Company Registration No. 01785819

Vitality Group Limited

Report and Financial Statements

30 September 2006



Report and financial statements 2006

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Report and financial statements 2006

Officers and professional advisers

Directors

A R Deacon FCA A J W Campbell MA Chairman Non Executive

G Rosen N Edden

Company Secretary

D C Harrison

Registered office

Garman Road Tottenham London N17 OQN

Bankers

Bank of Scotland London Chief Office PO Box 267 38 Threadneedle Street London EC2P 2EH

Auditors

Deloitte & Touche LLP Chartered Accountants London

Directors' report

The directors present their annual report and the audited financial statements for the year ended 30 September 2006

Principal activity, trading review and future developments

The principal activity of the group is trading as a wholesaler of toiletries, chemists' sundries and household products

Turnover has decreased by 1 4 % to £48,859,065 (2005 £49,540,559) and profit before tax has decreased to £637,974 (2005 £1,185,939), the directors consider the current position to be satisfactory and are looking to improve the company's trading results in the future

The acquisition of Stephens Wholesale Limited was completed on the 28 July 2006. The principal activity of Stephens Wholesale was as a wholesaler of household products and operated from leasehold premises in Dartford Kent.

The group now intents to integrate the activities of Stephens Wholesale Limited into the Vitality Group operation based in North London, by early 2007. Through the integration of both businesses it is considered that this will lead to a lowering of the cost base with at the same time the opportunity to provide a comprehensive product range of toiletries and household products.

The Board have taken steps during the year under review, which it expects will result in profits growth with a resultant benefit to the company's future performance

Key performance indicators

The directors manage the group on key indicators including growth, profitability and cash generation. Other indicators include the acquisition of new customers and the retention of existing customers and the acquisition new source of supply

Gross Margin has grown in the year

Overheads have increased markedly and are now being reduced as the activities of Stephens Wholesale are absorbed

Risks

The main risk facing the group is the loss of key staff, however retention levels have continued to be healthy across the business. The managers of the business regularly review their exposure to key customers and are satisfied that the business has a sufficiently broad range of clients.

The group is cash generating, and the directors do not consider that it carries material liquidity risks. The operating company has an excellent record on bad debts, and the directors do not consider that it carries material credit risks. In order to maintain liquidity to ensure that sufficient funds are available for ongoing operations and future developments, the group uses a mixture of long-term and short-term finance.

The group maintains an integrated computer system through its operations, ensuring that financial and management controls apply at all levels of the business. The use of annual budgets and forecasts are operated and investigations are made into areas of adverse expenditure with appropriate management action to correct

The group sells to its customers in sterling, and has further reviewed its customer base and considers that there is no significant concentration of credit risk. The amounts presented in the balance sheet are net of allowances for doubtful receivables.

Directors' report

Some purchases made by the group are in currencies other than in sterling, where such transactions exist these are paid on a prompt basis or are subject to foreign exchange forward contracts

The group does not use derivative financial instruments for any aspect of its business activities

Results and dividends

The group profit for the year after taxation and exceptional item was £373,703 (2005 £809,753)

The directors declared a dividend of £200,000 in respect of the year ended 30 September 2006 (2005 - £350,000)

Directors and their interests

The directors of the company who served throughout the year, unless otherwise stated, were

A R Deacon

A J W Campbell

G Rosen

N Edden

The directors' interests, as defined by the Companies Act 1985, in the ordinary shares of the company at 30 September 2006 were

	2006	2005
A R Deacon	917,001	917,001
G Rosen	201,293	201,293

A R Deacon held a non-beneficial interest in 327,000 ordinary shares of the company (2005–327,000), included in the above

A J W Campbell and N Edden held no interests in the shares of the company

The directors have no other interests that have to be recorded in the register of directors' interests

Directors' indemnities

The company has made qualifying third party indemnity provisions for the benefit of its directors, which were made during the year and remain in force at the date of this report

Disabled employees and the environment

The group policy in respect of disabled persons is that their applications for employment are always fully and fairly considered, bearing in mind the abilities of the applicants concerned. In the event of a member of staff becoming disabled every effort is made to ensure that his/her employment with the group continues and where necessary appropriate training is arranged. Training, career development and promotion for disabled persons should, as far as possible, be identical with that for other employees in similar gradings.

