



88(2)

Return of Allotment of Shares

Please complete in typescript, or
in bold black capitals.

CHWP000

Company Number

185647

Company name in full

J SAINSBURY PLC

Shares allotted (including bonus shares):

Date or period during which
shares were allotted
(If shares were allotted on one date
enter that date in the "from" box)

From
Day Month Year
2 5 0 2 2 0 0 9

To
Day Month Year
2 5 0 2 2 0 0 9

Class of shares
(ordinary or preference etc)

ORDINARY

ORDINARY

Number allotted

2530

748

Nominal value of each share

£0.28 4/7P

£0.28 4/7P

Amount (if any) paid or due on each
share (including any share premium)

£2.17

£2.31

List the names and addresses of the allottees and the number of shares allotted to each overleaf

If the allotted shares are fully or partly paid up otherwise than in cash please state:

% that each share is to be
treated as paid up

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Consideration for which
the shares were allotted
(This information must be supported by
the duly stamped contract or by the duly
stamped particulars on Form 88(3) if the
contract is not in writing)

When you have completed and signed the form send it to
the Registrar of Companies at:

Companies House, Crown Way, Cardiff CF14 3UZ
For companies registered in England and Wales

DX 33050 Cardiff

Companies House, 37 Castle Terrace, Edinburgh EH1 2EB
For companies registered in Scotland

DX 235
Edinburgh

FRIDAY



A60 06/03/2009 194
COMPANIES HOUSE

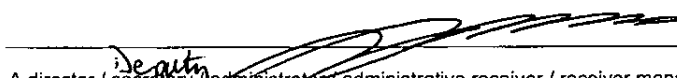
Names and addresses of the allottees *(List joint share allotments consecutively)*

Shareholder details	Shares and share class allotted	
Name SEE ATTACHED <hr/> Address <hr/> <hr/> <div style="text-align: right;">UK Postcode <u> </u> <u> </u> <u> </u> <u> </u> <u> </u> <u> </u> <u> </u></div>	Class of shares allotted <hr/> ORDINARY <hr/> <hr/>	Number allotted <hr/> 3278 <hr/> <hr/>
Name <hr/> Address <hr/> <hr/> <div style="text-align: right;">UK Postcode <u> </u> <u> </u> <u> </u> <u> </u> <u> </u> <u> </u> <u> </u></div>	Class of shares allotted <hr/> <hr/> <hr/>	Number allotted <hr/> <hr/> <hr/>
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Please enter the number of continuation sheets (if any) attached to this form

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Signed



Date

5/3/09

A director / secretary / administrator / administrative receiver / receiver manager / receiver

Please delete as appropriate

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

MS HAZEL D JARVIS - DEPUTY COMPANY SEC	
J SAINSBURY PLC, 33 HOLBORN, LONDON	
EC1N 2HT	Tel 02076956000
DX number	DX exchange

Return of Allotment

2004 5 Year

25/02/2009

Option Price 2.17/p

						25/02/2009
						Option Price 2.1
Title	Forenames	Surname	Address 1	Address 2	Address 3	Exercised
Mr	Anthony James	Sullivan	49 Quarry Bank	Tonbridge	TN9 2QZ	2530
						2530

J Sainsbury plc
Return of Allotment

2005 5 Year

25/02/2009

Option Price 2.31p

[illegible]