

MUSCULAR DYSTROPHY GROUP OF GREAT BRITAIN AND NORTHERN IRELAND

**Operating as Muscular Dystrophy Campaign (MDC)
(a Company limited by guarantee 705357,
a Registered Charity 205395 and
Registered as a Charity in Scotland SC039445)**

FINANCIAL STATEMENTS Year ended 31st March 2010

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Muscular Dystrophy Campaign

REPORT OF THE BOARD OF TRUSTEES 2009-10

REPORT OF THE BOARD OF TRUSTEES

1 APRIL 2009 – 31 MARCH 2010

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Muscular Dystrophy Campaign

REPORT OF THE BOARD OF TRUSTEES 2009-10

REPORT OF THE BOARD OF TRUSTEES

1 APRIL 2009 – 31 MARCH 2010

1. What the Muscular Dystrophy Campaign does – core purpose and activities

- a Vision a world where muscle disease is not a barrier to length or quality of life
- b Mission to lead the fight against muscle disease
- c Charitable purposes advancement of health and relief of those in need by reason of ill-health and disability
- d Objects of the Muscular Dystrophy Campaign for the Public Benefit the charity is established for the relief of persons with Muscular Dystrophy and allied neuromuscular conditions in particular, but not exclusively, by the provision of care and the promotion of research into the causes, prevention and cure of such conditions and the dissemination of the results of the research for the benefit of the public
- e Public Benefit The Charity Trustees consider that they have complied with their duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charities Commission and that the benefits that the charity provides are not unreasonably restricted
- f Significant activities this year

Partnerships

- i We provided effective management and support to our successful partnership with Tesco as their 'Charity of the Year' for 2009/10 We were involved in hundreds of events and activities across the UK and the partnership proved to be one of the most successful in our history We received £3,300,000 in 2009/10 through this partnership and there will be some further funds to be received in 2010/11 The use of the funds is restricted to the purchase of wheelchairs and equipment for children and we have been able to help hundreds of young children thanks to the outstanding success of the Tesco partnership

Campaigns

- ii Launched the Walton Report in August 2009 following a Parliamentary Inquiry through the All Party Parliamentary Group for Muscular Dystrophy which highlighted gaps and weaknesses in NHS Services
- iii Led NHS West Midlands to develop £1.2m development plan for neuromuscular services with first phase of £400,000 released for new NHS posts in 2010/11
- iv Formed active Muscle Groups of supporters pressing for better NHS services throughout the country, alongside the *Trailblazers*, our award-winning young campaigners' groups
- v Successful campaigning secured increase in number of Care Advisors posts to 23, all of whom will be fully funded by the NHS, from April 2011
- vi Secured important commitment from EU that neuromuscular research will continue to be supported in the future
- vii Advocated on behalf of 45 children and adults to ensure their rights for adequate service provision

Care, support and NHS investment

- viii Launched three key publications - Transition Guidelines, Becoming an Adult and Transition for Young Men with Muscular Dystrophy
- ix Delivered 10,420 requests for literature and 3,392 requests for telephone and email support

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- x Supported 84 adults with specialist equipment grants through Joseph Patrick Trust and fully funded equipment for young people through our Tesco Partnership
- xi Supported 192 adults through 10 one-day self-management events, delivered two Family Weekends and two Adult Information days
- xii Grown professional networks to over 1,900 members, delivered two schools network training days and three DMD Education Training Days for professionals
- xiii Invested £850,000 in the NHS through muscle centre grants and Care Advisors and increased the number of Care Advisor posts to 23, all of whom will be fully funded by the NHS from April 2011
- xiv Established the National Neuromuscular database (formerly NorthStar Database) to include multiple disease-specific databases to aid research

NeuroMuscular Centre

- i Increased the number of patients at the NMC by 10% and saw them for assessment, on average, within two weeks of referral
- ii NMC Design + Print is our award winning social enterprise which continued to exceed targets while providing valuable employment
- iii Continued to develop our plans for a second NMC with a focus on sustainable income to underpin the proposed centre

Research

- xv Managed 22 active research projects covering 15 different conditions at a total investment of £927,318, with three new research projects and three new PhD studentships awarded
- xvi Extended research information through publishing 2nd edition of Target Research, providing regular weekly research news updates and also improving the format of the clinic trials' database – a unique resource that holds information about international clinical studies
- xvii Organised the third Neuromuscular Translational Research Conference in partnership with the MRC Centre for Neuromuscular Disease and also organised on behalf of TREAT-NMD the "First Russian Spring School" in St Petersburg for clinicians and professionals
- xviii Grew involvement of our families and supporters into research communication and introduced a lay panel that takes an active part into making decisions about funding research

Communications

- xix Launched a new website and set of microsites with higher visitor numbers and length of stay and enhanced press and media profile

2. Achievements and performance

- a The charity has had a very demanding year generating unrestricted income in a period of unprecedented economic instability While the Tesco 'Charity of the Year' partnership raised a hugely impressive £3,300,00 in 2009/10 these funds were restricted to the purchase of wheelchairs and equipment for children We have therefore maintained vital services during 2009/10 by investment from reserves and there is a continuing review of all services and activities in the light of current income and future projections

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- b Each year the charity sets open and transparent objectives for service outcomes in research, care, the NMC and campaigning. Our achievements this year against objectives set are shown on pages 6-32
- c Our future objectives for 2010-11 are set out in Section 3

3. Future plans

- a The Muscular Dystrophy Campaign continues to focus on five areas for which internal performance indicators have been set to enable performance to be effectively monitored and evaluated
 - i Providing support services to families
 - ii Investing in the NHS
 - iii Operating a successful social enterprise, the NMC, providing employment, physiotherapy and training to individuals with muscle disease
 - iv Supporting ground-breaking research into cures and treatments and communicating progress to our stakeholders
 - v Leading campaigns to grow clinical and social care services for people living with muscle disease

