# REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022



KEN TAIT & CO CHARTERED ACCOUNTANTS

Company No: SC529124

Charity No SC046427

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#### **LEGAL AND ADMINISTRATIVE INFORMATION**

Registered Name THE MANDA CENTRE

Charity No SCO46427

#### **Governing document**

The charity is controlled by its Articles of Association governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Manda Centre was incorporated under the Companies Act 2006 as a private company as a company limited by guarantee.

Registered Company number SC529124

The Manda Centre was awarded charitable status by Office of the Scottish Charity Regulator (OSCR) on 18th March 2016.

Our charity's registered name is: The Manda Centre and our charity number is: SC046427

## **Charity Trustees and Office Bearers**

Trustees Mr. J Duffy

Mrs. R Colvin Mr. M Pearson

Company Secretary Mr. J Duffy

Management Board Members Lynne Bailkoski

Paul McGowan

#### **Method of Appointment / Election**

Trustees are appointed at the Annual General Meeting.

Company Number SC529124

Registered Office 1 Auchingramont Road

Hamilton MLM 6JP

Accountants Smith, Inglis & Tait

1 Auchingramont Road

Hamilton ML3 6JP

#### TRUSTEE'S REPORT

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2022 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for applicable in the UK and Republic of Ireland (FRS 102).

#### **CHAIR'S REPORT**

Throughout the ongoing Covid-19 Pandemic we continued to provide much needed support to our service users both remotely and in person. We have and will continue to deliver a comprehensive range of support techniques on regular scheduled appointments.

As Government Guidelines & Restrictions gradually lifted, we were able to safely implement a phased return for service users with procedures and protocols in place to keep all staff, practitioners, service users and volunteers safe.

This was greatly received and a much-needed life line for the people we support as it allowed them to start adjusting back in to society again.

It has also allowed us to have our SafeTime Group meet again in person every second Friday from 11am-1pm. This has been a vital source of support for the members and is carried out following Government Guidelines.

We continued to provide support remotely and this is delivered through platforms such as Telephone, MS Teams, Zoom & Duo. We have a client base who may live outwith our geographical location or perhaps medical conditions restrict them from travelling on public transport and this has been a lifeline by providing both remote and a form of Face-to-Face support sessions.

During this difficult period, it was essential we supported people through isolation. By continuing to provide regular support by scheduled appointments we were better equipped to assist the people we support during this new reality of reduced social contact, self-isolation, and disruption of services.

The disruption of services and ongoing restrictions had a disproportionate effect on people already in need of support and we are committed to supporting all our service users during this difficult period. To ensure we provided the necessary support we amended rather than reduced our service while operating more remotely and continuing to implement change and reconfigure how and where our service is delivered. We took direct positive action to reduce isolation, promote community spirit and belonging and continue to provide a continuity of service.

This allowed the Manda Centre to provide as close to our normal level of support as possible.

We were able to continue to provide our essential support due to the funding award of the Big Lottery Medium Grant and the Grant Award from the Scottish Government Victims and Witnesses Group (VAWG).

The people we support were happy to receive the amended face to face and remote support & therapies and this was of direct benefit to their mental health and wellbeing.

These benefits also included continued access to support, less time & travel for the people we support and a disinhibition effect which allowed people – especially men – to share more.

# TRUSTEE'S REPORT (CONTINUED)

All these conditions resulted in an increase in the number of hours of support provided by all our Practitioners.

Joe Duffy Chair

#### TRUSTEE'S REPORT (CONTINUED)

#### **ACTIVITIES, PURPOSES & STRUCTURE**

#### **Charitable Purposes**

The purposes of the Charity are to assist in relieving the mental and physical suffering and distress and support to those experiencing a high level of loss, isolation, and loneliness due to Trauma, Loss & Personal Crisis.

These include those affected by:

Murder or Culpable Homicide and Suicide

Road traffic (RTA)

Families with family members diagnosed with profound and multiple learning disabilities (PMLD) where there is a feeling of "loss" of an expected childhood experience

Carers who have "lost" their loved one through dementia or other issues.

Through our support programmes we look to help the people we support manage and understand the effects of significant change, loss and grief. With our support they are able to identify ways to take control over their lives and build resilience. We encourage them to improve life skills by discussion, reflection and techniques, to identify their own needs and consider a range of solutions to make positive changes in their lives. Improve their life chances by raising their self-esteem and increase their confidence and motivation to interact with social and other networks.

