CHARITY NO: SC034085

COMPANY NO: SC343830 (Scotland)

SCOTTISH SPORTS FUTURES REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2016

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REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2016

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REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2016

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name Scottish Sports Futures

Charity Number SC034085

Company Number SC343830

Trustees C J S Cormack

D J McKenzie B W Cook T Docherty R Wilson M McGonigle D C Watt D Kerr K McGregor P Atkinson

Chief Executive Ian Reid

Secretary D Kaye

Principal Office The Legacy Hub

301 Springfield Road

Glasgow G40 3LJ

Independent Auditors Wylie & Bisset LLP

168 Bath Street

Glasgow G2 4TP

Bankers Bank of Scotland

8 Morningside Road

Edinburgh EH104DD

Solicitors Ramsay Employment Law

Suite 128

St James Business Centre

Linwood Road

Paisley PA3 3AT

Senior Management Team | Reid

E Reid A Gregory K Partridge

Report of the Trustees for the year ended 31 March 2016

The Trustees present their annual report and financial statements of the charity for the year ended 31 March 2016.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

The legal and administrative information on page one forms part of this report.

Objectives and activities and monitoring achievement

The aim of our charity is to: Use the power of sport to inspire young people to make positive lifestyle choices.

The challenges we address include, health, citizenship, prejudice, inequalities, education and employment.

Over the last year Scottish Sports Futures have delivered Sport for Change programmes directly to over 12,000 participants across 21 local authorities (Aberdeen City, Argyll and Bute, Clackmannanshire, Dumfries and Galloway, Dundee City, East Ayrshire, East Renfrewshire, Edinburgh, Falkirk, Fife, Glasgow City, Highland, Inverclyde, Moray, North Ayrshire, North Lanarkshire, Renfrewshire, South Ayrshire, South Lanarkshire, Stirling and West Dunbartonshire).

SSF programmes are inclusive and diverse reaching as many as 16 nationalities in one location. Our initiatives have inspired over 15,000 hours of youth volunteering. Over 280 young people in a year have been supported into positive destinations – training, education, employment and learning. Over 400 hours of accredited training and development opportunities have been accessed and include: First Aid, Drugs and Alcohol Awareness, Exercise to Music, Dynamic Youth Awards, Body Image and Self-Esteem.

SSF Programmes include:-



 Scotland wide interactive primary school health and citizenship programme utilising professional role models to deliver positive lifestyle messages (dangers of smoking & alcohol, benefits of balanced diet and regular exercise), promoting and facilitating sustained physical activity in

areas most in need. Supporting Curriculum for Excellence and Health & Wellbeing agendas.

Report of the Trustees for the year ended 31 March 2016



- Fun, all-inclusive basketball sessions for boys and girls aged 7-13 throughout Scotland. The sessions provide accessible continued participation for those inspired by the Jump2it programme and the wider community. All sessions aim to create positive early experiences in sport and focus on integration. Pathways have been established with local basketball clubs and National Governing Bodies to ensure opportunities for those who would like to progress to a more competitive level.



 Positive, fun and free it supports youth volunteering and capacity building in Glasgow's East End and is designed to ensure a lasting and real legacy from the 2014 Commonwealth Games. Young people gain accreditation

through access to formal training, volunteering, mentoring, further education, practical delivery and personalised development plans. Active East operates a small grants programme which aims to increase levels of physical activity and promote health. Young people are supported to achieve positive destinations through partnership work with youth and sport providers both local and national.



- Providing young people across Scotland with an active alternative to the streets at times when they need it most. Physical activity, workshops, youth panels and "educational timeouts" inspiring and encouraging young people to reach their full potential. Free weekly sessions delivered year round identifying routes to training, further education and employment.



ETC connects youth work and sport, empowering leaders to inspire all young people to fulfil their potential. A unique initiative designed to share and promote best practice in the Education through Sport

approach with coaches and youth workers (including young volunteers). Eight training modules, available across Scotland, provide delivery staff with an increased understanding of how to effectively engage young people and maximise the personal and social impact of sport and physical activity.



Healthy Powerful Communities project, delivering MEND (Mind, Exercise, Nutrition, Do it!) programmes aimed at tackling childhood obesity. Targeted in the East of Glasgow, programmes engage young people and families together in a 10-week multi-component healthy lifestyle programme. Delivery encompasses education on healthy eating, fun games to stimulate an active interest in physical activity and behaviour modification techniques

to boost self-confidence.



Judo Girls Rock – developed in partnership with Judo Scotland and Youth Scotland, this girls only programme creates opportunities and encourages females to participate in the sport of judo. By taking the needs of females

into consideration, we aim to enhance the level of participation of girls in Judo throughout the West of Scotland. This is a 20 week programme led by qualified Judo Scotland coaches, youth leaders and young volunteers. Each session includes workshop topics such as Health and Wellbeing, Cooking and Healthy Snacks, Team Building and Bullying.

Report of the Trustees for the year ended 31 March 2016

The impact we have is best described by the young people we work with -

"I do more exercise like taking my dog for a walk or play football with my brother" Jump2it participant

"A super big thank you to SSF for having awesome programmes such as Active East, Twilight Basketball and Jump2it and couple more but these are the 3 programs I have been involved in and I must say it has definitely changed my life!" Josh, SSF Twilight Modern Apprentice

"SSF has changed my life through volunteering. It's given me purpose and drive." Precious, Active Champion

"Before I joined SSF I never wanted to do activity because I thought people would laugh at me. Since I started SSF I've become more confident." 13year old, MEND participant.