The company encourages employees to recycle waste materials wherever possible, and is considering the environmental impact in its sourcing of products and other consumables

Directors' report

Employee consultation

The directors and managers of the group place considerable value on employee meetings Information on matters affecting employees and on factors affecting the performance of the group is disseminated at such meetings. Employee involvement and contribution are encouraged throughout the group operations

Auditors

Each of the persons who is a director at the date of approval of this report confirms that

- (1) so far as the director is aware, there is no relevant audit information of which the company's auditors are unaware, and
- (2) the director has taken all the steps that he/she ought to have taken as a director in order to make himself/herself aware of any relevant audit information and to establish that the company's auditors are aware of that information

This confirmation is given and should be interpreted in accordance with the provisions of s234ZA of the Companies Act 1985

Deloitte & Touche LLP have expressed their willingness to continue in office as auditors and a resolution to reappoint them will be proposed at the forthcoming Annual General Meeting

Approved by the Board and signed on its behalf by

2007

D C Harrison

Company secretary

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Statement of directors' responsibilities

The directors are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations

Company law requires the directors to prepare financial statements for each financial year Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) The financial statements are required by law to give a true and fair view of the state of affairs of the company and the group and of the profit or loss of the company and group for that period In preparing these financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- state whether applicable United Kingdom Accounting Standards have been followed, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the group will continue in business

The directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company, and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent auditors' report to the members of Vitality Group Limited

We have audited the financial statements of Vitality Group Limited for the year ended 30 September 2006 which comprise the consolidated profit and loss account, the consolidate and the company balance sheets, the cash flow statement, notes to the cash flow statement and the related notes 1 to 24 These financial statements have been prepared under the accounting policies set out therein

This report is made solely to the company's members, as a body, in accordance with section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed

Respective responsibilities of directors and auditors

The director's responsibilities for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the Statement of Director's Responsibilities

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland)

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report whether in our opinion, the information given in the Directors' Report is consistent with the financial statements.

In addition we report to you if, in our opinion, the company has not kept proper accounting records if we have not received all the information and explanations we require for the audit, or if information specified by law regarding directors' remuneration and other transactions is not disclosed

We read the other information contained in the Annual Report for consider whether it is consistent with the audited financial statements. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements. Our responsibilities do not extend to any further information outside the Annual Report.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's and the group's circumstances, consistently applied and adequately disclosed

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Independent auditors' report to the members of Vitality Group Limited (continued)

Opinion

In our opinion

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of the group's and the parent company's affairs as at 30 September 2006 and of the group's profit for the year then ended,
- the financial statements have been properly prepared in accordance with the Companies Act 1985, and
- the information given in the Directors' Report is consistent with the financial statements

Deloitte & Touche LLP

Chartered Accountants and Registered Auditors London

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3 October 2007

Consolidated profit and loss account Year ended 30 September 2006

	Note	Period ended 30 September 2006 £	Period ended 24 September 2005 £
Turnover Cost of sales	2	48,859,065 (42,650,744)	49,540,559 (43,289,128)
Gross profit		6,208,321	6,251,431
Operating expenses Other operating income Exceptional Item	16	(5,140,993) 196,350 (314,861)	(4,923,420) 196,350
Operating profit	2, 6	948,817	1,524,361
Interest payable and similar charges	5	(310,843)	(338,422)
Profit on ordinary activities before taxati	ion	637,974	1,185,939
Tax on profit on ordinary activities	7	(264,271)	(376,186)
Profit on ordinary activities after taxatio	n	373,703	809,753
Dividends paid or proposed	8	(200 000)	(350,000)
Retained profit for the year	21	173,703	459,753

As permitted by Section 230(4) of the Companies Act 1985, only the group's profit and loss account has been presented. The parent company's profit for the year amounted to £193,412 (2005 £459,753)

There are no recognised gains or losses for the current financial year and preceding financial year other than as stated in the profit and loss account. Accordingly no separate statement of total recognised gains and losses is presented