The people we support will be more able to deal with many related issues such as the legal system and former areas of concern which they can process over the short, medium and longer term. Building this type of resilience will help relieve the loneliness and isolation that those affected by trauma, loss and personal crisis experience.

We aim to reduce their dependency on mainstream health services and medication associated with depression which could reduce the visits to GP's, reducing the use of medication and save the NHS resources and money. We assist them to return to work and to deal with day-to-day issues in a more competent way.

#### **Charitable Activities**

We encourage the people we support to utilise our Centres by either dropping in or by pre-arranged visit. The people we support provide positive comments and feedback following their regular attendance indicating that they have benefitted from an increase in their self-esteem, have increased confidence and motivation which has encouraged them to interact socially and widen their networks.

With the level of support received from The Manda Centre they felt they were able to deal with difficult issues such as the legal system and former areas of concern including accessing other services. The people we support have also informed us that their skills have increased and that they are now able to identify their own needs to consider a range of solutions to make positive changes in their lives.

At the Manda Centre we treat everyone that attends with confidentiality, dignity and respect and develop our service in response to the demand of all those we support.

We are a Registered Charity with no affiliation to any religious or political party and we are open to all sections of the community

#### Service Provision and Outreach

The Manda Centre provides telephone support/counselling when the people we support are unable to travel to our Support Centre in Hamilton. For those unable to attend The Manda Centre in Hamilton we have an agreement with Victim Support Scotland for the use of their premises in Glasgow on a partnership basis. We also have an ad-hoc rental agreement in alternative premises within Glasgow City Centre.

#### TRUSTEE'S REPORT (CONTINUED)

## Service Provision - Support, Advocacy & Therapies

We concentrate on Practical and Emotional Support, Advocacy, Group Support, Counselling and Holistic Therapies.

We provide Face to Face Counselling and Telephone Support/Counselling. Our Counsellors and Therapists dedicate time to each person, using positive and therapeutic techniques to help individuals manage and understand the effects of significant change, loss and grief. Our service users also receive a mix of one to one and group peer support. Our comprehensive range of alternative therapies promotes stress reduction and supports and enhances progress with counselling and development.

#### Counselling & Therapies

We deliver a range of support techniques to help our service users overcome stress, emotional difficulties, relationships and other areas which trouble their lives. The common element is that they are based on a therapist and service user talking and interacting with each other.

- Person-Centered Counselling (PCT)
- Cognitive Behaviour Therapy (CBT)
- Alternative (Holistic) Therapies

#### **Organisational Structure**

The Manda Centre provides a safe and confidential environment where those affected by trauma, loss, personal crisis and grief can meet with others in similar circumstances, to share mutual thoughts, feelings and experiences. The Support Services and Network available from the Manda Centre has proved to be successful and beneficial to our members regarding support, confidentiality, accessibility and location.

The introduction of our service is in line with the Aims and Objectives contained in our Articles of Association and The Scottish Government guidelines for the support for victims and their families

We have the flexibility to meet the demand for services by utilizing the services of a range of vastly experienced Counsellors and Therapists to provide a comprehensive range of support services from an easy to access location with public transport links and suitable car parking.

#### **Centre Premises and Location**

The Manda Centre continues to be located in the Hamilton Business Centre, 194 Quarry Street, Hamilton, ML3 6QR.

We are located in an excellent, very central location in fully equipped premises which are fully accessible with kitchen and toilet facilities and easy access to Hamilton Central Train Station & Bus Station and Pay & Display Parking locally.

Throughout the year ending 31 March 2022 we faced new, unexpected and unusual challenges due to the Covid19 Pandemic and the subsequent lockdown and social distancing issues.

We developed a clear roadmap to move out of Lockdown.

Due to the Vaccination Programme successful roll-out we made the necessary preparations and alterations to our premises to welcome the people we support back to for face-to-face Support and Therapies. Throughout the Pandemic we have learned that there will be an ongoing need for a more flexible service provision, particularly for those who prefer telephone support or by Zoom/ MS Teams.

Our premises will allow us to provide a continuity of support to the people we support and further develop out range of support services.

## TRUSTEE'S REPORT (CONTINUED)

#### Our Funding and Fundraising

The Charity's main funding source is from the 3-year Medium Grant Award from Big Lottery and the annual grant from the Scottish Government Victims and Witness Group. These grant awards meet our core operating costs including salaries.

We raise additional funding from a range of sources, which are not based around specific projects and not essential to Core Funding.

