Company Registration No. 01720498 (England and Wales)

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2017



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CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) LEGAL AND ADMINISTRATIVE INFORMATION

Trustees Mrs P Hayward

Ms M L Cheng Mr H H Wu Mr H Salah Mr C Yi Mr T V Le

Secretary Mr A S L Chau

Charity number 287813

Company number 01720498

Principal address and 680 Commerical Road

registered office London E14 7HA

Independent examiner Silver Levene (UK) Limited

Chartered Certified Accountants

37 Warren Street

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FOR THE YEAR ENDED 31 MARCH 2017

The trustees who are also directors of the charity for the purpose of the Companies Act present their report and accounts for the year ended 31 March 2017.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Chinese Association of Tower Hamlets's memorandum and articles of association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Purpose, vision and objectives

The charity's purpose as set out in our constitution is to provide a comprehensive range of services (welfare, community care, educational, leisure & recreational and personal development) for the Chinese/ Vietnamese Community in and around the London Borough of Tower Hamlets through a supportive environment and a commitment to promote user involvement. Our vision is to ensure that the people we serve live in a sensitive and compassionate environment, have access to services that meet their physical, material and emotional needs, also, they are able to reach the quality of life to which every individual aspires.

The organisation's ethos is one of empowerment and enablement. We are driven by our mission to enable people to be the architect of their own lives and be treated with dignity and respect at all times. Our focus is to work with and for those living with physical, sensory or mental impairment and in social isolation, including those with serious and enduring mental health difficulties or dementia, language barriers, or a carer role.

The objects for which the Association is established are:

- A. To help disadvantaged persons of Chinese origin who live, work or study in and around London Borough of Tower Hamlets (hereinafter called "the area of benefit") by the establishment and maintenance of an information and advice centre and an Opportunity Centre.
- B. To promote the welfare of Chinese elderly and disabled people which now or hereafter may be deemed by law to be charitable within the said area of benefit.
- C. To provide opportunities and facilities for the social, educational, cultural and physical development of young Chinese people of the said area of benefit. In this Memorandum of Association 'young Chinese people' means people between the ages of 8 and 25 years.

Principal activities

The Chinese Association of Tower Hamlets is a charitable company limited by guarantee and is governed by a memorandum and articles of association. The principal activities of the Association is the provision of services to Chinese and Vietnamese community in the London Borough of Tower Hamlets through project based programmes providing specific services to meet the needs of its user groups. We are a local organisation that understands the needs and aspirations of local Chinese and Vietnamese people. Every year we support hundreds of older people of Chinese origin to live life to the full, maintaining control and independence. The organisation's ethos is one of empowering and enabling people. The Statement of Financial Activities for the year is set out on Pages 12 to 23 of the financial statements.

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How our activities deliver public benefit

We have referred to the public benefit guidance contained in the Charity Commission's general guidance on public benefit when reviewing our objectives and in planning our future activities. The aims of the Chinese Association of Tower Hamlets are undertaken specifically to ensure the charitable objects meet the public benefit requirement and the Charities Act 2011.

The primary beneficiaries of our services are people of Chinese origin who live, work or study in and around London Borough of Tower Hamlets. The age at which people may access our services varies according to service requirements, typically led by requirements of funders or commissioners.

Targets set for last year were fully achieved. The services we provided last year included the Welfare Advice Service, Home Care Project, Elderly Luncheon Club, Chinese School and the After School Homework Club.

The main office's opening hours were Monday, Tuesday, Wednesday, Friday and Saturday from 10:00 a.m to 5:30 p.m at 680 Commercial Road and for Chinese School the opening hours were every Saturday between 10:00 a.m and 3:30 p.m at St. Mary and St. Michael Primary School.

Welfare Advice Service

CATH's Welfare Advice Service provided advice and guidance to the Chinese speaking community in Tower Hamlets, which covered a range of areas that include but not limited to welfare benefits, family matters, money, debt and housing advice along with access to health and social care services.

Our areas of work included translation, interpretation, signposting, general information advice, advocacy and casework. Our aim was to empower our users to know their rights and make a stand for their rights/ entitlement with the support of CATH behind each and every service user. Service users were offered multiple methods to obtain our services, from drop in sessions, by appointment, telephone, home visits and via email contact.

This year we ran a "Know your Welfare Rights" – Benefit Health Check workshop which 13 service users attended.

2016/17 saw CATH worked in partnership with the Island Advice Centre on their Money Matters – Debt Advice session at our center for 3 months with a specialist trained debt advisor provided by Island Advice Centre.