The above results all derive from continuing operations

Consolidated balance sheet 30 September 2006

	Note	30 Septem	ber 2006 £	24 Septemb	er 2005 £
Fixed assets		T.	ı	L	ı
Goodwill	9		2,234,815		895,840
Investments	10		1		1
Tangible assets	11		399,873		370,845
			2,634,689		1,266,686
Current assets			2,054,007		1,200,000
Stocks	12	6,772,890		6,218,471	
Debtors	13	6,461,195		7,019,312	
Cash in hand and at bank		256,040		5,251	
		13,490,125		13,243,034	
Creditors: amounts falling due		, ,			
within one year	14	(9,197,688)		(9,956,516))	
Net current assets			4,292,437		3 286,518
Total assets less current habilities			6,927,126		4 553,204
Creditors: amounts falling due					
after more than one year	15		(1,891,136)		(5,778)
Provisions for habilities	16		(314,861)		-
Net assets			4,721,129		4,547,426
Capital and reserves					
Called up share capital	20,21		1,118,294		1,118,294
Share premium account	21		999,085		999,085
Capital redemption reserve	21		392,999		392,999
Profit and loss account	21		2,210,751		2,037,048
Shareholders' funds			4,721,129		4,547,426

These financial statements were approved by the Board of Directors on 3.2 Octo-2007 Signed on behalf of the Board of Directors

N Edden

Director

Company balance sheet 30 September 2006

	Note	30 Septem	ber 2006	24 Septemi	per 2005
		£	£	£	£
Fixed assets					
Goodwill	9		2,234,815		895,840
Investments	10		2,118,040		1,378,040
Tangible assets	11		292,922		370,845
			4,645,777		2,644,725
Current assets					
Stocks	12	6,013,618		6,218,471	
Debtors	13	5,224,391		/,019,312	
Cash at bank and in hand		698		5,251	•
		11,238,707		13,243,034	
Creditors: amounts falling due					
within one year	14	(8,947,273)		(11,328,043)	
Net current assets			2,291,434		1,914,991
Total assets less current habilities			6,937,211		4,559,716
Creditors: amounts falling due					
after more than one year	15		(1,875,000)		(5,7/8)
Provisions for liabilities and charges	16		(314,861)		(/, / / 0 /
			4,747,350		4,553,938
Capital and reserves					
Called up share capital	20,21		1,118,294		1,118,294
Share premium account	20,21		999,085		999,085
Capital redemption reserve	21		392,999		392,999
Profit and loss account	21		2,236,972		2,043,560
Tront and loss account	21				2,043,300
Shareholders' funds			4,747,350		4,553,938

These financial statements were approved by the Board of Directors on 32 October 2007 Signed on behalf of the Board of Directors

N Edden

Director

Consolidated cash flow statement Year ended 30 September 2006

	Note	Period ended 30 September 2006 £ £		Period ended 24 September 2005 £	
Net cash inflow from operating activities	Α		1,333,393		732,980
Returns on investments and servicing of finance					
Interest paid			(310,843)		(339,566)
Taxation			(203,597)		(413,751)
Capital expenditure and financial investment		1,792,920		(25,322)	
Net cash inflow (outflow) from capital expenditure and financial investment			1,792,920		(25,322)
Acquisitions and disposals Payments to acquire investment in subsidiary	D		(1,271,868)		-
Equity dividends paid			(200,000)		(350,000)
Net cash inflow (outflow) before financing			1,140,005		(395,659)
Financing					
Capital element of finance lease contracts			(31,892)		(63,913)
Increase/(decrease) in cash	С		1,108113		(459,572)

Notes to the consolidated cash flow statement Year ended 30 September 2006

A Reconciliation of operating profit to net cash inflow from operating activities

			Period ended 30 September 2006 £	Period ended 24 September 2005 £
Operating profi	t		948,817	1,524,361
	id amortisation of goodwill		257,782	264,484
Increase in stoc	<u> </u>		(554,419)	(88,356)
Decrease/(incre	ase) in debtors		551,774	(1,114,127)
	ease in creditors		(185,422)	146,618
Increase in prov	risions		314,861	
Net cash inflow	from operating activities		1,333,393	732,980
Analysis of nei	debt			
		At		At
		24 September	Cash	30 September
		2005	flow	2006
		£	£	£
Cash in hand ar	nd at bank	5,251	250,789	256,040
Overdrafts		(1,519,088)	40,386	(1,478 702)
Invoice discour	iting	(3,877,707)	655,101	(3,222,606)
		(5,391,544)	946,276	(4,445,268)
Bank Loan		-	1,250,000	1,250,000
Finance leases		(37,670)	31,892	(5,778)
		(5,429,214)	2,228,168	(3,201,046)