We had planned a number of Fundraising events; however, these were very restricted to a mixture of virtual and limited access events. during the year ending 31 March 2022 due to the Covid19 Pandemic, partial lockdown and social distancing.

We amended our calendar for fundraising events and were able to participate in the KiltWalk and also receive donations and voluntary contributions; however these were considerably less than we had originally hoped and planned for.

We continued to pursue links for alternative sources of funding from other charitable trusts and community planning partnerships and had success in receiving additional funds for winter utility costs to assist a number of the people we support.

#### **Achievements and Progress**

We receive referrals from a wide range of sources and we provide our funders with detailed referral reports to outline the increase and developments.

We continue to provide positive/improved outcomes to the people we support who have been affected by trauma, loss and personal crisis. We help these individuals manage and understand the effects of significant change, loss and grief through our support programmes to enable them to identify ways to take control over their lives and build resilience. We provide support and encourage them to improve life skills by discussion, reflection and techniques and identify their own needs and consider a range of solutions to make positive changes in their lives. By raising their self-esteem and increasing their confidence and motivation this leads them to improve their life chances to interact with social and other networks. They are more able to deal with many related issues such as the legal system and former areas of concern which they can process over the short, medium and longer term. Building their resilience helps relieve the loneliness and isolation of those affected by the trauma of being a victim of crime

The Manda Centre works in partnership with other organisations and charities by the sharing of referrals, sharing information, signposting, and liaising to ensure the people we support are aware of other support services available to them. We forward appropriate referrals to relevant organisations which also helps raise awareness of the Manda Centre and highlights the level of our support services.

#### **Financial Position**

The statement of financial activities shows a net inflow of £52,870. A full detailed report of the income and expenditure is available in the notes.

The Board of Trustees is satisfied with the performance of the Trust during the year and considers that the Trust is in a strong position to continue its activities during the coming year and that the Trust's assets are adequate to fulfil its obligations.

## TRUSTEE'S REPORT (CONTINUED)

#### Reserves policy and going concern

The Trustees consider the level of reserves to be adequate. We have a 3-year Grant Award from Big Lottery and we have a close working partnership with the Scottish Government Victims Group for match funding on an annual basis.

The Trustees are confident that we will continue to implement plans with both funders and additional sources of funding to secure the ongoing future and development of the Charity.

#### **GOVERNANCE AND MANAGEMENT**

#### **Recruitment and Appointment of Trustees**

During the period we recruited one new paid staff member, a Project Coordinator to add to our existing team of an Administrator and a part time Outreach development worker.

#### **Induction and Training of New Trustees**

We have a full application process for Volunteers, Sessional Practitioners and Management Committee/Trustees. Everyone completes an application form, provides two references and meets for an interview with the existing Board of Management/Trustees.

Everyone requires a full Enhanced Disclosure and /or PVG Scheme Membership before they can work or volunteer with the Manda Centre

We provide a full Induction and provide relevant training courses which are delivered in-house and based on Psychotherapeutic Interventions that include the legal processes involved with murder, culpable homicide and suicide, introducing any changes to legislation and the criminal justice process.

#### Pay policy for Senior Staff

We currently employ three members of staff, a Project Coordinator an Administrator and a Part-Time Outreach Development Worker. The funding for these posts is from the Grant Award from Scottish Government and all remuneration is in agreement within their agreed salary structure.

Salary reviews are carried out on an annual basis and in consultation with our Board Members and our Funders, who allocate the funds.

#### **Related Parties**

The charity does not have any formal relationships with any other charitable, commercial or other organisation but receives funding from various sources, for the operation of the charity's activities.

During the period Kate Duffy received £17,245 (2021: £16,335) in payment for services as a self-employed practitioner to the charity.

#### **Partnerships and Collaboration**

The Manda Centre has close partnerships and collaborates with several voluntary and statutory agencies that provide complementary services and where possible we align the services provided for the benefit of our service users. We also participate in several support, community, and strategy groups predominately across Lanarkshire.

#### **Risk Management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### TRUSTEE'S REPORT (CONTINUED)

#### **Covid 19 Support During Lockdown**

Due to the Covid-19 Pandemic and the ongoing situation we amended our support network from Face-to-Face Counselling and Support and Therapies to Telephone and Support and Remote Therapies. This proved to be a positive benefit to the people we support.

To improve the quality of our support, we expanded the remote support to include Peer Support using a mixture of video conferencing via Zoom. MS Teams and Duo.