All our services were free of charge. From 1st April 2016 until 31st December 2016 we continued working in partnership with East End Citizen Advice Bureau and responded to 468 enquiries, from 134 people, of which 68 people used our services for the first time. During the year, our service directly supported service users to claim an additional £69,185 worth of benefits and £5,466 in backdated payments.

Regrettably our Welfare Advice Services came to an end on 31st December 2016 due to higher demands of increased targets with the same amount of resources which were unachievable. Our closure of the Welfare Advice Service project did not close the gateway to our service users as the East End Citizen Advice Bureau started a weekly advice session at the local Idea Store (Library) for Cantonese and Mandarin speaking clients. The Community of Refugees from Vietnam also runs a Welfare Advice Services to Chinese speaking clients. From January 2017 all our Welfare Advice Service enquires have been referred over to either parties.

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Home Care Service

We continue to provide domiciliary care services to the Chinese community across London. During the year the charity maintained a block contract with Tower Hamlets Council and spot purchase contracts with Hackney Council, Islington Council, Newham Council, Lewisham Council and Southwark Council. The service continues to attract an increasing number of direct payment clients for whom this organisation is the provider of choice.

In 2016 we had an inspection from the English national care regulator the Care Quality Commission (CQC). During this inspection visit, we received positive feedback, some of which is outlined below, however, there were some negative issues that we have addressed to ensure our service quality was not affected.

Positive feedback from people we support to the CQC inspector:

- People and their relatives told us they felt safe using the service and care workers understood how to
 protect people from abuse. Staff were confident that any concerns would be investigated and dealt
 with. All staff had received training in safeguarding adults from abuse and had a good understanding
 of how to identify and report any concerns.
- People's risks were managed and care plans contained appropriate risk assessments which were
 updated regularly when people's needs changed. The service had a robust recruitment process and
 staff had the necessary checks to ensure they were suitable to work with people using the service.
 People had regular care workers to ensure they received consistent levels of care.
- Care workers were aware of people's dietary needs and food preferences. Care workers told us they
 notified the registered manager or the assistant homecare manager if they had any concerns about
 people's health and we saw evidence of this in people's care plans. We also saw people were
 supported to maintain their health and well-being through access to health and social care
 professionals, such as GPs, occupational therapists and social services.
- People were involved in planning how they were cared for and supported. An initial assessment was
 completed from which care plans and risk assessments were developed. Care was personalised to
 meet people's individual needs and was reviewed if there were any significant changes, with health
 and social care professionals being contacted to authorise changes in care received. People and their
 relatives were actively encouraged to express their views and were involved in making decisions
 about their care and whether any changes could be made to it.
- People and their relatives told us care workers were compassionate and caring and knew how to provide the care and support they required. Care workers understood the importance of getting to know the people they supported and showed concerns for people's health and welfare.
- People told us that staff respected their privacy and dignity and promoted their independence. There
 was evidence that language and cultural requirements were considered when carrying out the
 assessments and allocating care workers to people using the service.
- The service promoted an open and honest culture. Staff felt well supported by the registered manager and assistant homecare manager and were confident they could raise any concerns or issues, knowing they would be listened to and acted on. The registered manager valued staff and appreciated the work they did.

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Areas for improvement:

- Staff understood the principles of the Mental Capacity Act 2005 (MCA). Care workers respected
 people's decisions and gained people's consent before they provided personal care. However, the
 service did not ensure where appropriate, that people had signed their care plans in agreement with
 the care to be provided.
- There were processes in place to monitor the quality of the service provided and understand the
 experiences of people who used the service. This was achieved through regular communication with
 people and care workers, supervision and a programme of other checks and audits. However the
 registered manager failed to notify the CQC about an incident involving the police and a safeguarding
 concern that had been raised which is a legal requirement of the provider's registration.
- Medicines were administered and recorded by staff who had received relevant medicines training however this training wasn't refreshed on a regular basis to ensure that staff remained competent to carry out this task.

The issues identified in January 2016 resulted in a "needs improvement rating". However, at the time of writing this report, we have been upgraded from Requires Improvement to Good following a comprehensive inspection by the CQC on 8th and 9th August 2017. The full inspection report can be found on the CQC website at:http://www.cqc.org.uk/sites/default/files/new_reports INS2-2517229024.pdf

Mr Y, 90

Mr Y has been receiving home care from CATH with his housebound wife since 2009. He got virtually no support from his daughter, who lived outside London, as they were not on good terms with each other. He started to show signs of dementia in 2010, which significantly worsened over the past year. Following a house move last December, he often could not find his way home and ended up being sent to the A&E after the police found him wandering on the streets. It was also reported that Mr Y often forgot where he put his money and allegedly spent a lot on gambling in one of the Chinatown casinos, leaving himself with no money to spend on daily necessities.

