



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **ZONE FIT LIMITED**

Company Number: **SC298996**

Date of this return: **16/03/2011**

SIC codes: **9272**

Company Type: **Private company limited by shares**

Situation of Registered Office: **KINBURN CASTLE DOUBLE DYKES ROAD
ST. ANDREWS
FIFE
SCOTLAND
KY16 9DR**

Officers of the company

Company Secretary 1

Type: **Corporate**
Name: **MURRAY DONALD DRUMMOND COOK LLP**

Registered or principal address: **KINBURN CASTLE DOUBLE DYKES ROAD
ST. ANDREWS
FIFE
SCOTLAND
KY16 9DR**

European Economic Area (EEA) Company

Register Location: **ST ANDREWS, FIFE**
Registration Number: **SO300716**

Company Director 1

Type: **Person**
Full forename(s): **BEVERLEY JANE**

Surname: **GOVE**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **SCOTLAND**

Date of Birth: **06/06/1965** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Company Director 2

Type: **Person**
Full forename(s): **DR NIGEL**

Surname: **MCLEAN**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **SCOTLAND**

Date of Birth: **11/08/1970** *Nationality:* **BRITISH**

Occupation: **DIRECTOR OF BUSINESS
DEVELOPME**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	10
		<i>Aggregate nominal value</i>	10
<i>Currency</i>	GBP	<i>Amount paid</i>	1
		<i>Amount unpaid</i>	0

Prescribed particulars

(A) ONE VOTE PER ORDINARY SHARE (B) SUBJECT TO THE PROVISIONS OF THE ACT , THE COMPANY MAY BY ORDINARY RESOLUTION DECLARE DIVIDENDS IN ACCORDANCE WITH THE RESPECTIVE RIGHTS OF THE MEMBERS, BUT NO DIVIDEND SHALL EXCEED THE AMOUNT RECOMMENDED BY THE DIRECTORS. SUBJECT TO THE PROVISIONS OF THE ACT , THE DIRECTORS MAY PAY INTERIM DIVIDENDS IF IT APPEARS TO THEM THAT THEY ARE JUSTIFIED BY THE PROFITS OF THE COMPANY AVAILABLE FOR DISTRIBUTION. IF THE SHARE CAPITAL IS DIVIDED INTO DIFFERENT CLASSES, THE DIRECTORS MAY PAY INTERIM DIVIDENDS ON SHARES WHICH CONFER DEFERRED OR NON-PREFERRED RIGHTS WITH REGARD TO DIVIDEND AS WELL AS ON SHARES WHICH CONFER PREFERENTIAL RIGHTS WITH REGARD TO DIVIDEND, BUT NO INTERIM DIVIDEND SHALL BE PAID ON SHARES CARRYING DEFERRED OR NON-PREFERRED RIGHTS IF , AT THE TIME OF PAYMENT , ANY PREFERENTIAL DIVIDEND IS IN ARREAR. THE DIRECTORS MAY ALSO PAY AT INTERVALS SETTLED BY THEM ANY DIVIDEND PAYABLE AT A FIXED RATE IF IT APPEARS TO THEM THAT THE PROFITS AVAILABLE FOR DISTRIBUTION JUSTIFY THE PAYMENT . PROVIDED THE DIRECTORS ACT IN GOOD FAITH THEY SHALL NOT INCUR ANY LIABILITY TO THE HOLDERS OF SHARES CONFERRING PREFERRED RIGHTS FOR ANY LOSS THEY MAY SUFFER BY THE LAWFUL PAYMENT OF AN INTERIM DIVIDEND ON ANY SHARES HAVING DEFERRED OR NON-PREFERRED RIGHTS. EXCEPT AS OTHERWISE PROVIDED BY THE RIGHTS ATTACHED TO SHARES, ALL DIVIDENDS SHALL BE DECLARED AND PAID ACCORDING TO THE AMOUNTS PAID UP ON THE SHARES ON WHICH THE DIVIDEND IS PAID. ALL DIVIDENDS SHALL BE APPORTIONED AND PAID PROPORTIONATELY TO THE AMOUNTS PAID UP ON THE SHARES DURING ANY PORTION OR PORTIONS OF THE PERIOD IN RESPECT OF WHICH THE DIVIDEND IS PAID; BUT IF ANY SHARE IS ISSUED ON TERMS PROVIDING THAT IT SHALL RANK FOR DIVIDEND AS FROM A PARTICULAR DATE, THAT SHARE SHALL RANK FOR DIVIDEND ACCORDINGLY. A GENERAL MEETING DECLARING A DIVIDEND MAY, UPON THE RECOMMENDATION OF THE DIRECTORS, DIRECT THAT IT SHALL BE SATISFIED WHOLLY OR PARTLY BY THE DISTRIBUTION OF ASSETS AND, WHERE ANY DIFFICULTY ARISES IN REGARD TO THE DISTRIBUTION, THE DIRECTORS MAY SETTLE THE SAME AND IN PARTICULAR MAY ISSUE FRACTIONAL CERTIFICATES AND FIX THE VALUE FOR DISTRIBUTION OF ANY ASSETS AND MAY DETERMINE THAT CASH SHALL BE PAID TO ANY MEMBER UPON THE FOOTING OF THE VALUE SO FIXED IN ORDER TO ADJUST THE RIGHTS OF MEMBERS AND MAY VEST ANY ASSETS IN TRUSTEES. NO DIVIDEND OR OTHER MONEYS PAYABLE IN RESPECT OF A SHARE SHALL BEAR INTEREST AGAINST THE COMPANY UNLESS OTHERWISE PROVIDED BY THE RIGHTS ATTACHED TO THE SHARE. ANY DIVIDEND WHICH HAS REMAINED UNCLAIMED FOR TWELVE YEARS FROM THE DATE WHEN IT BECAME DUE FOR PAYMENT SHALL, IF THE DIRECTORS SO RESOLVE, BE FORFEITED AND CEASE TO REMAIN OWING BY THE COMPANY. (C) TO DISTRIBUTE AMONG THE MEMBERS IN KIND ANY PROPERTY OF THE COMPANY OR ANY PROCEEDS OF SALE OR DISPOSAL OF ANY PROPERTY OF THE COMPANY BUT SO THAT NO DISTRIBUTION AMOUNTING TO A REDUCTION OF CAPITAL BE MADE EXCEPT WITH THE SANCTION (IF ANY) FOR THE TIME BEING REQUIRED BY LAW (D) SUBJECT TO THE PROVISIONS OF THE ACT , SHARES MAY BE ISSUED WHICH ARE TO BE REDEEMED OR ARE TO BE LIABLE TO BE REDEEMED AT THE OPTION OF THE COMPANY OR THE HOLDER ON SUCH TERMS AND IN SUCH MANNER AS MAY BE PROVIDED BY THE ARTICLES

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	10
		<i>Total aggregate nominal value</i>	10

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 16/03/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 8 ORDINARY shares held as at 2011-03-16
Name: BEVERLEY GOVE

Shareholding 2 : 2 ORDINARY shares held as at 2011-03-16
Name: NIGEL MCLEAN

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.