This has allowed us to have a form of "Face to Face" support and to also continue with our Peer Support Groups: SafeTime and Freedom Programme.

We were committed to our staff, management, volunteers, board members and all the people we support during this difficult period and we had:

- Implemented change and reconfigured how and where our service is delivered.
- Altered rather than reduced our service while operating more remotely.
- Provided a continuity of service.
- Taken direct positive action to reduce isolation, promote community spirit and belonging.

This allows the Manda Centre to provide as close to our normal level of support as possible.

We developed a clear roadmap to move out of Lockdown to ensure we had the necessary preparations to welcome the people we support back to the Centre for face-to-face support when applicable. We have established a phased and well-planned Rota to ensure keep all staff, practitioners and the people we support are kept safe.

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#### Trustee's responsibility for the financial statements

The charity trustees (who are also the directors of The Manda Centre for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

## TRUSTEE'S REPORT (CONTINUED)

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions

#### **Approval**

This report was approved by the board of directors and trustees on 8th August 2022 and signed on its behalf by.

Trustee

Joe Duffy

#### YEAR ENDED 31 MARCH 2022

#### INDEPENDENT EXAMINERS REPORT TO THE MEMBERS OF THE MANDA CENTRE

I report on the accounts of the charity for the year ended 31st March 2022 which are set out on pages 13 to 23.

#### RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

#### BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

#### INDEPENDENT EXAMINER'S STATEMENT

In the course of my examination, no matter has come to my attention:

- 1. Which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
  - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations have not been met, or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Ken/Tait Ken Tait & Co.

Chartered Accountants

16 Haddow Street

Hamilton ML3 7HX

THE MANDA CENTRE STATEMENT OF FINANCIAL ACTIVITIES YEAR ENDED 31<sup>ST</sup> MARCH 2022

	Notes	Unrestricted Fund	Restricted Fund	2022	2021
Incoming Resources		£'s	£'s	£'s	£'s
Donations	2	5,933	0	5,933	7,669
Fundraising	_ 3,	6,278	0	6,278	4,216
Grants	4	0	187,390	187,390	127,680
Training	5	0	0	0	0
Total Incoming Resources	-	12,211	187,390	199,601	139,475
Resources Expended					
Charitable Expenditure Support Costs	7 8	0 0	113,189 33,542	113,189 33,542	96,921 27,100
Total Resources Expended	-	0	146,731	146,731	124,021
Net Incoming/ (outgoing) Resources		12,211	40,659	52,870	15,454
Total Funds Brought Forward		(1,403)	18,645	17,242	1,788
Total Funds Carried Forward	16	10,808	59,304	70,112	17,242

The statement of financial activities includes all gains and losses recognized in the year. All income and expenditure derive from continuing activities. The notes on pages 17 to 23 form part of these accounts.

# THE MANDA CENTRE STATEMENT OF CASHFLOW YEAR ENDED 31<sup>ST</sup> MARCH 2022

	Notes	2022	2021
Cash flows from operating activities:		£'s	£'s
Net cash flows used in operating activities		48,113	12,160
Cashflows from Investing activities:			· · · · ·
Purchase of fixed assets		(617)	(3,408)
Change in cash and cash equivalents	_	47,496	8,752
Cash and cash equivalents at the start of the year		22,170	13,418
Cash and cash equivalents at the year end	-	69,666	22,170
Reconciliation of net Income to net cashflow from operating activities			
Net Incoming/(Expenditure) per SOFA		52,870	15,454
Adjustments for:			
Depreciation		1,522	1,317
Increase/(Decrease) in Creditors		(7,136)	(4,611)
(Increase)/Decrease in Debtors		857	0
Net cash used in operating activities	_	48,113	12,160

THE MANDA CENTRE

## **BALANCE SHEET (CONTINUED)**

# YEAR ENDED 31<sup>ST</sup> MARCH 2022

	Notes	Unrestricted Fund	Restricted Fund	2022	2021
Fixed Assets		£'s	£'s	£'s	£'s
Tangible Fixed Assets	9	0	1,547	1,547	2,452
Current Assets					
Debtors Prepayments Bank & Cash on hand	10 -	0 857 11,909 <b>12,766</b>	0 0 57,757 <b>59,304</b>	0 857 69,666 <b>72,070</b>	0 0 22,170 <b>24,622</b>
Creditors: amounts falling due within one year	-	12,700	55,504	72,070	24,622
Creditors	11	728	0	. 728	1,031
	<del>-</del>	728	0	728	1,031
Total Assets less current Liabilities	-	12,038	59,304	71,342	23,591
Creditors: amounts falling due after one year					
Creditor	12	1,230	0	1,230	6,349
		1,230	0	1,230	6,349
Net Assets/Liabilities	-	10,808	59,304	70,112	17,242
Funds of the Charity	_	10,808	59,304	70,112	17,242