A review of our achievements and performance

Over the last 12 months SSF have:

Maintained partnership working ensuring in-kind contributions have been significant.

Engaged with volunteers which has resulted in over 15,000 hours of support. Volunteers contribute at every level and their input not only enhances delivery but supports all areas of organisational development.

A young volunteer from Glasgow Clyde College has scripted, filmed and produced a promotional video to showcase the work of the Charity and the impacts of the Sport for Change model. The voiceover was provided by a newly recruited SSF Ambassador Bryan Burnett, BBC Radio Scotland presenter and sports enthusiast.

Secured pro-bono support via Inspiring Scotland and Standard Life who have provided a volunteer IT expert with experience of the third sector. To date we have received training – "writing for the web" and practical support to review and update our website.

Modern apprenticeships have resulted in 2 young people being employed, one as Assistant Co-ordinator and the second as a Trainee Youth Worker, increasing our capacity.

Been voted Wylie & Bisset LLP Chartered Accountants – Charity of the Year 2016/17. Having won the staff vote we will now receive the benefits of all staff fundraising efforts throughout the 2016/17 financial year – enhancing our ability to increase unrestricted income for the organisation and further engage with volunteers.

Worked in partnership with Celtic Foundation and basketballscotland ensuring wider pathways and referral routes for young people from all 3 organisations. This initiative was enabled by funding from the Scottish Government's CashBack for Communities Fund.

Enabled young people to continue to influence the growth and direction of the organisation. Young people have directly contributed to the re-development of Education Through Cashback training modules making content more relevant and accessible to young leaders.

Report of the Trustees for the year ended 31 March 2016

Young people also led on the planning and delivery of residential weekends, the planning and hosting of SSF's hugely successful Awards Night, on-going programme delivery, evaluation and SSF staff training – delivering disability awareness and team building workshops.

Whenever possible we have created opportunities for participants to share their outcomes and experiences. SSF Active Champions devised an innovative way of showcasing their journeys, creating storyboards to talk through. These have been delivered to:

- Children in Scotland Conference
- British Airways Comic Relief event
- StreetGames Conference
- SSF Parliamentary Reception
- Various partner events

Commenting on a recent publication on the findings from an external evaluation of the Active East programme, Jamie Hepburn, Minister for Sport, Health Improvement and Mental Health, said: "Active East is a project that absolutely embodies the spirit of Commonwealth Games Legacy. This report shows that the programme was very successful in bringing young people together and getting them involved in physical activity. I'm also pleased to see that Active East was so successful in engaging with young people in some of Glasgow's more deprived communities. I'd like to thank everyone who has been involved, particularly the Active Champions, who devoted so much of their own time to make the project a success."

Programme Development

SSF have continued to review and strengthen programme delivery and impacts to ensure:

- Increased participation by hard to reach and equalities groups
- Young people demonstrate new skills and positive changes in behaviour
- Partnership working supports sustained participation and positive destinations
- Young people **build confidence** to access volunteer and training opportunities available to them
- Delivery staff and volunteers are supported to maximise the personal and social development opportunities of sport and physical activity
- Young people feel safe and valued

The processes of enabling these are described in more detail below together with the strategic objectives each programme addresses.

Active East/Education Through CashBack (ETC)

- Gained CPD accreditation through the CPD standards agency https://www.cpdstandards.com/providers/?s=scottish+sports+futures
- Reached panel stage for SCQF credit rating for SQA with partners Glasgow Kelvin College

Report of the Trustees for the year ended 31 March 2016

- Planned and delivered a Swimming residential for 37 young leaders in November in partnership with Youth Scotland and Scottish Swimming paving the way for a long term national project.
- Supported a Shell Twilight basketball residential for coaches who completed Education
 Through Cashback training, Working with Young People and Goal setting as part of
 ongoing CPD for delivery staff. They also completed Standard Life Step up in Life
 combined with Dynamic Youth Awards in sport, providing the skills to deliver this resource
 and accreditation to participants in the Twilight Basketball programme.
- Delivered conflict resolution to CashBack partners the Celtic Foundation on the Gateway to Employability programme.
- Participated in the SSF Awards night which recognised tutors and partners involved in delivery and promotion of ETC.
- Provided a central training role via Education Through CashBack for Youth Scotland's Comic Relief funded programme in Clackmannanshire, working with at risk young people

 Activate, Educate and Enhance programme. Tutors worked over 5 weeks delivering the package of modules to young people referred to the programme, supporting their level 4 sports and dance leaders award.
- Developed Education through Cashback modules 'Working with Young People in Sport and Human Connection.' Active Champions input ensured messages and learning were consistent and activities were more interactive and relevant for delivery to a younger audience.
- **Developed** new SCQF processes, quality assurance and internal verification for Tutor training to upskill existing tutors on the process and recruiting of those practitioners who can delivery ETC as part of existing roles.
- **Worked** with partner Youth Scotland creating a relevant approach for engagement with Sport Governing Bodies enabling a youth work approach to improve the retention of young people in sport.
- **Shared** learning on unique Active East approach, within SSF programmes and with partners across Scotland.
- **Planned** the development of 2 new modules in response to sector demand for training to address the needs of young people.

Objectives addressed: Education – Health – Prejudice – Inequalities - Employment

Shell Twilight Basketball (TBB)

 Hosted a Coaches training weekend which included 22 coaches representing 10 Twilight locations. The theme of the weekend was "Outcomes" and evaluation post event recorded that 90% of coaches felt quite confident or extremely confident about Twilight's outcomes following the training.

