



Companies House
for the record

88(2)

Return of Allotment of Shares

Please complete in typescript, or
in bold black capitals.

CHWP000

Company Number

185647

Company name in full

J SAINSBURY PLC

Shares allotted (including bonus shares):

Date or period during which
shares were allotted
(If shares were allotted on one date
enter that date in the "from" box)

From

Day Month Year

1 5 0 6 2 0 0 9

To

Day Month Year

1 5 0 6 2 0 0 9

Class of shares
(ordinary or preference etc)

ORDINARY

Number allotted

45331

Nominal value of each share

28 4/7P

Amount (if any) paid or due on each
share (including any share premium)

28 4/7P

List the names and addresses of the allottees and the number of shares allotted to each overleaf

If the allotted shares are fully or partly paid up otherwise than in cash please state:

% that each share is to be
treated as paid up

Consideration for which
the shares were allotted
(This information must be supported by
the duly stamped contract or by the duly
stamped particulars on Form 88(3) if the
contract is not in writing)

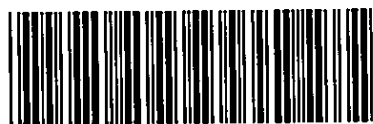
When you have completed and signed the form send it to
the Registrar of Companies at:

Companies House, Crown Way, Cardiff CF14 3UZ
For companies registered in England and Wales

DX 33050 Cardiff

Companies House, 37 Castle Terrace, Edinburgh EH1 2EB
For companies registered in Scotland

DX 235
Edinburgh



A3FCCA2P

A15

24/06/2009

42

COMPANIES HOUSE

WEDNESDAY

Names and addresses of the allottees (List joint share allotments consecutively)

Shareholder details	Shares and share class allotted	
Name J SAINSBURY Employee Share Ownership Trust Address c/o Computershare Trustees (C.I) Limited PO Box 83, Ordnance House, 31 Prier Road, St.Helier, UK Postcode J E 4 L 8 P W	Class of shares allotted ORDINARY	Number allotted 45331
Name Address UK Postcode	Class of shares allotted	Number allotted
Name Address UK Postcode	Class of shares allotted	Number allotted
Name Address UK Postcode	Class of shares allotted	Number allotted
Name Address UK Postcode	Class of shares allotted	Number allotted

Please enter the number of continuation sheets (if any) attached to this form

Signed

Deputy
A director / Secretary / administrator / administrative receiver / receiver manager / receiver

Date

19/6/09

Please delete as appropriate

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

MS HAZEL D JARVIS - DEPUTY COMPANY SEC

EC1N 2HT

Tel 02076956000

DX number

DX exchange