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

# **BALANCE SHEET**

#### YEAR ENDED 31st MARCH 2022

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 8th August 2022 and were signed on its behalf by:

Trustee

#### **NOTES TO THE ACCOUNTS**

#### YEAR ENDED 31<sup>ST</sup> MARCH 2022

#### 1. Accounting Policies

#### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The Accounts been prepared in accordance with the requirements of the The Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006,

#### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - straight line over 3 years

#### **Taxation**

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the Trust and is, therefore, included in the relevant costs in the Statement of Financial Activities.

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

THE MANDA CENTRE

# NOTES TO THE ACCOUNTS (CONTINUED)

# YEAR ENDED 31ST MARCH 2022

2	Donations			•	
		Unrestricted Fund	Restricted Fund	2022	2021
		£'s	£'s	£'s	£'s
		0.500	•	0.500	0
	E Hamilton	2,500	0	2,500	0
	Affinity Flying	500	0	500	0 1.705
	Donations	1,194	0	1,194	1,765
	Collection Tins	1,219	0	1,219	215
	Coop Funeralcare	0	0	0	2,674
	Hunter Foundation	0	0	0	0
	Catherine Gait	0	0	0	1,000
	Barbara Spicer	250	0	250	0
	Autoparts/Dingbro Ltd	0	0	0	1,250
	Earnock Glen	0	0	0	360
	Locke Devine	200	0	200	200
	J Halliday	70	0	70	205
		5,933	0	5,933	7,669
3	Fundraising				
	· unununung	Unrestricted	Restricted	2022	2021
		Fund	Fund		
		£'s	£'s	£'s	£'s
	Kilt Walk	4,260	0	4,260	280
	Clarkston Choir	0	0	. 0	0
	Christmas Fayre	0	0	0	0
	Just Giving	1,792	0	1,792	3,546
	Psychic Night	0	0	. 0	. 0
	Football Card	Ō	Ō	. 0	300
	Open Night Raffle	226	0	226	0
	Hampers Raffle/Tablet Sales	0	0	0	0
		6,278	0	6,278	4,126

# NOTES TO THE ACCOUNTS (CONTINUED)

# YEAR ENDED 31<sup>ST</sup> MARCH 2022

4	Grant

	Grant	Unrestricted Fund	Restricted Fund	2022	2021
		£'s	£'s	£'s	£'s
	Big Lottery	0	41,051	41,051	48,941
	South Lanarkshire Council	0	. 0	. 0	450
	Foundation Scotland	0	0	0	4,556
	Natwest Circle Safelives Funds	0	0	0	2,500
	Arnold Clark Trust	0	1,000	1,000	0
	PAMIS	0	3,975	3,975	0
	Voluntary Action Group	0	9,899	9,899	0
	Scottish Government	0	131,465	131,465	71,233
		0	187,390	187,390	127,680
5	Training & Workshops				
		Unrestricted	Restricted	2022	2021
		Fund	Fund		
		£'s	£'s	£'s	£'s
	Training	0	0	0	0
		0	0	0	0
6	Analysis of Staff Costs and Staff N	lumbers			
		Unrestricted Fund	Restricted Fund	2022	2021
		Unrestricted Fund £'s	Restricted Fund £'s	2022 £'s	2021 £'s
	Wages	Fund	Fund		
	Wages Social Security	Fund £'s	Fund £'s	£'s	£'s
	Wages Social Security Pension	Fund £'s	Fund £'s 37,824	<b>£'s</b> 37,824	£'s
	Social Security	Fund £'s 0 0	Fund £'s 37,824 0	<b>£'s</b> 37,824 0	<b>£</b> 24,7

# NOTES TO THE ACCOUNTS (CONTINUED)

# YEAR ENDED 31<sup>ST</sup> MARCH 2022

# 7 Charitable Expenditure

	Unrestricted Fund	Restricted Fund	2022	2021
	£'s	£'s	£'s	£'s
Sessional Counsellors & Therapists	0	69,604	69,604	66,347
Utility Payments	0	900	900	3,800
Victim Surcharge Payments	. 0	2,444	2,444	0
Circle Fund Payments	0	1,425	1,425	0
Wages	0	37,824	37,824	24,702
Pensions	0	945	945	551
PPE	0	47	47	1,521
·	0	113,189	113,189	96,921