He was soon officially diagnosed with Alzheimer's and was deemed to lack mental capacity to manage his finances. The Council successfully applied to become Mr Y's appointee and since then only a fixed amount of money would be released every week to CATH's care workers so that they could help pay his bills and do his weekly shopping. A daily escorting service was put in place so that Mr Y could be monitored during daytime while staying active in the community.

The arrangements were put in place to protect him, but they ran contrary to Mr Y's active and independent lifestyle. Prior to the intervention Mr Y had always enjoyed travelling to Chinatown on his own, visiting his favourite casino, having a meal at one of the Chinese restaurants and getting takeaways for his housebound wife. Mr Y felt that he was deprived of his freedom as we and social services took away his money and stopped him from going out alone. He was clearly not happy and got increasingly agitated. He was adamant that the care workers should give him his money so that he could travel to Chinatown on his own. It was difficult to explain to him his situation as he forgot that very quickly.

Our team was rethinking what personalisation could mean for this gentleman. Yes we might be keeping Mr Y safe – but at what price? We might be reducing the risks of him going missing or losing money, but did we not also expose him to the risk of reduced independence as a result of increased institutionalisation? Even with memory loss, shouldn't he retain some control over how he wanted to live his life (i.e. an independent life)? The fact that Mr Y suffered from dementia did not mean that his preferences should be completely ignored. Decision-making should involve him as much as possible and reflect his own interests and preferences. If Mr Y would like to take risks and travel to Chinatown alone, shouldn't we be supporting him to do that given the risks were manageable?

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Our team called a meeting with Mr Y and other stakeholders to assess the risks involved in his requests and discuss how they could promote Mr Y's independence while giving him the support he needed to keep him safe. With our input it was agreed that Mr Y could travel to Chinatown on his own one day a week, with the carer making sure that he carried his name badge and keys and that he had a small amount of money with him. On the other days the carers would still take Mr Y out and help him find his way back to his new home, preparing him for his weekly independent travel. The outcome was positive as Mr Y gradually learned to find his way home and became a lot less agitated and happier with his independence.

Our service tried to respond to Mr Y's request in a way that fulfilled our duty of care and promoted independence and self-determination at the same time. We believe that personalised care should recognise that older and disabled people do have a right to be involved in their own risk assessment and take reasonable risks so that their life opportunities would not be limited by risk aversion or over protection.

Elderly Luncheon Club

CATH's Luncheon Club is aimed primarily, but not exclusively, at Chinese and Vietnamese Elders who wish to improve their physical and mental wellbeing. Through our programme of fun and informative activities, and exercise classes, we wish to give attendees the awareness and knowledge to work on raising their own health.

Food has always been an integral part of the cultural identity of Chinese communities across the world. Our luncheon club exists to provide healthy and nutritious food as well as a relaxing and sociable environment for our elders to dine in. Many elders living alone do not bother to cook, and by bringing them together to eat we can ensure they get a fresh meal, satisfy their nutritional needs as well as creatively reduce their level of social isolation.

Lunch is available Friday's service 1 dish with Chinese herbal soup. Since 30th July 2016, Saturday's service also 1 dish which include meat, vegetarian or fish dish with a Chinese herbal soup as well. The dishes are always traditional southern Chinese food.

The total number of meals served between April 2016 and March 2017 was 1,865. As part of our luncheon club, every Friday morning we have a Tai Chi and Aerobics dancing class taught by Miss Mabel Tsang. We also have activities in every Friday afternoon. Such as Kela Ball and Table Tennis. Our elders can also enjoy a game of Chinese chess, cards or their traditional Mah- Jong before and after lunch.

As well as the week-to-week luncheon club we also occasionally organise talks, workshop, outings and activities for the elders. In the summer, we had a Dim Sum lunch at Yi-Ban restaurant in May 2016. And in June, we held a traditional banquet — 'Poon Choi' for celebration of dragon Boat Festival in our centre. We organised one day trip to Portsmouth in July 2016, we celebrated mid- autumn festival in September. We had a Christmas party at a local restaurant - Saigon, we also had another Christmas celebration party and AGM to date in December at our centre.

Goals for 2017/2018

- Continue to provide healthy nutritious meals to older people, targeting a 10% increase per year in the number of service users.
- Organise more outings and other social activities to keep our users active and healthy.

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Chinese Independent School of Tower Hamlets

The school moved from c/o Mulberry School for Girls to St Mary and c/o St Michael Primary School in September 2013 and it is a more secure building as no one else is sharing the venue with CISTH. Front gates and doors are locked during lesson hours to ensure the school premises are safe and avoid intruders from entering. We have received many good comments from parents about the new learning environment and excellent facilities.

