

**MOVES 4 U LTD**

**Company Registration Number:  
SC300068 (Scotland)**

**Report of the Directors and Unaudited Financial Statements**

**Period of accounts**

**Start date: 01st April 2013**

**End date: 31st March 2014**

**SUBMITTED**

# **MOVES 4 U LTD**

## **Contents of the Financial Statements for the Period Ended 31st March 2014**

**Company Information**

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# **MOVES 4 U LTD**

## **Company Information for the Period Ended 31st March 2014**

<b>Director:</b>	A Ross
<b>Registered office:</b>	130 Toryglen Street Glasgow G5 0BH
<b>Company Registration Number:</b>	SC300068 (Scotland)

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# **MOVES 4 U LTD**

## **Directors' Report Period Ended 31st March 2014**

The directors present their report with the financial statements of the company for the period ended 31st March 2014

### **Principal activities**

The principal activity of the company in the period under review was:  
removal contractors

### **Directors**

The directors shown below have held office during the whole of the period from  
01st April 2013 to 31st March 2014  
A Ross

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

**This report was approved by the board of directors on 30 December 2014**  
**And Signed On Behalf Of The Board By:**

Name: A Ross  
Status: Director

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# MOVES 4 U LTD

## Profit and Loss Account

for the Period Ended 31st March 2014

	Notes	2014 £	2013 £
<b>Turnover:</b>		<b>43,188</b>	66,781
Cost of sales:		<b>959</b>	4,602
<b>Gross profit or (loss):</b>		<u><b>42,229</b></u>	<u>62,179</u>
Administrative expenses:	,	<b>38,510</b>	60,733
<b>Operating profit or (loss):</b>		<u><b>3,719</b></u>	<u>1,446</u>
<b>Profit or (loss) on ordinary activities before taxation:</b>		<u><b>3,719</b></u>	<u>1,446</u>
<b>Profit or (loss) for the financial year:</b>		<u><u><b>3,719</b></u></u>	<u><u>1,446</u></u>

The notes form part of these financial statements

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# **MOVES 4 U LTD**

## **Statement of total recognised gains and losses 31st March 2014**

### **Statement of total recognised gains and losses**

The company does not have any gains and losses other than Profit and Loss for the period to report.

The notes form part of these financial statements

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# MOVES 4 U LTD

## Balance sheet As at 31st March 2014

	Notes	2014 £	2013 £
<b>Fixed assets</b>			
Tangible assets:	2	<b>54,630</b>	68,288
<b>Total fixed assets:</b>		<b>54,630</b>	68,288
<b>Current assets</b>			
Cash at bank and in hand:		<b>300</b>	300
<b>Total current assets:</b>		<b>300</b>	300
Creditors: amounts falling due within one year		<b>23,638</b>	18,110
<b>Net current assets (liabilities):</b>		<b>( 23,338 )</b>	( 17,810 )
<b>Total assets less current liabilities:</b>		<b>31,292</b>	50,478
Creditors: amounts falling due after more than one year:		<b>12,079</b>	31,984
<b>Total net assets (liabilities):</b>		<b>19,213</b>	18,494

The notes form part of these financial statements

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# MOVES 4 U LTD

## Balance sheet As at 31st March 2014 continued

	Notes	2014 £	2013 £
<b>Capital and reserves</b>			
Called up share capital:	3	1	1
Profit and Loss account:	4	19,212	18,493
<b>Total shareholders funds:</b>		<u>19,213</u>	<u>18,494</u>

For the year ending 31 March 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 30 December 2014

### SIGNED ON BEHALF OF THE BOARD BY:

Name: A Ross  
Status: Director

The notes form part of these financial statements

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# **MOVES 4 U LTD**

## **Notes to the Financial Statements for the Period Ended 31st March 2014**

### **1. Accounting policies**

#### **Basis of measurement and preparation of accounts**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (Effective April 2008)

#### **Turnover policy**

The turnover shown in the profit and loss account represents revenue earned during the period, exclusive of VAT

#### **Tangible fixed assets depreciation policy**

Depreciation is provided, after taking account of any grants receivable, at the following annual rates in order to write off each asset over its estimated useful life. Freehold buildings – 2% on cost or revalued amounts Plant and machinery – 15% on cost Fixtures and fittings – 10% on cost Motor vehicles – 25% on cost No depreciation is provided on freehold land

#### **Intangible fixed assets amortisation policy**

Intangible fixed assets (including purchased goodwill and patents) are amortised at rates calculated to write off the assets on a straight basis over their estimated useful economic lives, not to exceed twenty years. Impairment of intangible assets is only reviewed where circumstance indicate that the carrying value of an asset may not be fully recoverable.

#### **Valuation information and policy**

Stocks and work-in-progress are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items. Cost includes all direct expenditure and an appropriate proportion of fixed and variable overheads.

#### **Other accounting policies**

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter. The interest element of these obligations is charged to the profit and loss account over the relevant period. The capital element of the future payments is treated as a liability. Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

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# MOVES 4 U LTD

## Notes to the Financial Statements for the Period Ended 31st March 2014

### 2. Tangible assets

	Land and buildings	Plant Machinery	Fixtures and fittings	Office Equipment	Motor vehicles	Total
Cost	£	£	£	£	£	£
At 01st April 2013:	-	107,928	-	-	-	107,928
At 31st March 2014:	-	107,928	-	-	-	107,928
<b>Depreciation</b>						
At 01st April 2013:	-	39,640	-	-	-	39,640
Charge for year:	-	13,658	-	-	-	13,658
At 31st March 2014:	-	53,298	-	-	-	53,298
<b>Net book value</b>						
At 31st March 2014:	-	54,630	-	-	-	54,630
At 31st March 2013:	-	68,288	-	-	-	68,288

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# MOVES 4 U LTD

## Notes to the Financial Statements for the Period Ended 31st March 2014

### 3. Called up share capital

Allotted, called up and paid

Previous period			2013
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	1
Total share capital:			<u>1</u>
Current period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	1
Total share capital:			<u>1</u>

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# MOVES 4 U LTD

## Notes to the Financial Statements for the Period Ended 31st March 2014

### 4. Profit and loss account

	2014	2013
	£	£
Opening balance:	18,493	17,047
Profit or (loss) for the period:	3,719	1,446
Equity dividends paid:	3,000	0
Retained profit:	<u>19,212</u>	<u>18,493</u>

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This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