Report of the Trustees for the year ended 31 March 2016

- Staged The Shell Twilight Basketball National Tournament at the Emirates Arena Glasgow
 and brought together young people from 6 Local Authority areas and 12 locations as well
 as staff and young volunteers from all SSF delivery programmes. Over 260 young people
 between the ages of 11-25 took part on the day with a combination of competitive games
 and "educational timeouts".
- Developed the Twilight Ambassador Programme, securing additional funding, recruiting Mentors to support young people from all TBB locations with personal development plans centred on sport and utilising SSF programmes and partners to provide volunteering and training opportunities.
- Launched 2 new sessions one in Dalry in partnership with North Ayrshire Alcohol and Drugs Partnership and the other in Smithton, Inverness in partnership with Highlife Highland & Highland Council. Partnership working has facilitated the reach of the programme beyond the original annual target.

Objectives addressed: Health – Citizenship – Prejudice – Inequalities – Education - Employment

Jump2it -

- Delivered in 2 new Local Authorities including Arran which was a first for the school and for the SSF programme who can now include scheduling ferry transport amongst their logistical planning.
- Strengthened partnership working with Police Scotland including feedback on module
 content; local information to target appropriate modules for schools; working to identify
 priority schools to receive delivery (SIMD and anti-social behaviour); plus attending
 coaching sessions and roadshows as an opportunity to strengthen relationships within the
 community.
- Renewed funding partnership with Hovis who continue to be actively involved in the programme, resulting in this year's Hovis mascot attending Glasgow tournament events and providing healthy foods.
- Developed partnership working with North Ayrshire Alcohol and Drugs Partnership (NAAPD) – RAW (Recovery at Work) team. Introduced RAW clients to the Jump2it roadshow format who are offering advice on future amends to alcohol module – family impact and case studies being amended for J2it age group. Referrals have also been made to TBB for Educational Timeout development and delivery opportunities.
- Delivered No Knives Better Lives module to 8 piloted schools, 28 schools have now requested and received the module as part of their roadshow delivery – also requested in North Ayrshire for future delivery – NAADP looking at linking with the police to roll out next year.
- Tailored Jump2it Roadshow for Additional Support Needs schools received coaching sessions for first time in 15/16– SSF's experienced coaches were able to adapt content and utilise bespoke equipment (36 young people).

Report of the Trustees for the year ended 31 March 2016

- **Developed** a new relationship with Peoples Postcode Lottery widening the reach of the programme and diversifying the income stream.
- Worked with partners to improve delivery in current and new local authorities. Identifying
 additional funding and routes to local support to increase participation and provide
 pathways to clubs.
- Developed Roadshow content and delivery to ensure ASN schools receive the Jump2it
 experience with a fully inclusive roadshow. Coordinators who are trained in Sign language
 and Makaton will be at the Roadshows, they are also attending the player training day to
 teach the Rocks players some simple signs to introduce themselves and their sport of
 basketball.
- Introduced additional female delivery staff at the Roadshow stages of the programme.

Objectives addressed: Health – Citizenship – Education - Employment

MEND

- **Delivered** 13 MEND programmes during the <u>year</u>.
- **Provided** support to over 100 families. The Scottish Index of Multiple Deprivation (SIMD) per programme highlights that 75% of participants reside within <20% most deprived areas and 38% within the <5% most deprived areas.
- **Established** community programmes within Barlanark Community Centre Glasgow and Glasgow Club Springburn. Both are highly recognised community assets and supported by significant in-kind support.
- **Embedded** referral pathways with 3 strategic pillars of Health (School Nurses, CAMHS, GPs, Dietitians, etc.), Education (Secondary pastoral care, Primary Head teachers) and Community (Community professions, coaches, volunteers and families).
- Extended provision to the MEND 2-4 programme. Again, a number of different models of
 delivery are planned. The first which has commenced in partnership with Budhill
 Academy/The Legacy Hub Junior Buddies programme. The programme is being delivered
 in a 10 week block with the families remaining part of the junior buddies post programme.
- Collaborated with: The Family Legacy Nursery, the programme will mainly support
 working parents and operate on a Saturday. In addition, 2 further programme are also
 planned with the Glasgow libraries Food and Share family support groups. These will
 operate in a similar way to the 'Junior Buddy' programme supporting families in Parkhead
 and Gorbals.
- **Established** a full cadre of leaders for all MEND programmes, 10 of whom have progressed from volunteers (shadowing and assisting delivery) to become leaders in their own right and are active in the delivery of current and planned programmes.
- **Employed** 1 Modern Apprentice to support the programme, which is also linked to SVQ progression and is working exceptionally well.

Report of the Trustees for the year ended 31 March 2016

- Enhanced Post programme support, MEND Mingles, Group Rewards, Graduate Club and Celebration Events take place. These have on occasions been amalgamated to increase and encourage continued participation for all MEND participants both on programmes and post programme. This developed into the MENDERCISE CLUB (Graduate Club). The concept was developed to support the immediate gap post programme between each Mingle and/or Graduation. The Club is also used as an informal 'drop in' and will encourage and provide scope for future parent participation and continued emphasis of the MEND messages to further help families remain on the MEND pathway.
- Secured significant support from the Glasgow Rocks (providing free tickets), the latest Group Reward/Graduation is being attended by over 200 MEND families and friends. This will take place at the Emirates Arena, with a graduation courtside with cheerleaders and a MEND Basketball team playing on the Centre Court at half time.
- Captured the essence and heat of the 7-13 programmes via the link displayed here, https://youtu.be/jq4HWrjeOxU
 , which also displays the impact and, importantly, the difference MEND can make.
- Provided flexible options within the delivery models being used by MEND to cater for a
 wide variety of demands. Current funding provision is until March 2017. Further potential
 funding arrangements are being discussed with Mytime Active to examine the way
 forward.

