



Companies House
for the record

88(2)

Return of Allotment of Shares

Please complete in typescript, or
in bold black capitals.

CHWP000

Company Number

185647

Company name in full

J SAINSBURY PLC

Shares allotted (including bonus shares):

Date or period during which
shares were allotted

(If shares were allotted on one date
enter that date in the "from" box)

From

Day Month Year

1 5 0 7 2 0 0 9

To

Day Month Year

1 5 0 7 2 0 0 9

Class of shares

(ordinary or preference etc)

ORDINARY

ORDINARY

Number allotted

23140

13570

Nominal value of each share

£2.31

£2.41

Amount (if any) paid or due on each
share (including any share premium)

£0.28 4/7P

£0.28 4/7P

List the names and addresses of the allottees and the number of shares allotted to each overleaf

If the allotted shares are fully or partly paid up otherwise than in cash please state:

% that each share is to be
treated as paid up

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Consideration for which
the shares were allotted

(This information must be supported by
the duly stamped contract or by the duly
stamped particulars on Form 88(3) if the
contract is not in writing)

When you have completed and signed the form send it to
the Registrar of Companies at:



A40

ANMYTBUF

25/07/2009

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COMPANIES HOUSE

Companies House, Crown Way, Cardiff CF14 3UZ
companies registered in England and Wales

DX 33050 Cardiff

Companies House, 37 Castle Terrace, Edinburgh EH1 2EB
companies registered in Scotland

DX 235
Edinburgh

Names and addresses of the allottees (List joint share allotments consecutively)

Shareholder details	Shares and share class allotted	
Name SEE ATTACHED Address UK Postcode _ _ _ _ _	Class of shares allotted ORDINARY	Number allotted 36710
Name Address UK Postcode _ _ _ _ _	Class of shares allotted	Number allotted
Name Address UK Postcode _ _ _ _ _	Class of shares allotted	Number allotted
Name Address UK Postcode _ _ _ _ _	Class of shares allotted	Number allotted
Name Address UK Postcode _ _ _ _ _	Class of shares allotted	Number allotted

Please enter the number of continuation sheets (if any) attached to this form

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Signed

A director / secretary / administrator / administrative receiver / receiver manager / receiver

Date

22/7/09

Please delete as appropriate

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

MS HAZEL D JARVIS - DEPUTY COMPANY SEC

J SAINSBURY PLC, 33 HOLBORN, LONDON

EC1N 2HT

Tel 02076956000

DX number

DX exchange

J Sainsbury plc

Return of Allotment

5 Year - Full Exercise

15/07/2009

Option Price = 2.41p

[illegible]