Company Registration No 579091 (England and Wales)

# THE BOBATH CENTRE FOR CHILDREN WITH CEREBRAL PALSY (A COMPANY LIMITED BY GUARANTEE) COUNCIL MEMBERS' REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2011



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CESATIVITY ENTHUMASM ENERGY VISION

# THE BOBATH CENTRE FOR CHILDREN WITH CEREBRAL PALSY (A COMPANY LIMITED BY GUARANTEE) LEGAL AND ADMINISTRATIVE INFORMATION

Members Of Council

Stephen Latner (Chairman)

Michael Stalbow FCA (Hon Treasurer)

Ida Bromley MBE, FCSP

Jane Turvill

Dr Judith Meek MBBS, MRCPch, PhD, MSc, MA (Hons) (Cantab)

Stuart Soloway

Secretary

Jayne Pearce

Charity number

229663

Company number

579091

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**CHAIRMAN'S STATEMENT** FOR THE YEAR ENDED 31 MARCH 2011

As anticipated, the year ended 31 March 2011 was another difficult year and in the very challenging economic climate we recorded a further deficit. The statement of financial activities on page 15 shows that the deficit amounted to £72,552 compared with a deficit of £57,162 in the previous year. Our reserves again enabled us to fund the deficit

We increased the size of our therapy team so as to be able to provide a greater number of therapy sessions and delivered 6,912 sessions, an increase of 16.7% over the previous year. Our increased capacity has enabled us to implement The Helping Hand scheme on a trial basis, offering families who are unfunded and living within reasonable travelling distances the opportunity to attend on a regular weekly basis at a reduced cost but with limited flexibility as to timing and cancellation We received a significant increase in new referrals during the year but recently Primary Care Trusts have been declining or delaying funding decisions forcing families to seek alternative funding or to self-fund to attend for treatment

Training revenues were higher than last year and it was encouraging that 544 therapists and healthcare professionals attended courses run by the Centre, an increase of some 43% over the previous year

As in previous years, the revenues from each of our chantable activities were insufficient to cover their cost of delivery, fundraising again subsidised our chantable endeavours but the level achieved in the difficult economic conditions was not sufficient to prevent the deficit being incurred. The Centre remains heavily dependant on voluntary donations to help maintain its activities and the Council is most grateful to all individuals and organisations supporting its work

In line with the statutory requirements for all charities, the Council Members' report sets out on page 8 the public benefit of our charitable activities under the heading "How our services benefit the public"

Following a review of the proposed Independent Safeguarding Authority Vetting and Barring Scheme, a more proportionate system for safeguarding has emerged. After a Parliamentary Bill later this year, implementation guidance is expected in early 2012, following which the Centre will commence a project to ensure compliance including new disclosures for all relevant staff

We anticipate another challenging year but realise that the economic climate is difficult for all of us and in these exceptional circumstances have decided not to increase treatment fees, subject to review in mid-year

The Council wishes to thank the Centre's therapists and all staff for their professionalism, hard work and enthusiasm. In addition, we are very grateful for the superb administrative support provided by our volunteers throughout the year

Stephen Lainer
Chairman

Date 19th October 2011

COUNCIL MEMBERS' REPORT FOR THE YEAR ENDED 31 MARCH 2011

The Members of Council present their report and accounts for the year ended 31 March 2011

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, applicable law and the requirements of the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005

#### Structure, governance and management

The charity's full name is The Bobath Centre for Children with Cerebral Palsy (referred to below as "the Centre")

The charity is governed by its Memorandum and Articles of Association. It was incorporated as a company limited by guarantee (no. 579091) in 1957 and became a registered charity (no. 229663) in the following year.

The governing body of the charity is its Council, which currently comprises six Trustees and a non-Trustee adviser with a variety of skills and experience relevant to the work of the charity. The Members of Council, who are also the directors for the purpose of company law, and who served during the year were

Stephen Latner (Chairman)
Michael Stalbow FCA (Hon Treasurer)
Ida Bromley MBE, FCSP
Dr Judith Meek MBBS, MRCPch, PhD, MSc, MA (Hons) (Cantab)
Jane Turvill
Stuart Soloway

Peter Cooke became a non-Trustee advisor to the Council in June 2010

None of the Members have any beneficial interest in the company and guarantee to contribute  $\mathcal{L}^2$  each in the event of a winding up

Trustees have been recruited generally by introduction or personal recommendation and are appointed by majority vote of the Council. A formal skills audit was undertaken in 2009 which identified some areas of expertise desirable for Council and appointments are now made in accordance with this information. New Trustees are provided with previous annual reports, Council minutes, relevant policies, a trustee responsibilities guide (NCVO) and a formal induction programme.

Council meets five times a year It delegates day to day responsibility for the operation of the charity to the senior management team led by Christine Barber, Director of Therapy Services, and Jayne Pearce, Director of Administrative Services and Company Secretary The senior management team attend Council Meetings

The Chairman of Council is elected by Council Members and remains in position, subject to re-appointment as a director of the company under the terms of its Memorandum and Articles of Association, until he stands down or a new Chairman is elected by Council

The role of Council includes helping management define strategy, the approval of overall financial budgets and capital expenditure and ensuring that restricted funds are utilised for their designated purpose. Council keeps under review the major strategic, business and operational risks faced by the Centre, and is responsible for ensuring that systems are established to enable steps to be undertaken to identify and mitigate the risks.

