

# AM01 (Scot)

## Notice of administrator's appointment



Companies House

For further information, please  
refer to our guidance at  
[www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

### 1 Company details

Company number **S C 3 8 9 9 5 8**

Company name in full **Physiomedics Limited**

#### → Filling in this form

Please complete in typescript or in  
bold black capitals.

### 2 Court details

Court name **Court of Session**

Court number **P 3 8 4 / 2 3**

### 3 Administrator's name

Full forename(s) **Claire Louise**

Surname **Middlebrook**

### 4 Administrator's address

Building name/number **One Lochrin Square**

Street **92 Fountainbridge**

Post town **Edinburgh**

County/Region

Postcode **E H 3 9 Q A**

Country **Scotland**

### 5 Administrator's email address or telephone number <sup>①</sup>

Email address **cmiddlebrook@middlebrooksadvice.com**

Telephone number **0131 297 7899**


<sup>①</sup> You must give an email address or  
telephone number. All information  
on this form will appear on the  
public record.

### 6 Insolvency practitioner number

Insolvency practitioner  
number **9 6 5 0**

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<b>7</b>	<b>Administrator's name ①</b>		
Full forename(s)	Scott Graham		<b>① Other administrator</b> Use this section to tell us about another administrator.
Surname	Bastick		
<b>8</b>	<b>Administrator's address ②</b>		
Building name/number	One Lochrin Square		<b>② Other administrator</b> Use this section to tell us about another administrator.
Street	92 Fountainbridge		
Post town	Edinburgh		
County/Region			
Postcode	E H 3 9 Q A		
Country	Scotland		
<b>9</b>	<b>Administrator's email address or telephone number ③</b>		
Email address	sbastick@middlebrookssadvice.com		<b>④ You must give an email address or telephone number. All information on this form will appear on the public record.</b>
Telephone number	0131 297 7899		
<b>10</b>	<b>Insolvency practitioner number</b>		
Insolvency practitioner number	1 3 9 3 0		
<b>11</b>	<b>Statement of appointment</b>		
	I confirm the appointment of the administrator(s) on		
Date	0 9 0 5 2 0 2 3		
<b>12</b>	<b>Name of person, body or court appointing administrator</b>		
Person, body or court name	The directors of the Company		
<b>13</b>	<b>Sign and date</b>		
Administrator's signature	Signature 		
Signature date	0 9 0 5 2 0 2 3		

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### Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	Katie McLachlan
Company name	Middlebrooks Business Recovery and Advice
Address	One Lochrin Square 92 Fountainbridge
Post town	Edinburgh
County/Region	
Postcode	E H 3 9 Q A
Country	Scotland
DX	
Telephone	0131 297 7899



### Checklist

**We may return forms completed incorrectly or with information missing.**

**Please make sure you have remembered the following:**

- ☐ The company name and number match the information held on the public Register.
- ☐ You have signed and dated the form.



### Important information

**All information on this form will appear on the public record.**



### Where to send

**You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:**

The Registrar of Companies, Companies House,  
Fourth floor, Edinburgh Quay 2,  
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF.  
DX ED235 Edinburgh.



### Further information

For further information please see the guidance notes on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

**This form is available in an alternative format. Please visit the forms page on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)**



Rule 3.25, IR 2018  
Paragraphs 22 and 29 of Schedule  
B1

## Notice of appointment of an administrator by the directors of a company (where a notice of intention to appoint has not been given) <sup>(a)</sup>

<sup>(a)</sup> Amend heading as applicable  
(Rule 3.25(1).)

<sup>(aa)</sup> This notice is prepared for a  
company incorporated within  
Scotland under the Companies Act  
2006 or a previous Companies  
Act. If the company is  
incorporated outside the UK or is  
an unregistered company refer to  
Rule 1.7 for identification  
requirements. (Rule 1.7)

Name of Company Physlomedics Limited	<sup>(aa)</sup> Company number SC389958
In the Court of Session  [full name of court]	For court use only Court case number P384/23

<sup>(aaa)</sup> (Rule 1.26)

<sup>(aaa)</sup> This notice of appointment is given in accordance with the requirements of Rule 3.25 of the Insolvency (Scotland) (Company Voluntary Arrangements and Administration) Rules 2018 (IR 2018) and paragraphs 22 and 29 of Schedule B1 to the Insolvency Act 1986 (respectively, Schedule B1 and IA 1986). References in this notice of appointment to rules and sections are, unless expressly provided otherwise, respectively references to rules of the IR 2018, and to sections of the IA 1986.

<sup>(b)</sup> Select applicable appointer  
(Rule 3.25(2)(a))

<sup>(c)</sup> Insert names and addresses of  
person(s) appointed as  
administrator(s). (Rule 3.25(2)(b))

<sup>(d)</sup> Amend as applicable (rule  
3.25(2)(c)) and paragraph 29(3) of  
Schedule B1

<sup>(e)</sup> (Rule 3.25(2)(d))

<sup>(f)</sup> (Rule 3.25(2)(e))

<sup>(fa)</sup> (Rule 3.25(2)(ea))

<sup>(fb)</sup> (Rule 3.25(2)(f))

<sup>(fc)</sup> (Rule 3.25(2)(g).)

