



2019-2020

ANNUAL REPORT

Financial Statements For Year Ending 31st March 2020



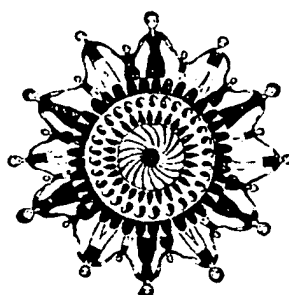
Company Number: 1817676
Charity Number: 295857

LIMEHOUSE PROJECT LIMITED



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Our Trustees

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Jacqueline Baillie-Nelson

Chair & Acting Treasurer
Committee Member
Committee Member
Committee Member
Committee Member
Committee Member
Committee Member

Our Senior Management Team

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Our Solicitors

Russell- Cooke



**In loving memory of Susy Powlesland
(1930-2020)**

It is with a heavy heart that we have to say that one of the founders of Limehouse Project, Susy Powlesland, passed away on 13th May 2020. Susy was a kind-hearted person who dedicated her life to supporting the most vulnerable in our society. She was a community activist for ethnic minorities, many of whom came from BAME backgrounds. Her vision and leadership guided Limehouse Project to become one of the most enduring community anchor organisations in Tower Hamlets. Susy will also be fondly remembered as the headmistress of Sir William Burrough where a large number of children attended from Bangladeshi families. In 2009 she was awarded an MBE for her services to the black and ethnic minority people in East London. Her cherished memory and legacy will continue to inspire us all as we strive towards changing the lives of the vulnerable and the disadvantaged forever.



OUR GOVERNING DOCUMENT

The Limehouse Project (LHP) has been a registered charity since 7th January 1987 and has been incorporated as a Company Limited by Guarantee since 18th May 1984. Our Articles of Association details our aims and objectives, management accountability and mechanisms through which Trustees are elected.

AIMS & OBJECTIVES

LHP seeks to identify, highlight and meet the needs of the inhabitants of Tower Hamlets and East London regardless of gender, gender orientation, race, religion, political affiliation or opinions held of aforementioned inhabitants.

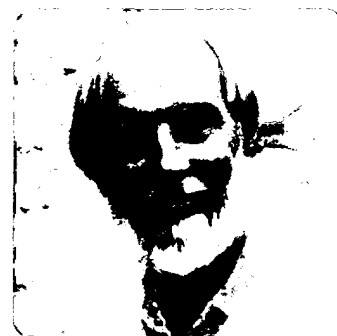
We work independently and in partnership with organisations including local authorities, Residential Social Landlords, voluntary and community organisations in order to advance education, relieve poverty and welfare needs, advance good health and provide facilities as required for the promotion of social welfare, recreation, leisure and community development which improve the quality of life for local residents.

A MESSAGE FROM OUR

CHAIR

Thanks to the support of an inspired team of dedicated Trustees, staff and volunteers, the Limehouse Project continues to develop innovative services to meet the changing needs of disadvantaged local residents.

While sustaining relevant, inclusive and accessible means of helping each individual coming through our doors in addressing any barriers of confidence, finance, language, digital skills and training to making the most of their existing skills, by improving the quality of life of service-users, we also build foundations upon which a wider local community can thrive.



While sadly, programmes such as our Fit for Life initiative supporting 30 isolated older residents to come together for collective gentle exercise to improve health and extend social networks has come to an end, fresh opportunities such as our Living Well Club which provides healthy meals twice-weekly, digital drop-in sessions and workshops helping particularly vulnerable older people access programmes such as WhatsApp to keep connections with family and friends have grown to support 30-40 participants weekly.

A dedicated Volunteer Coordinator has also updated and improved protocols and support mechanisms for our talented team of volunteers who's profiles range from university students to socially-isolated women engaging in civic activities for the first time. While one might support our Living Well Club sessions, another might update our social media marketing strategies and practical capacity.

Special thanks to all our volunteers, from our IT students who designed and delivered IT support sessions for first-time digital clients, to our classroom assistants helping our training team deliver efficient and effective outreach workshops. Our application for nationally-recognised Investing in Volunteers accreditation has now been submitted to underpin the good work of our team and ensure quality experiences for each and every volunteer joining our team!

Building on the success of our Little Limehouse Pre-school which addresses a shortage of affordable and quality childcare locally while providing work experience opportunities for trainees on our accredited childcare course seeking qualifications for their first-ever employment, we now wish to develop further income-generating activities providing quality social benefits while enhancing our financial independence and resilience in turbulent times.

As we enter a period of financial stability, thanks are due for hard-work and leadership from our Director, Farida Yesmin, Fundraising Officer, Gerard McKinney (who also helped reinvigorate our financial management systems this year), and Kay Browne who straddled multiple roles managing our Advice Team and - when we said a warm goodbye to Juliana Ajibade, our formidable Access to Employment Manager of six years' standing - our training for employment team as well. Thanks to the generosity, dedication and determination of all of you, our service, more relevant than ever in times of crisis, is positioned to swiftly adapt and service vulnerable people mainstream services are often not able to reach.

Dennis Twomey, Chair

A LEGACY OF LISTENING



From left to right: Salma Rauf (Finance Manager), Suzy Powlesland (Founder) and Dennis Twomey (Founder & Chair), 1987

We are proud of our heritage as a charity emerging from a grass-roots local campaign to address homelessness and a rise in racial attacks.

The LHP delivers a diversity of services for local people whose feedback and insights help identify emerging and unmet need in light of evolving demographic and social trends. This, in turn, informs future strategies to identify further gaps in local services to meet the needs of some of Britain's most disenfranchised residents through innovative, accessible and sustainable services.

While extending our geographic reach into further areas of unmet need in East London, we have built the capacity of staff members largely drawn from amongst local BAME residents who speak local community languages and become positive role models for local residents who are furthest from employment markets.

Our work responds to local issues as they arise. While developing new projects such as those highlighted further in this report to ensure our services remain relevant and effective, we deliver a range of services responding to the changing needs of local people.

Achievements such as our nationally-acclaimed award as the Best Women in Housing award for 2018 speak of our bonds of trust with some of Britain's hardest-to-reach residents and professionalism in helping them achieve.



The first Limehouse Project team overseeing the building of new houses for local homeless people, 1992.

MANAGEMENT STRUCTURE

We are governed by a voluntary and elected body, composed of local people with a wealth of professional expertise which includes former teachers, employment advisers, risk and management consultants, local business and financial sector representatives. Our Trustees meet quarterly to consider strategies and provide guidance on questions of finance, sustainability, human resources and service delivery.

INTRODUCTION OF NEW TRUSTEES

LHP and potential trustees often come to each other's attention through our extensive networks. Upon joining, each new trustee is issued with an induction pack and invited to attend short training sessions to familiarise themselves with the context in which we work and our constitutional framework. Annual Planning Days also offer incoming trustees an opportunity to discuss our strategic priorities.

PRINCIPLE FUNDING SOURCES

LHP's work is supported through statutory and private charitable trust grants and Service Level Agreements (SLAs). Current funders and partnerships include:

- London Borough of Tower Hamlets funded LCF Partnership Consortium: delivering social welfare advice and skills development training programme.
- National Lottery Community Fund: for skill development training of local women.
- GP Health Advice Initiative: networking advice and health agencies.
- Crucial funding and other support are also provided by City Bridge Trust, The Lloyds Bank Foundation, Ocean Regeneration Trust, East End Community Foundation, Paddington Development Trust, Power to Change, The Home Office, Big Energy and many more funders supported our delivery of services and ensuring our future financial sustainability.

FINANCIAL REVIEW

The LHP has been fortunate in being able to develop and sustain new income-generation assets which meet our aims of building local capacity while ensuring our longer-term sustainability.

Our pre-school, launched in 2017, continues to generate income while providing a quality childcare service for local parents. LHP also continues to expand our partnerships with voluntary sector and statutory bodies to deliver key services.