Objectives addressed: Health - Education

Financial review

Scottish Sports Futures income increased in 2015/16 in an exceedingly difficult financial climate. This has been achieved by securing additional funding in the year to support our programmes and increased fundraising activity which has been paramount to sustaining delivery. Furthermore, in-kind contributions through partnership working and support from volunteers has helped reduce costs whilst maintaining a high quality service to the young people we support.

The total income at 31 March 2016 amounted to £1,090,113 (2015: £896,625), of which £1,024,229 (2015: £842,345) was related to restricted projects and £65,884 (2015: £54,280) to unrestricted funds.

SSF have a healthy balance sheet at 31 March 2016. This is shown by net current assets of £243,176 (2015: £96,258).

The balance sheet at 31 March 16, shows unrestricted reserves of £40,692 (2015: £27,882), with restricted funds being £219,480 (2015: £91,164).

Restricted funds are funds received which must be spent on specific items of expenditure as agreed by the funder. These can be paid in advance and can relate to more than one financial year. These funds can also accumulate due to timing differences and are then carried forward to the next financial year to be expended.

Unrestricted funds are funds received which are not 'restricted' and are used in furtherance of SSF's charitable arms and activities on items the SSF Board and Senior Management deem appropriate.

Report of the Trustees for the year ended 31 March 2016

These unrestricted funds also help boost reserves as per the SSF Reserves Policy. Without these unrestricted reserves, mainly fundraising activities, the charity would be looking at a small deficit in the year.

During 2015/16, SSF received continuation of funding from the following sources:-

Scottish Government Cashback for Communities Fund – funding for Shell Twilight Basketball (TBB), Jump2it (J2it), ETC and Active East programme salaries and delivery

The Robertson Trust - funding for Active East programme delivery including the small grants programme

Big Lottery – funding for the Active East Programme Co-ordinator salary

Sport Relief – funding for the Active East Youth Co-ordinator salary

BBC Children in Need – funding for the TBB Ambassador project

SportScotland – contribution to J2it delivery in Glasgow primary schools

Clyde Gateway – contribution to J2it delivery in Glasgow and South Lanarkshire primary schools

Glasgow Life - contribution to J2it delivery in Glasgow primary schools

North Ayrshire Alcohol and Drugs Partnership – contribution to J2it delivery in North Ayrshire primary schools

Falkirk Area schools – contribution to J2it delivery in Falkirk primary schools

MyTime Active - funding for MEND programme salaries and delivery

In addition, new funding was received in the year from the following sources:-

People's Postcode Lottery – contribution to J2it delivery in Inverciyde primary schools

Fife Council – contribution to J2it delivery in the Lochgelly area of Fife

The Robertson Trust – contribution to Core salaries and running costs

North Ayrshire Alcohol and Drugs Partnership – contribution to TBB delivery in North Ayrshire area

Highland Council - contribution to help support set-up of the TBB programme in Smithton area of Inverness

Sport Relief – funding to manage and work with partners for the Girls Only Judo programme **Lunaria** – European funding to work with Xchange Scotland in relation to international volunteering placements with young people using sport

SSF also received corporate sponsorship from **Shell UK** towards the TBB programme and **Hovis** towards the J2it programme. This income is unrestricted.

SSF thank all funders, corporate sponsors, fundraisers and donators for their support.

Risk management

Demand for our programmes exceeds our current resources to deliver and this is evident across the charitable sector.

As a consequence of this demand, competition for decreasing financial resource is intensifying.

Funders have increasingly evidenced a marked reluctance to make meaningful contributions to cover the core costs which are critical to delivery and evidencing the effectiveness of spend. Charities are being pushed in the direction of becoming self-sufficient which in itself is a sound theory but given that many are delivering services which complement statutory provision in disadvantaged communities this is extremely hard to achieve.

SSF will increase fundraising activity through identified events, external fundraising and pursuing Charity of the Year partnerships.

Report of the Trustees for the year ended 31 March 2016

We will continue to engage with corporate partners, engaging with Corporate Social Responsibility budgets and delivering bespoke programmes. SSF will seek additional corporate sponsors to enhance our unrestricted income and visibility of the work we do with disadvantaged young people across Scotland.

Reserves policy

In addition to earned income Scottish Sports Futures remains dependent on a variety of funders to sustain its activities. Any substantial gap in funding, would require SSF to reduce the scale of delivery as it currently stands. To avoid this, the Board have agreed a preferred level of financial reserves that would ensure main operations can continue for a period of 3 months.

The main priorities of the board in these circumstances are to ensure:

- that staff can continue working, primarily to secure new funding
- that service users are supported to move on to other services

Reserves of £200k would be needed for SSF to continue operating for at least 3 months.

SSF currently have total unrestricted reserves of £40,692, comprising £23,696 free reserves and £16,996 designated reserves.

To meet the agreed required reserves, going forward, there will be a further concentrated effort to ensure that existing and potential funders understand the necessity for full cost recovery. Furthermore, management will continue to emphasise the need for unrestricted income to be included in all grant offer letters and Service Level Agreements.

The reserves should be built up from unrestricted income. The level of reserves will be monitored every quarter by the Core Senior Management Team and Board. This policy will be reviewed yearly and/or if there are significant changes in staff hours or numbers, whichever comes first.