Council has established Audit and Remuneration Committees. The Audit Committee comprises the Chairman and Treasurer. It reviews the audited financial statements of the charity with the auditors prior to recommending them to Council. It considers the appointment, resignation or dismissal of the external auditors and approves

COUNCIL MEMBERS' REPORT
FOR THE YEAR ENDED 31 MARCH 2011

their fee annually Management implementation of agreed action points arising from the audit is monitored. The Director of Administrative Services and the Centre's Accountant attend Audit Committee meetings. The Remuneration Committee comprises the Chairman, Treasurer and Dr Judith Meek. It is responsible for annually determining the remuneration packages of both the Director of Therapy Services and the Director of Administrative Services.

Bobath Scotland and Bobath Wales are independently constituted charities. However, the Centre seconds staff to Scotland and Wales allowing them access to the NHS pension scheme. The Director of Therapy Services sits as a Trustee of Bobath Wales. The three organisations work together, meeting three times a year to co-ordinate staff training and to work on mutually beneficial projects.

The Bobath Centre for Adults with Neurological Disability ("the Adult Centre") is a sister charity that treats patients who move on from the Centre, and people with other neurological disabilities. The Adult Centre rents therapy rooms from the Centre Ida Bromley is a Trustee of both charities.

The Centre is the home of Bobath therapy and, as such, maintains strong links with many national and international organisations such as the British Association of Bobath Trained Therapists ("BABTI"), European Bobath Tutors Association ("EBTA") and with associations in Japan, USA and South Africa Senior therapy staff work and lecture around the world

#### Vision

Our vision is

- To improve the independence, health and wellbeing of people living with cerebral palsy ("CP")

#### Mission

Our mission is to

- -Treat children with CP and allied neurological conditions, according to their need, so as to maximise their potential for activity, participation and health
- -Provide specialist training in the Bobath approach to treatment and management of children with CP for therapists, doctors and others working with children with this condition
- -Undertake research into the treatment and management of CP and publish information on, and promote awareness of, the Bobath Concept and its development

#### Aıms

We have referred to the Charity Commission's guidance on public benefit when reviewing our aims and objectives and in planning our future activities

Our key ams are

- -To further develop and maintain an equitable and high-quality Bobath therapy service for children with CP, regardless of the seventy of the condition, so as to improve their activity, participation and health and thereby their quality of life and that of their families
- -To disseminate the Bobath Concept as widely as possible by providing specialist Bobath training programmes, both on-site and externally, for therapists and others working with children with CP
- -To undertake and promote research and publish material in support of the effectiveness of the Bobath Concept and its development in the treatment and management of CP and to increase public awareness

COUNCIL MEMBERS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2011

#### **Objectives**

The agreed operational objectives for the year were

#### Treatment services

- To review the size and skill mix of the therapy team against demand for treatment services.
- · To review our operations generally taking account of the difficult economic background

#### Training services

- · To redesign and deliver an introductory course aimed specifically at doctors
- To continue to plan and publish a programme of courses to be run at the Centre at least 12 months in advance

#### Research

- To continue progress with developing a research culture within the Centre (in partnership with Bobath Wales and Bobath Scotland)
- To progress the project to investigate the effects of training in the Bobath Concept on the knowledge, clinical skills, clinical reasoning and future clinical practice of paediatric physiotherapists and occupational therapists. Therapists attending an eight-week Bobath Foundation course at the Centre will be invited to participate and measures will be undertaken periodically one week before the course starts, at the end of the course, and six months and twelve months thereafter.

#### IT

- To produce a design specification and tender for our new website, inviting tenders from developers for completion in early 2011
- · To improve our Business Continuity Plan by moving all transactional data to an online backup service
- Introduce internet access for parents/carers at the Centre with the support of the Cisco Donations programme
- Continue to develop our newly established internal IT Helpdesk in line with ITIL (Information Technology Infrastructure Library) principles

#### Fundraising

- Consolidate current income streams and look at new avenues of fundraising
- · Revise the Fundraising plan to meet the needs of the Centre's development strategy
- Review and adopt a Communication plan for the Centre that meets the needs of all our stakeholders
   This will include revamping the Bobath website
- Research and evaluate one new fundraising event for the latter part of the year

#### Organisational matters

- To publish a new strategic plan for 2011-2014
- To establish a framework to manage the new requirements of the Vetting and Barring Scheme
- To review whether the establishment of the Management Forum has had a positive impact on efficiency and effectiveness
- To evaluate the implications of the Equality Act and review and revise Centre policies accordingly

COUNCIL MEMBERS' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2011

#### Achievements and performance

#### Treatment services

We reviewed the size and skill mix of our therapy team and during the year we recruited two physiotherapists and one additional occupational therapist. The aim was to expand our capacity for a greater number of therapy sessions to be delivered annually

We delivered 6,912 treatment sessions compared with 5,921 the previous year, an increase of 167% We undertook 40 individual consultations, delivered 181 blocks of daily therapy and saw 28 regular patients (accounting for 766 individual treatment sessions through the year) Through funds allocated to our Treatment Fund an additional 19 children, who were otherwise unable to have their therapy funded, benefited