RESERVES POLICY

We, the trustees of the Limehouse Project, believe that a strong reserves policy supports the sound financial management of our charity. Most of the charity's funding comes from commissions and grants awarded by statutory bodies (approx. 70% annually), grants from trusts and foundations (approx. 20% annually), and earned income through our preschool provision along with a small amount of letting income (approx. 10% annually).

We seek to maintain a level of unrestricted reserves in order to protect the Limehouse Project from major risks (such as an unforeseeable loss of income), maintain financial resilience and ensure the charity's long-term future.

We recognise that our reserves policy should be flexible, risk focused and actively monitored and reviewed during each financial year as part of our internal financial management. To that end, our regular management accounts reporting includes an estimated reserves analysis with explanations of any variances from our current reserves policy.

Our total unrestricted reserves policy for this financial year is £943,000, consisting of £643,000 in designated reserves and £300,000 in free reserves.

Of our designated reserves allocations:

- We have an allocation of £423,000 which relates to land and buildings which we need in the short and medium term to deliver our services and are therefore not available as liquid assets.
- We hold an allocation of between three and six months for staff and administrative overheads for back office core costs. We currently hold £90,000 which represents six months.
- As a prudent precaution, we have set aside an allocation of £50,000 for potential redundancy costs in the event of the organisation having to close due to adverse financial conditions.
- We are pursuing opportunities to develop our premises to accommodate an expansion in our service provision. This will require an amount of initial capital expenditure and an allocation of £80,000 has been set aside as a contribution towards these endeavours.

The charity's current free reserves level is set at £300,000 in order to support up to six months direct frontline service provision which may be affected by unanticipated threats and eventualities. Our 2019/20 free reserves levels of £178,773 represents approximately four months funding for these critical frontline services.

As this financial year ended, we saw the onset of the Covid-19 pandemic and the resultant lockdown across the country. While the crisis may adversely affect our cash flow and funding in the short-term, we hope that the financial resilience of our reserves policy will help the Limehouse Project emerge out of the pandemic a much stronger organisation which will continue to provide flexible, vital services for our marginalised citizens in our local communities.

RISK MANAGEMENT

Procedures are in place to ensure compliance with health and safety requirements for clients, staff, volunteers and visitors to our premises and LHP Trustees have established an annually-reviewed risk register alongside mitigating procedures.

Internal financial control risks and risks to funding are managed through strategic planning ensuring transparency and diversity in funding sources.

ASSURING QUALITY SERVICES

LHP ensures regular staff supervision and training to ensure a good standard of services. Members of our advice team are bilingual in community languages, have a good understanding of clients' needs and have on average six years' experience of listening, advising and undertaking casework.

Our services are routinely inspected by external agencies to ensure our work meets established quality assurance requirements; we hold nationally-recognised Advice Quality Standards for our advice services, Level 1 Office of Immigration Services Commissioner (OISC) certification for casework.

We are also a registered licence holder (LHP FCA 618791) with the Financial Conduct Authority for our delivery of Debt and Money Advice and we have held the Matrix quality assurance certification since 2005.



PLANNING FOR THE FUTURE

LHP undertakes regular strategic reviews to help consolidate and enhance our capacity to work flexibly and effectively in a rapidly changing charitable service sector.

Our development aims, as identified in our current three-year Business Plan, further address strategies including:

- Strengthening the LHP as a community hub by increasing the capacity of existing services;
- Exploring demand for further provision and partnerships to meet needs identified by existing and new potential service beneficiaries to enhance community capacity and cohesion;
- Increasing volunteer engagement with our services;
- Adopting a more holistic approach to identifying and addressing underlying client needs;
- Providing a holistic employability support service addressing social welfare and personal barriers to achieving for each client coming to our service.

IMPACT OF COVID-19

In the face of the Covid-19 pandemic, the Limehouse Project had to suspend direct face-to-face services including our advice service, training programmes and the luncheon club sessions for our older residents. We had to make one member of staff redundant and we initially furloughed 6 staff including the nursery staff.

The Limehouse Project teams have been working remotely since our office closed on 20th March. We have adapted to the new working arrangement and supported the teams with the necessary equipment, e.g. laptops, telephone systems and basic digital support to ensure we can continue to effectively provide vital services to particularly vulnerable residents whose lives have been significantly affected during this lockdown period.

We now provide effective advice, employment and training programmes online and by phone. We have established a new food distribution hub to help support our older citizens. This new, vital service has been expanded to support other disadvantaged families in the borough. The food hub now delivers up to 300 meals and food parcels each week.

In 2019-20 LHP trading income made up 16% of all our total annual income. The main source of trading income is generated by LHP's fee-paying trading service the Little Limehouse Preschool. Due to Covid-19 the nursery was closed, and staff were furloughed.

Therefore, we are expecting a loss of trading income in 2020, however we have increased our fundraising activities to secure crucial Government and trusts and foundations emergency Covid-19 funding, for which we are very grateful.

The Limehouse Project's board of trustees have assessed the future of the Charity and are of the opinion that the overall impact of the pandemic on the Charity has been manageable so far. Earlier we had mentioned some of the operational changes we have put in place to cope with the challenges posed by the pandemic.

IMPACT OF COVID-19 CONT.

We had also taken strategic decisions in previous years to build up the free reserves in order to strengthen the financial resilience of the organisation. We have taken measures to protect the provision of our crucial services in the short-term as per our reserves policy.

However, we also need to work to replenish and improve our reserves position in the short to medium term, as we have no clear picture yet as to the scope of the challenges which will inevitably arise over the next few years due to the ravages of this pandemic.

There have been no other significant events between the yearend and the date of approval of these financial statements which would require a change to, or disclosure in, the financial statements.

LIMEHOUSE PROJECT SERVICES

We provide support for the most disadvantaged, principally addressing:

- Poverty and social welfare.
- Employment and training.
- The promotion of good health and wellbeing, particularly amongst our older citizens.

Our core services focus on supporting women, older people, people of ethnic minority origin, and those for whom English is not a first language. Most of our service users are from local BAME communities, with the largest group being from Bangladesh.

We work with our beneficiaries to identify services which will empower them to aspire and work towards better lives for themselves and their families. To that end, we have five goals we worked towards during 2019/20.