# 8 Support Costs

	Unrestricted Fund	Restricted Fund	2022	2021
	£'s	£'s	£'s	£'s
Rent	0	19,425	19,425	15,000
Printing, Postage & stationery	0	2,680	2,680	1,610
IT	0	2,747	2,747	2,046
Repairs	0	382	382	882
Accountancy	0	1,617	1,617	1,909
Telephone	0	1,512	1,512	1,412
Travel	0	2,464	2,464	60
Misc.	0	690	690	650
Insurance	0	502	502	529
Training	0	0	0	1,674
Heat & Light	0	0	0	0
Fines & Penalties	0	1	1	11
Depreciation	0	1,522	1,522	1,317
	0	33,542	33,542	21,258

10

11

**Smart Pensions** 

# NOTES TO THE ACCOUNTS (CONTINUED)

# YEAR ENDED 31<sup>ST</sup> MARCH 2022

# **Tangible Fixed Assets**

	Office Equipment	Vehicles	Fixtures & Fittings	Total
Cost	£'s	£'s	£'s	£'s
At 01/04/21	5,234	0	0	5,234
Additions	616	0	0	616
Disposals	0	0	0	0
	5,850	0	0	5,850
Depreciation				
At 01/04/21	2,781	0	0	2,781
Charge in year	1,522	0	0	1,522
Disposals	0	0	0	0
	4,303	0	0	4,303
Net Book value 31/03/22	1,547	0	0	1,547
Net Book value 31/03/21	2,452	0	0	2,452
Bank and Cash			2022	2021
			£'s	£'s
Main Bank Account		67	7,857	21,898
Savings Account			,730	232
Cash			79	40
	<del></del>	69	,666	22,170
Creditors: Amounts Falling Due	Within One Year		2022	2021
			£'s	£'s
Accrual			860	800
PAYE			(370)	118

113

1,031

237

727

## NOTES TO THE ACCOUNTS (CONTINUED)

## YEAR ENDED 31ST MARCH 2022

# 12 Creditors: Amounts Falling Due After One Year

	2022	2021
•	£'s	£'s
Amounts owed to J Duffy for setup	1,230	6,349
	1,230	6,349

## 13 Transactions with Trustees

As at 31st March 2022 the charity owed Mr. J Duffy, trustee, the sum of £1,229.53 (2017: £6,537.73, 2018: £5,873.52, 2019: £9,273.52, 2020: £9,833.52, 2021: £6,348.53)

	2022	2022
	£'s	£'s
Amounts owed to J Duffy for setup	1,230	6,349
	1,230	6,349

## 14 Related Party Transactions

The Charity uses the services of Mrs Kate Duffy. During the year the sum of £17,245 was paid for services provided.

# 15 Going Concern

The trustees are of the opinion that with future support and planned fundraising, the charity will continue as a going concern.

## 16 Statement of Funds

•	At 1 <sup>st</sup> April 2021	Income	Expenditure	At 31 <sup>st</sup> March 2022
	£'s	£'s	£'s	£'s
Unrestricted Funds	(1,403)	12,211	0	10,808
Restricted Funds	18,645	187,390	(146,731)	59,304
Total Funds	17,242	199,601	(146,731)	70,112

# NOTES TO THE ACCOUNTS (CONTINUED)

# YEAR ENDED 31<sup>ST</sup> MARCH 2022

# 17 Analysis of Restricted Funds

·	At 1 <sup>st</sup> April 2021	Income	Expenditure	At 31 <sup>st</sup> March 2022
	£'s	£'s	£'s	£'s
		•		
Big Lottery Fund	2,230	41,051	(38,769)	4,512
PAMIS	0	3,975	(6,355)	(2,380)
Voluntary Action Group	0	9,899	Ó	9,899
Fund				
Arnold Clark Trust	0	1,000	0	1,000
Natwest Circle Savelives Fund	2,500	0	(1,425)	1,075
Scottish Government	13,915	131,465	(100,182)	45,198
Total Funds	18,645	187,390	(146,731)	59,304

The Big Lottery payments are made quarterly and the remaining balance will be carried forward to the next accounting period.

The Scottish Government funds are for salaries and practitioner payments and these were payable in the next accounting period.