C. Reconciliation of net cash flow to movement in net debt

	Period ended 30 September 2006 £	Period ended 24 September 2005 £
Increase in cash in the year Cash outflow from decrease in debt and lease financing Bank Loan	946,276 31,892 1,250,000	(459,572) 63,913
Change in net debt resulting from cash flows	2,228,168	(395,659)
Movement in net debt in the year Net debt at start of year	2,228,168 (5,429,214)	(395,659) (5,033,555)
Net debt at end of year	(3,201,046)	(5,429,214)

Notes to the consolidated cash flow statement Year ended 30 September 2006

D. Purchase of subsidiary undertakings

	2006
Net assets acquired	£
Tangible fixed assets	110,486
Stocks	911,308
Debtors	1,292,189
Bank account	151,873
Cash	9,964
VAT	(137,164)
Trade creditors	(1,397,853)
Taxation	(44 682)
Social Security	(18,854)
Other creditors	(126,882)
Deferred tax	(10,385)
	740,000
Goodwill	1,428,705
	2,168,705
Satisfied by	,
Cash	1,433,705
Deferred consideration	735,000
	2,168,705
Acquisition of subsidiary	(1,433,705)
Net cash acquired with subsidiary	161,837
	(1,271,868)

The subsidiary undertaking in the year contributed an addition of £1,719,502 to the group's net operating cash flows, paid £nil in respect of net returns on investment and servicing of finance, paid £9,686 in respect of taxation. See note 10 for further details of the acquisition

Notes to the accounts Year ended 30 September 2006

1 Accounting policies

The financial statements are prepared in accordance with applicable United Kingdom law and accounting standards. The particular accounting policies adopted by the directors, which have been applied consistently throughout the current and preceding year, are described below

Basis of accounting

These financial statements have been prepared under the historical cost convention

Basis of consolidation

The consolidated profit and loss account and balance sheet include the financial statements of the company and all its subsidiary undertakings drawn up to 30 September 2006

Acquisitions and disposals

On the acquisition of a business fair values are attributed to the group's share of net separable assets. Where the cost of acquisition exceeds the fair values attributable to such net assets, the difference is treated as purchased goodwill and capitalised in the balance sheet in the year of acquisition. The results and cash flows relating to a business are included in the consolidated profit and loss account and the consolidated cash flow statement from the date of acquisition.

Investments

Fixed asset investments are shown at cost less provision for impairment. Current asset investments are stated at the lower of cost and net realisable value.

Goodwill

Goodwill arising on consolidation represents the differences between the fair value of consideration given and the fair value of the identifiable net assets acquired. Goodwill arising on acquisition of subsidiaries and businesses is capitalised within intangible fixed assets and is amortised over 15 years.

Stocks

Stocks are stated at the lower of cost and net realisable value

Turnover

Turnover represents the invoiced value of goods sold and services provided during the year, net of VAT

Tangible fixed assets

Depreciation is charged on a monthly basis with depreciation being charged in the month of addition and the month of disposal. Depreciation on tangible fixed assets has been provided at the following rates in order to write off the assets over their estimated useful lives.

Leasehold improvements
Plant, fixtures and fittings
Motor vehicles

Over term of lease 10 - 50% per annum 25% per annum

Taxation

Current tax is provided at amounts expected to be paid (or recovered) using the tax rates and laws that been enacted or substantively enacted by the balance sheet date. Deferred tax is provided in full on timing differences which result in an obligation at the balance sheet date to pay more tax, or a right to pay less tax, at a future date, at rates expected to apply when they crystallise based on current tax rates and law. Differences arise from the inclusion of items of income and expenditure in taxation computations in periods different from those in which they are included in financial statements. Deferred tax assets are recognised to the extent that it is regarded as more likely than not that they will be recovered. Deferred tax assets and liabilities are not discounted.

Notes to the accounts Year ended 30 September 2006

1. Accounting policies (continued)

Pension costs

Retirement benefits to certain employees of the company are provided by defined contribution schemes which are funded by contributions from the company and the employees Payments are charged against the profit and loss account in the year in which they become payable

Leases

Assets held under finance leases and the related lease obligations are recorded in the balance sheet at the fair value of the leased assets at the inception of the leases. The amounts by which the lease payments exceed the recorded lease obligations are treated as finance charges which are amortised over each lease term to give a constant rate of charge on the remaining balance of the obligation.