GOAL ONE: INCREASING ACCESS & IMPROVING KNOWLEDGE

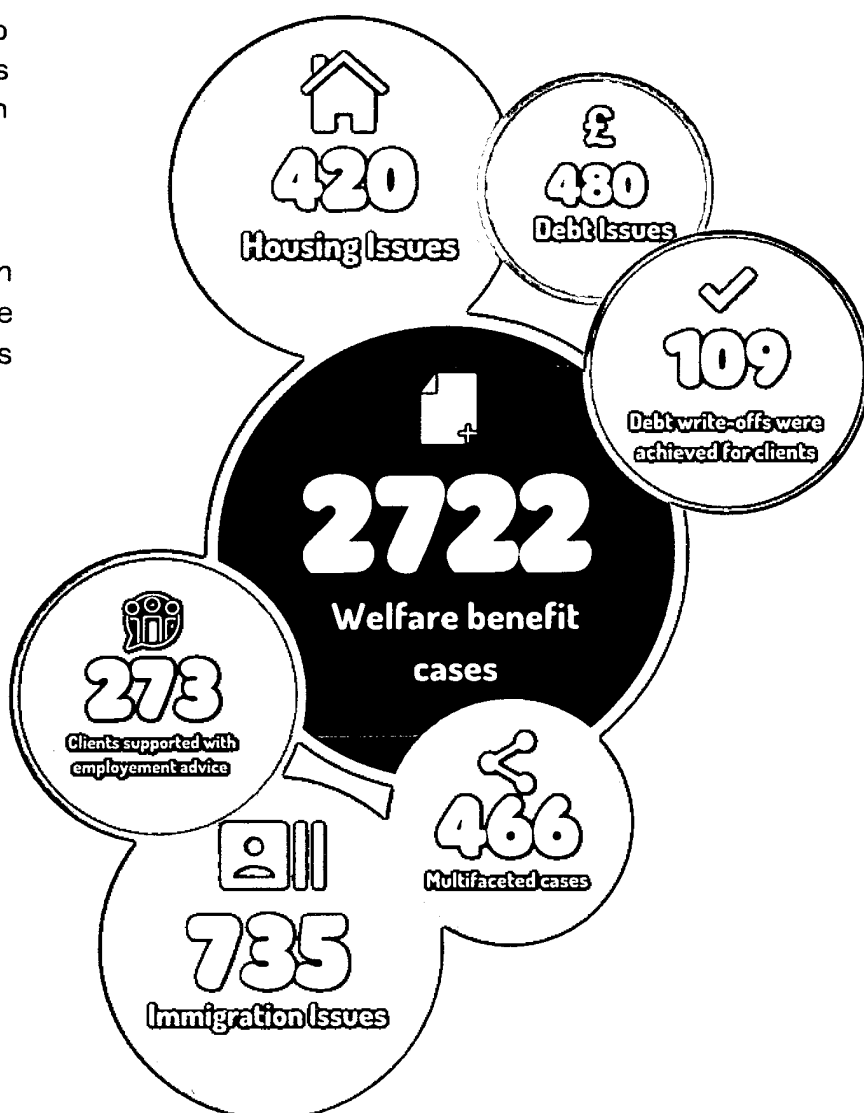
“

I never really appreciated the work involved until I saw your dedication in helping me. I am so grateful that the Limehouse Project's Advice Service is here to help in times of need -Service User A.B.

”

5,205 individuals sought help across our free advice services and their need for support can be broken down as follows:

A total of **£5,171,080** in additional household income was secured for our clients during 2019/20.



GOAL ONE: INCREASING ACCESS & IMPROVING KNOWLEDGE CONT.

While 65% of our work normally relates to socially-marginalised individuals and families reliant on welfare benefits, economic uncertainty has led to a steep increase in demand for our advice from those on limited or severely reduced incomes.

Welfare reforms have also dramatically impacted disadvantaged communities in areas ranging from housing benefits and immigration advice as a part of European settlement Scheme money and debt, energy and efficiency advice as a part of maximisation of our clients' income. Our Advice services address

- Welfare Benefits
- Immigration
- Financial Inclusion
- Housing
- Debt & Money Matters
- Health & Welfare

While working hard to meet these core needs, the diversity of our advice service delivered by trained and experienced advisers who are bilingual in local BAME languages help us deliver a flexible and holistic approach. We also undertake assessments of wider needs to help raise awareness of strategies and progression routes to help clients make informed decisions.

Each client's progress is monitored on our CRM system as we continue to flag up health and wellbeing, training and volunteering opportunities appropriate to each client's aspirations.

We also support isolated carers and older people through services such as our luncheon club. Given that a disproportionate percentage of carers in the locality are of BAME heritage, such services significantly help ensure whole communities are able to maintain better health and connect with others at times of need.

We have led a consortium of advice partnerships since 2008 providing generalist advice and casework in the Stepney, Wapping and Limehouse wards of Tower Hamlets, and we have developed strong working relationships through which to help engage with hard-to-reach residents and offer quality advice.

In September 2019, Tower Hamlets Council changed their mainstream funding to the Local Community Fund and under this new funding programme LHP joined a boroughwide consortium led by the East End CAB which allowed us to continue to deliver the advice services in the three wards covering Limehouse, Stepney and Wapping.

As a part of our advice services, we have also supported residents through the *Big Energy Project* and *Ocean Universal Credit Support Services*.



CASE STUDY: WELFARE BENEFITS ADVICE

Mrs A. is 40 years of age, married with four children aged 10, 7, 12, and 14. Her 14-year-old son suffers from autism, learning disability and severely disabled. Mrs A. called our advice service in September asking for help to make a claim for Carer's Allowance Benefits to look after her disabled son.

After a brief assessment of her situation, the adviser did a benefit check on her Universal Credit (UC) entitlement and realised that Mrs A.'s current benefits payments were incorrect. She was missing a severely disabled child additional payment of £400.29 per month for her 14-year-old son who was receiving the DLA Higher Rate Care Component.

The Adviser arranged a face-to-face appointment for Mrs A. to complete her Carer's Allowance Application and asked her to bring a copy of her child's Disability Living Allowance award letter.

At first, Mrs. A. was confused, overwhelmed and did not quite understand that she was under claiming and was really entitled to backdated payments. During her interview, our Welfare Benefits Adviser carefully explained the calculation to her step by step, showing that Mrs A. was entitled to backdated payments totalling £9,410 towards supporting her disabled son.

The Adviser also assisted Mrs. A. to report the change of circumstances to UC by updating her 'to do' list, asking for a recalculation of her benefits to include the extra allowance for her disabled son.

Furthermore, Mrs A. also qualified for a Carer Element of £162.92 per month to be added to her UC award when she started getting the Carers Allowance Benefit. Overall Mrs A. secured £9,410 in backdated payments and now has an annual income of £19,960 to help support her family – an increase of £6,760 from the £13,200 coming in annually when she first contacted us in September.

Mrs A. was extremely thankful and emotional for all the help and support, she received from us.

“

Your organisation has saved my family from poverty and destitution.

”

LHP advice services were also delivered across 5 GP surgeries as a part of our health link project (THHAL).

GPs are, on average, are only allocated a mere 10 minutes per appointment to see each of their patients and address their health needs. It is recognised that people's health is determined primarily by a range of socioeconomic and environmental factors, such as work, housing, personal finances and wellbeing issues.

Given the time pressures inherent in a busy daily schedule of short appointments, most GPs only have time to address their patients' immediate medical needs, and as a result it is estimated that less than 20% of GP appointments, does the doctor have any chance to look at the wider social issues that could be affecting their patient's health. However, patients continue to approach GPs for help with non-clinical matters which can be contributing factors affecting their overall health and wellbeing.

WELFARE BENEFITS ADVICE CONT.

GPs and other medical professionals can now offer patients community referrals to local agencies which can help support them with many non-clinical issues. As part of supporting such local social prescribing initiatives, we provide a number of weekly outreach sessions in local surgeries and clinics as part of the Tower Hamlets Health Advice Links Project (THHAL).

Our onsite advisers can offer direct support with advice on welfare benefits entitlements, debt advice and refer patients to our employment and training services, volunteering opportunities, our health projects for older residents. We can offer follow up advice sessions and signpost patients to other local agencies who can help them with other issues as well.

CASE STUDY: GP SURGERY OUTREACH ADVICE WORK

Mr J. was recovering cancer patient who also suffered from anxiety and depression. He was 55 years old at the time. He lived alone in a one-bedroom flat. He was referred to our onsite advisers because he wanted to request an early state pension release as he is not managing very well on his Employment Support Allowance (ESA). Mr J. needed help with buying a cooker as he does not have one and sofa as the very worn out and causing him back pain.

Our adviser informed Mr J. that it was not possible to bring forward early state pension payments. However, in order for an increase in his income, he was advised that he may qualify for Personal Independence Payment (PIP), which is a separate benefit to his ESA entitlement. We offered him a follow-up appointment to apply for PIP and advised him to bring hospital reports and appointment letters as well as his bank details for this appointment. He is now awaiting a decision on that PIP application.

For the essentials in his flat, we advised him that we can assist him in applying for the Residential Support Scheme. We booked him another appointment for this as he needed to come back with more information.

On his follow up appointment, we assisted him in applying for a residential support scheme online, attached with a copy of his medical records. His application was successful and he was awarded £355 Argos voucher and a cooker and sofa were purchased and delivered to his home address.