We have provided 34 sessions from September 2016 to June 2017 - a total of 27 classes in Cantonese and Mandarin from Playgroup to A Level. Due to an increase in number of students and classes, we had to split the classes into two sessions in order to accommodate for all of our students. The morning session runs between 10am to 12:20pm for Mandarin students and the afternoon session runs between 1pm to 3:15pm for Cantonese students. In the past year, students achieved over 95% attendance since the start of the term. The school continues to have a positive impact on the lives of Chinese & non-Chinese children, young people and their families across London and beyond.

The number of enrolment increased in the new academic year; reaching 400 students enrolled on Cantonese or Mandarin classes, from the age of 3 up to 18. The school received enquiries regularly and more parents would like to send their children to the CISTH to learn Chinese. Some classes were already full up at the beginning of term; therefore children were placed on a waiting list and parents would have to contact the school in May 2017 to enrol their child(ren) for the next academic year. There was also an increase in the number of Tower Hamlets students during the academic year.

Due to the high demand in some classes, CISTH opened new classes for the new academic year including one additional Mandarin Year 2. The school also recruited 10 new teachers. The current trend demonstrates more parents would like to send their children to learn Chinese, in particularly Mandarin. Furthermore, we now have more non-Chinese speaking children attending the school as their mainstream school requires the children to learn Mandarin as one of the subjects. Parents have reported attending the CISTH actually made a difference in their children's learning as their ability is higher than those who doesn't learn Mandarin outside of their mainstream school. Some parents said their child has been promoted to the top Mandarin class in their mainstream school.

Students have learnt how to communicate with their non-English speaking family members through learning the four key skills: listening, reading, speaking and writing in Cantonese or Mandarin. They have demonstrated their achievements from their positive learning attitude and satisfying exam results. Students who have taken the Chinese GCSE exam last summer achieved 100% grade A*, including those who entered for the early GCSE exam through the Community Languages Service of Tower Hamlets. The youngest A* achiever was only 10 years old; he was enrolled on the AS class this year and completed the AS Chinese exam this summer with a predicted grade B. AS level students achieved grades B - D in the exams; the youngest student was 13 years old. The previous GCSE students attended an award ceremony by the CLS in November 2016; where awards and gift were presented to students on stage by Simon Leveaux, Deputy Head of Idea Store Learning.

We have now received the new set of GCSE results from the CLS and parents; once again we have achieved 100% A* in both Cantonese and Mandarin. Some of the students have decided to progress to A-Level in the new academic year as they have gained confidence from the excellent GCSE exam results they have achieved. The A-Level students also achieved good exam results; they achieved 5As, 3Bs & 1D in their AS exam and 1A, 3Bs and 1C in the A2 exam. The youngest AS achiever was 11 years old and achieved B in his exam; he will continue to study A2 Chinese in the new academic year.

The School participates in the Jack Petchey Award Scheme to identify young people with outstanding achievements. During this academic year, the School has identified 6 young people who received the Jack Petchey's Young Achiever Award and a member of staff who received the Jack Petchey's Leader Award. The awards were presented to the young people and staff on stage by the Mayor of Tower Hamlets, Mr. John Biggs at the School's Graduation Ceremony.

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We sent out surveys to students and parents via email to complete online. We received 100 completed feedback so far. Over 85% of feedback we received commented the overall students and parents are very satisfied with the service we provide at the School and the excellent facilities at St. Mary and St. Michael Primary School.

Teachers continued to attend regular training to enhance their teaching skills, students' learning experience and safeguarding the children; i.e. Seminar for the new Edexcel GCSE & A Level course structure and syllabus.

Future perspectives include seeking for more training opportunities, exploring new ways to recruit students in London or beyond and maintaining good GCSE and A Level results.

After School Homework Club

Homework Club is held at St. Mary and St. Michael Primary School on Saturdays from 12:45pm to 4:15pm for children from the age of seven. The class is split into two sessions due to the change in lesson hours; the first session is for Mandarin students and the second session is for Cantonese students.

The club has twenty five students with a mixture of age, gender and cultural/ethnic background. The sessions are designed to help and support on subjects that pupil has difficulty comprehending; in particularly Chinese, Maths and English (Comprehension and Writing). Additional exercises have been given to students to take home to practice. This will support their learning outcomes and facilitate their learning at mainstream school. The Homework Club tutor communicated with the students and parents at the beginning of the academic year to understand the expectation and the support that the students needed most.