1. <sup>(b)</sup> The directors of the company (the appointer) hereby appoint the following named person(s) as administrator(s) of the company: <sup>(c)</sup> Claire Louise Middlebrook and Scott Bastick, both of Middlebrooks Business Recovery & Advice Limited, One Lochrin Square, 92 Fountainbridge, Edinburgh, EH3 9QA.

2. <sup>(d)</sup> Copies of the administrators' consents to act accompany this notice.

3. <sup>(e)</sup> The appointer is entitled to make an appointment under paragraph 22 of Schedule B1.

4. <sup>(f)</sup> This appointment is in accordance with Schedule B1.

5. <sup>(fa)</sup> There is not a moratorium in force for the company under Part A1 of the IA 1986.

6. <sup>(fb)</sup> The company has not within the preceding 12 months been in administration.

7. <sup>(fc)</sup> In relation to the company there is no:

(i) petition for winding up which has been presented but not yet disposed of;

(ii) administration application which has not yet been disposed of; or

(iii) administrative receiver in office.

7. The company <sup>(g)</sup> is not an Article 1.2 undertaking (as defined in Rule 1.2).

8. The proceedings flowing from the appointment will be <sup>(h)</sup> COMI proceedings and the reasons for so stating are as follows:

<sup>(i)</sup> Administration is an "insolvency proceeding" in Scotland to which Article 2(4) of the EU Regulation (as it has effect in the law of the United Kingdom) applies, and the company does not fall within any of the excepted categories in Article 1.2 of the EU Regulation (as it has effect in the law of the United Kingdom). The company is registered in Scotland and it is considered that it has its centre of main interests in the United Kingdom.

9. This notice is accompanied by <sup>(j)</sup> a record of the decision of the directors to appoint an administrator.

<sup>(g)</sup> Delete as applicable. An Article 1.2 undertaking is, broadly, one of the following: <sup>(a)</sup> an insurance undertaking; <sup>(b)</sup> a credit institution; <sup>(c)</sup> an investment undertaking providing services involving the holding of funds or securities for third parties; or <sup>(d)</sup> a collective investment undertaking (Rules 3.25(2)(h) and 1.2)

<sup>(h)</sup> Delete as applicable to state  
Delete as applicable: the wording  
used will depend on the facts and  
on whether the changes to the IR  
2018 made by the Insolvency  
(Amendment) (EU Exit)  
Regulations 2019 apply. (Rule  
3.25(1)(i).)

<sup>(i)</sup> Insert reasons for the  
statement. (Rules 3.25(2)(i) and  
1.8)

<sup>(j)/(j)</sup> Select applicable paragraph  
and delete other. (Rule 3.25(2)(j))

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(k)/Amend as applicable and  
(kk) Insert time and date of  
appointment. (Rule 3.25(2)(k))

(l) Where there are two or more  
administrators appointed the  
notice is required to include a  
paragraph 100(2) Schedule B1  
statement which should be  
amended as applicable. (Rule  
3.25(3)) Prior to IR 2018 this  
statement was a separate  
document.

(m) Insert name of appointer or  
person making the declaration  
on behalf of the appointer (and  
in that case indicate capacity in  
which the statement is made  
e.g. solicitor, director). (Rule  
3.25(4)) and paragraphs 29(2)  
and (6) of Schedule B1

(n) Paragraphs 29(2) and 30  
Schedule B1 and rules 3.25(2)(f)  
and (g)

10. The (k) administrators' appointment is made with effect from the date and time stated in the endorsement completed by the court below.

11. (l) For the purposes of paragraph 100(2) of Schedule B1 the administrators may exercise any of the powers conferred on them by the IA 1986 jointly or individually.

12. I (m) Kirsten Lord, c/o Physiomedics Limited, 16 Ravelston House Park, Edinburgh, Scotland, EH4 3LU, director of the company

do solemnly and sincerely declare that

(i) the company is or is likely to become unable to pay its debts

(ii) the company is not in liquidation, and

(iii) the statements in (n) paragraphs 6 and 7 are, so far as I am able to ascertain, true,

and the statements made and information given in this notice of appointment are to the best of my knowledge and belief, true,

**AND I make this solemn declaration conscientiously believing the same to be true and by virtue of the provisions of the Statutory Declarations Act 1835.**

Declared at Edinburgh

Signed Kirsten Lord

This 9<sup>th</sup> day of May 2023

before me LORNA FORBES WILLIAMS

A Notary Public or Justice of the Peace or duly authorised officer.

This statutory declaration was made via Microsoft Teams video call. I, LORNA FORBES WILLIAMS, SOLICITOR AND NOTARY PUBLIC OF FULTON, 9TH FLOOR, 41 WEST CAMPBELL STREET, GLASGOW G2 6SE

confirm that: (i) I was located at an address in GLASGOW during the video conference; (ii) I was able to see and hear the appointer via video conference when they were signing this declaration; (iii) there were no technological issues with the video conference; and (iv) I have signed a scanned copy of the original document signed by the appointer in wet ink.

(o) Court to insert date and  
time

Endorsement to be completed by the court

This notice was filed (o)

9/5/23 16:14 M. O'Donoghue