GOAL TWO: DEVELOPING SKILLS, MOBILISING COMMUNITIES

“

I used to be too shy to speak English. Thank you so much for this course. I feel more confident from the conversation clubs. I am able to speak to people and I believe in myself more. I passed my exams and got my Entry level 1 English certificate. I'm so happy. I will be doing more courses!

- Service User, R.P.

”

Our team annually supports hundreds of people aged 18+ to embark upon new trajectories to help realise their personal and professional aspirations. By helping individuals furthest from employment opportunities in building skills, experience, confidence and knowledge heightening their suitability for permanent employment. We also help to address personal challenges which may be frustrating an individuals' quest for financial security.

LHP begins by working with clients to capture their experiences, skills, caring constraints and work aspirations to create tailored Personal Action Plans outlining each step to move them forward, from gaining basic skills, self-confidence and awareness of opportunities on offer in their chosen fields, before going on to accredited training, volunteering through which to establish their capacity and gain much-needed references for employment.

As each individual's circumstances inform personal and professional challenges as they embark on this journey, the Limehouse Project offers clients a diversity of starting points and support systems as they take their first steps towards the job market. These support activities include:

- Confidence & Capacity Building.
- ESOL classes.
- Literacy & Numeracy Development.
- Employment Training & Support.
- IT training.
- Accredited Training.
- Accredited technical skills training.
- Sports Programmes for Women.
- Job Shop. users.
- Digital inclusion programmes for elderly service users.

We want to thank our funders for making it possible for us to deliver these much-needed programmes producing a range of positive impacts to individuals' increased confidence and motivation to do what they never thought possible; transforming their own life-skills skills into employment skills as they progress from non-accredited to accredited training and volunteering to employment.

GOAL TWO: DEVELOPING SKILLS, MOBILISING COMMUNITIES CONT.

LHP's Access to Employment programmes vary from year to year. In 2019/20 they included:

- **Developing Potential:** supported 149 unemployed BAME women with skills development and access to accredited vocational training in partnership with Account3, Women's Inclusion Team, Somali Parent and Children's Play Association and signposting from Tower Hamlets Homes.
- **Breakthrough Partnership** (with Paddington Development Trust and ESF): this Pilot project engaged 12 BAME women to break into the construction industry through a vocational Painting and Decorating training course and by offering opportunities to further explore other avenues for employment.
- **Getting Ready for Employment, Making Changes:** supported 44 residents with job searches, up-skilling and capacity building.
- **'Welcome to Tower Hamlets' Project:** in partnership with ELATT, we supported 28 migrants who had been in the UK for less than 10 years who had no recourse to public funds. The project helped them to better integrate into local community life, build confidence and improve their English language skills through ESOL classes and supporting them into volunteering opportunities.
- **Tower Hamlets Homes Digital Confidence:** which supported 24 THH residents to get online and gain confidence and skills in order to access THH online services so they can report repairs, manage rent and housing issues via a 'MyTHH' online portal.
- **Partnership with Rise Training:** supported 15 learners to gain level 1 BTEC and also supported providing laptops for the learners who completed to continue learning!

KEY CLIENT MILESTONES

- **Over 1,000 service users** have accessed our employment service through signposting, referrals and partnership links.
- **146** learners embarked on accredited and vocational training courses in Business Admin and IT, Functional English, accredited ESOL Support for Teaching Qualifications and Early Years Education as well as externally-facilitated programmes such as 'Women in Health' and 'Health and Social Care'.
- **46** participants completed non-accredited training in areas such as confidence building and developing basic employment skills and motivation training.
- **20** beneficiaries became volunteers in administrative and support roles in School and Early Year's settings.
- **31** clients moved into flexible, part-time and full-time employment as appropriate to their caring needs. Many were accessing employment for the first time!

All clients are supported by our in-house Employment Adviser to identify barriers which may be hindering them accessing employment, such as childcare and other family caring commitments.

CASE STUDY: EMPLOYMENT SUPPORT

Mrs B. came to the UK as a housewife from Bangladesh. She had achieved Level 2 in Childcare elsewhere and now needed help to find work. She heard of our work through a friend and looked up courses on the LHP website before booking an appointment to meet an Access to an Employment team member.

In her first appointment with our adviser, she discussed her job goals and aspirations. They also identified that Mrs Begum needed to improve her English. She was assessed and enrolled on functional level 1 and 2 English courses which are provided by LHP.

Mrs B. was delighted to know how quickly she could enrol on our courses and made a start. A family emergency, however, led to her missing her final exams so she returned when she next could to join our Developing Potential programme offering a range of accredited and non-accredited courses to enhance employability.

Our Employment and Training Adviser helped her identify a p/t job opportunity at a local nursery for which she landed her first-ever interview. Anxious and nervous, she worked intensely with our team to prepare for possible interview questions and answers, improve her interview skills through mock interviews and use of the STAR technique (situation, task, action and result). She struggled at first, but soon found her feet and to her delight, got the job which fits neatly with her childcare commitments.

Mrs B. didn't stop there though and with LHP's career development support, has been accepted to a Level 3 Childcare course facilitated by local referral partners at Account3.

“

I am very grateful to LHP for supporting me,” she said. “in taking a keen interest in my development and helping me find work. The interview preparation session was amazing and made it easier for me to get through the interview process. I am also very happy that I will go on to do further accredited training in Childcare 3 which will really help me to progress in my career! - Mrs B.

”

GOAL THREE: SUPPORTING HEALTHIER INTEGRATED COMMUNITIES

The Living Well Club

To address the changing needs of older local residents, a majority of whom are of BAME heritage, we redeveloped the existing format of our successful Luncheon clubs, and transformed these into a newly developed service called the Living Well Club (LWC).

While enhancing the physical and mental well-being of older 50+ adults through informal learning, craft and self-care activities, the programme seeks to reduce loneliness amongst isolated residents by bringing them together for weekly lunches and support participants in improving digital skills to stay in touch with friends, family and one another. In 2019/20 the LWC had two main activities before the service was revamped.

A Luncheon Club for the Elderly

“
I'm often alone - which is scary and depressing. But now, I have friends that I see every week and now have something to look forward to.
Thank you. - Service user, C.M.
”

An average of 50 older and socially-excluded women and men attend inclusive weekly luncheon, Carrom board games, badminton or light sports activities and discussion groups. While connecting and staying active, participants also join workshops exploring strategies to better manage ailments such as diabetes, arthritis and hypertension.

While enabling healthier and more sociable lifestyles where sessions might offer residents their only weekly social interaction, this showcase project has also led to further cohorts of older women asking to take part.



GOAL THREE: SUPPORTING HEALTHIER INTEGRATED COMMUNITIES CONT.

The Fit4Life Women's Sports Programme

The LHP Fit4Life women-only classes in Zumba, Aerobics and Yoga which have been designed to cater to our audience's cultural needs.

As well as delivering regular exercise classes, the LHP has redeveloped its original offer to incorporate a quarterly Health Education Workshop together with a range of carefully selected initiatives into our programme.

We have been delivering Fit4life since 2010 and there is an ongoing need for this type of programme. Approximately 17% of the borough population is reported to have long-term illnesses, health problems or disabilities that limit their daily activities. Our own monitoring and evaluation analysis has shown that:

- 52% of service users initially contacting us to access our main advice services, also have either one or a combination of long-term health conditions/disabilities, whilst 23% have reported experiencing emotional and psychological issues.
- 89 % of Fit4Life participants reported improvement in their mental health and wellbeing after attending the sessions.

In September 2019 after a long nine years of delivery, unfortunately, we had to close the Fit4Life programme as the funding programme came to an end.



GOAL FOUR: VOLUNTEERING

“

The experience has contributed to my learning; I'm so happy I started volunteering here to build my skills and be part of this team. - Ashwini, Volunteer Project assistant 2019.

