

Free Wheel North
Report and Financial Statements
for the period ended 30 June 2009

Charity number: SC039789
Company number: SC344339

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Free Wheel North

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Free Wheel North

Legal and Administrative Information

Charity name	Free Wheel North	
Charity registration number	SC039789	
Company registration number	SC344339	
Directors	Norman Armstrong Joseph Connelly Ian Couchman	Appointed 29 January 2010
Principal office and Registered office	3/1 4 Braeside Street Glasgow G20 6QT	
Independent examiner	Alan Cunningham, C.A. Alexander Sloan Chartered Accountants 38 Cadogan Street Glasgow G2 7HF	
Website	www.freewheelnorth.org.uk	

Free Wheel North

Directors' Annual Report for the period ended 30 June 2009

The Directors present their report and the financial statements of the charity for the period ended 30 June 2009.

Directors

The Directors of the charitable company are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Directors.

The Directors serving during the period and since the period end are detailed on page 1.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Free Wheel North, ("the charity") was incorporated on 13 June 2008 as a company limited by guarantee, (No. SC344339), governed by its Memorandum and Articles of Association and is a Scottish Charity (No. SC039789).

Appointment of Directors

New Directors are appointed by invitation to the Board.

OBJECTIVES AND ACTIVITIES

The charitable objectives are as follows

- a) The advancement of health, mental and physical.
- b) The advancement of citizenship and community development, by encouraging volunteering, community engagement and regeneration through physical, social and economic infrastructure improvements.
- c) The provision of recreational facilities and activities with the object of improving the conditions of life for members of the public at large, but with a special emphasis on persons who have need of them through disability.
- d) Promotion of equality and diversity through campaigning on behalf of disabled people for better access to the outdoor environment.

The charity's principal activities are cycling projects either facilitating and running cycling activity, or advisory, working with local authorities, the NHS and cycling organisations to bring about changes that improve walking and cycling infrastructure.

Free Wheel North

Directors' Annual Report for the period ended 30 June 2009

ACHIEVEMENTS AND PERFORMANCE

The charity emerged out of a campaign to improve disabled access along the towpath of the Forth and Clyde Canal. After almost a decade of talks with British Waterways, the access improvements came about during 2008 making it now possible for wheel chairs, cycle trailers, tandems, trailers and buggies to access the path. These access improvements are now the template for the charity's campaigning work. This aspect of the charity's activities are focused through bodies with similar aims, that is, the Glasgow Access Panel and the Smarter Choices Smarter Places projects in both Glasgow and Kirkintilloch. The charity acts in an advisory capacity to both projects, the purpose of which is to get people into more active forms of travel, principally cycling. Infrastructure changes and outreach projects are the means.

Working with a community group in Easterhouse called Phoenix, the charity launched in June 2009, its led rides programme. Groups of youngsters from the estates were taken on cycle rides through the city, some of whom had never been to the West End before. The project moved into schools and groups of children were taken on rides along the Clyde supported by teachers and community police officers. The charity volunteer ride leaders were fully trained by British Cycling as part of the Skyride programme. The led rides programme is to be further developed during 2010. A parallel ride programme for disabled cyclists is to be launched in 2010.

Funding and other support

Support from Glasgow City Council came in August 2008 in the form of a rent free unit in the East end of the city under a scheme to regenerate that area in the run up to the Commonwealth games in 2014.

In October 2008 the charity was granted £10,000 through an NHS endowment fund that came through a working relationship with a resource centre in Lenzie. The charity has presented proposals there attended by local charities and the local Community Health Partnerships. In some cases these presentations have attracted a fee for the charity.

In May 2009, the charity was awarded a grant of £9,250 for the programme of led cycle rides with the funding to be divided between a fleet of conventional cycles and special needs bikes. The special needs cycles have still to be purchased pending a promise from Glasgow City Council to accommodate the project on Glasgow Green.

