall presentation of the Financial Statements.

In addition that we read all the financial and non-financial information in the Financial Statements to identify material inconsistencies with the Audited Financial Statements if we become aware of any apparent material misstatements or inconsistencies we consider the implication for our Report.

**Opinion**

In our opinion the Financial Statements:

- give a true and fair view of the state of the Company's affairs as at 31st March 2017 and of its profit for the year then ended;
- and
- have been properly prepared in accordance with the Companies Act, 2006.
- the Financial Statements have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice.

**Opinion on other matters prescribed by the Companies Act, 2006**

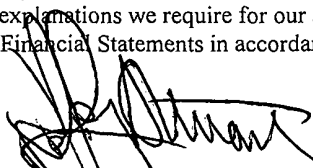
In our opinion, the information given in the Report of the Directors for the financial year for which the Financial Statements are prepared is consistent with the Financial Statements, and the Directors' Report has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act, 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit and have not been received from branches not visited by us; or
- the Financial Statements are not in agreement with the accounting records and returns; or
- certain disclosures of Directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Directors were not entitled to prepare the Financial Statements in accordance with the Small Companies regime.

Wayman House,  
141, Wickham Road,  
Shirley,  
CROYDON,  
Surrey, CRO 8TE  
15th December, 2017



Jeffrey Altman F.C.A.  
**Senior Statutory Auditor**  
for and on behalf of Jeffrey Altman & Company  
Statutory Auditors and Chartered Accountants



**ST MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**  
**(A COMPANY LIMITED BY GUARANTEE)**

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING  
INCOME AND EXPENDITURE ACCOUNT) FOR THE  
YEAR ENDED 31st MARCH, 2017

		2017	2016
	Unrestricted	Restricted	
	Funds	Funds	Total
NOTE	£	£	£
<b><u>INCOMING RESOURCES</u></b>			
Incoming resources from generated funds:			
Donations and grants	71,869	907,331	979,200
Incoming resources from charitable activities	-	7,933	7,933
Total Incoming Resources	3	£71,869	£915,264
			£987,133
			£363,428
<b><u>RESOURCES EXPENDED</u></b>			
Cost of Generating Funds:			
Charitable activities	4	-	496,999
Governance costs	4	18,199	-
		£18,199	£496,999
			£515,198
			£362,819
<b><u>NET INCOMING/(OUTGOING)</u></b>			
<b><u>RESOURCES BEFORE TRANSFERS</u></b>	7	53,670	418,265
Transfers between funds		(4,600)	4,600
			-
			-
<b><u>NET MOVEMENT IN FUNDS</u></b>			
		49,070	422,865
Fund balances at 1st April, 2016		161,301	-
			161,301
Fund balances at 31st March, 2017		£210,371	£422,865
			£633,236
			£161,301

**CONTINUING OPERATIONS**

None of the Charity's activities were acquired or discontinued during the above two financial years.  
The statement of financial activities includes all gains and losses recognized in the year.

**ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**  
**(A COMPANY LIMITED BY GUARANTEE)**

**BALANCE SHEET AS AT 31st MARCH, 2017**

		<u>2017</u>	<u>2016</u>
	<u>NOTES</u>	£	£
<b><u>FIXED ASSETS</u></b>			
Tangible Assets	8	13,428	7,301
<b><u>CURRENT ASSETS</u></b>			
Stocks		123	482
Debtors	9	540,500	18,424
Cash at Bank and in Hand		<u>178,481</u>	<u>166,040</u>
		<u>719,104</u>	<u>184,946</u>
<b><u>CURRENT LIABILITIES</u></b>			
Creditors - amounts falling due within one year	10	<u>99,296</u>	<u>30,946</u>
<b><u>NET CURRENT ASSETS</u></b>		<u>619,808</u>	<u>154,000</u>
<b><u>TOTAL ASSETS LESS CURRENT LIABILITIES</u></b>		<u>633,236</u>	<u>161,301</u>
<b><u>NET ASSETS</u></b>		<u>£ 633,236</u>	<u>£ 161,301</u>
<b><u>RESERVES</u></b>			
<b><u>Unrestricted funds</u></b>			
General funds	11	210,371	161,301
<b><u>Restricted funds</u></b>	11	<u>422,865</u>	<u>-</u>
		<u>£ 633,236</u>	<u>£ 161,301</u>

These accounts are prepared in accordance with the provisions applicable to Companies subject to the small companies regime of Companies Act 2006.

