

Company registration number SC603725 (Scotland)

AE GYMS LIMITED
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2023
PAGES FOR FILING WITH REGISTRAR

AE GYMS LIMITED

BALANCE SHEET

AS AT 31 JULY 2023

	2023		2022	
	£	£	£	£
Fixed assets		2,497		13,337
Current assets	33,344		31,032	
Prepayments and accrued income	1,520		4,604	
Creditors: amounts falling due within one year	(48,132)		(76,005)	
Net current liabilities		(13,268)		(40,369)
Total assets less current liabilities		(10,771)		(27,032)
Accruals and deferred income		(6,162)		(5,692)
Net liabilities		(16,933)		(32,724)
Capital and reserves		(16,933)		(32,724)

Notes to the financial statements

1 Employees

The average number of persons, including directors, employed by the company during the year was as follows:

	2023	2022
	Number	Number
Employees	6	6

AE Gyms Limited is a private company limited by shares incorporated in Scotland. The registered office is Athletic Edge, Springfield Road, Aberdeen, AB15 7SE.

For the year ended 31 July 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the micro-entity provisions and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime' and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The director of the company has elected not to include a copy of the profit and loss account within the financial statements.

AE GYMS LIMITED

BALANCE SHEET (CONTINUED)

AS AT 31 JULY 2023

The financial statements were approved and signed by the director and authorised for issue on 30 April 2024

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Mr S Beattie

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This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.