Plans for the future

SSF will continue to consolidate partnership working to ensure the widest possible outcomes for young people. Activities will remain outcome driven and will maximise expertise and resources within the organisation and across partner agencies.

Jump2it -

- Work with existing and new partners to improve delivery in current and new local authorities. Identify additional funding and routes to local support to increase participation, while providing sustainable pathways to clubs. Jump2it will continue to work in partnership to evaluate current modules, while creating new modules based on feedback from schools on topics they feel are relevant to their areas.
- Develop Roadshow content and delivery to ensure ASN schools receive the Jump2it experience with a fully inclusive roadshow. Coordinators who are trained in Sign language and Makaton will be at the Roadshows. They will also attend the player training day to teach the Rocks players some simple signs to introduce themselves and their sport of basketball.
- Introduce additional female delivery staff at the Roadshow stages of the programme.

Report of the Trustees for the year ended 31 March 2016

 Planned activity includes working in partnership to evaluate current delivery and content, while creating new modules based on feedback from schools on topics they feel are relevant.

Education Through Cashback (ETC)/Active East -

- Development of new SCQF process, quality assurance and internal verification
- Tutor training to upskill existing tutors on the process and recruiting of those practitioners who can delivery ETC as part of existing roles
- Continue to work with partner Youth Scotland when engaging with governing bodies of sport to take a youth work approach to retaining young people in sport.
- Sharing of learning on unique Active East approach, within SSF programmes and with partners across Scotland.
- Content development to ensure up to date and relevant.
- Development of 2 new modules in response to sector demand for training to address the needs of young people.

Shell Twilight Basketball -

- Continue to focus on engaging hard to reach groups through upskilling and training of staff and working closely with community partners.
- Educational Timeout content developed to keep current and offer wide variety of topic to be covered at session.
- Development of Ambassador programme to best benefit local communities and support participants to develop within and support their own TBB sessions making them more sustainable.
- TBB will continue to refine programme content and develop resources to ease replication to support new and existing delivery.

Mend

The current community model operates on a 10 week -20 session basis. New models are now either being delivered or in the final stage of preparation. These include;

- Pilot with Shettleston Harriers Athletic Club (Run, Throw and Jump section minis), a
 highly acclaimed local sports club. The club attract young children of all abilities who
 are encouraged to progress through to specific activities as they get older. The MEND
 programme is being delivered to complement their accredited coaching with all aspects
 of MEND with exception of physical activity. This partnership is designed to maximise
 the potential of all club members and families participating. It will operate on a 12 week
 one session per week basis.
- Two other community models are being planned for Ruchill and Summerton the 12 and 10 week programmes respectively linking in with local community family groups.
- Further development/partnership work is ongoing with another three community nurseries and family support groups within the North East of Glasgow (these include, Parkhead Community Nursery, Elbalane Nursery and Church of the Nazarene Family Group).
- While the Mytime Active/SSF SLA provides that 4 MEND 2-4 will be completed by 30 March 2017, 5 programmes have already been confirmed for delivery with significant additional interest being shown locally for the delivery of potentially 10 programmes.

Report of the Trustees for the year ended 31 March 2016

- Glasgow Life have indicated a willingness to seek funding for the Gorbals programme and Mytime Active are in discussion to examine the potential for the extension of current provision of the MEND 2-4 until March 2017.
- The Mytime Active/SSF also provides that 8 MEND 7-13 programmes will be delivered by the end of March 2017. Current projections are on schedule to deliver 10 programme within his timeframe.

Structure, governance and management

Trustees at 31 March 2016

C J S Cormack

Chair

D J McKenzie

Deputy Chair

B W Cook

Treasurer

T⁻Docherty

R Wilson

M McGoniale

D C Watt

P Atkinson (appointed 1 February 2016)

Company Secretary

D Kaye

Trustees appointed since 31 March 2016 Donna Kerr

Karen McGregor

Key Management Personnel

Ian Reid

Chief Executive Development Manager

Emma Reid Angela Gregory Kirsty Partridge

Finance Manager

Head of Operations

Current SSF Org Structure

Development Manager











Active East Youth Dev. Coordinator

Dev & Comms Coordinator

MEND Manager

> Jump2it Coordinator

Coordinator

Manager

(embolice)

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Modern Apprentice AE Youth worker

Modern Apprentice MEND Youth Worker

Report of the Trustees for the year ended 31 March 2016

The SSF Board, which meets every quarter, consists of 7 members drawn from a variety of backgrounds including third sector, professional sports management, business growth, law and mentoring, equalities, finance, employability and team building. The composition of the Board reflects not only expertise in the community but also the Governance requirements of the organisation. Equality, engagement, employability, community regeneration, business development and planning are all critical elements of the work that we do and for which we receive expertise and direction from our members.

New Trustees are recruited when required, after taking into consideration a skills audit and our plan to move towards a 50/50 gender balance by 2020.

Trustee recruitment is authorised and approved by the Board and no outside agencies are involved in the process.

The Board is complemented by SSF Ambassadors: Karyn McCluskey, Head of Violence Reduction at Scottish Government; Bryan Burnett, BBC radio, TV presenter and sport enthusiast; and Patrick Wilson, Boccia Rio Paralympian, providing additional exposure and experience for the charity.

An Induction Policy has been developed and Trustees are regularly offered training to complement their existing skills.

The Board oversee and authorise the implementation of recommendations of three separate sub-committees, the memberships of which are influenced by the business skills of Trustees.