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REPORT OF THE BOARD OF TRUSTEES 2009-10

DIRECT IMPACT ON FAMILIES						
STRATEGIC FOCUS		WORKSTREAM	ANNUAL OBJECTIVES			
PROVISION OF CARE						
1	To empower those living with muscle disease	Self-management and self-care	1 Living with md a) To provide the opportunity for adults with muscle disease, living outside London, to attend self-management courses b) Support new projects to develop NMC centres in North East and West Midlands	2 Events a) run Information Days and National Conferences b) Work closely with partner charities c) Enable individuals and families to provide peer to peer support for each other	3 Welfare Grants a) Manage JPT Budget to support individuals b) Support Campaigns wheelchair provision work to obtain greater financial input from Health authorities and Wheelchair Services	4 New Family Recruitment With a particular emphasis on parents and children, continue to build relationships over the next five years
2	To work in partnership with healthcare professionals to ensure those living with muscle disease receive the highest quality of care available	Clinical and care services Best practice development	Clinical research 1 implement new strategy to develop clinical research and training	Communications 2 Develop and launch bi-monthly communications to professionals, partner charities and support groups	3 Regional Care Advisors. Continue to grow with NHS investment working with Campaigns team	
			1. Publications a) Ensure Duchenne 'Standards of Care' document widely distributed and used to enhance services urgently b) Promote Transition Guidelines and Adult Self	2 Professional Networks a) Continue to grow professional networks for Physios, OTs and Schools b) Run professional training days for networks	3 National Neuromuscular Database Expand the natural history databases to include adult conditions	

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			Management to families and professionals			
3	To provide employment, training and physiotherapy services to people with muscle disease	Neuromuscular Centre (NMC)	<p>1 Physiotherapy a) Create a successful NMC physiotherapy social enterprise b) Achieve full cost recovery for physiotherapy service</p>	<p>2 Home workers Consolidate the team of home workers into a successful productive part of NMC Design+Print</p>	<p>3 NMC North East and NMC West midlands Continue to develop the project in Newcastle – target for this year is to launch services including physiotherapy and training – and also support new project in West Midlands</p>	<p>4 Self advocacy and support a) Launch new user-led Advocacy service b) Successfully roll out "New Options" programme offering supported moves nearer to employment for at least 30 service users</p>

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INDIRECT IMPACT ON FAMILIES						
STRATEGIC FOCUS	WORKSTREAM	ANNUAL OBJECTIVES				
PURSUIT OF KNOWLEDGE						
4	To facilitate research into cures, treatments and disease management	Scientific and clinical research	1 Grants programme a) continue to award grants into basic and clinical research b) award PhD studentships c) award travel grants d) develop partnerships with governmental bodies and other charities to fund research	2 a) Provide platforms for scientists to share knowledge and to collaborate b) Organise a national scientific conference c) Collaborate internationally with charitable organizations (ENMC and Condition Specific Support Groups)	3 Research communications a) grow online content b) grow offline materials c) improve and grow clinical trial database	4 Involve service users in research communications and research decision-making
			COMMUNICATION, POLICY AND CAMPAIGNING			
5	To educate, inform and lead the discussion of muscle disease in order to raise public awareness and better inform statutory decision making	Policy, campaigning & education	1 Build parliamentary support for our campaigns to ensure access to specialist services at national and regional levels	2 Ensure NHS commissioners provide access to specialised services at national and regional levels for all people living with muscle disease	3 Involve people living with muscle disease in all campaigns, including young campaigners, and ensure their voice is heard	4 Advocacy provide support to individuals and families in need, also influence research policy in EU and UK

Muscular Dystrophy Campaign

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4. Financial review

a Reserves policy

- i It is considered that the charity should hold free reserves to provide sufficient protection to cover core costs including salaries and central overheads to meet its forward commitments should it suffer an immediate or unforeseen drop in income. Due to the extreme fundraising, investment and legacy environments over the past 12 months reserves are currently sufficient to provide cover for some three months. While the immediate economic outlook remains extremely demanding, it is intended that reserves will be built up over the next few years to provide six months cover for core costs including salaries and central overheads to meet its forward commitments.

b Investment policy

- ii The overall objectives are to create sufficient income and capital growth to enable the charity to carry out its purposes consistently year by year with due and proper consideration for future needs and the maintenance of, and if possible, enhancement of the value of the invested funds while they are retained. Both capital and income may be used at any time for the furtherance of the charity's aims.
- iii The objectives are to be achieved by investing prudently in a broad range of fixed interest securities and equities which are quoted on a Recognised Investment Exchange and unit trusts and OEICs (open ended investment companies) which are authorised under the Financial Services and Markets Act 2000.
- iv There should be no direct investment in the following derivative contracts including futures and options, commodities and derivatives thereof, contracts for differences, hedge funds, structured products.
- v Ethical considerations. It has been decided not to invest in tobacco manufacture and distribution. Trustees reserve the right to exclude companies or industry sectors that carry out activities contrary to the aims of the charity or from holding particular investments which damage the charity's reputation. Trustees expect the fund manager to have considered the suitability of investments of the same kind as any particular investment proposed to be made or retained.