Mandarin students usually complete their homework (English, Maths and Chinese) between 12:45 to 2pm. After 15 minutes break, they would either choose to read a book or challenge themselves by completing extra exercises provided by the club. Cantonese students normally need support completing their Chinese homework and revision before their termly exams.

Homework club provides trilingual (Mandarin, Cantonese and English) support that can benefit parents and students who just immigrated to this country. This enables them to communicate effectively with the club tutor regarding school work, homework or beyond. These languages are often use in the class, as we provide a warm and nurturing environment where students can learn and grow with peers from different backgrounds.

One of the students who attends the homework club achieved an A* in his GCSE at the age of 10; originally from China and had limited English. He attended the homework club since he came to the UK three year ago and received support with his Chinese homework and homework from his mainstream school. He received excellent comments from his mainstream school for his improvement in his homework. He progressed to the AS class this year and completed his exam this summer with a predicted grade "B". His mother expressed how grateful she is having the support from the Chinese School and Homework Club; she has already enrolled him on the A2 class for the new academic year.

Non-Chinese speaking students utilised this class to get extra support on how to tackle exam questions, in particularly support on memorising vocabularies and pinyin. Unlike any other languages, Chinese characters do not have alphabets; therefore, students often find it difficult to learn or memorising the words. Hence, the homework club ease the pressure from students who are unable to complete their homework at home. Some of the parents cannot speak nor understand Chinese either; they find it very difficult to help their children at home. They are very pleased that the Chinese School can offer a homework club so that their children can get extra support, complete their homework or revise for exams.

The success of the program is reflected in two ways: 1. students are becoming increasingly confident. 2. Student's exam results and school report shows improvements. We have a few students whose Chinese GCSE results are very satisfying; we achieved 100% A* in both 2015/2016 and 2016/2017 academic years.

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Plans for Future Periods

In terms of current services, in a changing world and economic climate, the Charity cannot make assumptions about the continuation of established and often well-loved services, but can endeavor to ensure they will survive and flourish through ongoing vigilance. This means that CATH will keep all its services under continuing scrutiny, to ensure they:

- · Continue to be viable financially;
- · Operate as efficiently as possible;
- Continue to serve the best interests of our service users promoting independence, inclusion and improving quality of life.

As an organisation our focus remains to work with Chinese people in Tower Hamlets and its neighbouring boroughs to improve quality of life. We continue to deliver our services within three operational areas:

- Independence at Home Home Care & Advocacy
- Education Chinese School and After School Homework Club
- · Ageing Well Luncheon Club

We will continue to review our services (considering opportunities, lessons learnt, value for money and need) and, where appropriate, we will seek funding to continue the delivery of existing services. We will also look to expand services where need and opportunities are identified.

We will also look at the development of new services including a volunteer friendly visiting service and services working with the frail elderly.

To ensure we can do this we will work to develop our feedback systems for staff, volunteers and service users and ensure we are measuring impact in the most appropriate ways. We aim to increase service user engagement and have volunteers providing support across all of our services.

We recognise the importance of working in partnership, and we will continue to develop existing relationships and partnerships with local clinical commissioning groups, the hospital trusts, Adult Social Care, Neighbourhood Networks and other organisations and identify opportunities for new formal and informal partnerships.

Funding is an essential factor in the delivery of our services and we will aim to increase the value of our unrestricted funding through our existing enterprise services, increased fundraising activities and look at the feasibility of additional income generating projects.

As an organisation we are also focused on ensuring that we have the structures in place to provide services which reflect the needs to our clients and are as responsive and efficient as possible. We want our staff and volunteers to feel valued and enjoy working for, and with, our charity.

Reserves

The trustees/directors recognise the need to ensure adequate resources are held in reserve to account for unanticipated reduction of income or increase of expenditure. The Chinese Association of Tower Hamlets (CATH) is currently dependent heavily on earned income from its Home Care Service to sustain its activities, as grants alone would not allow CATH to continue operating. This means that if there were to be a gap in earned income it is likely that CATH would have to close down. To avoid closure if funding difficulties were to happen the trustees/directors have agreed to keep a certain level of financial reserves to ensure that main operations can continue for a period of at least 9 months. The main concerns of the board are to ensure:

- That staff can continue working, primarily to secure new funding or to allow CATH to wind up while
 meeting its obligation to staff
- That members and service users are supported to move on to other services

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TRUSTEES' RESPONSIBILITIES

The trustees, who are also the directors of Chinese Association of Tower Hamlets for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Chinese Association of Tower Hamlets and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Chinese Association of Tower Hamlets will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Chinese Association of Tower Hamlets and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Chinese Association of Tower Hamlets and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees / directors who served during the year were as follows:

Hoi Hung Wu Chairperson
The Vinh Le Trustee
Ping Hayward Trustee
Meng Lu Cheng Trustee
Harun Salah Trustee
Chuang Yi Trustee

APPOINTMENT OF TRUSTEES

Applications for potential Trustees are sought through registration with appropriate local networks and associations, through the Charity's website and through invitations sent out in member mailings.

