

Return of Allotment of Shares

Please complete in typescript, or in bold black capitals. CHWP000

Company Number

185647

J SAINSBURY PLC		
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Company name in full	J SAINSBURY PLC					
Shares allotted (including bonus shares):						
	From To					
Date or period during which shares were allotted (If shares were allotted on one date enter that date in the "from" box)	Day Month Year Day Month Year 1 1 0 6 2 0 0 9 1 1 0 6 2 0 0 9					
Class of shares (ordinary or preference etc)	ORDINARY					
Number allotted	88217					
Nominal value of each share	28 4/7P					
Amount (if any) paid or due on each share (including any share premium)	ch 28 4/7P					
List the names and addresses of th	e allottees and the number of shares allotted to each overleaf					
If the allotted shares are fully or partly paid up otherwise than in cash please state:						
% that each share is to be treated as paid up						
Consideration for which the shares were allotted (This information must be supported by the duly stamped contract or by the duly stamped particulars on Form 88(3) if the contract is not in writing)						

When you have completed and signed the form send it to the Registrar of Companies at:

24/06/2009 A15 COMPANIES HOUSE

Companies House, Crown Way, Cardiff CF14 3UZ For companies registered in England and Wales

DX 33050 Cardiff

Companies House, 37 Castle Terrace, Edinburgh EH1 2EB For companies registered in Scotland

DX 235 Edinburgh

Names and addresses of the allottees (List joint share allotments consecutively)

Shareholder details		Shares and share class allotted			
Name J SAINSBURY Employee Share	e Ownership Trust	Class of shares allotted	Number allotted		
Address c/o Computershare Trustees (C.I) Lim	nited	ORDINARY	88217		
PO Box 83, Ordnance House, 31 Prie	er Road, St.Helier,		L		
UKI	Postcode J E 4 _ 8 P W		<u> </u>		
Name		Class of shares allotted	Number allotted		
Address					
LIKE	Postcode L L L L L L				
Name		Class of shares allotted	Number allotted		
Address			anottod		
		1			
UKF	Postcode				
Name		Class of shares allotted	Number allotted		
Address					
L	Postcode				
Name		Class of shares	Number		
Address		allotted	allotted		
L			·		
UK F	Postcode		1		
Please enter the number of contin	uation sheets (if any) attached to this	form			
Signed		ite 1916 05			
A director / secretary / atministrator / a	dministrative receiver / receiver manager / receiver	eiver Please	delete as appropriate		
Please give the name, address, elephone number and, if available,	MS HAZEL D JARVIS - DE	MS HAZEL D JARVIS - DEPUTY COMPANY SEC			
DX number and Exchange of the person Companies House should	EC1N 2HT		<u></u>		
contact if there is any query.		Tel 02076956000			
	DX number	DX exchange			