The efficiency of our treatment service has been under continuous review since 2009 and changes to the way therapists' time is allocated have been implemented to help ensure their time is used more effectively. In addition, the efficacy of treatment is monitored and evaluated via the annual clinical audit

The increased staffing levels have increased our capacity and we have therefore recently been able to implement a new initiative offening families living within reasonable travelling distances, who are unfunded, the opportunity to attend on a regular (weekly) basis at a reduced cost but with limited flexibility as to timing and cancellation. The Helping Hand scheme is being run as a pilot in 2011-12 and its impact will be evaluated in the autumn

We have received 124 new referrals this year which is a significant increase on last year when 83 were received However, in recent months, we have seen an increase in the number of children whose funding has been declined by their Primary Care Trusts ("PCT's"). Funding applications submitted to PCT's are generally now subjected to more protracted internal processes which delay decisions being made. We believe both of these recent developments to be the result of the current and planned changes within the NHS. More families now have to seek alternative funding or make the decision to self-fund to attend for treatment.

#### Training services

The Centre ran 25 courses during the year, both at the Centre and at external venues in the UK. The three Bobath Foundation Courses were fully booked and a total of 71 therapists became qualified as Bobath-trained therapists. The majority took their newly-acquired skills back into the NHS. One course was cancelled during the year, a Meal Time Assistants course, due to insufficient bookings. A new course aimed at doctors took place in December 2010 and although attendance was reduced due to severe weather conditions, it was well received by those present and we hope to repeat this course in the future.

It was encouraging that a total of 544 therapists and healthcare professionals attended courses run by the Centre during the year, a significant increase of approximately 43% on the previous year

We saw a substantial number of financial year-end bookings as health trusts moved to ensure their budgets were fully allocated. It appears that, in the current climate, NHS-employed therapists are finding less financial support for advanced courses but a greater willingness to fund shorter courses which are both less costly and require shorter periods away from work

We continue to monitor demand for each course, particularly our advanced courses, to ensure we reach the minimum number of participants required to allow each course to be run on at least a break-even basis. We publish our programme of courses approximately 12 months in advance

Work on reviewing the Bobath Foundation Course curriculum against new guidance from EBTA with regard to minimum contact hours has continued, but has yet to be brought to a final conclusion

COUNCIL MEMBERS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2011

#### Research

Progress has continued with developing a research culture within the Centre (in partnership with Bobath Wales and Bobath Scotland) Therapists at the Centre have received ongoing training in the use of outcome measures to enable objective measurement of the therapy to support single-subject research-design projects. Single subject research is where the subject serves as his/her own control, rather than using another individual/group. There is liaison with Bobath Wales to share information on audit to improve efficacy of the audit process.

Single-subject research-design projects looking at the effects of Bobath Therapy on breathing for speech production have been started by speech and language therapists across the three Bobath centres. We intend to roll out single-subject research-design across different aspects of clinical intervention in the coming years.

Work took place during 2010 to develop the protocol and appropriate measures to progress the research into the effects of training in the Bobath Concept on the knowledge, clinical skills, clinical reasoning and future clinical practice of paediatric therapists. Therapists attending the eight-week Bobath Foundation course at the Centre are invited to participate and measures are undertaken at fixed points - one week before the course starts, at the end of the course, and six months and twelve months thereafter. The project is being rolled out over four courses commencing from January 2011. A total of 24 participants have been recruited to date. We aim to recruit a total of 50 participants for this project.

#### IT

The transition to an interim website has been achieved, providing greater individual control over content updating and the styling (the look and feel of the website) is complete. This provides a stable platform to offer web services until a new CMS (Content Management System) is introduced in April 2012.

Work on improving our Business Continuity Plan by moving all transactional data to an online backup service has been undertaken but the dispersal of the transaction data throughout the Centre's file storage system make the process of reorganisation complex. To date we have identified 50% of the data involved

We have successfully implemented the wireless service for internet access which is now freely available to all visitors to the Bobath Centre. This includes patients, parents and course participants

The IT Helpdesk is now fully embedded and used by all staff as an efficient way for problem resolution. The Helpdesk system has recently been extended to allow streamlined management of day-to-day building repairs and maintenance requests.

#### Fundraising

The difficult economic environment has meant that we have had to work even harder this year to try to maintain voluntary income levels and this has proved to be a challenge we have been unable to meet. There has been a decline in traditional income streams and the public and charitable trusts have come under increasing pressure for donations. We are also seeing a steady increase in families fundraising for their child's treatment at the Centre (as Primary Care Trusts rein in their spending), many of these would have fundraised to support the charity's core costs in the past. Charitable trusts remained an essential part of the fundraising plan and we were grateful to receive £20,000 for general funds and specific projects during the year.

Running events continue to provide for general support costs. This year 16 runners raised £35,000 in the Virgin London Marathon and five runners took part in the Royal Parks Half Marathon for the first time, raising over £5,000. We were delighted to have 41 women and girls enter the Adidas Women's 5k Challenge in Hyde Park, London. The team was led by Liz Greeley, a patient of the Adult Centre, and raised over £2,300. We also had fundraisers participating in the Great North Run, the Hell Runner and the Iron Man Challenge in France.