Rental costs under operating leases are charged to the profit and loss account in equal quarterly amounts over the periods of the leases

2. Analysis of turnover, operating profit and net assets

All turnover, operating profit and net assets are derived from the company 3 and group's principal activity which originated in and is derived from the United Kingdom

3. Directors' emoluments

Period ended	Period ended
30 September	24 September
2006	2005
£	£
Fees 386,061	381,000

One director is a member of the pension scheme (2005 1) In 2006 pension contributions made in respect of directors were £12,392 (2005 £12,392)

	Period ended 30 September 2006 £	Period ended 24 September 2005 £
Highest paid director		
Directors' remuneration	160,000	160,000

Notes to the accounts Year ended 30 September 2006

4. Employee information

7.	Employee information		
		Period ended 30 September 2006 £	Period ended 24 September 2005 £
	Staff costs	•	~
	Wages and salaries	2,225,177	2,088,028
	Social security costs	224,579	212,326
	Pension costs	15,895	13,647
		2,465,651	2,314,001
	Average number of persons employed	No.	No.
	Sales and distribution	84	78
	Administration	8	6
		92	84
£	Interest payable and similar charges		
		Period ended	Period ended
		30 September	24 September
		2006	2005
		£	£
	Interest on overdrafts and bank loans	309 000	333,214
	Finance leases and hire purchase contracts	1,844	5,281
	Interest received	(1)	(73)
		310,843	338,422
,			- 11 - 1
6.	Operating profit		
		Period ended	Period ended
		30 September 2006	24 September 2005
		£	£
	Operating profit is stated after charging		
	Depreciation charge for the year		
	- owned	163,123	156,741
	- held under hire purchase	4,929	34,498
	Goodwill amortisation	89,730	73,245
	Auditors' remuneration (Company and Group)		
	- audit fees	40,500	35,500
	- other services (due diligence)	12,500	- 5/0 590
	Rentals under operating leases – land and buildings	612,068	562,583
			_

Notes to the accounts Year ended 30 September 2006

7. Tax charge on profit on ordinary activities

	Period ended 30 September 2006 £	Period ended 24 September 2005 £
United Kingdom corporation tax charge at 30% (2005 – 30%)		
based on the profit for the year	246,201	394,686
Adjustment in respect of prior years	28,176	(2,459)
	274,377	392,227
Deferred taxation		
Timing differences	(10,106)	(14,521)
Adjustment in respect of prior years		(1,520)
	264,271	376,186

The tax assessed for the year is higher (2005 higher) than that resulting from applying the standard rate of corporation tax in the UK 30% (2005 30%)

The differences are explained below

	Period ended 30 September 2006 £	Period ended 24 September 2005 £
Profit on ordinary activities before tax	637,973	1,185,939
Tax at 30% thereon	191,392	355,782
Effects of		
Expenses not deductible for tax purposes	35,395	29,028
Capital allowances in excess of depreciation	10,637	13,585
Movement in short term timing differences	8,777	936
Other deferred tax movements	-	-
Rate differences on current tax	-	(4,645)
Prior year adjustments	28,176	(2,459)
Current tax charge for year	274,377	392,227

Notes to the accounts Year ended 30 September 2006

8	Dividends	Period ended	Period ended
		30 September 2006 £	24 September 2005 £
	Interim dividend paid – 21 9p per ordinary share (2005 31 3p)	200,000	350,000
	Total dividend	200,000	350,000
9	Goodwill		
	Group		£
	Cost At 24 September 2005		1,098,672
	Additions during the year *		1,428,705
	At 30 September 2006		2,527,377
	Accumulated amortisation		
	At 24 September 2005 Charge for the period		202,832 89,730
	At 30 September 2006		292,562
	Net book value At 30 September 2006		2,234,815
	At 24 September 2005		895,840
	*On the 28 July 2006, the acquisition of 100% of the share capital of Ste completed, see note 10 and note D of the consolidated cash flow stateme		nited was
	Company		£
	Cost At 24 September 2005 and 30 September 2006		1,098,672
	Accumulated amortisation		
	At 24 September 2005 Charge for the period		202,832 73,245
	At 30 September 2006		276,077
	Net book value At 30 September 2006		822,595
	At 24 September 2005		895,840

The company only goodwill relates to Marsam (Fancy Goods) Limited which was acquired in 2002

Notes to the accounts Year ended 30 September 2006

10. Fixed asset investments

Group		Other investments	Total £
Cost At 24 September 2005 and 30 September 2006		1	1
			
