

COMPANIES HOUSE

Registered number
01377479

Financial Health Limited

Abbreviated Accounts

31 March 2011



Financial Health Limited
Registered number:
Abbreviated Balance Sheet
as at 31 March 2011

01377479

	Notes	2011 £	2009 £
Current assets			
Debtors	9,202	31,093	
Cash at bank and in hand	6,324	4,448	
	<u>15,526</u>	<u>35,541</u>	
Creditors: amounts falling due within one year	(7,957)	(3,797)	
Net current assets		<u>7,569</u>	<u>31,744</u>
Total assets less current liabilities		<u>7,569</u>	<u>31,744</u>
Creditors: amounts falling due after more than one year		(133)	(24,243)
Net assets		<u>7,436</u>	<u>7,501</u>
Capital and reserves			
Called up share capital	2	5,000	5,000
Profit and loss account		2,436	2,501
Shareholders' funds		<u>7,436</u>	<u>7,501</u>

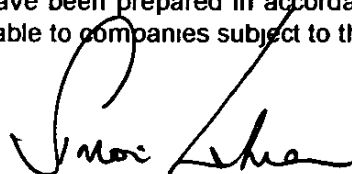
The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006

Members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

Simon Williams
Director



Approved by the board on 18th July 2011

Financial Health Limited
Notes to the Abbreviated Accounts
for the period ended 31 March 2011

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Plant and machinery	20% straight line
Motor vehicles	25% straight line

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

2 Share capital	Nominal value	2011 Number	2011 £	2009 £
Allotted, called up and fully paid Ordinary shares	£1 each	36,647	<u>5,000</u>	<u>5,000</u>