# THE BOBATH CENTRE FOR CHILDREN WITH CEREBRAL PALSY (A COMPANY LIMITED BY GUARANTEE) COUNCIL MEMBERS' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2011

We continue to promote regular giving by supporters and legacy giving through the Remember a Charity consortium. We were also actively involved in Small Charities Week which included a car raffle that raised £1,300.

Our corporate support included Videx Security's annual golf day that raised £10,000 and ING Credit Risk Management who donated £1,000 and permitted time-off for 15 staff members to volunteer at the Centre Local shoe boutique, Kokos, kindly paid for Christmas gifts for children and funded new equipment. We are also grateful to our friends in Harrogate who put on a ball that raised £5,000

We have produced an updated fundraising strategy for 2011-14. We aim to increase the return from the resources currently at our disposal and are considering ways to expand activities during this period.

During the year we worked closely with families, staff and Trustees to create a vision statement for the Bobath Centre. This now appears on all of the charity's publicity materials. We have also been developing a communications plan that will meet the needs of all our various audiences and will include improvements to the website and extending the use of electronic and social media.

All printed materials have been to a high standard and we continue to develop our online presence while recognising that there should be an identified purpose to social media. Facebook provides us with a growing global reach with 2,500 "likes" by end March, approximately 75% of which are from outside the United Kingdom. We have also been encouraging supporters to switch from receiving the costly twice-yearly newsletter to monthly online bulletins, which will commence in early summer 2011.

The development of the website has now begun and we plan to create a fundraising microsite (running parallel to the patient-orientated site) as part of the development work to allow us to experiment with different ways to help us manage supporters and their needs better

The resignation of the fundraising assistant in the summer meant that we were unable to take forward the plan to research and evaluate one new fundraising event for the autumn, and this has been carried forward to 2011-2012

At the heart of our fundraising are the individuals, families and firms who go the extra mile and donate or raise money to support the charity. We are immensely grateful to them and hope they will continue supporting us in the future

#### Organisational matters

The Trustees and senior management team agreed a revised Strategic Plan for 2011-2014 which was published in the autumn. The plan has been made available via the Centre's website. The Plan has not been radically altered from its predecessor but has been updated and now has a greater focus on evaluating outcomes.

The Management Forum has met four times over the year and it is generally believed to have had a positive impact on the management team. However, the planned formal evaluation of the Forum was not undertaken due to more pressing organisational matters and it is now anticipated that this will be completed towards the end of 2011.

The debate around the implications of the Equality Act for charities continues and the key changes it introduced have been reviewed in relation to our own services and policies. We did not find any significant challenges but some aspects of the Centre's policies have required updating

COUNCIL MEMBERS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2011

Following the formation of the Coalition Government, a review of the proposed Independent Safeguarding Authority Vetting and Barring Scheme was announced. A report containing recommendations was published in February 2011 and will result in a more proportionate system for safeguarding. These new provisions will be included in the Protection of Freedoms Bill due to go before Parliament in November 2011. Implementation guidance is expected to be published in early 2012, following which the Centre will undertake a project to ensure compliance and this will include new disclosures for all relevant existing staff.

#### Contribution of volunteers

The Centre benefits from the support of a small team of volunteers who help staff with administrative and general "good house-keeping" tasks on a weekly basis. Between them our volunteers contributed approximately two man-days of support per week during the year. This voluntary work helps considerably to increase our efficiency and effectiveness.

#### How our services benefit the public

The fees charged by our treatment and training activities do not cover their cost of delivery, our fundraising income subsidises these fee levels

All children who are resident in the UK who are referred to the Centre for treatment may have their treatment costs met by their local PCT. Many children receive PCT funding but those who do not and whose families are unable to meet the costs themselves, or raise funds from other charitable sources, may be supported by our Treatment fund. Our new Helping Hand initiative is designed to enable more unfunded families to attend for treatment sessions on a regular basis at a reduced cost.

During the course of a child's treatment, our therapists liaise closely with the child's own local multidisciplinary team. This includes discussion of therapy goals and the provision of a home programme and report to facilitate continuity of treatment. Local therapists are also invited to attend a treatment session which allows face to face discussion of the home programme and ongoing care. Over the year local therapists attended a treatment session in 48% of cases. These sessions are viewed by many teams as an opportunity for continuous professional development and we are now offering these therapists the option of observing additional treatment sessions with other children on the day of their visit to maximise their learning and experience.

As a specialist centre our entire caseload consists of individuals with CP or allied neurological conditions and movement disorders. We therefore have considerable experience with all classifications of CP at different ages. We have a disproportionate number of children with more complex presentations of CP than in the general population. This experience means that we are ideally placed to offer a consultation service to community therapists, who have a mixed caseload and may only occasionally see some of the less common presentations of CP.

Our training programmes are open to therapists from the UK and overseas whose attendance is normally sponsored by their employer. Some courses are run outside the Centre. The vast majority of course participants work in the NHS. By disseminating the use of the Bobath Concept through training others, the Centre is ensuring that an increasing number of those children with CP, both in the UK and overseas, can benefit. We also provide free treatment sessions for (clinically) suitable children who are able to participate in demonstration sessions during courses held at the Centre.