”

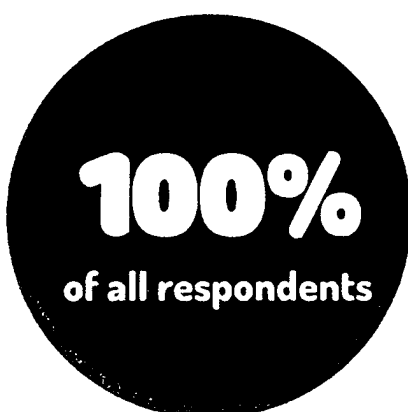
The Limehouse Project's Volunteering and Community Involvement initiative successfully attracted two-dozen volunteers from a diversity of backgrounds during 2019/20; each brings a combination of enthusiasm, expertise and creative contributions to our services this year.

While women seeking work experience for the first time have been helping manage our luncheon club, fitness classes and undertake placements in our Little Limehouse Pre-school, a dozen more volunteers, from local residents to law students seeking placements, have been helping deliver our frontline our advice services this year.

While an ICT tutor initiated a digital training programme that helped clients build much-needed skills over a period of six months, a Marketing student from Queen Mary University engaged in a three-month placement to help enhance our social media platforms. Volunteers working as project assistants supporting community outreach initiatives for our Employment & Training programme have also improved their own marketing and communication skills in their time with us.

As we further embark on our journey to gain an Investing in Volunteers quality standard, we seek to improve and sustain our good practices in supporting volunteers in accessing rich and outstanding experiences while also demonstrating our value to a wider public. We share volunteering opportunities widely, through online, word-of-mouth and pro-bono partnerships to welcome community involvement from local residents, colleges and businesses at a range of starting points and capacities.

Each volunteer's journey is distinct, with many reporting a desire to 'give back to the community', gain experience, build skills and confidence. Many volunteers can access accredited or non-accredited training as part of their LHP experience so that they can move on with enhanced skills as evidenced below from feedback from 14 of this year's volunteers:



- **Increased skills**
- **Increased confidence & motivation**
- **Felt their Contribution Impacted LHP**
- **Would recommend volunteering at LHP to others**

We want to thank our dedicated volunteers working across Limehouse Project for their very positive contributions during 2019/20.

CASE STUDY: VOLUNTEERING

“

It felt welcoming and encouraged me to share my own opinions on what the volunteer role should look like. I felt part of the team quite instantly and really enjoyed my time learning in the role. - Sahid.

”

Sahid found out about volunteering with the Limehouse Project online. A recent Psychology graduate, he was unsure of what field he wanted to work in so when he saw a Generalist Welfare Benefit volunteer post advertised on our website, he thought it would be a good way to develop transferable skills, gain experience and give back to the community.

Sahid was soon inducted as a volunteer and shadowed advice team members while learning about practical aspects of providing advice and following good practice procedures, he was invited to team meetings, accessed training and had one-to-ones supervision and support from the Volunteer Coordinator

His confidence and motivation grew as he was invited to set goals for himself, build skills through training including accredited NVQ Level 3 Information, Advice and Guidance certification.

Six months on, with a nationally-accredited certificate under his belt, he began on a journey to find employment and is now a trainee Debt Adviser. He credits the Limehouse Project for contributing to his accomplishments when he says:

“

I didn't expect to make this progress when joining the team. It has been a great experience for me and I thank the whole team for their support. Helping the community has been a really rewarding experience and I'm glad I found this opportunity. - Sahid.

”

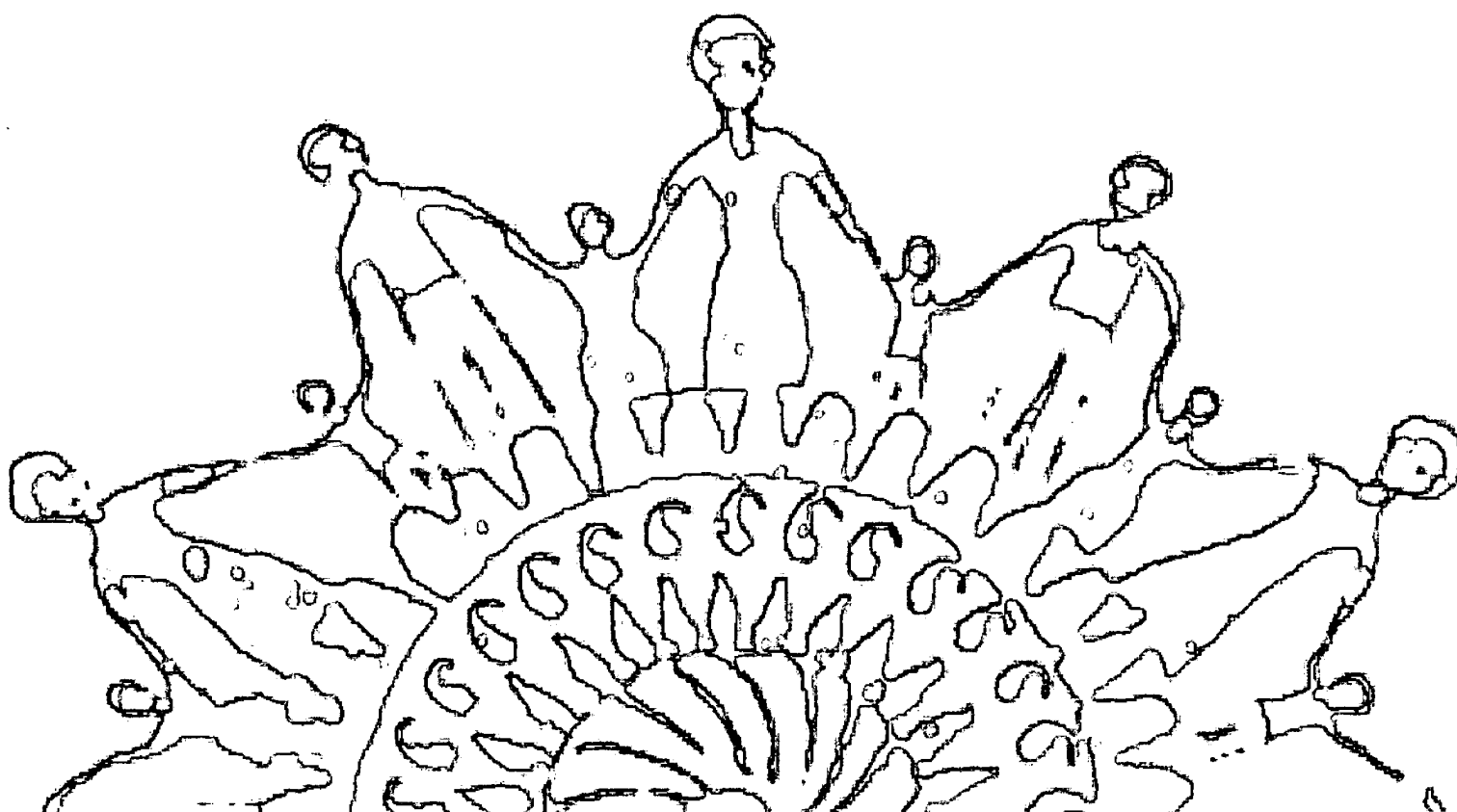
GOAL FIVE: CHILDCARE PROVISION

We are proud to watch our Little Limehouse Pre-school, founded in 2017, go from strength to strength. As the service now operates at 90% of its total capacity, the value of our welcoming service has also been confirmed in our first-ever Ofsted quality standard inspection rating offering a prestigious scoring as a 'GOOD' service.