5. Structure, governance and management

- a Governing document. The Muscular Dystrophy Group of Great Britain and Northern Ireland, operating as the Muscular Dystrophy Campaign, is a company limited by guarantee governed by its Memorandum and Articles of Association dated 2 September 1961 and as amended on 24 October 2007 to allow for current arrangements and charity law best practice. The Muscular Dystrophy Campaign is registered as a charity with the Charity Commission and the Office of the Scottish Charity Regulator and anybody over the age of 18 who supports and promotes the objects of the charity can become a member. The Muscular Dystrophy Campaign has a wholly owned trading subsidiary, Muscular Dystrophy Group (Trading) Ltd.
- b Appointment of trustees. The Muscular Dystrophy Campaign has between 7 and 17 trustees. The selection, appointment, retirement and duties of trustees are described in detail in the Memorandum and Articles of Association (article 29-44 et al).
- c Trustee induction and training. New trustees receive an induction pack of documents and attend a briefing day that covers the Muscular Dystrophy Campaign's Memorandum and Articles of Association, their duties as trustees under charity law, the Muscular Dystrophy Campaign's operating plans, recent financial performance and organisational structure. During the induction day and over time they meet and form working relationships with staff.
- d Organisation. The Board of Trustees is ultimately responsible for the management of the Muscular Dystrophy Campaign. The Board meets quarterly and there are sub-committees covering key areas of activity – research (Medical Research Committee, MRC), care (Clinical Research and Care Committee, CRCC), finance (Finance and General Purposes, F&GP) and appointments (Appointments Committee). A Chief Executive, with delegated authority, is appointed by and accountable to the trustees for managing the day-to-day operations of the MDC and the delivery of operational plans.

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- e Members The Muscular Dystrophy Campaign has a body of around 200 shareholders who carefully monitor the charity's progress. They are volunteers drawn from the various stakeholders that the charity represents, individuals, families, scientists, doctors, MP's, Lords and others. Trustees are members. If you are keen on following our work and would be interested in becoming a member, please contact the charity.
- f Related parties
 - i The Joseph Patrick Trust (JPT, an unincorporated charitable committee, registered charity number 294475) is the welfare arm of the Muscular Dystrophy Campaign which is its sole corporate trustee. Constituted on 30 April 1986 it provides direct financial assistance in the form of welfare grants to families living with muscular dystrophy throughout the UK. The JPT receives most of its income from the Muscular Dystrophy Campaign and from its own investments.
 - ii The Neuromuscular Centre (NMC, company number 2806607, registered charity number 1023606), incorporated on 1 April 1990 as a company limited by guarantee and controlled by the Muscular Dystrophy Campaign, which is its sole corporate trustee, provides employment, support, training and physiotherapy to people affected by muscular dystrophy. Day-to-day management of the NMC rests with its management committee led by its Chief Executive. The NMC has a wholly owned trading subsidiary, NMC Trading Limited.
 - iii The Muscular Dystrophy Campaign maintains extremely close working relationships with partner charities who assist people living with muscular dystrophy and related muscle diseases.
- g Risk management
 - i The trustees have a comprehensive risk management strategy based upon a detailed risk register which is subject to constant scrutiny and regular review.
 - ii Key components include a robust reserves policy and a plan for managing reputational risk. Risks are reviewed against the strategic aims of the organisation and are evaluated against controls in place. Action plans to deal with the net risks are to provide assurance of mitigation.
 - iii Primary risks
 - 1 Downturn in income
 - 2 Loss of key data – financial, marketing and operational
 - 3 Reputational damage
 - 4 Loss of key personnel

6. Provision of Information to auditors:

- a Each person who is a director at the date of approval of this report confirms that
 - i So far as the director is aware there is no relevant audit information of which the company's auditors are unaware, and
 - ii The director has taken all the steps that he/she ought to have taken as a director in order to make himself/herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.
- b This confirmation is given and should be interpreted in accordance with the provisions of s234ZA of the Companies Act 2006.



By order of the Board of Trustees
Professor Martin Bobrow, Chairman
29 July 2010

Muscular Dystrophy Campaign

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees, as the directors are responsible for preparing the annual report and the financial statements. The trustees have chosen to prepare accounts for the Company in accordance with United Kingdom Generally Accepted Accounting Practice (UK GAAP). Company law requires the trustees to prepare such financial statements for each financial year which give a true and fair view of the state of affairs of the Company and the Group and of the result of the Group for that period and comply with UK GAAP and the Companies Act 2006. In preparing these financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- state whether applicable accounting standards have been followed, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Company, for safeguarding the assets, for taking reasonable steps for the prevention and detection of fraud and other irregularities and for the preparation of a trustees' report which comply with the requirements of the Companies Act 2006.

So far as each of the trustees are aware, there is no relevant audit information of which the charity's auditors are unaware. The trustees have each taken all the steps that we ought to have taken as trustees in order to make ourselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of that information.

Muscular Dystrophy Campaign

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE MUSCULAR DYSTROPHY GROUP OF GREAT BRITAIN AND NORTHERN IRELAND

We have audited the group and parent company financial statements of the Muscular Dystrophy Campaign for the year ended 31 March 2010 which comprise the Consolidated Statement of Financial Activities, the Consolidated and Parent Company Balance Sheets, the Consolidated Cash Flow Statement and the related notes numbered 1 to 12. These financial statements have been prepared in accordance with the accounting policies set out therein.

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charity's trustees, as a body, in accordance with section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

The trustees' (who are also the directors of the Muscular Dystrophy Campaign for the purpose of company law) responsibilities for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and for being satisfied that the financial statements give a true and fair view as set out in the Statement of Trustees' Responsibilities.

We have been appointed auditors under the Companies Act 2006 and under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and report to you in accordance with those Acts.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (United Kingdom and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and have been prepared in accordance with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006. We also report to you if in our opinion the information given in the Trustees' Annual Report is not consistent with the financial statements.