The Centre undertakes the training of experienced Bobath therapists to become qualified Bobath Tutors, at no cost to the individual. This helps ensure the training of future Bobath therapists can continue and helps achieve our object of disseminating the use of the Bobath Concept. On average it takes approximately four years for a therapist to complete tutor training.

COUNCIL MEMBERS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2011

The Centre has an on-going arrangement with UCL/Royal Free Medical School to provide third-year medical students with the opportunity to observe clinical treatment sessions as part of their paediatric module. These visits provide them with a more in-depth understanding of CP and give them an appreciation of the therapist's role in the treatment and management of CP.

We also run an annual programme of half-day seminars for clinical visitors from the UK and overseas. These seminars are designed to provide an insight into the practical application of the Bobath Concept. Visitors are requested to make a small donation to the charity in return.

#### Financial review

The Centre's income is derived partly from fees charged for its treatment services, partly from fees charged for participation in its training courses and partly from fundraising activities

For the year ended 31 March 2011, the Centre had incoming resources of £1,288,768, 7% up on the previous year (2010 - £1,203,545). Total resources expended were 8% higher at £1,361,320 (2010 - £1,260,707), including the cost of major roof repairs totalling some £58,000 in the year.

The revenues earned from each of our charitable activities, although higher in the year, continue to be insufficient to cover their cost of delivery and heavily depend on fundraising to subsidise them. However, voluntary income suffered in the harsh economic climate and was over £55,000 down on last year. As a consequence, the net outflow in funds in the year was £72,552 (2010 – outflow £57,162). The Centre funded the deficit from reserves.

At 31 March 2011, net assets amounted to £2,887,397 (2010 - £2,959,949) of which unrestricted and undesignated funds totalled £566,879 (2010 - £550,709). Designated funds totalled £388,726 (2010 - £948,593).

The Centre's current assets are held mainly as cash on deposit with the Centre's bankers and include prepayment of training course fees. The Centre's net current assets provide working capital and a buffer against fluctuations in income, particularly fundraising

It is the policy of the Centre that unrestricted funds that have not been designated for a specific use should be maintained on average at a level equivalent to around three months' expenditure (the "free reserves target") It is anticipated that in certain adverse circumstances, the free reserves target might not be met and this is acceptable as long as the situation is regarded as being temporary. The Trustees consider that such a free reserves target is desirable so as to provide resources to cushion the impact of any significant drop in income, thereby enabling the Centre's current activities to be continued whilst consideration is given to ways in which additional funds may be raised.

The target level of reserves has been exceeded throughout the year and, at the balance sheet date, free reserves represented some 4.5 months' anticipated expenditure, similar to last year. In the extraordinarily difficult economic environment, a reduction in free reserves cover can be anticipated this year.

To maintain its activities, the Centre needs to receive donations and generate other fundraising income

#### Asset cover for funds

Note 15 on page 23 sets out an analysis of the assets attributable to the various funds. These assets are sufficient to meet the Centre's obligations on a fund-by-fund basis

COUNCIL MEMBERS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2011

#### Plans for the future

In planning activities for the coming year, we have taken into account the Charity Commission's general guidance on public benefit, and the specific guidance for fee-charging charities published in December 2008 Planned activities include

#### Treatment services

- . To undertake full implementation of the Helping Hand initiative and an evaluation of its impact
- To ensure newly appointed therapists are able to complete their clinical induction programmes as swiftly as possible so they can move to a full caseload
- To monitor and record changes to PCT referral and funding pathways as they become established

#### Training services

- To ensure improved access to course information and communications as a fundamental part of the website redesign project
- To meet requests for additional external short courses within the constraints of available resources
- To explore development of new short courses focussing on breathing and upper limb function
- To support trainee tutors in their achievement of the Post Graduate Certificate in Education

#### Research

- To continue to develop a research culture within the Centre (in partnership with Bobath Wales and Bobath Scotland) including extending the single-subject design projects
- To complete baseline data collection for the research project investigating the effects of training in the Bobath Concept

#### IT

- To oversee the continuing Website Project with the final delivery of a new CMS (Content Management System) fully integrated with our existing CRM (Customer Relationship Management) system
- To complete the business case and specification for the replacement of our ICT infrastructure in 2012-13 A review of our software platform and applications suite will be considered as part of this activity
- To maximise the benefit to be gained from our use of the data we collect using ThankQ (our CRM system) bringing in-house the skills necessary to effectively interrogate and produce reports from ThankQ, thus increasing the ability to produce valuable information to aid business decisionmaking
- To continue to expand the online resources available to all staff and Trustees

#### Fundraising

- To commence implementation of the updated fundraising strategy
- To trial a fundraising microsite with built-in evaluation tools
- To create a small volunteer team to support fundraising both locally and around the country

COUNCIL MEMBERS' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2011

#### Organisational matters

- To await new guidance regarding the remodelled Vetting and Barring Scheme and take action to ensure full compliance
- To investigate the feasibility and clinical benefits of creating a Movement Analysis Laboratory at the Centre
- To hold a Trustees away-day during autumn/winter to review board and governance issues, financial performance, projects and strategies
- To evaluate the impact of the Management Forum and assess the benefits of continuing with the current format
- To create a Business Continuity Plan to ensure the Centre could return to normal operations as swiftly as possible in the event of a major disruption

#### Disclosure of information to auditors

Each of the directors has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditors are aware of such information.