Membership of the board of trustees consists of the Chair and up to eight other trustees elected by members of the Charity as determined by the Charity's Regulations. The Board also has the power to co-opt persons to serve as members of the Board until the next election of trustees.

TRUSTEES INDUCTION AND TRAINING

Trustees take an active role in succession planning. Potential Trustees are initially provided with reports that will enable them to judge whether to pursue an appointment. Skills Audit forms are completed prior to an interview with the Chair of the Charity and the General Manager. If candidates are regarded as suitable, and wish to pursue an appointment, an orientation session is arranged. This forms part of the ongoing induction process and involves meetings with key staff, attendance at seminars and Committees and at least one Board meeting. Following satisfactory completion of the recruitment process the Board will recommend appointment as a Trustee.

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ORGANISATION

The Board has the overall responsibility for the governance of the Charity. It meets at least four times a year. Regulations specify the powers of the board and the authority delegated to senior staff. The General Manager is responsible for the day to day management of the Charity, working within the financial framework, procedures and policies set down by the Board. The General Manager has delegated authority for human resource planning, employment, service development and finance. The name of the senior staff member to whom day to day management of the charity is delegated to Mr. Alan Chau, General Manager.

BANKER

The name and address of the Association's Banker is:

Barclays Bank PLC Canary Wharf Branch 2 Churchill Place London E14 5RB

RISK MANAGEMENT AND INTERNAL CONTROLS

The Trustees have overall responsibility for ensuring that the charity has appropriate system of controls, financial and otherwise. They are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities and to provide reasonable assurance that:

- · the charity is operating efficiently and effectively.
- its assets are safeguarded against unauthorised use or disposition.
- · proper records are maintained and financial information used within the charity or for publication is reliable.
- the charity complies with relevant laws and regulations.

The systems of internal control are designed to provide reasonable, but not absolute, assurance against material misstatement or loss. They include:

- a strategic plan and an annual budget approved by the Trustees.
- · regular consideration by the Trustees of the financial results, variance from budgets, non financial performance indicators and benchmarking reviews.
- delegation of authority and segregation of duties.
- · identification and management of risks.

The Trustees have established a formal risk management process to assess business risks and implement risk management strategies. This involves annually identifying the types of risks the charity faces, prioritising them in terms of potential impact and likelihood of occurrence and identifying and monitoring the means of mitigating the main risks.

The trustees' report was approved by the Board of Trustees.

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CHINESE ASSOCIATION OF TOWER HAMLETS

I report on the accounts of the Chinese Association of Tower Hamlets for the year ended 31 March 2017, which are set out on pages 12 to 23.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The Chinese Association of Tower Hamlets's trustees, who are also the directors of Chinese Association of Tower Hamlets for the purposes of company law, are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination being a qualified member of .

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;

have not been met or

(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Goh Yong Chong Silver Levene (UK) Limited Chartered Certified Accountants 37 Warren Street London W1T 6AD

Dated: 31/10/2017

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2017

		Unrestricted		Restricted	Total	Total
		funds	funds	funds	2017	2016
	Notes	generai £	designated £	£	£	£
Income and endowments from:		Z.	L	£	L	L
Donations and contract income	2	307,971	_	_	307,971	425,583
Charitable activities	3	72,780	_	37,714	110,494	101,366
Investments	4	60	_	-	60	84
Other income	5	15,316	_	_	15,316	-
Total income		396,127	-	37,714	433,841	527,033
				<u> </u>		
Expenditure on:						
Charitable activities	6	373,030	-	43,095	416,125	454,167
			-			
Net incoming/(outgoing)						
resources before transfers		23,097	-	(5,381)	17,716	72,866
		(744)		744		
Gross transfers between funds		(744)	-	744	-	-
Not income//ownerditure) for th						
Net income/(expenditure) for the Net movement in funds	e yean	22,353		(4,637)	17,716	72,866
Net movement in funds		22,333	-	(4,037)	17,710	72,000
Fund balances at 1 April 2016		287,454	4,140	23,815	315,409	242,543
rana zalanoco at 17 pm 2010						
Fund balances at 31 March						
2017		309,807	4,140	19,178	333,125	315,409

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CHINESE ASSOCIATION OF TOWER HAMLETS (A COMPANY LIMITED BY GUARANTEE) BALANCE SHEET

