

THE CENTRE FOR INTEGRATIVE NUTRITION LTD

Unaudited financial statements for the year ended 31 December 2022

Company information

The Centre for Integrative Nutrition Ltd is a private company limited by shares, registered in Scotland, registered number SC649896.

The company's registered office is: 38 Sycamore Crescent, Ayr, KA7 3NS, United Kingdom.

Balance Sheet

as at 31 December 2022

	2022	2021
	£	£
Fixed assets	496.84	740.61
Current assets	2,389.26	980.24
Creditors: amounts falling due within one year	(19,721.38)	(4,620.03)
Net current assets / (liabilities)	(17,332.12)	(3,639.79)
Total assets less current liabilities	(16,835.28)	(2,899.18)
Net assets	(16,835.28)	(2,899.18)
Capital and reserves	(16,835.28)	(2,899.18)

For the year ending 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved by the board of directors and signed on behalf of the board,

Rachel Jesson
14 January 2023

Notes to the accounts

1. Average number of employees

During the year the average number of employees was 1 (2021: 1).

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.