Approved by the Trustees on 15th December, 2017 and signed on their behalf by:



.....  
 Dr C. Smith  
 Director and Trustee

The notes on pages 9 to 12 form part of these accounts.

**ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**  
**(A COMPANY LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS FOR THE  
YEAR ENDED 31st MARCH, 2017

**1. ACCOUNTING POLICIES**

The accounting policies set out below have been applied consistently by the Charity in the preparation of its Accounts.

(a) Basis of Accounting

The Accounts have been prepared under the historical cost accounting rules, the Statement of Recommended Practice, Accounting and Reporting by Charities and applicable Accounting Standards and under the Historical Cost Convention and in accordance with the accruals concept of accounting, whereby both income and expenditure are recognised as they are earned and incurred.

(b) Fixed Assets and Depreciation

Tangible Fixed Assets are stated at either purchase price, open market value or capitalized at the value at which the gift was included in income, less a charge for depreciation calculated at the following rates on the reducing balance basis, so as to write them off over their estimated useful lives.

Plant and Equipment	-	25% per annum
Fixtures and Fittings	-	25% per annum

(c) Charitable Income

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included. Credit is taken in the Accounts for donations, legacies and grants when they are actually received by the Charity.

(d) Taxation

As a registered Charity, the company is not liable to taxation on its income.

(e) Funds Accounting

Funds held by the Charity are either:

- *Unrestricted general funds* - these are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.
- *Designated funds* - these are funds set aside by the Trustees out of unrestricted general funds for specific future purposes or projects.
- *Restricted funds* - these are funds that can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

(f) Resources Expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Certain expenditure is directly attributable to specific activities and has been included in those cost categories. Certain other costs, which are attributable to more than one activity, are apportioned across cost categories on the basis of an estimation of the proportion of time spent on those activities. Government costs include those incurred in the governance of the Charity and its assets and are primarily associated with constitutional and statutory requirements.

**ST. MARY ABBOTS REHABILITATION AND TRAINING PROJECTS (SMART)**  
**(A COMPANY LIMITED BY GUARANTEE)**

NOTES TO THE ACCOUNTS FOR THE  
YEAR ENDED 31st MARCH, 2017

**2. LEGAL STATUS OF THE CHARITY**

The Charity is a Company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**3. INCOMING RESOURCES**

	<u>2017</u>		<u>2016</u>
	Unrestricted	Restricted	
	<u>Funds</u>	<u>Funds</u>	<u>Total</u>
	<u>£</u>	<u>£</u>	<u>£</u>
Royal Borough of Kensington and Chelsea			
- Grants	-	284,200	284,200
Westminster Council - Grant	-	-	-
Wandsworth Council - Grant	-	909	909
Income from various projects and club activities	31,921	6,942	38,863
Other Grants Received	10,000	622,222	632,222
I.T. Fund	-	-	-
SMART Band	-	991	991
General Donations	29,948	-	29,948
Gift Aid	-	-	-
	<u>£ 71,869</u>	<u>£ 915,264</u>	<u>£ 987,133</u>
			<u>£363,428</u>

**ANALYSIS OF TOTAL RESOURCES EXPENDED**

	<u>2017</u>		<u>2016</u>
	Charitable	Governance	
	<u>Activities</u>	<u>Costs</u>	<u>Total</u>
	<u>£</u>		<u>£</u>
Staff costs	339,011	-	339,011
Garden, café and packaging	19,646	-	19,646
Various projects and clubs	83,524	-	83,524
SMART Band	410	-	410
Training and conference	179	-	179
I.T. project	4,600	-	4,600
Premises	7,190	-	7,190
Communications	4,422	-	4,422
Legal and professional	-	14,124	14,124
Audit fees	-	4,075	4,075
Motor and travel	975	-	975
Office expenses and general repairs	18,463	-	18,463
Printing, postage and stationery	14,089	-	14,089
Depreciation	4,477	-	4,477
Administration and services	13	-	13
Finance costs	-	-	-
	<u>£496,999</u>	<u>£18,199</u>	<u>£515,198</u>
			<u>£362,819</u>