In addition, we report to you if, in our opinion, the charitable company has not kept adequate accounting records, if the charity's financial statements are not in agreement with those records, if we have not received all the information and explanations we require for our audit or if certain disclosures of trustees' remuneration specified by law are not made.

We read the Trustees' Annual Report and consider the implications for our report if we become aware of any apparent misstatements within it. Our responsibilities do not extend to other information.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (United Kingdom and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial

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INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE MUSCULAR DYSTROPHY GROUP OF GREAT BRITAIN AND NORTHERN IRELAND

statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements

Opinion

In our opinion

- the financial statements give a true and fair view of the state of the group's and the parent company's affairs as at 31 March 2010 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended,
- the financial statements have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice,
- the financial statements have been prepared in accordance with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006, and
- the information given in the Trustees' Annual Report is consistent with the financial statements



Michael Hicks
Senior Statutory Auditor
For and on behalf of
Horwath Clark Whitehill LLP
Statutory Auditor
St Brides' House
London
EC4Y 8EH

27 July 2010

Muscular Dystrophy Campaign

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING THE INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2010

	Notes	Unrestricted Funds	Restricted Funds	Total 2009-10	Total 2008-09
		£000	£000	£000	£000
Incoming Resources					
Voluntary Income					
Donations		1,403	920	2,323	2,744
Tesco Donations		-	3,309	3,309	-
Government grants		251		251	149
Legacies		1,400	-	1,400	1,688
Activities to Generate Funds		1,444	-	1,444	1,431
Investment Income	7	92	37	129	184
Charitable Activities		412	-	412	271
Other Incoming Resources					
Gain in disposal of Other Fixed Assets		(10)	-	(10)	2
Total Incoming Resources		4,992	4,266	9,258	6,469
Resources Expended					
Costs of Generating Voluntary Income					
Fundraising	2	1,023	-	1,023	1,904
Tesco	2	-	883	883	-
Cost of Activities to Generate Funds	2	1,701	-	1,701	643
		2,724	883	3,607	2,547
Charitable Activities					
Provision of Care	2	1,456	402	1,858	2,060
Tesco care	2	-	2,426	2,426	-
Pursuit of Knowledge	2	976	331	1,307	1,675
Communication	2	363	-	363	607
Policy, Education & Campaigning	2	192	139	331	316
Total		2,987	3,298	6,285	4,658
Governance Costs	2	32	-	32	25
Total Resources Expended		5,743	4,181	9,924	7,230
Net Incoming Resources Before Transfers		(751)	85	(666)	(761)
Transfers Between Funds		-	-	-	-
Net Incoming/(Outgoing) Resources		(751)	85	(666)	(761)
Other Recognised Gains/Losses					
Gains/(Losses) on Investment Assets	7	746	46	792	(601)
Net Movement in Funds		(5)	131	126	(1,362)
Total Funds Brought Forward	11	1,017	1,621	2,638	4,000
Total Funds Carried Forward	11	1,012	1,752	2,764	2,638

All income and expenditure derive from continuing operations. There are no recognised gains or losses other than those disclosed above. Accordingly a Statement of Recognised Gains and Losses has not been prepared.

Muscular Dystrophy Campaign

CONSOLIDATED BALANCE SHEET AT 31 MARCH 2010

	Note	Group 2010 £000	Group 2009 £000	Company 2010 £000	Company 2009 £000
Fixed Assets					
Tangible Assets	6	232	387	139	283
Investments	7	3,293	2,519	3,293	2,519
Total Fixed Assets		3,525	2,906	3,432	2,802
Current Assets					
Debtors	9	400	707	629	977
Cash at Bank and in Hand		2,345	1,753	2,234	1,713
Total Current Assets		2,745	2,460	2,863	2,690
Creditors falling due within one year	10	(3,506)	(2,728)	(3,447)	(2,692)
Net Current Assets/(Liabilities)		(761)	(268)	(584)	(2)
Net Assets		2,764	2,638	2,848	2,800
Funds					
Unrestricted					
- Designated		150	235	139	283
- General		862	782	995	967
	11	1,012	1,017	1,134	1,250
Restricted	11	1,752	1,621	1,714	1,550
Total Funds		2,764	2,638	2,848	2,800

Approved by the Board of Trustees on 29 July 2010 and signed on its behalf by



Professor Martin Bobrow
Chairman

Muscular Dystrophy Campaign

CONSOLIDATED CASHFLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2010

	2009-10	2008-09
	£000	£000
Net Cash inflow from operating activities (note a)	607	(1,117)
Capital Expenditure and Financial Investment		
Purchase of Tangible Fixed Assets	(53)	(167)
Proceeds from sale of Tangible Fixed Assets	20	2
Net Investment disposals	18	868
Net Cash outflow from capital expenditure and financial investment	(15)	703
Increase in Cash	592	(414)
Reconciliation of net cash inflow to movement in net funds (note b)		
Increase in Cash	592	(414)
Net Funds at 1 April 2009	1,753	2,167
Net Funds at 31 March 2010	2,345	1,753

Notes to cash flow statement

(a) Reconciliation of net incoming resources to net cash inflow from operating activities

	2009-10	2008-09
	£000	£000
Net Incoming Resources	(666)	(761)
Loss on Disposal of Fixed Assets	10	(2)
Depreciation	178	182
(Increase) in Debtors	307	(97)
(Decrease) in Creditors	778	(439)
Net Cash Inflow from Operating Activities	607	(1,117)

(b) Analysis of changes in net funds

	1 Apr 2009 £000	Cashflow Movement £000	31 March 2010 £000
Cash at Bank and in Hand at Head Office	1,664	592	2,256
Cash at Bank and in Hand at Branches	89	-	89
	1,753	592	2,345

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

1. ACCOUNTING POLICIES

ACCOUNTING CONVENTION

The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial Statements are set out below.