Committees: Finance

Remuneration

Audit

Individual employee awards are proposed to the Committee by line management following personal development reviews.

Decision making within the charity in response to identified community or internal needs will normally be discussed by staff working groups. If the subject is significant then a collaborative approach involving partners, funders and young people is preferred. Decisions would be mapped for a fit with Active Scotland Outcomes and where appropriate will be submitted to the Trustees for consultation/approval.

Key management personnel remuneration

Decisions on organisational pay scales require to be approved by the Remuneration Committee and endorsed by the Board of Trustees. Levels are benchmarked against sectoral norms.

Report of the Trustees for the year ended 31 March 2016

Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors of the Scottish Sports Futures for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any
 material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Statement of Disclosure to the Auditor

In so far as the trustees are aware:

- there is no relevant audit information of which the charity auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

Approved by the trustees on 8 November 2016 and signed on their behalf by:

Name: T Docherty

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES AND MEMBERS OF SCOTTISH SPORTS FUTURES FOR THE YEAR ENDED 31 MARCH 2016

We have audited the financial statements of Scottish Sports Futures for the year ended 31 March 2016 which comprise the Statement of Financial Activities, the Balance Sheet, the cashflow statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Trustees' Responsibilities Statement set out on page 15 the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustees Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with regulations made under those Acts.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees Annual Report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2016 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES AND MEMBERS OF SCOTTISH SPORTS FUTURES FOR THE YEAR ENDED 31 MARCH 2016

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- the charitable company has not kept proper and adequate accounting records or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns;
 or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the directors report.

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Jenny Simpson
Senior statutory auditor
For and on behalf of Wylie & Bisset LLP, Statutory Auditor

168 Bath Street Glasgow G2 4TP

Wylie & Bisset LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

Date 8 November 2016

SCOTTISH SPORTS FUTURES
STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDING 31 MARCH 2016
(Including an Income and Expenditure account)

Funds reconciliation Total Funds brought forward Total Funds carried forward	Net income/(expenditure) Transfers between funds Net movement in funds	Expenditure on: Raising funds Other trading activities Charitable activities Total Expenditure	Income and endowments from: Donations and legacies Charitable activities Other trading activities Other Total Income
± ± ± ± ± ± ± ± ± ± ± ± ± ± ± ± ± ± ±		10	Note 5 5 7
27,882 40,692	12,810 - 12,810	16,461 36,613 53,074	Unrestricted Funds 2016 £ 38,600 8,324 18,960 - 65,884
91,164 219,480	128,316 - 128,316	1,148 894,765 895,913	Restricted Funds 2016 £ - 1,024,229 - 1,024,229
119,046 260,172	141,126 - 141,126	17,609 931,378 948,987	Total Funds 2016 £ 38,600 1,032,553 18,960 - 1,090,113
45,820 27,882	(9,738) (8,200) (17,938)	14,105 49,913 64,018	Unrestricted Funds 2015 £ 30,600 11,602 5,484 6,594 54,280
181,299 91,164	(98,335) 8,200 (90,135)	940,680 940,680	Restricted Funds 2015 £ 9,000 833,345 - 842,345
227,119 119,046	(108,073) (108,073)	14,105 990,593 1,004,698	Total Funds . 2015 ! £ 39,600 844,947 5,484 6,594 896,625

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

BALANCE SHEET AS AT 31 MARCH 2016

		Total Funds 2016	Total Funds 2015
	Note	£	£
Fixed assets:		~	~
Tangible assets	14	16,996	22,788
Current assets:			
Debtors	15	99,997	56,602
Cash at bank and in hand	21	201,131	100,763
Total current assets		301,128	157,365
Liabilities:	•		
Creditors falling due within one year	16	57,952	61,107
Net current assets		243,176	96,258
Net assets		260,172	119,046
The funds of the charity:			
Restricted funds	18	219,480	91,164
Unrestricted funds	18	40,692	27,882
Total charity funds		260,172	119,046

These accounts are prepared in accordance with the special provisions of Part 15 of the Companies Act relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to the members of the company.

Approved by the trustees on 8 November 2016 and signed on their behalf by:

Name: T Docherty

Name: B W Cook

Company number: SC343830 (Scotland)

STATEMENT OF CASH FLOWS FOR THE YEAR ENDING 31 MARCH 2016

	Note	Total Funds 2016 £	Total Funds 2015 £
Cash flows from operating activities: Net cash provided by/(used in) operating activities	20	100,368	(118,083)
Cash flows from investing activities:			-
Proceeds from the sale of property, plant and	• • • • • • • • • • • • • • • • • • • •	. .	4,468
equipment Purchase of property, plant and equipment		 -	(11,495)
Net cash provided by/(used in) investing activities	•	-	(7,027)
Change in cash and cash equivalents in the year		100,368	(125,110)
Cash and cash equivalent brought forward	21	100,763	225,873
Cash and cash equivalents carried forward	21	201,131	100,763

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

1. Accounting Policies

(a) Basis of preparation and assessment of going concern

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

The Charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

(b) Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 a restatement of comparative items was needed. No restatements were required.

(c) Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have created funds for specific purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or trust deed, or through the terms of an appeal.

Further details of each fund are disclosed in note 18.

(d) Income recognition

Income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations, are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

1. Accounting Policies (continued)

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Income from government and other grants, whether 'capital' or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met (see note 17).

(e) Expenditure recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings. For more information on this attribution refer to note (g) below.