Company	Shares in subsidiary undertakings £	Other investments £	Total £
Cost			
At 24 September 2005	1,378,039	1	1,378,040
Additions	740,000		740,000
At 30 September 2006	2,118,039	1	2,118,040
All the chara in estments are inheted			

All the above investments are unlisted

Subsidiary undertakings	Country of incorporation and operation	Activity	Proportion of ordinary shares held %
Marsam (Fancy Goods) Limited	UK	Non-trading	100%
Stephens Wholesale Limited	UK	Wholesaler of household products	100%

On 28 July 2006 the company acquired 100% of the issued share capital of Stephens Whoiesale Limited for consideration comprising an initial cash payment of £1,433,705 which is followed by a deferred consideration as detailed within the cash flow statement note \bar{D}

Notes to the accounts Year ended 30 September 2006

11. Tangible fixed assets

		Plant,		
Group	Leasehold	fixtures	Motor	
	ımprovements	and fittings	vehicles	Total
	£	£	£	£
Cost				
At 30 September 2006	418,727	563,179	104,171	1,086,077
Additions	36,228	50,368		86,596
Acquisition of subsidiary undertaking		106,582	3,902	110,484
Disposals		(137,268)		(137,268)
At 30 September 2006	454,955	582,861	108,073	1,145,889
Accumulated depreciation				
At 24 September 2005	285,227	385,397	44,608	715,232
Charge for the year	42,432	99,400	26,220	168,052
Disposals		(137,268)		(137,268)
At 30 September 2006	327,659	347,529	70,828	746,016
Net book value			-	
At 30 September 2006	127,296	235 332	37,245	₹399,873
At 30 September 2006	133,500	177,782	59,563	370 845
			——————————————————————————————————————	

Fixed assets include items of plant, fixtures and fittings and motor vehicles with a cost of £19,717 (2006 £144,390) and accumulated depreciation of £9,859 (2006 £75,103) which are held under hire purchase or finance leases

		Plant,		
Company	Leasehold improvements	fixtures	Motor vehicles	Total
	£	£	£	£
Cost				
At 24 September 2005	418,727	563,179	104,171	1,086,077
Additions	36,228	50,368		86,596
Disposals		(137,268)		(137,268)
At 30 September 2006	454,955	476,279	104,171	1,035,405
Accumulated depreciation			-	
At 24 September 2005	285,227	385,397	44,608	715,232
Charge for the year	42,432	96,044	26,043	164,519
Disposals		(137,268)		(137,268)
At 30 September 2006	327,659	344,173	70,651	742,483
Net book value				
At 30 September 20066	127,296	132,106	33,520	292,922
At 24 September 2005	133,500	177,782	59,563	370,845

Notes to the accounts Year ended 30 September 2006

12. Stocks

All stocks held by the company and the group are finished goods for resale

13. Debtors

	Group		Company	
	2006	2005	2006	2005
	£	£	£	£
Trade debtors	5,406,464	6,120,859	4,286,554	6,120,859
Other debtors	699,763	535,081	606,230	535,081
Prepayments	343,049	345,110	303,552	345,110
Deferred tax asset (note 17)	11,919	18,262	28,055	18,262
	6,461,195	7,019,312	5,224,391	7,019,312

14. Creditors' amounts falling due within one year

	Group		Company	
	2006	2005	2006	2005
	£	£	£	£
Bank overdraft	1,478,702	1,519,088	1,478,702	1,519,088
Invoice discounting	3,222,606	3,877,707	3,222,606	3,877,707
Amounts due to subsidiary undertaking	-	-	1,441,277	1,371,527
Trade creditors	3 394,819	3,869,985	1,924,620	3,869 985
Obligations under finance leases and hire purchase				
contracts (note 16)	5,778	31,892	5,778	31,892
Corporation tax	260,962	222,767	212,345	222,767
Other taxation and social security costs	317,478	262,886	223,436	262,886
Accruals and other creditors	407,343	172,191	328,509	172,191
Deferred Consideration	110,000		110,000	
	9,197,688	9,185,331	8,947,273	11,328,043

