

Company Registration No. SC399779 (Scotland)

AMANDA HAMILTON WEIGHT LOSS LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 DECEMBER 2013

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26/09/2014

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COMPANIES HOUSE

AMANDA HAMILTON WEIGHT LOSS LIMITED

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AMANDA HAMILTON WEIGHT LOSS LIMITED

ABBREVIATED BALANCE SHEET

AS AT 30 DECEMBER 2013

| Notes | 2013 £ | £ | 2012 £ | £ |
|--|-----------------|------------------|-----------------|------------------|
| Current assets | | | | |
| Debtors | 7,560 | | 9,900 | |
| Cash at bank and in hand | 291 | | 2,761 | |
| | <u>7,851</u> | | <u>12,661</u> | |
| Creditors: amounts falling due within one year | <u>(10,206)</u> | | <u>(35,647)</u> | |
| Total assets less current liabilities | | (2,355) | | (22,986) |
| Creditors: amounts falling due after more than one year | | (6,000) | | - |
| | | <u>(8,355)</u> | | <u>(22,986)</u> |
| Capital and reserves | | | | |
| Called up share capital | 2 | 1,000 | | 1,000 |
| Share premium account | | 99,549 | | 99,549 |
| Profit and loss account | | <u>(108,904)</u> | | <u>(123,535)</u> |
| Shareholders' deficit | | <u>(8,355)</u> | | <u>(22,986)</u> |

For the financial year ended 30 December 2013 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These abbreviated financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Board for issue on 26.9.14



Amanda Hamilton
Director

Company Registration No. SC399779

AMANDA HAMILTON WEIGHT LOSS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 30 DECEMBER 2013

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The company has net liabilities of £8,355. The directors consider it appropriate to prepare the accounts on the going concern basis. In coming to this conclusion the directors have confirmed they will support the company for at least twelve months from the date of approval of these accounts.

1.2 Turnover

Turnover represents amounts receivable for diet and nutrition advice net of VAT and trade discounts.

1.3 Government grants

Grants are credited to deferred revenue. Grants towards capital expenditure are released to the profit and loss account over the expected useful life of the assets. Grants towards revenue expenditure are released to the profit and loss account as the related expenditure is incurred.

2 Share capital

| | 2013 £ | 2012 £ |
|------------------------------------|--------------|--------------|
| Allotted, called up and fully paid | | |
| 1,000 Ordinary shares of £1 each | <u>1,000</u> | <u>1,000</u> |

3 Related party relationships and transactions

Loans to directors

Transactions in relation to loans with directors during the year are outlined in the table below:

| Description | % Rate | Opening Balance £ | Amounts Advanced £ | Interest Charged £ | Amounts Repaid £ | Closing Balance £ |
|-----------------|-----------|-------------------------|--------------------------|--------------------------|------------------------|-------------------------|
| Amanda Hamilton | - | 7,560 | - | - | - | 7,560 |
| | | <u>7,560</u> | <u>-</u> | <u>-</u> | <u>-</u> | <u>7,560</u> |