Also in May 2009, the charity added two more industrial units in a working relationship with the NHS's Boomerang project, which provides therapeutic woodworking for people with mental illness. The charity's role is to look at creative synergies between the two projects in return for accommodation at these units. The two Boomerang units are funded to the charity by the NHS ESF project on a continuing basis for £1,250 per month. The charity pays rent to Glasgow City Council out of this fee. A fourth unit is to be added to the charity accommodation in Spring 2010. This will be a base in Easterhouse provided rent-free by the Shandwick shopping centre and will house a unit for cycle maintenance with work opportunities for young people and as a base for cycle rides in the area.

In January 2010, the charity was awarded £5,000 by the Waterloo Foundation to help finance the employment costs of a Cycling Projects Development Work.

Free Wheel North

Directors' Annual Report for the period ended 30 June 2009

The charity is a social enterprise that hopes in the long term to be financially self-sustaining. To this end the charity is developing a pedal powered enterprise programme based on rickshaws. The rickshaws were provided by the directors of the charity and have provided already a modest income stream. During 2010, the intention is to develop this into a serious business proposition engaging partners from the private sector.

The charity's forward strategy is to forge further links with other charities in Glasgow working in similar areas, so as to provide a stronger lever raising the health standards of the city.

FINANCIAL REVIEW

The Statement of Financial Activities on page 7 indicates net incoming resources for the period of £7,952 and accumulated funds of £7,952 at 30 June 2009.

Reserves policy

It is the policy of the charity to maintain Unrestricted Funds (i.e. funds not committed or invested in fixed assets) at a level which equates to approximately three months unrestricted expenditure. Given the infancy of the charity, it has not been possible to satisfy this policy noting that the charity's General Fund (page 7) was deficient by £720 at 30 June 2009. This matter is being addressed by the Directors during the current accounting period. At 30 June 2009, the charity had total funds of £7,592 of which £6,250 related to Restricted Funds.

Free Wheel North

Directors' Annual Report for the period ended 30 June 2009

STATEMENT OF DIRECTORS' RESPONSIBILITIES

The Trustees (who are also directors of Free Wheel North for the purposes of company law) are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

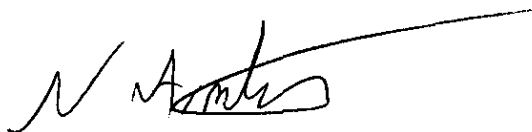
Independent Examiner

Alan Cunningham, C.A., a Partner in Alexander Sloan, Chartered Accountants, was appointed as Independent Examiner and the Directors recommend that Alan Cunningham remains in office as Independent Examiner until further notice.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

This report was approved by the Directors on 19 February 2010 and signed on their behalf by

Norman Armstrong
Director



Free Wheel North

Independent Examiner's Report to the Directors on the Unaudited Financial Statements of Free Wheel North.

I report on the financial statements of Free Wheel North for the period ended 30 June 2009 which comprise the Statement of Financial Activities, the Balance Sheet and the related Notes. These financial statements have been prepared in accordance with the accounting policies set out therein and the requirements of the Financial Reporting Standard for Smaller Entities (effective April 2008).

Respective Responsibilities of Directors and Examiner

The charity's Directors (who are also Trustees of the company for the purpose of company law) are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("2005 Act") and the Charities Accounts (Scotland) Regulations 2006 ("2006 Accounts Regulations"). The charity's Directors consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the financial statements as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeks explanations from the Directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the financial statements.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act, Regulation 4 of the 2006 Accounts Regulations; and

to prepare financial statements which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Alan Cunningham
Partner