#### **Auditors**

In accordance with section 385 of the Companies Act 1985, a resolution proposing that HW Fisher & Company be re-appointed as auditors of the company will be put to the Annual General Meeting

On behalf of the Council

Stephen Latner (Chairman)

Council Member

Dated 19th October 2011

# THE BOBATH CENTRE FOR CHILDREN WITH CEREBRAL PALSY (A COMPANY LIMITED BY GUARANTEE) STATEMENT OF COUNCIL MEMBERS' RESPONSIBILITIES

The Members of Council, who are also the directors of The Bobath Centre for Children with Cerebral Palsy for the purpose of company law, are responsible for preparing the Council Members' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

Company law requires the Members of Council to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year

In preparing these accounts, the Members of Council are required to

- select suitable accounting policies and then apply them consistently,
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent, and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Members of Council are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# THE BOBATH CENTRE FOR CHILDREN WITH CEREBRAL PALSY (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITORS' REPORT

### TO THE MEMBERS OF THE BOBATH CENTRE FOR CHILDREN WITH CEREBRAL PALSY

We have audited the accounts of The Bobath Centre for Children with Cerebral Palsy for the year ended 31 March 2011 set out on pages 15 to 24. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the chantable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the chantable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed

#### Respective responsibilities of Members of Council and auditors

As explained more fully in the Council Members' Responsibilities Statement on page 12, the Members of Council, who are also the directors of the charitable company for the purposes of company law, are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view

Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

#### Scope of the audit of the accounts

An audit involves obtaining evidence about the amounts and disclosures in the accounts sufficient to give reasonable assurance that the accounts are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the accounts. In addition, we read all the financial and non-financial information in the Council Members' Report to identify material inconsistencies with the audited accounts. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report

#### Opinion on accounts

In our opinion the accounts

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2011, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended,
- have been properly prepared in accordance with United Kingdom Generally Accounting Practice,
- have been prepared in accordance with the Companies Act 2006

#### Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Council Members' Report for the financial year for which the accounts are prepared is consistent with the accounts

# THE BOBATH CENTRE FOR CHILDREN WITH CEREBRAL PALSY (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITORS' REPORT (CONTINUED)

### TO THE MEMBERS OF THE BOBATH CENTRE FOR CHILDREN WITH CEREBRAL PALSY

#### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our optition

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us, or
- the accounts are not in agreement with the accounting records and returns, or
- certain disclosures of Council Members' remuneration specified by law are not made, or
- we have not received all the information and explanations we require for our audit

A G Rich (Senior Statutory Auditor) for and on behalf of H W Fisher & Company

#### **Chartered Accountants**

Statutory Auditor

Acre House 11-15 William Road London NW1 3ER United Kingdom

Dated 21/10/11

# STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2011

	Notes	Unrestricted funds	Restricted funds £	Total 2011 £	Total 2010 £
Incoming resources from generated funds	Tioley	₽.	τ.	25	1.
Voluntary income Activities for generating funds Investment income	2	134,756 2,482 14,677	34,518	169,274 2,482 14,677	224,609 5,561 4,498
		<del></del>			
Incoming resources from charitable activities	4	151,915 1,102,335	34,518 -	186,433 1,102,335	234,668 968,877
Total incoming resources		1,254,250	34,518	1,288,768	1,203,545
Resources expended	5		<del></del>	<del></del>	
Costs of generating funds Fundraising and Publicity		112,135	2,952	115,087	117,016
Charitable activities					
Treatment Fraining		715,972 416,102	75,496 19,925	791,468 436,027	719,226 404,125
Total charitable expenditure		1,132,074	95,421	1,227,495	1,123,351
Governance costs	7	18,738		18,738	20,340
Total resources expended		1,262,947	98,373	1,361,320	1,260,707
Net outgoing resources before transfers		(8,697)	(63,855)	(72,552)	(57,162)
Gross transfers between funds		(25,000)	25,000	-	-
Net expenditure for the year/ Net movement in funds		(33,697)	(38,855)	(72,552)	(57,162)
Fund balances at 1 April 2010		1,499,302	1,460,647	2,959,949	3,017,111
Fund balances at 31 March 2011		1,465,605	1,421,792	2,887,397	2,959,949

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006

#### AS AT 31 MARCH 2011

	Notes	£	2011 £	£	2010 L
Fixed assets					
Tangible assets	10		2,207,415		2,229,415
Current assets					
Stocks		2,450		2,936	
Debtors	11	72,492		104,809	
Cash at bank and in hand		980,089		1,039,138	
		1,055,031		1,146,883	
Creditors amounts falling due within one year	12	(375,049)		(416,349)	
Net current assets			679,982		730,534
Total assets less current habilities			2,887,397		2,959,949
Income funds					
Restricted funds	13		1,421,792		1,460,647
Unrestricted designated funds					
Fixed assets fund		852,231		860,811	
Treatment fund		29,378		46,115	
Roof replacement fund		-		25,000	
Training fund		17,117	400 504	16,667	
			898,726		948,593
Unrestricted undesignated funds			566,879		550,709
			2,887,397		2,959,949

The accounts were approved by the Board on 19th Cotober 2011

Stephen Latner (Chairman)

Council Member

Michael Stalbow I CA (Hon Treasurer)

Council Member

#### NOTES TO THE ACCOUNTS

#### FOR THE YEAR ENDED 31 MARCH 2011

#### 1 Accounting policies

#### 11 Basis of preparation

The accounts have been prepared under the historical cost convention

The charity has taken advantage of the exemption in Financial Reporting Standard No 1 from the requirement to produce a cash flow statement on the grounds that it is a small charity

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities" issued in March 2005, and the Companies Act 2006

#### 12 Incoming resources

Donations and grants for general and specific purposes are normally recognised as incoming resources in the year of receipt. Other general purpose income is also recognised as an incoming resource upon receipt. Donations to assist in the financing of the Centre's freehold property are recorded within Restricted Income funds (Property). Specific donations for treatment and training are recorded within Restricted Income funds (Projects).