The invoice discounting facility is secured on the relevant trade debtors

Notes to the accounts Year ended 30 September 2006

15 Creditors: amounts falling due after more than one year

	Group		Com	pany
	2006	2005	2006	2005
	£	£	£	£
Between one and two years				
Deferred consideration	175,000	-	175,000	-
Deferred tax	16,136	-		-
Bank Loans	416,667	-	416,667	-
Obligation under finance leases and hire purchase contracts (note 16)	-	5,778	•	5,778
Between two and five years				
Deferred consideration	450,000	-	450,000	-
Bank Loans	833,333		833,333	
	1,891,136	5,778	1,875,000	5,778

16 Provisions for liabilities

	Group		Company	
	2006	2005	2006	2005
	£	£	£	£
Between one and two years				
Exceptional item (onerous lease)	220,861	-	220,861	-
Between one and two years				
Exceptional item (onerous lease)	94,000	<u>-</u>	94,000	
	314,861	<u>.</u>	314,861	

An amount of £314,861 has been charged to the group profit and loss account in respect of costs incurred in rent and rates charges for a lease property acquired with Stephens Wholesale Limited

17. Deferred consideration

The accrued deferred consideration is in respect of the acquisition of Stephens Wholesale Limited, is payable on the anniversary of completion for four years and is an estimate. The actual amount payable will depend on the sales of the acquired company in the four years to 28 July 2010.

Notes to the accounts Year ended 30 September 2006

18. Obligations under finance leases and hire purchase contracts

The company is committed to the following minimum payments under finance leases and hire purchase contracts

Group and Company	2006 £	2005 £
Payable within one year or less	6,019	33,436
Payable more than one year but not more than two years	-	6,018
	6,019	39,454
Future finance charges included	(241)	(1,784)
	5,778	37,670
Creditors due within one year	3,778	31,892
Creditors due after more than one year	-	5,778
	5,778	37,670
	 -	

Finance leases are charged over the assets to which they relate

19. Deferred tax asset

	Group		Company	
	2006	2005	2006	2005
	£	£	£	£
Movement on deferred taxation balance in the period				
Opening balance	18,262	2,221	18,262	2,221
Credit/(charge) to the profit and loss account	(6,343)	16,041	9,793	16,041
Closing balance	11,919	18,262	28,055	18,262
Analysis of deferred tax balance	· . —			
Capital allowances in excess of depreciation	9,090	15,633	25,226	15,633
Short term timing differences	2,829	2,629	2,829	2,629
Deferred tax asset	11,919	18 262	28,055	18,262

Notes to the accounts Year ended 30 September 2006

20 Called up share capital

	2006	2005 £
	£	
Authorised:		
1,118,294 ordinary shares of £1 each	1,118,294	1,118,294
•		
Called up, allotted and fully paid:		
1,118,294 ordinary shares of £1 each	1,118,294	1,118,294
•		

21. Combined statement of movements on reserves and shareholders' funds

Group	Share capital £	Share- premium account £	Capital redemption reserve	Profit and loss account £	Total £
At 24 September 20055 Retained profit for the year	1,118,294	999,085	392 999	2,037,048 173,703	4,547,426 173,703
At 30 September 2006	1,118,294	999,085	392,999	2,210,751	4,721,129
Company					
At 24 September 20055 Retained profit for the year	1,118,294	999,085	392,999	2,043,560 193,412	4,553,938 193,412
At 30 September 2006	1,118,294	999,085	392,999	2,236,972	4,747,350

22. Related party transactions

During the year, a repayment of £60,112 was made by Active Participation Limited, a company of which A R Deacon is a director. The amount relates to recoverable fees previously paid to that company for directors services. At 30 September 2006, Vitality Group was owed, the amount Nil (2005 £60,112) Following the acquisition of Stephens Wholesale Limited, purchases made from Stephens Wholesale Limited to Vitality Group Limited were £223,683, sales and costs incurred made to Stephens Wholesale Limited from Vitality Group were £134,028

There are no other related party transactions requiring disclosure under the terms of Financial Reporting Standard No 8

Notes to the accounts Year ended 30 September 2006

23 Operating lease commitments under non-cancellable operating leases are as follows:

	2006	2005
Group and Company	Land and buildings	Land and buildings
Group and Company	£	£
Leases which expire		
Two - five years	568,000	568,000
Over five years	188,000	-

Leases of land and buildings are typically subject to rent reviews at specified intervals and provide for the lessee to pay all insurance, maintenance and repair costs

An onerous contract provision of £314,861 has been included in the balance sheet in respect of one of the above leases see note 16

24. Controlling party

The company is controlled by A R Deacon, a director of the company