

Return of Allotment of Shares

*Please complete in typescript,
or in bold black capitals.*

CHFP010

Company Number

1529002

Company Name in full

The Big Food Group plc

Shares allotted (including bonus shares):

Date or period during which shares were allotted <small>(if shares were allotted on one date enter that date in the "from" box)</small>	From			To		
	Day	Month	Year	Day	Month	Year
	2	5	03	2	0	02
Class of shares <small>(ordinary or preference etc)</small>	ORDINARY					
Number allotted	4,255					
Nominal value of each share	10p					
Amount (if any) paid or due on each share (including any share premium)	81.07p					

List the names and addresses of the allottees and the number of shares allotted to each overleaf

If the allotted shares are fully or partly paid up otherwise than in cash please state:

% that each share is to be treated as
paid up

100%

**Consideration for which the shares
were allotted**

CASH

(This information must be supported by the duly
stamped contract or by the duly stamped particulars
on Form 88(3) if the contract is not in writing)

**When you have completed and signed the form send it to
the Registrar of Companies at:**

Companies House, Crown Way, Cardiff, CF14 3UZ
For companies registered in England and Wales

DX 33050 Cardiff

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
For companies registered in Scotland

DX 235 Edinburgh

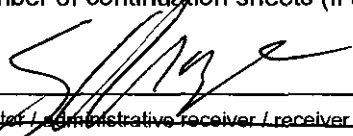


Names and addresses of the allottees (List joint share allotments consecutively)

Shareholder details	Shares and share class allotted	
Name PLEASE SEE ATTACHED	Class of shares allotted ORDINARY	Number allotted 4,255
Address		
UK postcode		
Name	Class of shares allotted	Number allotted
Address		
UK postcode		
Name	Class of shares allotted	Number allotted
Address		
UK postcode		
Name	Class of shares allotted	Number allotted
Address		
UK postcode		

Please enter the number of continuation sheets (if any) attached to this form

Signed



Date

3/4/02

A director / secretary / administrator / administrative receiver / receiver manager / receiver

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

Suzanne Chase, Company Secretary, Equity House,	
Irthlingborough Road, Wellingborough, Northants	
NN7 1LT	Tel 01933 371 203
DX number	DX exchange

SHARESAVE ALLOTMENT LIST

PAGE NO : 2

CLIENT : ICELAND GROUP PLC / NO LONGER REGISTRARS
 EXERCISE PERIOD : FROM 21 MAR 2002 TO 21 MAR 2002
 DATE OF GRANT : 25 SEP 1996
 TYPE OF SCHEME : 0 YEAR SCHEME
 OPTION PRICE (p) : 81.07

Account No	Participant's Details	Exercise Date	No of Shares Under Option	Shares To Be Allotted	Amount Due (£)
00202224	HELME JONATHAN PETER /MR. 24 CRYOL ROAD ASHFORD LEICESTERSHIRE LE19 6AJ	21-MAR-02	3404	3404	2759.63
00202203	INKEP KATHLEEN SUSAN /MRS. 223 AMBLESIDE AVENUE SOUTHMEAD BRISTOL BS16 6HG	21-MAR-02	851	851	689.91
GRAND TOTALS			4255	4255	3449.54

N OF PARTICIPANTS : 2