BASIS OF CONSOLIDATION

Subsidiary undertakings are fully consolidated and hence these financial statements are referred to as 'consolidated financial statements'. An unincorporated subsidiary charity (where the Muscular Dystrophy Campaign itself is the sole corporate Trustee) and non-autonomous branches are treated as part of the parent charity and are referred to as 'company only' financial statements. No Statement of Financial Activities (SOFA) is prepared for the Muscular Dystrophy Campaign only, as provided by the Companies Act 2006.

INCOME

Incoming resources are recognised in the SOFA when the effect of the transaction results in an increase in the charity's assets. This will be dependent on three factors:

- Entitlement - when the Muscular Dystrophy Campaign has control over the rights to the resource, enabling it to determine its future application
- Certainty - when it is virtually certain that the incoming resource will be received
- Measurement - when the value can be measured with sufficient reliability

Income received for a specific purpose is treated as restricted funds.

Donations and other voluntary income are recognised on receipt or accrued as income as soon as it is practicable and prudent to do so.

Grants are not recognised as receivable until the conditions attached to the grant have been fulfilled. Grants receivable in respect of expenditure on fixed assets are treated as restricted funds.

Where income is received subject to donor imposed conditions that specify a future time period in which the expenditure should take place, such income is deferred and recognised as a liability. It is released as income in the accounting period in which Muscular Dystrophy Campaign is allowed to expend the resource.

Fee income from services provided as part of charitable activities and income from commercial trading activities is recognised as earned when the related goods and services are provided.

Investment income is recognised on a receivable basis.

Income from Branches is included based on the annual returns by Branches. These returns are independently examined locally in accordance with the Branch Constitution.

Legacies are taken into account when capable of financial measurement. In the case of a pecuniary legacy this is on notification, and in all other cases when received.

Net investment gains and losses for the year, both realised and unrealised, are disclosed in the Statement of Financial Activities under Investment Income and Gains and Losses on Investment Assets.

EXPENDITURE

Expenditure is recognised when and to the extent a liability is incurred or increased without a commensurate increase in assets or a reduction in liability.

All expenditure is recognised on an accruals basis and includes irrecoverable VAT where appropriate.

Grants awarded are recognised as a liability when the Muscular Dystrophy Campaign is under a legal or constructive obligation to a third party.

Charitable expenditure includes all expenditure incurred in pursuance of the Muscular Dystrophy Campaign's objectives. The costs of these activities are divided between grants and other direct costs, including staff and other items. In addition, support costs have been allocated to each activity on the basis of expenditure incurred.

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

TAXATION

The Muscular Dystrophy Campaign, the Joseph Patrick Trust and the NeuroMuscular Centre are registered charities and as such are exempt from corporation and income tax on their income and gains to the extent they are applied for charitable objectives

Muscular Dystrophy Group (Trading) Ltd donates by way of Gift Aid all profits to the parent Charity

NMC Trading Ltd is subject to taxation on its taxable profits

LISTED INVESTMENTS

Listed investments are shown at the mid market value ruling at the date of the Balance Sheet and after taking into account any subsequent impairment in value. The Muscular Dystrophy Campaign has full discretion in its investment policy.

TANGIBLE FIXED ASSETS AND DEPRECIATION

Improvements to leasehold property are depreciated over the full length of the lease. Depreciation is provided on all other tangible fixed assets on a straight-line basis to write off the cost as follows:

Leasehold Premises	over length of lease
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Other Assets	over 4 years
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OPERATING LEASES

The charity provides for operating leases on property on an actual cost basis. Thus rent free periods on property are taken in the period to which they relate rather than be apportioned over the life of the operating lease itself. This policy is to offset the additional costs incurred by moving into new premises and reflects the inducement offered in that period by the landlord to let the property.

PENSIONS

The Muscular Dystrophy Campaign offers defined contributions to employees' pension arrangements. This is to an employee's portable scheme. The amount charged to the SOFA in respect of pension costs is the contributions payable within the year. Differences between contributions payable and contributions actually paid are shown as accruals in the balance sheet.

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

2. RESOURCES EXPENDED

	Direct Costs		Support	Total	Total
	Grants	Other	Costs	2009-10	2008-09
	£000	£000	£000	£000	£000
Cost of Generating Funds					
Voluntary Income Costs	-	900	123	1,023	1,904
Tesco Fund	-	-	883	883	-
Generated Income Costs	-	1,496	205	1,701	643
Total	-	2,396	1,211	3,607	2,547
Charitable Expenditure					
Provision of Care					
Muscle Centres (70%)	648	15	112	775	299
Regional Care Advisors	-	308	52	360	338
Other Support Services	-	22	4	26	366
MD Community	-	80	14	94	177
Welfare Grants	60	19	13	92	230
Welfare Grants - Tesco	2,426	-	-	2,426	-
Training & Physiotherapy	-	437	74	511	650
Total	3,134	881	269	4,284	2,060
Pursuit of Knowledge					
Medical Research	853	18	158	1,029	1,545
Muscle Centres (30%)	278	-	-	278	130
Total	1,131	18	158	1,307	1,675
Communication	-	319	44	363	607
Education & Campaigning	-	291	40	331	316
Total Charitable Expenditure	4,265	1,509	511	6,285	4,658
Governance Costs	-	32	-	32	25
Total Expenditure	4,265	3,937	1,722	9,924	7,230

- 'Direct Costs' include all costs incurred in delivering the relevant activity
- 'Support Costs' comprise the costs of the Chief Executive's office, Finance, IT and Support Services Directorate and the Company Secretary as well Head Office property rental costs and other central overheads. These costs have been allocated across the activities on the basis of expenditure incurred for each of the activities
- 'Training & Physiotherapy' includes activities undertaken by the NeuroMuscular Centre
- 'Welfare Grants' includes grants made through the Joseph Patrick Trust to individuals
- 'Muscle Centres' costs are apportioned to reflect an allocation between Research and Care. In keeping with the policy of recognition of liability on the basis of grants committed and communicated to the recipients, the amount charged in the year covers the grant round that took place in 2009-10 and also includes committed spend for 2010-11
- 'Governance' costs include audit fees of £30,624 (2007-08 £24,715)

Four Trustees received reimbursement of their expenses incurred in travelling to attend the Muscular Dystrophy Campaign's business (2008-09 10). No Trustee received any remuneration during the year.