While addressing demand for affordable and quality childcare in the Limehouse area of Tower Hamlets, some of our 35 places are designated to help young people from families unable to pay for childcare (and experiencing some of Britain's highest levels of deprivation) get the best start in life. As with adults coming through our doors, each child is positively supported in their development of further social, emotional, creative, educational and functional skills.

Our Pre-school also offers work experience placements for hard-to-reach and predominantly BAME women seeking to capitalise on transferable childcare experience and skills via our childcare vocational training for employment programme.

While simultaneously supporting particularly vulnerable women and offering quality services to those juggling family caring and work commitments, our pre-school initiative has also enhanced the diversity of the Limehouse Project's income streams and helped contribute some 10% towards our overall income for further local charitable work.



TRUSTEE'S

RESPONSIBILITIES

The Management Committee members (who are trustees for the purpose of the Charity Act 2011 and, also the Directors of the Limehouse Project Limited for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

AUDITORS & SMALL COMPANIES PROVISIONS

Disclosure of Information to Auditors

In so far as the trustees are aware at the time of approving the report of the trustees:

- there is no relevant audit information (as defined by section 418 of the Companies Act 2006) of which the charity's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

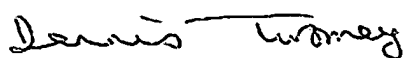
Reappointment of Auditors

The auditor, Harmer Slater Limited, have indicated their willingness to continue in office and in accordance with section 487(2) of the Companies Act 2006 are deemed to be reappointed.

Small Companies Provisions

The trustees have taken advantage of the small companies' exemptions provided by sections 414B and 415A of the Companies Act 2006 from the requirement to prepare a strategic report and in preparing the trustees' report on the grounds that the charitable company is entitled to prepare its accounts for the year in accordance with the small companies' regime.

Approved by the trustees on 27 January 2021 and signed on their behalf by:



Dennis Twomey
Chair of Board of Trustees

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF LIMEHOUSE PROJECT LIMITED

Opinion on financial statements

We have audited the financial statements of Limehouse Project Limited for the year ended 31 March 2020 which comprise the Statement of Financial Activities (including income and expenditure account), the Balance Sheet, the Statement of Cash Flows and the related notes 1 to 23. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2020, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the requirements of The Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees (who are also directors of the charitable company for the purpose of the company law) use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the group's or the parent company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF LIMEHOUSE PROJECT LIMITED

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Trustees' Report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you, if in our opinion:

- the information given in the trustees' reports is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of Trustees

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 1), the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF LIMEHOUSE PROJECT LIMITED

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee, that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

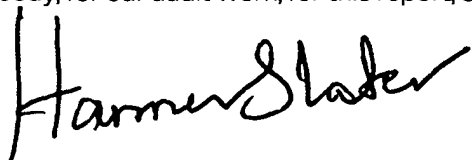
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF LIMEHOUSE PROJECT LIMITED

Use of the audit report

This report is made solely to the charitable company's members, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Harmer Slater Limited. Statutory Auditor

Salatin House, 19 Cedar Road

Sutton,

SM2 5DA

Date: 27 January 2021

Harmer Slater Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2020

	Notes	Unrestricted Funds £	Restricted Funds £	2020 £	2019 £
Incoming resources					
Income from:					
Donations and grants	3	42,183	161,272	203,455	162,685
Investment income	4	336	-	336	240
<i>Charitable activities</i>					
Advisory, training & development	5	413,912	289,456	703,368	703,233
Total Incoming resources		456,431	450,728	907,159	866,158
Resources expended					
Costs of generating income	6	107	-	107	3,404
Expenditure on charitable activities	7	380,794	424,157	804,951	823,043
Governance costs	8	41,622	11,663	53,285	35,017
Total resources expended		422,523	435,820	858,343	861,464
Net incoming resources before transfers	9	33,908	14,908	48,816	4,694
Transfers					
Gross transfers between funds	19	72,069	(72,069)	-	-
Net movement in funds		105,977	(57,161)	48,816	4,694
Reconciliation of funds					
Total funds brought forward		715,460	72,069	787,529	782,835
Total funds carried forward		821,437	14,908	836,345	787,529

All of the above results are derived from continuing activities. All gains and losses in the year are included above.

BALANCE SHEET

AS AT 31 MARCH 2020

(COMPANY REGISTRATION NO:1817676)

	Notes	2020 £	2019 £
Fixed assets			
Tangible assets	11	786,134	794,793
Current assets			
Debtors	12	84,371	145,681
Cash at bank and in hand	13	464,413	320,976
		<u>548,784</u>	<u>466,657</u>
Creditors: amounts falling due within one year	14	<u>183,817</u>	<u>139,201</u>
Net current assets		<u>364,967</u>	<u>327,456</u>
Total assets less current liabilities		<u>1,151,101</u>	<u>1,122,249</u>
 Creditors: amounts falling due after more than one year			
	15	<u>(314,756)</u>	<u>(334,720)</u>
Net assets		<u><u>836,345</u></u>	<u><u>787,529</u></u>
 Funds			
Restricted funds	17	14,908	72,069
Designated unrestricted funds	18	642,663	409,393
General unrestricted funds	18	<u>178,774</u>	<u>306,067</u>
Total funds carried forward		<u><u>836,345</u></u>	<u><u>787,529</u></u>

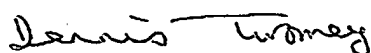
For the financial year ending 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. However, an audit was required in accordance with section 144 of the Charities Act 2011.

The trustees, who are regarded directors for the purpose of the Companies Act 2006, acknowledge their responsibility for complying the requirements of the Act with respect to accounting records and for the preparation of the accounts.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

These financial statements were approved and authorised for issue by the Trustees on 27 January 2021 and signed on their behalf by:



Dennis Twomey
Trustee

The notes on pages 31 to 44 form part of the accounts.

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2020

	2020 £	2019 £
Cash flows from operating activities:		
Net income for the year	48,816	4,694
Adjustments for items not affecting the cash flows:		
Depreciation charge	9,171	10,526
Loss on disposals	3,333	-
Bank interest received	(336)	(240)
Net operating cash flows before reinvestment in working capital	60,984	14,980
Decrease in debtors	61,310	30,853
Increase \ (decrease) in creditors	44,616	(41,660)
Net cash flows from operating activities	166,910	4,173
Cash flows from investing activities:		
Purchase of tangible fixed assets	(18,845)	-
Grant received for purchase of equipment	15,000	-
Bank interest received	336	240
Net cash used in investing activities	163,401	4,413
Cash flows from financing activities:		
Loans repaid	(19,964)	(18,950)
Change in cash and cash equivalents in the reporting period	143,437	(14,537)
Cash and cash equivalents at the beginning of the reporting period	320,976	335,513
Cash and cash equivalents at the end of the reporting period	464,413	320,976

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

a) Going concern

The Charity's ability to continue as a going concern is dependent on its success in raising funds from Government, other public authorities and donations, none of which can be guaranteed. The volume of services that can be provided is directly dependent on funding levels. The trustees remain in regular contact with sponsoring local authorities to secure their ongoing financial support.

In the current economic environment funding is under pressure and will continue to be under pressure for the foreseeable future. However, the trustees feel that adequate funding is in place for at least the next 12 months and in consequence have prepared the charity's financial statements on a going concern basis.

b) Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and the Companies Act 2006.

Limehouse Project Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The functional currency of the charity is considered to be pounds sterling (£) because that is the currency of the primary economic environment in which it operates. The financial statements are presented in pounds sterling (£).

c) Incoming resources

Income is recognised when the charity has entitlement to the funds, and performance conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Incoming resources from donations and grants represent voluntary income, which is credited in the year in which they are received, and grants which provide core funding, or which are of a general nature provided by government and charitable foundations, and are credited in the year to which the grant relates; and investment income, including bank interest, which is credited in the year in which it is received.

