



Companies House
for the record

88(2)

Return of Allotment of Shares

Please complete in typescript, or
in bold black capitals

CHWP000

Company Number

185647

Company name in full

J SAINSBURY PLC

Shares allotted (including bonus shares):

Date or period during which
shares were allotted
(If shares were allotted on one date
enter that date in the "from" box)

From

Day Month Year

0 6 0 2 2 0 0 8

To

Day Month Year

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Class of shares
(ordinary or preference etc)

ORDINARY

ORDINARY

Number allotted

4396

465

Nominal value of each share

£0 28 4/7P

£0 28 4/7P

Amount (if any) paid or due on each
share (including any share premium)

£2 31

£3 28

List the names and addresses of the allottees and the number of shares allotted to each overleaf

If the allotted shares are fully or partly paid up otherwise than in cash please state:

% that each share is to be
treated as paid up

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Consideration for which
the shares were allotted

(This information must be supported by
the duly stamped contract or by the duly
stamped particulars on Form 88(3) if the
contract is not in writing)

When you have completed and signed the form send it to
the Registrar of Companies at:

Companies House, Crown Way, Cardiff CF14 3UZ
For companies registered in England and Wales

DX 33050 Cardiff

Companies House, 37 Castle Terrace, Edinburgh EH1 2EB
For companies registered in Scotland

DX 235
Edinburgh

TUESDAY



A29 *A6Y32X5L* 408
12/02/2008
COMPANIES HOUSE

Names and addresses of the allottees (List joint share allotments consecutively)

Shareholder details		Shares and share class allotted	
Name <i>SEE ATTACHED</i>		Class of shares allotted	Number allotted
Address		ORDINARY	4,861
UK Postcode	_____		
Name		Class of shares allotted	Number allotted
Address			
UK Postcode	_____		
Name		Class of shares allotted	Number allotted
Address			
UK Postcode	_____		
Name		Class of shares allotted	Number allotted
Address			
UK Postcode	_____		
Name		Class of shares allotted	Number allotted
Address			
UK Postcode	_____		

Please enter the number of continuation sheets (if any) attached to this form

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Signed

MS HAZEL JARVIS
A director / secretary / administrator / administrative receiver / receiver manager / receiver

Date

11/02/08

Please delete as appropriate

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query

MS HAZEL JARVIS - DEPUTY COMPANY SEC

J SAINSBURY PLC, 33 HOLBORN, LONDON

EC1N 2HT

Tel 0207 695 6000

DX number

DX exchange

J Sainsbury plc
Return of Allotment
6 February 2008
2005 3 Year Scheme 2231

Name & Address	No of Shares Allotted
Mrs Frances MA Baker, 8 Birch Way, HAILSHAM, East Sussex, BN27 3TS	1,366
Mrs,Barbara M Mayling, 30 Cromwell Way, KIDLINGTON, Oxon, OX5 2LW	1,253
Mrs Karen F Easby, 10 Oakley Close, GUISBOROUGH, Cleveland, TS14 7NF	303
Mr Keith David Williams, 24 Fletcher Close, Tunstead, NORWICH, NR12 8RA	1,264
Number of Allotments	4
Total number of Shares Allotted	4,186

J Sainsbury plc
 Return of Allotment
 6 February 2008
 2005 5 Year Scheme £2.31

Name & Address	No of Shares Allotted
Mr Raimond M England, 4 Baker House, Darien Road, Battersea, LONDON, SW11 2EQ	210
Number of Allotments	1
Total Number of Shares Allotted	210

J Sainsbury plc
Return of Allotment
6 February 2008
2006 3 Year Exercise £3 28 .

Name & Address	No of Shares Exercised
Mrs Karen F Easby, 10 Oakley Close, GUISBOROUGH, Cleveland, TS14 7NF	100
Mr Keith David Williams, 24 Fletcher Close, Tunstead, NORWICH, NR12 8RA	365
Number of Allotments	2
Total Number of Shares Allotted	465