- Costs of raising funds comprise the costs of commercial trading including investment management costs and certain legal fees and their associated support costs;
- Expenditure on charitable activities includes staff costs, delivery costs, property costs, professional fees, vehicles costs, evaluation costs and other activities undertaken to further the purposes of the charity and their associated support costs;

Irrecoverable VAT is charged as a cost against the activity for which the expenditure is incurred.

(f) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised. Refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

1. Accounting Policies (continued)

(g) Allocation of support and governance costs

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory audit and legal fees together with an apportionment of overhead and support costs.

Governance costs and support costs relating to charitable activities have been apportioned based on the number of individual grant awards made in recognition that the administrative costs of awarding, monitoring and assessing research grants, salary support grants and postgraduate scholarships are broadly equivalent. The allocation of support and governance costs is analysed in note 9.

(h) Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised and valued at historical cost. Depreciation is charged as follows:

Basis

Fixtures and Fittings Motor vehicles

33% reducing balance 25% reducing balance

(i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

(k) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

(I) Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

(m) Taxation

The company is a charitable company within the meaning of Section 467 of the Corporation Tax Act 2010. Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received with categories covered by Chapter 3 of Part 11 of the Corporation Tax Act 2010 and Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied for charitable purposes only.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

2. Legal status of the Charity

The Charity is a registered Scottish charity.

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

3. Related party transactions and trustees' expenses and remuneration

The trustees all give freely their time and expertise without any form of remuneration or other benefit in cash or kind (2015: £nil). Expenses paid to trustees in the year totalled £nil (2015: £nil).

lan Reid, Chief Executive, is the majority shareholder of Inverglade Limited which is the parent company of Glasgow Rocks basketball team. Scottish Sports Futures had income of £105 (2015: £nil) and purchases of £146,718 (2015: £152,860) from Inverglade Limited. At the yearend there was a debtor of £1,000 (2015: £1,000) due from Inverglade Limited.

lan Reid, Chief Executive, is the majority shareholder of E T Sport Limited. Scottish Sports Futures had purchases of £41,000 (2015: £nil) from E T Sport Limited in respect of lan's services as Chief Executive. At the year-end there was no balance outstanding from E T Sport Limited.

4. Income from donations and legacies		
	2016 £	2015 £
Sponsorship	38,600	39,600
•	38,600	39,600
5. Income from charitable activities		
	2016 £	2015 £
Provision of sporting facilities, education & training	1,032,553	844,947
	1,032,553	844,947
6. Income from other trading activities		
	2016	2015
Fundraising events	£ 18,960	£ 5,484
	18,960	5,484

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

7. Other income

	2016 £	2015 £
Gains on disposal of tangible fixed asset held for the charity's own use	-	3,491
Refund of interest	-	3,103
	•	6,594

8. Raising funds – expenditure on other trading activities

	Direct Costs £	Support Costs £	Total 2016 £	Total 2015 £
Staff costs	-	17,609	17,609	14,105
	_	17,609	17,609	14,105

9. Allocation of governance and support costs

The breakdown of support costs and how these were allocated between governance and other support costs is shown in the table below:

Cost type	Total allocated £	Governance related	Other support costs	Basis of apportionment
Staff costs	118,546	19,758	98,788	Staff time
Total	118,546	19,758	98,788	

Governance costs:	2016	2015
	£	£
Auditor's remuneration	7,234	6,472
Support costs (see above)	19,758	20,073
	26,992	26,545

Allocation of governance and other support costs:	Support Costs	Governance	2016 £	2015 £
Provision of Sporting facilities, education & training	84,958	23,213	108,171	112,285
Raising funds	13,830	3,779	17,609	14,105
Total allocated	98,788	26,992	125,780	126,390

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

10. Analysis of expenditure on charitable activities

	Provision of Sporting facilities, education & training £	Total 2016 £	Total 2015 £
Staffs costs	300,017	300,017	293,189
Delivery costs .	439,692	439,692	473,900
Property costs	46,717	46,717	40,271
Professional fees	1,422	1,422	25,363
Vehicle costs	4,603	4,603	10,032
Evaluation costs	22,096	22,096	21,442
Other costs	8,660	8,660	14,111
Governance costs (note 9)	23,213	23,213	22,608
Support costs (note 9)	84,958	84,958	89,680
	931,378	931,378	990,593

11. Analysis of staff costs and remuneration of key management personnel

	2016 £	2015 £
Salaries and wages	322,152	369,496
Social security costs	29,073	33,976
Total staff costs and employee benefits	351,225	403,472
	2016	2015
Key management personnel remuneration	82,597	£ 129,808

No employees had employee benefits in excess of £60,000 (2015: Nil).

No.	2015 No.	
The average weekly number of persons, by headcount, employed by the charity during the year was:	14	

12. Net income/(expenditure) for the year

This is stated after charging:	2016 £	2015 £
Depreciation	5,792	5,870
Audit fees		6,472

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

13. Government Grants

·	2016	2015
	£	£
Scottish Government	579,746	364,212
Glasgow City Council	-	30,000
Glasgow Life	30,000	11,000
Fife Council	10,000	-
Falkirk Council	4,600	5,200
Highland Council	1,000	-
East Ayrshire Council	-	3,000
North Ayrshire Drug & Alcohol Partnership	14,586	9,500
		<u> </u>
	639,932	422,912

Scottish Government - to promote and deliver sport for development programmes that support young people on their journeys from early interventions right through to training and employment.

Glasgow City Council – Contribution to staff and running costs to provide programme of activity to promote active and healthy lifestyles - Jump2it primary schools programme across the city of Glasgow.

