Financial Health Limited

Abbreviated Accounts

31 March 2013



Financial Health Limited

Registered number:

01377479

Abbreviated Balance Sheet

as at 31 March 2013

	Notes		2013 £		2012 £
Fixed assets					
Tangible assets	2		503		-
Current assets Debtors Cash at bank and in hand		17,983 12,506		6,371 6,317	
Casil at balik and ill liand		30,489		12,688	
		22,122		,	
Creditors: amounts falling d within one year	ue	(11,398)		(5,937)	
Net current assets	•		19,091		6,751
Total assets less current liabilities		_	19,594	_	6,751
Creditors: amounts falling d after more than one year	ue		(5,172)		(497)
Net assets		- -	14,422		6,254
Capital and reserves Called up share capital	3		5,000		5,000
Profit and loss account	•		9,422		1,254
Shareholders' funds		-	14,422		6,254

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006

Members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

Simon Williams

Director

Approved by the board on 2 April 2013

Financial Health Limited Notes to the Abbreviated Accounts for the year ended 31 March 2013

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

33% straight line

2	Tangible fixed assets			£	
	Cost				
	Additions			750	
	At 31 March 2013		_	750	
	Depreciation				
	Charge for the year			247	
	At 31 March 2013		-	247	
	Net book value				
	At 31 March 2013		-	503	
3	Share capital	Nominal	2013	2013	2012
		value	Number	£	£
	Allotted, called up and fully paid				
	Ordinary shares	£1 each	5,000 _	5,000	5,000
4	Loans to directors				
•	Description and conditions	B/fwd	Paid	Repaid	C/fwd
		£	£	£	£
	Simon Williams		-		-
	Directors Loan Account	(498)	(39,674)	35,000	(5,172)
	•	(498)	(39,674)	35,000	(5,172)