AS AT 31 MARCH 2017 Company Registration No. 01720498

		201	17	201	6
	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		6,633		6,453
Current assets					
Debtors	13	57,412		64,626	
Cash at bank and in hand		305,918		271,775	
		363,330		336,401	
Creditors: amounts falling due within one year	14	(36,838)		(27,445)	
Net current assets			326,492		308,956
Total assets less current liabilities			333,125		315,409
Income funds					
Restricted funds	15		19,178		23,815
Unrestricted funds - general					
Designated funds	16	4,140		4,140	
General unrestricted funds		309,807		287,454	
			309,807		287,454
			333,125		315,409
					————

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2017. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees' responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Trustees on $\frac{2810}{2017}$

Mr H H Wu'

Trustee

Mr C Yi

Trustee

FOR THE YEAR ENDED 31 MARCH 2017

1 Accounting policies

Charity information

Chinese Association of Tower Hamlets is a private company limited by guarantee incorporated in England and Wales. The registered office is 680 Commercial Road, London, E14 7HA.

1.1 Accounting convention

The accounts have been prepared in accordance with the Chinese Association of Tower Hamlets's memorandum and articles of association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The Chinese Association of Tower Hamlets is a Public Benefit Entity as defined by FRS 102.

The Chinese Association of Tower Hamlets has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The accounts are prepared in sterling, which is the functional currency of the Chinese Association of Tower Hamlets. Monetary amounts in these financial statements are rounded to the nearest \mathfrak{L} .

The accounts have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

These accounts for the year ended 31 March 2017 are the first accounts of Chinese Association of Tower Hamlets prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 April 2015. The reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the Chinese Association of Tower Hamlets has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the accounts.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

1.4 Incoming resources

Income is recognised when the Chinese Association of Tower Hamlets is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Chinese Association of Tower Hamlets has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

FOR THE YEAR ENDED 31 MARCH 2017

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the Chinese Association of Tower Hamlets has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under heading that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with use of the resources.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment

25% Reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the Chinese Association of Tower Hamlets reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Intangible assets with indefinite useful lives and intangible assets not yet available for use are tested for impairment annually, and whenever there is an indication that the asset may be impaired.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

FOR THE YEAR ENDED 31 MARCH 2017

1 Accounting policies

(Continued)

1.9 Financial instruments

The Chinese Association of Tower Hamlets has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Chinese Association of Tower Hamlets's balance sheet when the Chinese Association of Tower Hamlets becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the Chinese Association of Tower Hamlets transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

FOR THE YEAR ENDED 31 MARCH 2017

1 Accounting policies

(Continued)

Derecognition of financial liabilities

Financial liabilities are derecognised when the Chinese Association of Tower Hamlets's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Chinese Association of Tower Hamlets is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.12 Leases

Rentals payable under operating leases, including any lease incentives received, are charged to income on a straight line basis over the term of the relevant lease.

1.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfer from general funds is undertaken when restricted funds are in deficit.

1.14 Company Status

The charity is a company limited by guarantee. The members of the company are the trustees named on page 9. In the event of the charity being wound up, the liabilities in respect of the guarantee is limited to £1 per member of the charity.

FOR THE YEAR ENDED 31 MARCH 2017

2	Donations and contract income				
				2017	2016
				£	£
	Donations and gifts Contract income			12,861 295,110	23,673 401,910
				307,971	425,583
	Home care contract income London Borough of Tower Hamlets London Borough of Islington London Borough of Hackney London Borough of Newham London Borough of Southwark Direct Payments Lewisham Social Services			136,854 15,440 7,747 12,107 10,574 97,531 14,857 ————————————————————————————————————	177,662 52,548 8,439 7,323 24,599 115,601 15,738 ————————————————————————————————————
3	Charitable activities				
		Grants £	School fees income £	Total 2017 £	Total 2016 £
	Sales within charitable activities Performance related grants	37,714	72,780	72,780 37,714	60,413 40,953
		37,714	72,780	110,494	101,366
	Analysis by fund Unrestricted funds - general Restricted funds	37,714	72,780	72,780 37,714 ————————————————————————————————————	
	For the year ended 31 March 2016 Unrestricted funds - general Restricted funds	40,953 40,953	60,413		60,413 40,953 ————————————————————————————————————
			====		====