Glasgow Life – Contribution to the salary of SSF Club Development Co-ordinator post in 2014-15, and contribution to delivery of the Jump2it primary schools programme across the city of Glasgow.

Fife Council – Contribution from Anti-Poverty fund to deliver Jump2it in 8 schools in Lochgelly.

Falkirk Council – Contribution from Falkirk schools to receive the Jump2it programme (26 schools in 14-15, 23 schools in 15-16).

Highland Council – To fund the Twilight Basketball Project in Smithton, Inverness (£500 Council ward 18 and £500 ward 20 both discretionary fund).

East Ayrshire Council – Contribution to the delivery of Jump2it in the East Ayrshire local authority.

North Ayrshire Drug & Alcohol Partnership – Contribution to deliver Jump2it initiative to primary schools within the local authority area – to support the delivery of education programmes including drug and alcohol awareness to young people including contribution to core running costs (in 2014-15 and 2015-16). An additional contribution was received in 2015-16 to deliver TBB over 11 weeks Jan – March 2016 within Dalry in NA.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

14. Tangible Fixed Assets

14. Tangible Fixed Assets	Fixtures, fittings and equipment £	Plant, machinery and motor vehicles £	Total £
Cost or valuation	0.045		_
At 1 April 2015 & 31 March 2016	9,215	52,597	61,812
Depreciation			
At 1 April 2015	8,020	31,004	39,024
Charge for the year At 31 March 2016	39 <u>4</u> 8,414	5,398 36,402	5,792 44,816
•			···· · · · · · · · · · · · · · · · · ·
Net book value At 31 March 2015	1,195	21,593	22,788
At 24 March 2046	801		
At 31 March 2016	001	16,195	16,996
15. Debtors		2016	2015
		. £	2015 £
Trade debtors		87,398	44,111
Other debtors	_	12,599	12,491
	=	99,997	56,602
4C Conditions amounts falling due wi	4h:		
16. Creditors: amounts falling due wi	tnin one year	2016 £	2015 £
Trade creditors		7,963	13,728
Accruals and deferred income		39,008	32,883
Taxation and social security Other creditors		8,746 2,235	11,188 3,308
Other dicators	_	57,952	61,107
	_		
17. Deferred income			
			£
Balance as at 1 April 2015			22,500
Amount released to income earned fro	m charitable activi	ties	(22,500)
Amount deferred in year			22,500
Balance as at 31 March 2016		- -	22,500

Deferred income comprises sponsorship received in advance.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

18. Analysis of charitable funds

Analysis of Fund movements	Balance b/fwd £	Income £	Expenditure £	Transfers, (Gains) & Losses £	Fund c/fwd £
Unrestricted funds					
Fixed Asset fund	22,788	-	5,792	-	16,996
Total designated funds	22,788	-	5,792	_	16,996
General funds	5,094	65,884	47,282	-	23,696
Total unrestricted funds	27,882	65,884	53,074		40,692
Restricted fund	• .	-			
Core	-	104,000	104,000	-	-
Twilight Basketball	4,336	265,939	214,690	-	55,585
Jump 2 It	6,651	305,788	272,620	-	39,819
Education through	7,920	69,316	68,171	-	9,065
cashback					
Active East	66,094	148,214	163,367	-	50,941
Girls Group	-	5,750	4,514	-	1,236
MEND	6,163	124,277	68,551	-	61,889
Lunaria		945		-	945
Total restricted funds	91,164	1,024,229	895,913	-	219,480
TOTAL FUNDS	119,046	1,090,113	948,987	-	260,172

a) The unrestricted funds are available to be spent for any of the purposes of the charity.

The Trustees have created the following designated funds:

• Fixed Assets fund – The fixed asset fund reflects the funds ties up in the net book value of the fixed assets.

b) Restricted funds comprise:

- Core running costs of the organisation including overheads and management costs.
- Twilight Basketball provides young people across Scotland with an active alternative to the streets at times when they need it most.
- **Jump 2 it -** a health and citizenship-led primary school programme using sport as a tool to share positive lifestyle messages with 10-12 year olds.
- Education Through Cashback a unique Scottish Sports Futures programme designed, in partnership with Youth Scotland, to share and promote best practise in the Education Through Sport approach with coaches and youth workers.
- Active East a youth activity initiative in Glasgow's East End.
- **Girls Group** pilot to identify barriers to female participation in sporting activities and to inform future engagement of an under-represented group.
- MEND A programme aimed at tackling childhood obesity.
- Lunaria European funding to work with Xchange Scotland in relation to international volunteering placements with young people using sport

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2016

19. Net assets over funds

	Unrestricted Funds £	Restricted Funds £	Total 2016 £
Fixed assets	16,996	-	16,996
Debtors	-	99,997	99,997
Cash	23,696	177,435	201,131
Current liabilities	: -	(57,952)	(57,952)
	40,692	219,480	260,172

20. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2016 £	2015 £
Net income/(expenditure) for the year (as per the Statement of Financial Activities)	141,126	(108,073)
Adjustments for:		
Gain on disposal of fixed assets	-	3,491
Depreciation charges	5,792	5,870
Decrease/(increase) in debtors	(43,395)	15,627
Increase/(decrease) in creditors	(3,155)	(34,998)
Net cash provided by/(used in) operating activities	100,368	(118,083)

21. Analysis of cash and cash equivalents

	2016 £	2015 £
Cash in hand	201,131	100,763
Total cash and cash equivalents	201,131	100,763