SH01

Return of allotment of shares



You can use the WebFiling service to file this form online.

Please go to www.companieshouse.gov.uk

✓ What this form is for You may use this form to give notice of shares allotted following incorporation. X What this form is NOT for

You cannot use this form to g notice of shares taken by sub on formation of the company of for an allotment of a new clas shares by an unlimited compa



CT 08/

08/06/2012 COMPANIES HOUSE #348

1	Company details			
Company number	S C 3 9 9 7 7 9			
Company name in full	Amanda Hamilton Weight Loss Limited			

> Filling in this form
Please complete in typescript or in bold black capitals.

All fields are mandatory unless specified or indicated by *

2	Allotment dates •							
From Date	^d 0	^d 5	m _O	^m 7	^y 2	y 0	y 1	^y 1
To Date	⁴ 0	^d 6	™O	^m 7	y ₂ _	ў <u>О</u>	y 1	^y 1

Allotment date
 If all shares were allotted on the same day enter that date in the

'from date' box. If shares were allotted over a period of time, complete both 'from date' and 'to date' boxes.

3 Shares allotted

Please give details of the shares allotted, including bonus shares. (Please use a continuation page if necessary.)

Currency If currency details are not completed we will assume currency is in pound sterling.

Class of shares (E.g. Ordinary/Preference etc.)	Currency 2	Number of shares allotted	Nominal value of each share	Amount paid (including share premium) on each share	Amount (if any) unpaid (including share premium) on each share
Ordinary	GBP	549	1.00	1.00	0.00
Ordinary	GBP	450	1.00	222.22	0.00

If the allotted shares are fully or partly paid up otherwise than in cash, please state the consideration for which the shares were allotted.

Continuation page
Please use a continuation page if necessary.

Details of non-cash consideration.

If a PLC, please attach valuation report (if appropriate)

The 549 Ordinary Shares were paid up in consideration of the subscriber providing the Company with the use of certain intellectual property rights and/or procuring that Amanda Ann Hamilton provides the Company with such usage, all in accordance with an agreement dated 4 and 6 July 2011.

	SH01 Return of allotmen	t of shares					
	Statement of capi	tal		. <u> </u>	<u> </u>		
		tion 5 and Section 6, if apital at the date of this r		ect the			
4	Statement of capi	tal (Share capital in p	ound sterling (£))				
		ach class of shares held ection 4 and then go to		our			
Class of shares (E.g. Ordinary/Preference e	tc.)	Amount paid up on each share Amount (if any) unpaid on each share Number of shares Amount (if any) unpaid on each share		Aggrega	Aggregate nominal value 3		
Ordinary		1.00	0.00	550 £		£	550.00
Ordinary		222.22	0.00		450	£	450.00
						£	
						£	
			Totals		1000	£	1,000.00
5	Statement of capi	tal (Share capital in c	ther currencies)				
Please complete the t Please complete a se Currency		ny class of shares held in currency.	other currencies.				
Class of shares	<u> </u>	Amount paid up on	Amount (if any) unpaid	Number of share	es 2	Aggrega	te nominal value €
(E.g. Ordinary / Preference	etc.)	each share ①	on each share 0				
			Totals				
					_		
Currency		-					
Class of shares (E.g. Ordinary/Preference e	etc.)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shares 2		Aggrega	te nominal value
· · · · · · · · · · · · · · · · · · ·							
			Totals			<u> </u>	
6	Statement of cap	ital (Totals)					
	Please give the total number of shares and total aggregate nominal value of issued share capital. 4 Total aggregate nominal value of Please list total aggregate value different currencies separately. F				ggregate values in		
Total number of shares							€100 + \$10 etc.
Total aggregate nominal value 4							
Including both the nominal share premium.Total number of issued		E.g. Number of shares is nominal value of each sh	are. Ple	ntinuation Pages ase use a Statem ge if necessary.		al continu	ation
					CHEDOSE		

SH01

Return of allotment of shares

7	Statement of capital (Prescribed particulars of rights attached to shares)			
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Section 4 and Section 5 .	Prescribed particulars of rights attached to shares The particulars are:			
Class of share	Ordinary	a particulars of any voting rights, including rights that arise only in			
Prescribed particulars	All Ordinary Shares: (a) Carry a right to vote at general meetings of the Company (b) Carry a right to participate in any distribution or dividend in the Company (c) Carry a right as respects capital to participate in any distribution in the Company	certain circumstances; b particulars of any rights, as respects dividends, to participate in a distribution; c particulars of any rights, as respects capital, to participate in a distribution (including on winding up); and d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder and any terms or conditions relating to redemption of these shares.			
Class of share		A separate table must be used for each class of share.			
Prescribed particulars		Continuation page Please use a Statement of Capital continuation page if necessary.			
Class of share					
Prescribed particulars					
8	Signature				
Signature	I am signing this form on behalf of the company. Signature X This form may be signed by: Director ②, Secretary, Person authorised ③, Administrator, Administrative receiver, Receiver, Receiver, Receiver manager, CIC manager.	Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership. Person authorised Under either section 270 or 274 of the Companies Act 2006.			

SH01

Return of allotment of shares

Important information				
Please note that all information on this form will appear on the public record.				
☑ Where to send				
You may return this form to any Companies House				
address, however for expediency we advise you return it to the appropriate address below:				
For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.				
For companies registered in Scotland: The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2,				
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post). For companies registered in Northern Ireland:				
Further information				
For further information please see the guidance note				
on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk				
This form is available in an				
alternative format. Please visit the				
forms page on the website at				
www.companieshouse.gov.uk				