

Health and Lifecare Options Limited
Registered No: SC289431

Modified Accounts
For the year ended 31 January 2015

THURSDAY



SCT *S4H435RS* #496
01/10/2015
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Health and Lifecare Options Limited

Balance Sheet At 31 January 2015

	Notes	31.01.2015 £	31.01.2014 £
Fixed assets			
Fixed asset investments	3	644,550	644,550
Current liabilities			
Creditors falling due within one year	4	(105,304)	(105,304)
Net assets		539,246	539,246
Capital and reserves			
Called up share capital	5	14,286	14,286
Share premium		595,714	595,714
Profit and loss account		(70,754)	(70,754)
Equity shareholders' funds		539,246	539,246

The notes on pages 2 and 3 form an integral part of these financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime. For the year ended 31 January 2015 the company was entitled to exemption from audit under section 480 of the Companies Act 2006 relating to dormant companies.

Members have not required the company to obtain an audit of its financial statements for the year in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements on pages 1 to 3 were approved by the directors and authorised for issue on 30 September 2015.



J H Whitehead
Director

Health and Lifecare Options Limited
Company registration number: SC289431

Health and Lifecare Options Limited

Notes to the Financial Statements

For the year ended 31 January 2015

1 Accounting policies

Basis of preparation

The financial statements are prepared under the historical cost convention, and in accordance with applicable accounting standards as defined in Companies Act 2006 s.464.

The Company did not trade during the year and accordingly no profit and loss account has been prepared..

2 Employee information

The company had no employees during the period (2014: nil).

3 Fixed asset investments

	31.01.2015 £	31.01.2014 £
At cost:	658,572	658,572
Less: impairments	(14,022)	(14,022)
Net book value	644,550	644,550

Fixed asset investments represent the Company's investment in its wholly owned subsidiary Health and Lifecare Options (Services) Limited.

4 Creditors

	31.01.2015 £	31.01.2014 £
Amounts falling due within one year:		
Amounts due to Group companies	105,304	105,304
	105,304	105,304

5 Called up share capital

	31.01.2015 £	31.01.2014 £
Authorised:		
14,286 Ordinary shares of £1 each	14,286	14,286
Allotted, issued and fully paid		
14,286 Ordinary shares of £1 each	14,286	14,286

Health and Lifecare Options Limited

Notes to the Financial Statements

For the year ended 31 January 2015

6 Immediate and ultimate parent undertakings

The immediate parent undertaking is Allied Healthcare Group Limited, a company incorporated in Great Britain.

The ultimate holding company remained Acromas Holdings Limited throughout the year. Acromas Holdings Limited is registered in England and Wales with registered office Enbrook Park, Sandgate, Folkestone, Kent CT20 3SE.

The financial statements of the Company have been consolidated in the group financial statements of Saga plc (an intermediate parent undertaking and the ultimate parent undertaking for the Saga group), a company registered in England and Wales with registered office Enbrook Park, Sandgate, Folkestone, Kent CT20 3SE. Saga plc is the parent company of the smallest group of which the Company is a member and for which group financial statements are prepared.

On 29th May 2014, Saga plc was admitted to the London Stock Exchange.