Treatment and training course fees are recognised as income when the treatment or course commences during the year. Fees for courses in progress at the year end are taken to income, as refunds are not made to clients in the event of cancellation. Invoices raised for courses commencing in the following year are accounted for within creditors as training course fees received in advance.

#### 13 Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VA1 which cannot be recovered. Certain expenditure is directly attributable to specific activities and has been included in those cost categories.

Support costs are central administration costs which have been recharged to the various activities

Governance costs include those costs incurred in the governance of the charity's assets and are primarily associated with constitutional and statutory requirements

#### 14 Tangible fixed assets and depreciation

Tangible fixed assets other than freehold land are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows

Freehold land is not depreciated

Freehold buildings

over 50 years

Fixtures, fittings & equipment

over 4 years

Items of equipment, typically costing less than £10,000 (2010 - £5,000), are not capitalised but are expensed as repairs and maintenance costs

#### 15 Leasing and hire purchase commitments

Rentals payable under operating leases are charged against income on a straight line basis over the period of the lease

#### 16 Stock

Stocks are valued at the lower of cost and net realisable value. Cost is based on the cost of purchase on a first in, first out basis. Net realisable value is based on estimated selling price less further costs of disposal.

#### 17 Foreign currency translation

I ransactions denominated in foreign currencies are recorded at the rate ruling at the date of the transaction

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. All differences are included in net outgoing resources.

#### 18 Accumulated funds

Unrestricted funds are general funds that are available for use at the Trustees' discretion in furtherance of the objectives of the charity

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds comprise funds which have been set aside at the discretion of the Trustees for specific purposes

# THE BOBATH CENTRE FOR CHILDREN WITH CEREBRAL PALSY (A COMPANY LIMITED BY GUARANTEE) NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2011

2	Voluntary income				
		Unrestricted funds £	Restricted funds £	Total 2011 £	Total 2010 £
	Donations and gifts Legacies receivable	134,756	34,518 - -	169,274	208,639 15,970
		134,756	34,518	169,274	224,609
3	Investment income				
				2011 £	2010 £
	Interest receivable		=	14,677	4,498
4	Incoming resources from charitable activities				
				2011 £	2010 £
	Treatment Training			687,142 415,193	604,248 364,629
			=	1,102,335	968,877

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2011

	Total resources expended					
		Staff	Depreciation	Other	Total	Tota
		costs		costs	2011	2010
		£	£	£	£	#
	Costs of generating funds					
	Fundraising and Publicity	82,268	880	31,939	115,087	117,016
	Charitable activities					
	<u>Freatment</u>					
	Activities undertaken directly	656,510	15,180	18,018	689,708	649,627
	Support costs (note 6)			101,760	101,760	69,599
	I otal	656,510	15,180	119,778	791,468	719,226
	Training					
	Activities undertaken directly	350,518	5,940	38,751	395 209	375,154
	Support costs (note 6) Total	350,518	5,940	40,818 79,569	40,818	28,971 404,125
	Total				450,027	
		1,007,028	21,120	199,347	1,227,495	1,123,351
	Governance costs (note 7)	-	-	18,738	18,738	20,340
		1,089,296	22,000	250,024	1,361,320	1,260 707
6	Support costs					
			Treatment	Training	Total 2011	Total 2010
			£	£	£	£
	Support costs in note 5 above comprise		~		~	
	Research costs		895	-	895	912
	Premises and administrative expenses		100,865	40,818	141,683	97,658
		<del>-</del>	101,760	40,818	142,578	98,570
7	Governance costs				2011	2010
					£	£
	Governance costs in note 5 above comprise					
	Legal and professional fees				4,996	8,331
	Audit and accountancy				12,457	10,477
	Bank charges				1 285	1,532

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2011

#### 8 Members of Council

None of the Members of Council (or any persons connected with them) received any remuneration during the year, nor were they reimbursed expenses. The Centre has a combined insurance policy which includes Trustee indemnity insurance.