FOR THE YEAR ENDED 31 MARCH 2017

201	2017						
1	£						
84	60					Interest receivable	
						Oth an impart	•
						Other income	•
2010	2017						
#	£						
	15,316					Other income	
						Charitable activities	6
Tota 2016	Total 2017	Restricted funds	estricted funds	Uni			
2010		expenditure		ex			
1	£	£	£				
383,920	354,195	29,574	324,621			Staff costs	
20,599	14,327	2,602	11,725			Direct costs	
41,189	43,885	9,200	34,685		SIS	Support and admin cos	
445,708	412,407	41,376	371,031				
8,459	3,718	1,719	1,999		osts (see note 7)	Share of governance of	
454,167	416,125	43,095	373,030				
						_	_
	cation	Basis of alloc	2016	2017	Governance	Governance costs	7
			£	£	costs £		
			-	~	٤		
		Governance	8,459	3,718	3,718	Professional fees	
			8,459	3,718	3,718		
			8,459	3,718	3,718	Analysed between Charitable activities	
			5, 100	======	٥,, ١٠		

FOR THE YEAR ENDED 31 MARCH 2017

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits, or claimed any expenses from the Chinese Association of Tower Hamlets during the year.

9 Employees

Number of employees

The average monthly number employees during the year (including trustees) was:

	2017 Number	2016 Number
Management and administration & charitable activities	48	49
Employment costs	2017	2016
	£	£
Wages and salaries	335,672	366,028
Social security costs	14,202	16,592
Other pension costs	4,321	1,300
	354,195	383,920
		

The key management personnel of the charity, comprise the trustees, General Manager, Quality Assurance Manager and Head of Chinese School. The total employee benefit of the key management personnel of the Charity were £71,414 (2016: 45,781).

No employees received benefits of more than £60,000 during the year or preceding year.

10 Taxation

The charitable company is a registered charity and is not subject to corporation tax on its current activities.

FOR THE YEAR ENDED 31 MARCH 2017

11	Tangible fixed assets		
		Fixtures, fittings	
	Cost		£
	At 1 April 2016		29,191
	Additions		2,390
	At 31 March 2017		31,581
	Depreciation and impairment		
	At 1 April 2016		22,738
	Depreciation charged in the year		2,210
	At 31 March 2017		24,948
	Carrying amount		
	At 31 March 2017		6,633
	At 31 March 2016		6,453
12	Financial instruments	2017	2016
		£	£
	Carrying amount of financial liabilities		
	Measured at amortised cost	36,838	27,445
13	Debtors		
		2017	2016
	Amounts falling due within one year:	£	£
	Prepayments and accrued income	57,412	64,626
14	Creditors: amounts falling due within one year		
		2017	2016
		£	£
	Accruals and deferred income	36,838	27,445
			

FOR THE YEAR ENDED 31 MARCH 2017

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

		Mo	vement in fund	s	
	Balance at 1 April 2016	Incoming resources	Resources expended	Transfers	Balance at 31 March 2017
	£	£	£	£	£
Core	4,484	-	-	-	4,484
Opportunity Centre Project	1,403	-	_	-	1,403
Youth Club	222	-	_	-	222
Welfare Advice Project	-	10,344	(10,379)	35	.
After School Homework Club	3,132	4,006	(4,503)	-	2,635
After School Sporting	4,938	-	-	-	4,938
I Dare Project	7,945	-	(4,448)	-	3,497
Jack Petchey Project	1,691	1,500	(1,192)	-	1,999
Elderly Luncheon Club	-	10,200	(10,305)	105	-
Chinese School	-	11,665	(12,269)	604	
	23,815	37,715	(43,096)	744	19,178

16 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds				
	Balance at 1 April 2016	Incoming resources	Resources expended	Balance at 31 March 2017	
	£	£	£	£	
Equipment replacement fund	4,140		_	4,140	
	4,140	-	-	4,140	
				====	

The trustees have designated funds of £4,140 to cover the future cost of IT & communication system of the Charity.

FOR THE YEAR ENDED 31 MARCH 2017

17	Analysis of net assets between funds	Unrestricted	Designated	Restricted	Total
		funds	funds	funds	
		£	£	£	£
	Fund balances at 31 March 2017 are represented by:				
	Tangible assets	6,633	-	-	6,633
	Current assets/(liabilities)	303,918	4,140	18,434	326,492
					
		310,551	4,140	18,434	333,125
					

18 Operating lease commitments

At the reporting end date the Chinese Association of Tower Hamlets had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2017 £	2016 £
Within one year	16,500	9,625
Between two and five years	24,200	40,700
	40,700	50,325
		

20 Comparatives

Staff costs of £383,920 have been excluded from governance costs.

Professional fees of £8,459 have been reclassified from support costs to governance costs.

The reclassification of balances have no effect on Statement of Financial Activities or Balance Sheet, but which have affected the presentation of the related disclosure notes.