Incoming resources from charitable activities represent grants which have conditions attaching to them, such as service agreements with local authorities, and are accounted for when they are receivable.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

d) Resources expended

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Cost of generating income comprise the publicity and other fund-raising costs incurred by the Charity.
- Resources expended on charitable activities comprise salaries and other resources applied by the charity in undertaking its work to meet its charitable objectives.
- Resources expended on governance costs are the costs of arrangements which relate to the general running of the charity, as opposed to the direct management functions inherent in service delivery and project work, and include such items as external audit, the cost of trustee meetings and other costs associated with constitutional and statutory requirements.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

e) Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, insurance, licenses, subscriptions, security, HR and accounting services, bank service charges and depreciation costs which support the Charity's projects and activities. These costs have been allocated to expenditure on charitable activities and have been split between restricted and unrestricted funds based on staff time.

f) Tangible Fixed Assets and Depreciation

Tangible fixed assets is stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses. The cost of tangible fixed assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation has been charged, so as to write off each asset's cost or valuation, less any residual value over its anticipated useful economic life. The following rates of depreciation have been used:

Office equipment	-25% reducing balance
CRM Software	-3 years
Leasehold Property	- over the length of the lease (125 years at purchase)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

g) Fund structure

The funds held by the charity fall into the following categories:

Unrestricted general funds

Funds which can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds

Funds earmarked by the trustees out of unrestricted general funds for specific future purposes or projects.

Restricted funds

Funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

h) Debtors

Debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the debt.

i) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

j) Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

k) Leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Payments made under operating leases are charged to the statement of financial activities on a straight-line basis over the period of the lease.

l) Pension

The charity operates a defined contribution scheme providing benefits for employees additional to those from the state. The pension cost charge represents contributions payable by the school to the fund in respect of the year.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

m) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. Taxation

As a charity, Limehouse Project is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 256 of the Taxation of chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

3. Donations and grants

	Unrestricted Funds £	Restricted Funds £	2020 £	2019 £
<i>Training and Development</i>				
Lloyds TSB Foundation Trust	-	24,979	24,979	24,334
Big Lottery – Developing Potential	-	96,429	96,429	-
DWP – Developing Potential	40,012	-	40,012	26,675
LHP – Developing Potential	-	25,148	25,148	-
Early Years Campaign	-	14,716	14,716	-
Big Lottery – Childcare Plus Project	-	-	-	51,676
Scottish Power Energy People Trust	-	-	-	60,000
	<u>40,012</u>	<u>161,272</u>	<u>201,284</u>	<u>162,685</u>
<i>Other</i>				
Government Grants (Furlough Claims)	2,171	-	2,171	-
	<u>2,171</u>	<u>-</u>	<u>2,171</u>	<u>-</u>
Total donations and grants	<u>42,183</u>	<u>161,272</u>	<u>203,455</u>	<u>162,685</u>

4. Investment Income

	Unrestricted Funds £	Restricted Funds £	2020 £	2019 £
Bank interest receivable	336	-	336	240
	<u>336</u>	<u>-</u>	<u>336</u>	<u>240</u>

In 2019 investment income was all unrestricted.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

5. Incoming resources from charitable activities

	Unrestricted Funds £	Restricted Funds £	2020 £	2019 £
<i>Advice</i>				
London Borough of Tower Hamlets:				
- Advice Service Consortium (LAP 3&4)	-	27,500	27,500	55,000
- Advice Service Consortium (LAP 7)	-	97,500	97,500	60,000
PCT – Social Action for Health	43,248	-	43,248	43,248
Big Energy Trust	-	5,500	5,500	3,000
EUSS	-	38,966	38,966	-
Ocean Regeneration Trust – Universal Credit	-	7,500	7,500	-
Ocean Regeneration Trust – Money and Debt Advice	-	-	-	4,500
East End Community Foundation	-	-	-	20,000
	<u>43,248</u>	<u>176,966</u>	<u>220,214</u>	<u>185,748</u>

Training and Development

London Borough of Tower Hamlets:				
- Skills for training programme	-	8,880	8,880	10,560
- Skills for training programme over- accrued income previous years	-	-	-	(1,680)
- Luncheon Clubs	-	14,721	14,721	17,373
- Sports and Arts	-	10,440	10,440	20,880
- Sports and Arts over-accrued income previous years	-	-	-	(15,521)
- DigiTies	-	10,000	10,000	-
- EVA	-	23,141	23,141	46,283
- The Sheroes Programme	59,828	-	59,828	49,241
- Breakthrough: Painting and Decoration	-	15,000	15,000	-
Prevent Fund	-	-	-	48,000
Elatt	-	25,200	25,200	18,240
Equipment – Clothworkers Foundation	-	5,108	5,108	-
APASENTH e3 Project	-	-	-	71,000
Power to Change – Nursery project	-	-	-	-
Little Limehouse – Self-generated income	84,325	-	84,325	60,668
Little Limehouse – Nursery project	154,431	-	154,431	133,293
	<u>298,584</u>	<u>112,490</u>	<u>411,074</u>	<u>458,337</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

5. Incoming resources from charitable activities (continued)

	Unrestricted Funds £	Restricted Funds £	2020 £	2019 £
Other income				
Steering Committee Representation	2,258	-	2,258	-
Speaker Donations	11,625	-	11,625	-
Training courses	520	-	520	-
Concordia Rent	9,764	-	9,764	8,010
Miscellaneous	7,843	-	7,843	7,126
Rent Receivable	40,070	-	40,070	39,627
Getting on with money	-	-	-	4,385
	<u>72,080</u>	<u>-</u>	<u>72,080</u>	<u>59,148</u>

Total income from charitable activities

Advice	43,248	176,966	220,214	185,748
Training & Development	298,584	112,490	411,074	458,337
Other Income	72,080	-	72,080	59,148
	<u>413,912</u>	<u>289,456</u>	<u>703,368</u>	<u>703,233</u>

Income from charitable activities in 2019 was made up of £296,357 in unrestricted funds and £406,876 in restricted funds.

6. Costs of generating income

	Unrestricted Funds £	Restricted Funds £	2020 £	2019 £
Advertising & consulting	107	-	107	3,404
	<u>107</u>	<u>-</u>	<u>107</u>	<u>3,404</u>

Costs of generating income in 2019 were made up of £1,259 from unrestricted funds and £2,145 from restricted funds.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

7. Expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	2020 £	2019 £
Direct Costs				
Staff costs	275,316	286,825	562,141	559,357
Other direct costs	4,780	73,268	78,048	111,377
Premises costs	37,423	6,341	43,764	54,388
Client services	23,572	28,275	51,847	35,457
Volunteers	151	695	846	1,518
Travel	676	307	983	2,991
Training and recruitment	5,765	5,675	11,440	4,857
	<u>347,683</u>	<u>401,386</u>	<u>749,069</u>	<u>769,945</u>
Support costs				
General office	25,916	12,354	38,270	42,572
Depreciation and loss on disposals	7,195	10,417	17,612	10,526
	<u>33,111</u>	<u>22,771</u>	<u>55,882</u>	<u>53,098</u>
	<u>380,794</u>	<u>424,157</u>	<u>804,951</u>	<u>823,043</u>

Expenditure on charitable activities in 2019 was made up of £116,801 from unrestricted funds and £706,242 from restricted funds.

8. Governance

	Unrestricted Funds £	Restricted Funds £	2020 £	2019 £
Legal and professional fees	15,782	9,755	25,537	7,757
Loan interest	22,288	-	22,288	22,067
Audit and accountancy	3,552	1,908	5,460	5,193
	<u>41,622</u>	<u>11,663</u>	<u>53,285</u>	<u>35,017</u>

Governance costs in 2019 were all from unrestricted funds.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

9. Net incoming resources

Total resources expended are stated after charging:	2020	2019
	£	£
Operating leases -property	22,548	22,548
Auditors' remuneration – audit fees	2,300	2,200
Auditors' remuneration – non-audit services	3,100	2,960
Depreciation	17,612	10,526

10. Staff costs and numbers

Staff costs were as follows:	2020	2019
	£	£
Salaries and wages	439,779	465,106
Sessional and cover contractors	85,695	48,284
Social security costs	32,053	38,610
Pension costs	4,614	7,357
	562,141	559,357

No employee received emoluments of more than £60,000.