Alexander Sloan
Chartered Accountants

38 Cadogan Street
Glasgow
G2 7HF

19 February 2010

Free Wheel North

Statement of Financial Activities
(Incorporating Income and Expenditure Account)

for the period ended 30 June 2009

		Unrestricted		Restricted	Period ended 30/06/09
	Notes	General fund £	Designated fund £	funds £	Total £
Incoming resources					
Incoming resources from generated funds					
Voluntary income	2	4,381	-	-	4,381
Activities for generating funds	3	1,000	-	-	1,000
Investment income	4	10	-	-	10
Incoming resources from charitable activities	5	-	-	19,250	19,250
Total incoming resources		5,391	-	19,250	24,641
Resources expended					
Charitable activities	6	(5,273)	(808)	(10,000)	(16,081)
Governance costs	7	(608)	-	-	(608)
Total resources expended		(5,881)	(808)	(10,000)	(16,689)
Net incoming resources before transfers		(490)	(808)	9,250	7,952
Gross transfers between funds		(230)	3,230	(3,000)	-
Net movement in funds		(720)	2,422	6,250	7,952
Total funds carried forward		(720)	2,422	6,250	7,952

The notes on pages 10 to 16 form an integral part of these financial statements.

Free Wheel North

Balance Sheet as at 30 June 2009

	Notes	30/06/09	
		£	£
Fixed assets			
Tangible assets	11		2,422
Current assets			
Debtors	12	1,082	
Cash at bank and in hand		6,700	
		<u>7,782</u>	
Creditors: amounts falling due within one year	13	<u>(2,252)</u>	
Net current assets			5,530
Net assets			<u>7,952</u>
Funds			
Unrestricted funds			
General Fund	15		(720)
Designated Fund	16		2,422
Restricted funds	17		6,250
			<u>7,952</u>

The Directors' statements required by Sections 475 (2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on pages 10 to 16 form an integral part of these financial statements.

Free Wheel North

Balance Sheet (continued)

**Directors' statements required by Sections 475 (2) and (3)
for the period ended 30 June 2009**

In approving these financial statements as Directors of the company we hereby confirm:

(a) that for the period stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 requesting that an audit be conducted for the period ended 30 June 2009 and

(c) that we acknowledge our responsibilities for:

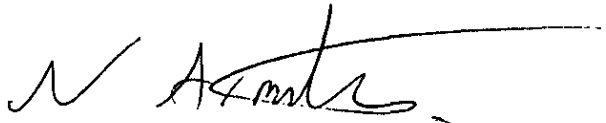
(1) ensuring that the company keeps accounting records which comply with Section 386, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its incoming resources and application of resources, including the income and expenditure, for the period then ended in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board on 19 February 2010 and signed on its behalf by

Norman Armstrong
Director

A handwritten signature in black ink, appearing to read 'N Armstrong', written over a horizontal line.

Registered number: SC344339

The notes on pages 10 to 16 form an integral part of these financial statements.

Free Wheel North

Notes to the Financial Statements for the period ended 30 June 2009

1. Accounting policies

1.1. Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

1.2. Incoming resources

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when the donor specifies that the grant or donation must only be used in future accounting periods, or when the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Gifts in Kind represent the Directors' best estimate of value.

Income from investments is included in the year in which it is receivable.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions is recognised as earned (as the related goods or services are provided). Grant income included in this category provides funding to support performance activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

1.3. Resources expended

Expenditure is recognised on an accruals basis when a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Free Wheel North

Notes to the Financial Statements for the period ended 30 June 2009

1.4. Tangible fixed assets and depreciation

Fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Equipment - 25% reducing balance

2. Voluntary income

	Period ended 30/06/09 £
Donations	2,381
Gifts in Kind	2,000
	<hr/>
	4,381
	<hr/>

Gifts in Kind, as above, represent the estimated hire value of equipment (rickshaws and velotaxi) that is owned by the Directors and made available for the charity's use.