#### 9 Employees

#### Number of employees

The average monthly number of employees during the year was

	2011	2010
	Number	Number
Treatment	21	19
Training	7	7
Fundraising	2	2
	30	28
Full time	16	16
Part time	14	12
	30	28
Employment costs	2011	2010
	£	£
Wages and salaries	1,587,715	1,512,744
Social security costs	149,013	143,753
Other pension costs	118,547	107,014
	1,855,275	1,763,511
Less Reimbursed by related parties (note 17)	765,979	737,508
	1,089,296	1,026,003
The number of employees whose annual emoluments were £60,000 or more were		
~ ,	2011	2010
	Number	Number
£60,000 - £69,999	-	1
£70,000 - £79,999	2	1
	<del></del>	

Pension contributions made on their behalf by the Centre in the year amounted to £13,992 (2010 - £13,386)

### NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2011

	Tangible fixed assets	Land and buildings	Fixtures, fittings & equipment	Total
		£	£	£
	Cost			
	At 1 April 2010 and at 31 March 2011	2,483,415	9,100	2,492,515
	Deprectation			_
	At 1 April 2010	254,000	9,100	263,100
	Charge for the year	22,000		22,000
	At 31 March 2011	276,000	9,100	285,100
	Net book value	· · · · · · · · · · · · · · · · · · ·		
	At 31 March 2011	2,207,415	<u> </u>	2,207,415
	At 31 March 2010	2,229,415		2,229,415
11	Debtors		2011 £	2010 £
			£	L
	Frade debtors		64,938	91,663
	Prepayments and accrued income	_	7,554	13,146
		_	72,492	104,809
12	Creditors amounts falling due within one year		2011	2010
			£	£
	Trade creditors		16,137	4,502
	laxes and social security costs		46,546	43,656
	Other creditors		88,455	89,897
	Accruals		223,911	278,294
		-	375,049	416,349
		=	<del></del> = =	

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2011

#### 13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes

### Movement in funds

	Balance at 1 April 2010	Incoming	Resources expended	Transfers	Balance at 31 March 2011
	£	£	£	£	£
Property fund	1,368,604	-	(13,420)	-	1,355,184
Project funds					
I reatment fund	31,735	23,236	(24,574)		30,397
Training fund	9,026	-	-	_	9,026
Research fund	21,133	-			21,133
Equipment fund	2,635	204	(1,299)	=	1,540
Refurbishment fund	27,514	11,078	(59,080)	25,000	4,512
	1,460,647	34,518	(98,373)	25,000	1,421,792

The Property fund comprises donations received by the Centre for the express purpose of funding the purchase of its current premises. Of the £22,000 depreciation charge for the year £8,580 has been allocated to designated funds (see note 14), with the remaining £13,420 being allocated to restricted funds

The Treatment fund is to provide for the treatment of children who lack financial support

The Training fund is to train therapists from under-resourced countries in the Bobath Concept

The Research fund is to support research into the efficacy of the Bobath approach for the treatment of children with cerebral palsy

The Equipment fund is to provide equipment necessary for treatment or research

The Refurbishment fund is to provide for the upkeep of the fabric of the Centre

### NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2011

#### 14 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes.

### Movement in funds

	Balance at 1 April 2010	Incoming resources	Resources expended	Transfers	Balance at 31 March 2011
	£	£	£	£	£
Fixed assets fund	860,811	-	(8,580)	-	852,231
Treatment fund	46,115	9,000	(25,737)	-	29,378
Roof replacement fund	25,000	-	-	(25,000)	-
Training fund	16,667	2,750	(2,300)		17,117
	948,593	11,750	(36,617)	(25,000)	898,726

The Fixed assets fund represents the amount of the Centre's tangible fixed assets that is not supported by restricted funds

The Treatment fund is an unrestricted but designated fund which provides assistance for children who lack financial support

The Roof replacement fund was set aside for the replacement of the glass roof in the reception area in summer 2010 and his now been utilised

The Training fund is an unrestricted but designated fund to support the introduction of new courses and to mitigate any potential losses incurred in running essential courses at the Centre

#### 15 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
Fund balances at 31 March 2011 are represented by			
l angible, fixed assets	852,231	1,355,184	2,207,415
Current assets	988,423	66,608	1,055,031
Creditors amounts falling due within one year	(375,049)		(375,049)
	1,465,605	1,421,792	2,887,397

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2011

#### 16 Commitments under operating leases

At 31 March 2011 the Centre had annual commitments under non-cancellable operating leases as follows

	2011	2010
	£	£
Expiry date		
Within one year	3,589	3,533
Between two and five years	4,487	10,768
	8,076	14,301

#### 17 Related parties

The Centre seconds therapy staff to Bobath Wales, Bobath Scotland and the Bobath Centre for Adults with Neurological Disability. These are companies limited by guarantee that provide treatment in accordance with the Bobath Concept. Ida Bromley is a Council Member of both the Centre and of the Bobath Centre for Adults with Neurological Disability. Christine Barber, Director of Therapy Services of the Centre, is a Trustee of Bobath Wales.

The Centre charges the Bobath Centre for Adults with Neurological Disability £17,617 (2010 - £12,000) for the use of space and office services

At the year end, the Centre owed the Bobath Centre for Adults with Neurological Disability £1,677 (2010 - £2,018)

At the year end, the Centre owed Bobath Scotland £1,406 (2010 - £2,349) and Bobath Wales £11,532 (2010 - £11,916)

The total of reimbursed costs of £765,979 (2010 - £737,508), as set out in note 9, is made up of

	2011	2010
Bobath Wales	401,105	365,383
Bobath Scotland	287,317	297,759
The Bobath Centre for Adults with Neurological Disability	<i>7</i> 7,557	74,366
		<del></del>
	765,979	737,508
	<del></del>	