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

3. DISCLOSURE INFORMATION

	2009-10	2008-09
	£'000	£'000
Remuneration of Staff		
Wages and Salaries	2,608	2,164
Social Security Costs	229	207
Pensions	113	178
Total	2,950	2,549

The average monthly number of employees during the period was 78 (2008-09 75), of whom there were the following higher paid employees as detailed below. Five additional contract staff were employed to manage the Tesco Partnership during the year.

	2009-10	2008-09
	£'000	£'000
Earned between the ranges		
£60,000 to £70,000	1	-
£70,000 to £80,000	1	1
£80,000 to £90,000	-	-
£90,000 to £100,000	1	1

	2009-10	2008-09
Number of Staff by Activity		
Direct Charitable Expenditure	36	30
Fundraising and Publicity	32	37
Management and Administration	10	8
Total	78	75

Pension Schemes

There were outstanding contributions of £12,079 (2008-09 £9,838) at the balance sheet date.

4. GRANT EXPENDITURE

The Muscular Dystrophy Campaign awards four types of grant:

- grants to fund medical research
- grants to Muscle Centres (principally for clinical research)
- grants to specific beneficiaries to enable them to purchase equipment to alleviate their condition, and other small welfare grants to individual beneficiaries dispensed by branches

	Pursuit of Knowledge £000	Muscle Centres £000	Welfare Grants £000	Total 2009-10 £000	Total 2008-09 £000
Grants awarded in the year	959	926	2,486	4,371	1,990
Grants cancelled in the year	(246)	0	0	(246)	(329)
	<u>713</u>	<u>926</u>	<u>2,486</u>	<u>4,125</u>	<u>1,661</u>

With the exception of welfare grants that are paid to individuals, all grants are paid to institutions. A list of grants to institutions is available from the registered office.

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

At the balance sheet date the charity had conditional grant commitments that have not been accrued in the accounts as the criteria relating to payment in subsequent years have not been met, as follows

	2009-10 £000	2008-09 £000
Payable between two and five years	<u>310</u>	<u>420</u>

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

5. OPERATING LEASE COMMITMENTS

The Muscular Dystrophy Campaign is committed to the following annual commitments under a non-cancellable operating lease on its Headquarters at 61 Southwark Street, London. This lease expires in August 2010.

	2009-10 £000	2008-09 £000
Payable within one year / between two and five years	<u>85</u>	<u>200</u>

6. TANGIBLE FIXED ASSETS

(a) Group

	Leasehold Premises £000	Other Assets £000	Total £000
Cost or Valuation at 1 April 2009	426	595	1,021
Additions	-	53	53
Disposals	-	(79)	(79)
At 31 March 2010	426	569	995
Cost or Valuation at 1 April 2009	273	361	634
Provided for the year	48	130	178
Disposals	-	(49)	(49)
At 31 March 2010	321	442	763
Net Book Value			
At 31 March 2010	105	127	232
At 31 March 2009	153	234	387

(b) Company

	Premises £000	Assets £000	£000
Cost or Valuation at 1 April 2009	152	398	550
Additions	-	20	20
Disposals	-	(79)	(79)
At 31 March 2010	<u>152</u>	<u>339</u>	<u>491</u>
Cost or Valuation at 1 April 2009	93	174	267
Provided for the year	48	86	134
Disposals	-	(49)	(49)
At 31 March 2010	<u>141</u>	<u>211</u>	<u>352</u>
Net Book Value			
At 31 March 2010	<u>11</u>	<u>128</u>	<u>139</u>
At 31 March 2009	<u>59</u>	<u>224</u>	<u>283</u>

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

All tangible fixed assets are used in the promotion of the Muscular Dystrophy Campaign's work, none are held for investment

Included in other assets are three portraits especially commissioned by the charity, they are held at cost £15,000 In the opinion of the Trustees they are worth not less than this valuation and as such no depreciation is charged

7. INVESTMENTS

	Group	Group	Company	Company
	2010	2009	2010	2009
	£000	£000	£000	£000
Market Value at 1 April	2,519	3,988	2,519	3,988
Net additions	(18)	(868)	(18)	(868)
	2,501	3,120	2,501	3,120
Net investment gain (loss)	792	(601)	792	(601)
Market Value at 31 March	3,293	2,519	3,293	2,519
Historical Cost at 31 March	3,011	4,004	3,011	4,004

Spread of Investments

The investments of the Muscular Dystrophy Campaign are held as follows

	Group	Group	Company	Company
	2010	2009	2010	2009
	£000	£000	£000	£000
Investments listed on a recognised Stock Exchange and Unit Trusts				
- UK equities & other	2,658	2,227	2,658	2,227
- UK fixed interest	435	463	435	463
	3,093	2,690	3,093	2,690
Cash on Deposit awaiting investment	138	1,236	138	1,236
Unlisted equities	62	62	62	62
Total	3,293	3,988	3,293	3,988

The unlisted equity investment has been valued at its likely realisable value

Income from Investments

	Group	Group	Company	Company
	2010	2009	2010	2009
	£000	£000	£000	£000
UK Equities	104	87	104	87
UK Fixed Interest	8	6	8	6
Short term Deposit and Bank Interest	17	91	17	91
	129	184	129	184

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

8. INVESTMENT IN SUBSIDIARY UNDERTAKINGS

The accounts of the Muscular Dystrophy Campaign (i.e. 'company only' accounts) incorporate the results of the following entity on a line by line basis

- Joseph Patrick Trust, a separately registered charity which makes grants towards welfare equipment. The Muscular Dystrophy Campaign is the sole corporate trustee. The Trust shares a registered office with the Muscular Dystrophy Campaign.

