

MOVES 4 U LTD

**Company Registration Number:
SC300068 (Scotland)**

Report of the Directors and Unaudited Financial Statements

Period of accounts

Start date: 01st April 2014

End date: 31st March 2015

SUBMITTED

MOVES 4 U LTD

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Company Information for the Period Ended 31st March 2015

Director:	A Ross
Registered office:	130 Toryglen Street Glasgow G5 0BH
Company Registration Number:	SC300068 (Scotland)

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Directors' Report Period Ended 31st March 2015

The directors present their report with the financial statements of the company for the period ended 31st March 2015

Principal activities

The principal activity of the company in the period under review was:
removal contractors

Directors

The directors shown below have held office during the whole of the period from
01st April 2014 to 31st March 2015
A Ross

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on 27 December 2015
And Signed On Behalf Of The Board By:

Name: A Ross
Status: Director

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Profit and Loss Account

for the Period Ended 31st March 2015

	Notes	2015 £	2014 £
Turnover:		58,782	43,188
Cost of sales:		1,922	959
Gross profit or (loss):		56,860	42,229
Administrative expenses:	,	48,175	38,510
Operating profit or (loss):		8,685	3,719
Profit or (loss) on ordinary activities before taxation:		8,685	3,719
Tax on profit or (loss) on ordinary activities:		136	-
Profit or (loss) for the financial year:		8,549	3,719

The notes form part of these financial statements

MOVES 4 U LTD

Statement of total recognised gains and losses 31st March 2015

Statement of total recognised gains and losses

The company does not have any gains and losses other than Profit and Loss for the period to report.

The notes form part of these financial statements

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Balance sheet As at 31st March 2015

	Notes	2015 £	2014 £
Fixed assets			
Tangible assets:	2	43,704	54,630
Total fixed assets:		<u>43,704</u>	<u>54,630</u>
Current assets			
Cash at bank and in hand:		200	300
Total current assets:		<u>200</u>	<u>300</u>
Creditors: amounts falling due within one year		23,140	23,638
Net current assets (liabilities):		<u>(22,940)</u>	<u>(23,338)</u>
Total assets less current liabilities:		20,764	31,292
Creditors: amounts falling due after more than one year:		1,002	12,079
Total net assets (liabilities):		<u><u>19,762</u></u>	<u><u>19,213</u></u>

The notes form part of these financial statements

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Balance sheet As at 31st March 2015 continued

	Notes	2015 £	2014 £
Capital and reserves			
Called up share capital:	3	1	1
Profit and Loss account:	4	19,761	19,212
Total shareholders funds:		<u>19,762</u>	<u>19,213</u>

For the year ending 31 March 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 27 December 2015

SIGNED ON BEHALF OF THE BOARD BY:

Name: A Ross
Status: Director

The notes form part of these financial statements

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Notes to the Financial Statements for the Period Ended 31st March 2015

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets and in accordance with the Financial Reporting Standard for Smaller Entities (Effective April 2008)

Turnover policy

The turnover shown in the profit and loss account represents revenue recognised by the company in respect of goods and services supplied during the period, exclusive of Value Added Tax and trade discounts.

Tangible fixed assets depreciation policy

Depreciation is provided, after taking account of any grants receivable, at the following annual rates in order to write off each asset over its estimated useful life. Freehold buildings - 2% on cost or revalued amounts, Plant and Machinery - 15% on cost, Fixtures and fittings - 10% on cost, Motor vehicles - 25% on cost.

Intangible fixed assets amortisation policy

Intangible fixed assets (including purchased goodwill and patents) are amortised at rates calculated to write off the assets on a straight basis over their estimated useful economic lives, not to exceed twenty years. Impairment of intangible assets is only reviewed where circumstances indicate that the carrying value of an asset may not be fully recoverable.

Valuation information and policy

Stocks and work -in-progress are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items. Cost includes all direct expenditure and an appropriate proportion of fixed and variable overheads.

Other accounting policies

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter. The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability. Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease. Research and Development Expenditure on research and development is written off in the year in which it is incurred. Deferred taxation is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. Deferred taxation is calculated at the rates of tax that are expected to apply in the periods when the timing differences will reverse and has not been discounted.

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Notes to the Financial Statements for the Period Ended 31st March 2015

2. Tangible assets

	Land and buildings	Plant Machinery	Fixtures and fittings	Office Equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 01st April 2014:	-	107,928	-	-	-	107,928
At 31st March 2015:	<u>-</u>	<u>107,928</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>107,928</u>
Depreciation						
At 01st April 2014:	-	53,298	-	-	-	53,298
Charge for year:	-	10,926	-	-	-	10,926
At 31st March 2015:	<u>-</u>	<u>64,224</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>64,224</u>
Net book value						
At 31st March 2015:	<u>-</u>	<u>43,704</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>43,704</u>
At 31st March 2014:	<u>-</u>	<u>54,630</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>54,630</u>

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Notes to the Financial Statements for the Period Ended 31st March 2015

3. Called up share capital

Allotted, called up and paid

Previous period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	1
Total share capital:			<u>1</u>
Current period			2015
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	1
Total share capital:			<u>1</u>

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Notes to the Financial Statements for the Period Ended 31st March 2015

4. Profit and loss account

	2015	2014
	£	£
Opening balance:	19,212	18,493
Profit or (loss) for the period:	8,549	3,719
Equity dividends paid:	8,000	3,000
Retained profit:	<u>19,761</u>	<u>19,212</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

