



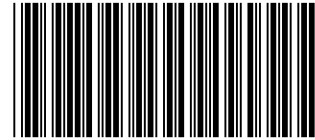
**Companies House**  
— for the record —

**363a<sub>(ef)</sub>**

**Annual Return**

*Company Name:* **A.B.F. LIMITED**

*Company Number:* **00273919**



*Received for filing in Electronic Format on the:* **23/07/2007**

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*Company Details*

*Period Ending:* **26/06/2007**

*Company Type:* **PRIVATE COMPANY LIMITED BY SHARES**

*Principal Business Activities:*

*SIC Codes*

**3615**

**3614**

*Registered Office:  
Address:*

*Register of  
Members Address:*

*Register of Debenture  
Holders Address:*

**PO BOX 100  
LONG ING LANE  
BARNOLDSWICK  
LANCASHIRE  
BB18 6WT**

**AS REGISTERED OFFICE**

**AS REGISTERED OFFICE**

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*Details of Officers of the Company*

*Company Secretary:*

*Name:* **CATHERINE ELIZABETH  
BAXANDALL**

*Address:* **5 COLLEGE DRIVE  
ILKLEY  
WEST YORKSHIRE LS29 9TY**

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*Director 1:*

*Name:* **CATHERINE ELIZABETH  
BAXANDALL**

*Address:* **5 COLLEGE DRIVE  
ILKLEY  
WEST YORKSHIRE LS29 9TY**

*Date of Birth:* **11/06/1958**

*Nationality:* **BRITISH**

*Occupation:* **COMPANY SECRETARY**

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Director 2:

Name:	<b>STEPHEN JOHN BROWN</b>	Address:	<b>WHARFERISE</b>
Date of Birth:	<b>29/01/1949</b>		<b>111 WESTON LANE</b>
Nationality:	<b>BRITISH</b>		<b>OTLEY</b>
Occupation:	<b>DIRECTOR</b>		<b>WEST YORKSHIRE LS21 2DF</b>

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Director 3:

Name:	<b>PETER CLARKE</b>	Address:	<b>PARC HALLS</b>
Date of Birth:	<b>07/01/1949</b>		<b>CLIFF ROAD GORRAN HAVEN</b>
Nationality:	<b>BRITISH</b>		<b>ST AUSTELL</b>
Occupation:	<b>COMPANY DIRECTOR</b>		<b>CORNWALL PL26 6JW</b>

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Director 4:

Name:	<b>JAMES HARROWER</b>	Address:	<b>9 THE WILLOWS</b>
Date of Birth:	<b>25/05/1951</b>		<b>DURDAR</b>
Nationality:	<b>BRITISH</b>		<b>CARLISLE</b>
Occupation:	<b>DIRECTOR</b>		<b>CUMBRIA CA2 4UP</b>

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Director 5:

Name:	<b>RICHARD JOSEPH LOGAN</b>	Address:	<b>4 KIRKdene MEWS</b>
Date of Birth:	<b>30/05/1958</b>		<b>FOULRIDGE</b>
Nationality:	<b>BRITISH</b>		<b>LANCASHIRE BB8 7NQ</b>
Occupation:	<b>DIRECTOR</b>		

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Director 6:

Name:	<b>PAUL SETH MCKOEN</b>	Address:	<b>FAIROAK WESTON ROAD</b>
Date of Birth:	<b>27/06/1961</b>		<b>WILMSLOW</b>
Nationality:	<b>BRITISH</b>		<b>CHESHIRE SK9 2AN</b>
Occupation:	<b>DIRECTOR</b>		

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Director 7:

Name:	<b>NEAL GERARD MERNOCK</b>	Address:	<b>13 BRINKLOW WAY</b>
Date of Birth:	<b>09/02/1954</b>		<b>HARROGATE</b>
Nationality:	<b>BRITISH</b>		<b>NORTH YORKSHIRE HG2 9JW</b>
Occupation:	<b>COMPANY DIRECTOR</b>		

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Director 8:

Name:	<b>CHRISTOPHER ROBERTS</b>	Address:	<b>ARCHWAYS</b>
Date of Birth:	<b>30/06/1961</b>		<b>STATION ROAD</b>
Nationality:	<b>BRITISH</b>		<b>BRAMPTON</b>
Occupation:	<b>ACCOUNTANT</b>		<b>CUMBRIA CA8 1EX</b>

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## Share Capital

### *Issued Share Capital Details:*

<i>Class of share</i>	<i>Number of shares issued</i>	<i>Aggregate nominal value of issued shares</i>
<b>ORDINARY</b>	<b>62427</b>	<b>GBP62427</b>
<b>TOTALS</b>	<b>62427</b>	<b>GBP62427</b>

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 26/06/2007, or that had ceased to be shareholders since the made up date of the previous Annual Return.

### *Shareholding 1:*

**62427 ORDINARY Shares held as at 26/06/2007**

*Name:* **SILENTNIGHT GROUP LIMITED**

*Address:* **PO BOX 100  
LONG ING LANE  
BARNOLDSWICK  
LANCASHIRE BB18 6WT**

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## *Authorisation*

*Authoriser Designation:* **SECRETARY** *Date Authorised:* **23/07/2007** *Authenticated:* **Yes (E/W)**