The consolidated accounts of the Muscular Dystrophy Campaign incorporate the results of the following entities on a line by line basis

- Muscular Dystrophy Group (Trading) Limited which undertakes trading activities on behalf of the charity and covenants all profits to the charity.
- Neuromuscular Centre (a charitable company limited by guarantee) which offers care and support to those with muscular dystrophy and related neuromuscular conditions.
- NMC Trading Ltd (a subsidiary of the Neuromuscular Centre) which undertakes trading in support of its immediate parent.

Their net assets and results for the year ended 31 March 2010 are summarised below

	Muscular Dystrophy Group (Trading) Ltd £000	Joseph Patrick Trust £000	Neuro- muscular Centre £000	NMC Trading Ltd £000
Fixed Assets	-	-	83	10
Current Assets	53	308	149	72
Current Liabilities	(177)	(38)	(184)	(69)
Total Net Assets	(124)	270	48	13
Represented by Total Funds	(124)	270	48	13
Surplus/(Deficit) for the year	-	77	41	-

The nature of the Muscular Dystrophy Campaign's interests in its four subsidiaries is

	Muscular Dystrophy Group (Trading) Ltd £000	Joseph Patrick Trust £000	Neuro- muscular Centre £000	NMC Trading Ltd £000
Country of Registration	England	England	England	England
Number of fully paid £1 ordinary shares	100	-	-	9
Voting rights owned by Campaign	100%	100%	100%	100%

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

9. DEBTORS

	Group	Group	Company	Company
	2010	2009	2010	2009
	£000	£000	£000	£000
Amount due from subsidiary undertakings	-	-	408	408
Prepayments and accrued income	212	575	205	454
Other debtors	188	132	16	115
	400	707	629	977

All amounts are due within one year, and all intra group balances are unsecured and do not bear interest

10. CREDITORS FALLING DUE WITHIN ONE YEAR

	Group	Group	Company	Company
	2010	2009	2010	2009
	£000	£000	£000	£000
Amount due to subsidiary	-	-	-	-
Grants	2,901	2,238	2,912	2,238
Accruals and Deferred Income	117	164	97	164
Other Creditors	488	326	438	290
	<u>3,506</u>	<u>2,728</u>	<u>3,447</u>	<u>2,692</u>
Grants				
Balance brought forward	2,238	2,320	2,238	2,320
Awards net of cancellations	3,755	1,585	3,755	1,585
Grants paid	(3,092)	(1,667)	(3,081)	(1,667)
Balance carried forward	<u>2,901</u>	<u>2,238</u>	<u>2,912</u>	<u>2,238</u>

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

11. FUNDS

(A) STATEMENT OF FUNDS (GROUP)

	Balance at 01-Apr-09 £000	Movements		Balance at 31-Mar-10 £000
		Incoming £000	Outgoing £000	
Restricted Funds				
Joseph Patrick Trust	193	139	(62)	270
Orchid Ball - Endowed Fund	305	-	-	305
Orchid Ball - Income	-	2	(2)	-
Orchid Ball -Foundation	-	15	(15)	-
NeuroMuscular Centre #	70	79	(111)	38
The Patrick Trust Research Fund	944	11	(15)	940
Somerfield	-	33	(33)	-
v the youth volunteering charity	36	102	(79)	59
Foyle Foundation	-	50	(50)	-
Myasthenia Gravis Association	-	67	(67)	-
Garfield Weston Foundation	-	20	(20)	-
The Greendale Charitable Foundation	-	25	(25)	-
The Donald Forrester Fund	-	30	(30)	-
City Bridge Trust	-	34	(34)	-
BBC Children in Need	-	10	(10)	-
Margaret J Stephen Charitable Trust	20	-	(20)	-
Cranbury Foundation	50	40	(50)	40
Big Lottery Fund	-	37	(37)	-
Awards For All	-	17	(17)	-
Q Trust	-	125	(25)	100
Tesco Fund	-	3,309	(3,309)	-
Other Funds	3	121	(97)	-
Total Restricted Funds	1,621	4,266	(4,108)	1,752
Unrestricted Funds				
Designated Funds				
Neuromuscular Centre #	(63)	565	(491)	11
Tangible assets for charity use	283	(59)	(85)	139
Total Designated Funds	220	506	(576)	150
General Fund	797	5,232	(5,167)	862
Total Unrestricted Funds	1,017	5,738	(5,743)	1,012
Total Funds	2,638	10,004	(9,851)	2,764

All restricted and designated funds shown above are restricted and designated funds of the Group. Funds marked # are reserves of the NeuroMuscular Centre and whilst part of the Group they are not reserves of the Company and so are not held as part of the restricted and designated funds of the Company.

'Outgoing Movement in Resources' includes all expenditure, revaluation gains, losses and transfers.