3. Activities for generating funds

	Period ended 30/06/09 £
Rickshaw Hire	1,000
	<hr/>
	1,000
	<hr/>

Free Wheel North

Notes to the Financial Statements for the period ended 30 June 2009

4. Investment income

Period
ended
30/06/09

£

Interest received	10
	<u>10</u>

5. Incoming resources from charitable activities

Period
ended
30/06/09

£

NHS Greater Glasgow & Clyde	10,000
Awards for All	9,250
	<u>19,250</u>

6. Costs of charitable activities

Period
ended
30/06/09
£

Director's remuneration	11,667
Employer's NI contributions	812
Heat and light	132
Advertising	100
Gifts in Kind (equipment hire)	2,000
Repairs and maintenance	360
Payroll costs	202
Depreciation on equipment	808
	<u>16,081</u>

Free Wheel North

Notes to the Financial Statements for the period ended 30 June 2009

7. Governance costs

Period ended 30/06/09 £
79
529
<u>608</u>

Legal and professional
Independent Examination

8. Net incoming resources for the period

Period ended 30/06/09 £
808
529
<u></u>

Net incoming resources is stated after charging:
Depreciation and other amounts written off tangible assets
Independent Examiner's remuneration

9. Employees

Number of employees

Period ended 30/06/09 Number

The average monthly numbers of employees
during the period were:

Full time employee

1

Employment costs

Period ended 30/06/09 £
11,667
812
<u>12,479</u>

Wages and salaries
Social security costs

There were no employees who received remuneration of over £60,000 in the period.

Free Wheel North

Notes to the Financial Statements for the period ended 30 June 2009

10. Directors' emoluments

	Period ended 30/06/09 £
Remuneration	11,667

The above remuneration was paid to Norman Armstrong, Director, in accordance with Sections 50 to 52 of the charity's Articles of Association.

11. Tangible fixed assets

	Equipment £	Total £
Cost		
Additions	3,230	3,230
At 30 June 2009	3,230	3,230
Depreciation		
Charge for the period	808	808
At 30 June 2009	808	808
Net book value		
At 30 June 2009	2,422	2,422

12. Debtors

	30/06/09 £
Other debtors	800
Income Tax on Gift Aid	282
	1,082

Free Wheel North

Notes to the Financial Statements for the period ended 30 June 2009

13. Creditors: amounts falling due within one year

30/06/09
£

Other taxes and social security costs	117
Accruals	2,135
	<u>2,252</u>

14. Analysis of net assets between funds

	Unrestricted General fund £	Designated fund £	Restricted funds £	Total funds £
Fund balances at 30 June 2009 as represented by:				
Tangible fixed assets	-	2,422	-	2,422
Current assets	1,532	-	6,250	7,782
Current liabilities	(2,252)	-	-	(2,252)
	<u>(720)</u>	<u>2,422</u>	<u>6,250</u>	<u>7,952</u>

15. Unrestricted funds

	13 Jun '08 £	Incoming £	Outgoing £	Transfers £	30 Jun '09 £
General Fund	-	5,391	(5,881)	(230)	(720)
	<u>-</u>	<u>5,391</u>	<u>(5,881)</u>	<u>(230)</u>	<u>(720)</u>

Purposes of unrestricted funds

General Fund

This fund supports all of the general activities of the charity.

Free Wheel North

Notes to the Financial Statements for the period ended 30 June 2009

16. Designated funds	13 Jun '08 £	Outgoing £	Transfers £	30 Jun '09 £
Designated Assets Fund	-	(808)	3,230	2,422
	-	(808)	3,230	2,422

Purposes of designated funds

Designated Assets Fund

This fund represents the net book value of the charity's fixed assets.

17. Restricted funds	13 Jun '08 £	Incoming £	Outgoing £	Transfers £	30 Jun '09 £
Equipment Fund	-	9,250	-	(3,000)	6,250
Salary Fund	-	10,000	(10,000)	-	-
	-	19,250	(10,000)	(3,000)	6,250

Purposes of restricted funds

Equipment Fund

Represents funding from Awards for All to finance the purchase of bicycles.

Salary Fund

Represents funding received from NHS Greater Glasgow & Clyde Endowment Fund towards the employment costs of Norman Armstrong in his role as Development Worker.