The charity trustees were not paid or received any other benefits from employment with the Charity in the year (2019: £nil) neither were they reimbursed expenses during the year (2019: £nil). No charity trustee received payment for professional or other services supplied to the charity (2019: £nil).

The key management personnel of the Charity comprise the trustees and the director. The total employee benefits of the key management personnel of the Charity were £50,466 (2019: £62,679).

The average number of employees during the year, calculated on the basis of full time equivalents, was as follows:

	2020	2019
	£	£
Core	3	3
Advice	8	8
Education	11	11
	22	22

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

11. Tangible fixed assets

	Office Equipment £	CRM Software £	Leasehold Property £	Total £
Cost				
At 1 st April 2019	95,392	26,864	833,720	955,976
Additions	18,845	-	-	15,845
Grant received	(15,000)	-	-	(15,000)
Disposals	(82,811)	-	-	(82,811)
At 31 st March 2020	16,426	26,864	833,720	877,010
Depreciation				
At 1 st April 2019	83,900	26,864	50,419	161,183
Provision for the year	14,279	-	6,695	14,279
Grant released	(5,108)	-	-	(5,108)
Disposals	(79,478)	-	-	(79,478)
At 31 st March 2020	6,898	26,864	57,114	90,876
Net book value at 31 st March 2020	9,528	-	776,606	786,134
Net book value at 31 st March 2019	11,492	-	783,301	794,793

12. Debtors

	2020 £	2019 £
Grants and contracts receivable	58,607	113,656
Prepayments and accrued income	25,764	32,025
	84,371	145,681

13. Cash and cash equivalents

	2020 £	2019 £
Cash at bank	463,957	319,664
Petty cash	456	1,312
	464,413	320,976

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

14. Creditors: amounts falling due within one year

	2020 £	2019 £
Bank loan	39,188	39,188
Trade creditors	17,663	53,559
Taxation and social security	7,132	7,920
Other creditors	22,342	9,672
Accruals and deferred income	97,492	28,862
	<u>183,817</u>	<u>139,201</u>

15. Creditors: amounts falling due after more than one year

	2020 £	2019 £
Bank loan	<u>314,756</u>	<u>334,720</u>
Repayable between two and five years	156,752	156,752
Repayable in five years or more	158,004	177,968
	<u>314,756</u>	<u>334,720</u>

The bank loan is secured with a legal charge on all the assets of the Charity.

16. Analysis of net assets between funds

Year ended 31 March 2020

	General Funds £	Designated Funds £	Restricted Funds £	Total Funds £
Tangible fixed assets	9,528	776,606	-	786,134
Current assets	222,872	220,000	105,912	548,784
Current liabilities	(53,626)	(39,187)	(91,004)	(183,817)
Long term liabilities	-	(314,756)	-	(314,756)
	<u>178,774</u>	<u>642,663</u>	<u>14,908</u>	<u>836,345</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

16. Analysis of net assets between funds (continued)

Year ended 31 March 2019

	General Funds	Designated Funds	Restricted Funds	Total Funds
	£	£	£	£
Tangible fixed assets	11,492	783,301	-	794,793
Current assets	343,040	-	123,617	466,657
Current liabilities	(48,465)	(39,188)	(51,548)	(139,201)
Long term liabilities	-	(334,720)	-	(334,720)
	<u>306,067</u>	<u>409,393</u>	<u>72,069</u>	<u>787,529</u>

17. Restricted Funds

Year ended 31 March 2020

	At 1 st April 2019 £	Incoming Resources £	Outgoing Resources £	Transfers (note 18) £	At 1 st March 2020 £
Restricted funds	<u>72,069</u>	<u>450,728</u>	<u>(435,820)</u>	<u>(72,069)</u>	<u>14,908</u>

Year ended 31 March 2019

	At 1 st April 2018 £	Incoming Resources £	Outgoing Resources £	Transfers (note 18) £	At 1 st March 2019 £
Restricted funds	<u>72,069</u>	<u>542,886</u>	<u>(708,387)</u>	<u>165,501</u>	<u>72,069</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

18. Unrestricted Funds

Year ended 31 March 2020

	At 1 st April 2019 £	Incoming Resources £	Outgoing Resources £	Transfers (note 17) £	At 1 st March 2020 £
Designated funds					
Premises	409,393	-	-	13,270	422,663
Staff and admin overheads	-	-	-	90,000	90,000
Redundancy costs	-	-	-	50,000	50,000
Premises expansion	-	-	-	80,000	80,000
	409,393	-	-	233,270	642,663
General funds	306,067	456,431	(422,523)	(161,201)	178,774
Total unrestricted funds	715,460	456,430	(422,523)	72,069	821,437

Year ended 31 March 2019

	At 1 st April 2018 £	Incoming Resources £	Outgoing Resources £	Transfers (note 17) £	At 1 st March 2019 £
Designated funds					
Premises	397,138	-	-	12,255	409,393
General funds	313,628	323,272	(153,077)	(177,756)	306,067
Total unrestricted funds	710,766	323,272	(153,077)	(165,501)	715,460

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

18. Unrestricted Funds (continued)

Name of unrestricted fund	Description, nature and purpose of the fund
General funds	The 'free reserves' after allowing for designated funds
Designated funds:	
Premises	The designated property fund represents the net book value of tangible fixed assets as these funds are tied up are unavailable for general use by the charity.
Staff and administrative overheads	The designated staff and administrative overhead fund represents an allocation of between three and six months for staff and administrative overheads for back office core costs.
Redundancy costs	The designated redundancy fund is a prudent precaution against potential redundancy costs in the event of the organisation having to close due to adverse financial conditions.
Premises expansion	The designated premises expansion fund represents a provision to develop the premises to accommodate an expansion in service provision.

Transfers between funds

Transfers to restricted from unrestricted funds, as shown on the SOFA and in notes 17 and 18, represent the use of unrestricted funds to cover shortfalls in restricted funds on specific projects.

Designated funds show the current use or expected future use of unrestricted funds in the financial statements as decided by the trustees. Transfers are made to reflect changes in these funds.

19. Lease commitments

The charity's total of future minimum payments under non-cancellable operating leases of premises at 31 March 2020 is as follows:

	2020 Total £	2019 Total £
Payable:		
Within one year	11,298	20,661
Later than year and no later than five years	-	1,250
	<u>11,298</u>	<u>21,911</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020 CONT.

20. Trustees and related party transactions

Apart from the Chief Executive Officer, Farida Yesmin, no members of the management committee received any remuneration during the year, nor were any expenses reimbursed to them (2019: nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2019: £nil).

21. Events after the financial period

There have been no significant events between the year end and the date of approval of these financial statements which would require a change to, or disclosure in, the financial statements.

22. Legal Status

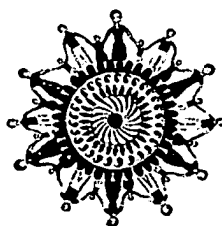
The Charity is a charitable company limited by guarantee and consequently does not have share capital. Each of the members of the Charity is liable to contribute £1 towards the assets of the Charity in the event of liquidation.

23. Pension scheme

Defined contribution pension scheme

The charitable company contributes to a defined contribution pension scheme for its employees. The pension cost charge for the period represents contributions payable by the charitable company to the respective scheme and amounted to £4,614 (2019: £7,375).

At the year end contributions totalling £384 (2019: £2,673) were payable to the scheme and are included in other creditors.



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