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

(B) DESCRIPTION OF FUNDS

RESTRICTED FUNDS

- The Joseph Patrick Trust is a subsidiary undertaking of the Muscular Dystrophy Campaign as explained in Note 7. Its assets are restricted to 'provide welfare, relief and support to people affected by neuromuscular conditions'
- The Orchid Ball Fund is an endowed fund the income from which (shown separately) is restricted in the first instance to welfare in Scotland. Any unused income in a financial period is then directed to funding research.
- The NeuroMuscular Centre represents funds held by the subsidiary undertaking that were donated for a specific purpose and which have not yet been charged to expenditure.
- The Trustees of the Patrick Trust previously converted a loan to the Muscular Dystrophy Campaign into a fund to be applied towards research for a cure for Duchenne muscular dystrophy. During the year £170,045 was awarded over a two year period to Dame Professor Kay Davies at Oxford for the Patrick Research Fellowship. The balance of the fund is held on special deposit and the interest received is applied to the fund.
- In February 2009, The Tesco Group adopted Muscular Dystrophy Campaign as its nominated Charity of the Year with effect from March 2009. The funds raised in 2009-10 will be used for funding specialist equipment for children with muscular dystrophy.
- Other funds represent other restricted funds.

UNRESTRICTED FUNDS

The Muscular Dystrophy Campaign's reserves policy is reviewed regularly to ensure that the charity has sufficient cash and other reserves to meet its present and future commitments in an orderly and sustainable manner.

The designation of balances is as follows:

- NeuroMuscular Centre reflects the unrestricted funds of the Centre.
- 'Tangible assets for charity use' represents the amount of unrestricted funds represented by these assets.
- The General Fund is available for the ongoing operations of the charity.

Muscular Dystrophy Campaign

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2010

(C) REPRESENTED BY:

	Fixed Assets £000	Net Current Assets (Liabilities) £000	Total £000
Restricted Funds			
Joseph Patrick Trust	-	270	270
Joseph Patrick Trust - Orchid Ball	-	305	305
Neuromuscular Centre #	-	38	38
The Patrick Trust	-	940	940
V Fund	-	59	59
Cranbury Foundation	-	40	40
Q Trust	-	100	100
Total Restricted Funds	-	1,752	1,752
Unrestricted Funds			
Designated Funds			
Neuromuscular Centre	83	(72)	11
Tangible assets for charity use	139	-	139
Total Designated Funds	222	(72)	150
General Fund	3,293	(2,431)	862
Total Unrestricted Funds	3,515	(2,503)	1,012
Total Funds	3,515	(751)	2,764

The Group is entitled to a share in a number of estates and these it monitors closely. The following sums have not been reflected in these financial statements in accordance with the accounting policies set out in note 1. The potential values of these estates to the Group at the balance sheet date are as follows:

	2010 £000	2009 £000
Residuary	775	895
Miscellaneous	0	2
Reversionary	1,386	1,378
	<u>2,161</u>	<u>2,275</u>

All sums are due to the Muscular Dystrophy Campaign.

12. STATUS OF CHARITY

The Muscular Dystrophy Group of Great Britain and Northern Ireland, operating as Muscular Dystrophy Campaign, is a registered charity and a company limited by guarantee. In the event of a winding up members are required to contribute an amount not exceeding one guinea. By virtue of S 30 of the Companies Act 2006 the charity does not use 'limited' in its name.

Muscular Dystrophy Campaign is an operating name of the "Muscular Dystrophy Group of Great Britain and Northern Ireland" (a company limited by guarantee 705357)

Registered Charity No 205395 and Registered Scottish Charity No SC039445

PATRON

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PRESIDENT

Sue Barker MBE

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Lord Attenborough of Richmond-upon-Thames Kt CBE

Lord Walton of Detchant Kt TD MA MD DSc FRCP FMed Sci

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C Manby (Elected 05/09/2010)

S McDonald (Retired 05/09/2010)

N Overall

K Parkin

J Pritchard (Retired 05/09/2010)

R Warner

The Board of Trustees also act as Directors of the Company for the purposes of Company Law

SENIOR MANAGEMENT TEAM

P Butcher (Chief Executive) (Resigned 10/06/10)
M Horrocks (Director of Fundraising) (Resigned 09/09/2009)
L Inman (Director of Care and Support)
M Lanham (Director NMC)
A Mardon (Director of Marketing and Communications) (Resigned 01/04/2010)
R Meadowcroft (Acting Chief Executive (Appointed 12/06/2010)
H Khan (Director of Finance) (Appointed 01/06/2009)
Dr M Pohlschmidt (Director of Research)

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Professor M Bobrow CBE FRS FMed Sci
I T Gordon (retired 22/09/09)
B D Jackson MBE
N Overall
J Pritchard
C K Rushton

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C Manby
K Parkin
C K Rushton

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Professor Dame K Davies CBE DBE FMed Sci FRS
Dr J den Dunnen PhD
Professor G Dickson BSc PhD
Professor J Hewitt Ph
Dr D Hilton-Jones MA MD FRCP FRCPE
Dr S Sawcer (Joined 10/02/09)
Dr S Tajbakhsh PhD
Professor F Walsh BSc PhD

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Dr A-M Childs MBChB MRCP FRCPCH
Professor F Muntoni MD FRCPCH FMed Sci
S Manning (Network Advisor, non-voting member)
E Scott (Network Advisor, non-voting member)
Baroness Celia Thomas

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J McDermott (Vice Chair West of Scotland) (resigned 12/09/09)
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K Kemp
S McDonald (Treasurer) (Elected 12/09/09)
S Morris (resigned 12/09/09)
Dr K Naismith
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A Mulholland
R Kane
M Hegarty
P McCartan
N Malcolmson)
M Murphy
M Nesbitt

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